

POOL PROGRAMS

Summer 2023: Four pool locations are open for recreational swimming, water exercise and swim lessons. For more information, call the pool or visit www.longbeach.gov/park/recreation-programs/aquatics/pools.

Belmont Plaza Pool 4320 East Olympic Plaza 562.570.1806

Times:

5:30 - 9:30 a.m.
 10 a.m. - 1 p.m.
 7 - 9 p.m.
 8 a.m. - noon
 10:10 - 11 a.m.
 11:10 a.m. - noon
 7:10 - 8 p.m.
 10 a.m. - noon
 8 a.m. - noon
 1 - 3 p.m.
 7 - 9 p.m.

Activity:

Lap swim
 Lap swim
 Lap Swim
 Lap Swim
 *Water Exercise
 **Water Exercise
 **Water Exercise
 Swim Lessons
 Swim Lessons
 Rec Swim
 Rec Swim

Days:

(Mon-Fri)
 (Mon-Fri)
 (Tue Thurs)
 (Sat)
 (Mon/Weds/Fri)
 (Mon/Weds/Fri)
 (Tue/Thurs)
 (Mon-Thurs)
 (Sat)
 (Mon-Sat)
 (Mon/Wed/Fri)

King Park Pool 1910 Lemon Ave. 562.570.1718

6 - 8 a.m.
 noon - 1 p.m.
 6:30 - 7:20 a.m.
 8 - 8:50 a.m.
 6 - 6:50 p.m.
 3:30 - 6:30 p.m.
 9 a.m. - noon
 1- 3 p.m.
 6:30 - 8 p.m.
 1 - 3:30 p.m.

Lap swim
 Lap Swim
 *Water Exercise
 **Water Exercise
 **Water Exercise
 Swim Lessons
 Swim Lessons
 Rec Swim
 Rec Swim
 Rec Swim

(Tue/Thurs/Fri)
 (Mon - Sun)
 (Tue/Thurs/Fri)
 (Tue/Thurs/Fri)
 (Mon - Weds)
 (Mon - Thurs)
 (Sat)
 (Mon - Fri)
 (Tue/Thurs)
 (Sat/Sun)

Silverado Park Pool 1540 West 32nd St. 562.570.1721

6:30 - 9 a.m.
 noon - 1 p.m.
 6 - 7:30 p.m.
 10 - 10:50 a.m.
 11- 11:50 a.m.
 9 - 11 a.m.
 4 - 6:30 p.m.
 8 a.m. - noon
 1 - 3:15 p.m.

Lap swim
 Lap Swim
 Lap Swim
 *Water Exercise
 **Water Exercise
 Swim Lessons
 Swim Lessons
 Swim Lessons
 Rec Swim

(Mon/Weds/Fri)
 (Mon-Sun)
 (Mon/Weds)
 (Fri/Sun)
 (Mon/Weds/Fri/Sun)
 (Mon - Thurs)
 (Mon/Weds)
 (Sat)
 (Mon-Sun)

Jordan High School Pool 6500 Atlantic Ave. 562.570.1721 (Summer only)

noon - 1 p.m.
 1 - 3 p.m.

Lap swim
 Rec Swim

(Mon-Fri)
 (Mon-Fri)

*Deep water exercise ** Shallow water exercise

