



**CITY OF LONG BEACH  
CLASSIFICATION SPECIFICATION**

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**TITLE: PUBLIC HEALTH NUTRITIONIST I - III**

**DEFINITION:** Under general supervision, develops, implements, and coordinates nutrition services provided to participants in public health nutrition programs.

**DISTINGUISHING CHARACTERISTICS:**

- Grade Level I - Performs the full range of duties (journey-level) of the classification; may coordinate/supervise para-professionals to provide nutrition services in clinics or at other sites.
- Grade Level II - Assists the Public Health Nutritionist III in coordinating the operation of all nutrition programs; may coordinate/supervise Public Health Nutritionist Is and/or other professionals.
- Grade Level III - Assists the Nutrition Services Officer in the coordination and operation of all nutrition programs and services; may coordinate/supervise Public Health Nutritionist IIs and/or other professionals. Requires a Masters of Science degree in Nutrition or a related field.

**EXAMPLES OF DUTIES:**

The duties may include, but are not limited to the duties listed below:

- Coordinates nutrition services provided to participants in public health nutrition programs;
- Provides nutrition assessments and food and diet information to the public by means of class sessions and individual counseling;
- Consults with Health Department staff on specific food and nutrition problems;
- Visits neighborhood facility centers to provide training and counsel on a decentralized basis;
- Develops educational materials and protocols for nutrition program participants;
- Conducts training of para-professional staff, department staff, and community organizations;
- Develops high risk nutrition intervention plans and documents in ISIS (automated system);
- Prepares or assembles written and/or audio visual material as aides in training and counseling sessions;
- Determines individual and group nutrition patterns by determining cultural preferences and dietary patterns;
- Conducts studies and surveys of nutrient consumption, nutrition assessment and education, and other factors affecting nutrition practice;

- May coordinate programs with community organizations and others in the Health Department to provide nutrition expertise;
- May act in a lead/supervisory capacity;
- Performs other related duties as assigned.

**MINIMUM REQUIREMENTS:**

A Bachelor of Science degree from an accredited college or university in Public Health Nutrition, Dietetics or related field;

Current status as a Registered Dietitian; or Registered Dietitian eligibility;

Ability to communicate effectively and deal tactfully with clients of diverse ethnic, cultural, and economic backgrounds;

Ability to operate a personal computer and/or other information systems;

A valid California motor vehicle operator license.

**HISTORY:**

Revised: 11/27/1996, 12/08/1996, 01/06/1999

Grade Level III added 10/01/1996

Approval/Adoption Dates: 02/03/1999