



CITY OF LONG BEACH

DEPARTMENT OF HEALTH AND HUMAN SERVICES

2525 GRAND AVENUE • LONG BEACH, CALIFORNIA 90815 • (562) 570-4000 • FAX: (562) 570-4049

Dealing With a Power Outage

To prepare for power outages, it's important to have an emergency kit ready, with a working flashlight and a battery powered radio to listen to the news. Other things to think about to prepare for power outages include:

- If you have medical equipment that uses electricity, you may want to register with the Disaster Management Bureau of the Long Beach Fire Department by calling 570-9250
- Since cordless phones may not work during a power outage, make sure you have a regular phone (not cordless) or a fully-charged cellular phone in case you need to make calls during the power outage
- Install surge protectors on important electronic equipment to safeguard them during power surges
- If you have an automatic garage door opener or gate, know how to open them manually

If a power outage occurs, here are a few things you should do:

- Call Southern California Edison's emergency number (1-800-611-1911) to let them know you have lost power
- Tune into KKJZ 88.1 FM to hear any emergency information the city wants you to know
- To help prevent your food from spoiling, do not open your refrigerator or freezer. For short power outages (less than 4 hours) your food should be safe. For longer power outages, check the temperature in your perishables (like dairy products, meats, and cooked foods) using a food thermometer when the power comes back on; if the temperature is over 45^o, those items should be discarded. And if the food in your freezer is still frozen (food in a freezer that is half full should remain frozen for up to 24 hours, and in a full freezer for up to 48 hours), it is safe to eat.