

Long Beach Comprehensive HIV Planning Group (LB HPG) Meeting Minutes for 04.10.13

Welcome and Introductions

Nominations and Elections:

There was group consensus to elect the following:

- Government Co-Chair : Mauro Torno MD, Long Beach DHHS (replacing Cheryl Barritt, Long Beach DHHS)
- Community Co-Chair : Pat Crosby RN, BHS Redgate (replacing Robert Stohr, CARE Clinic)

Presentation # 1: Paul Loveley, Care Provider, CARE Clinic

Paul Loveley delivered a post 20th CROI conference update (Atlanta GA) on many important topics --- PrEP (pre-exposure prophylaxis), acute hepatitis C, hepatitis C medications in development, HIV care cascade (CDC), etc....Handouts were provided.

Presentation # 2: Healthy Active Long Beach (HALB), Long Beach DHHS

Kim Rodriguez and Sharon Alvarado (HALB) started the presentation with didactic teaching on healthy eating (MyPlate), exercise and active living and ended with group stretching and relaxation exercises. A lengthy Q & A portion was included in the presentation. They are available to give presentations to interested groups or clinics. Call 562-5704294 for details.

Commission on HIV (COH) and Prevention Planning Committee (PPC) Update:

The COH and PPC will have a joint meeting on 04/11/13 to present the framework for the full integration of the two bodies to work on combined HIV care and prevention planning. There will be a total of 51 seats in the combined commission and each seat will be required to serve in a subcommittee. 17 of the 51 seats will be reserved for people living with or affected by HIV/AIDS. Everyone in the HPG group was encouraged to apply for a seat hopefully to increase representation for Long Beach. Interested applicants will be screened based on their skill sets (lenses) to allow for a wide array of perspectives in HIV treatment, care and prevention. The joint commission will also collect testimonies from consumers on how well we are currently doing with health care reform. The newly elected Community Co-Chair (Pat Cosby) already expressed an interest in applying for a commission seat. HPG supports her application.

Announcements:

- Miguel Gutierrez, Director of the CARE Program was introduced
- CARE Newly Diagnosed Support Group now open.
- APLA flyer – free food and more with Vance North Necessities of Life program Food Pantries. Contact information: 213-201-1433 or apla.org
- Updated handbook on HIV/AIDS Programs can be found on the Kaiser Family Foundation website

Commentary from your Co-Chairs:

With one incumbent and 2 newly elected Co-Chairs, we all set out and reviewed the HIV Planning Group (HPG) documents. We learned that the primary task for the HPG group is “....to develop an HIV prevention plan that includes prioritized target populations and a set of prevention & treatment activities and interventions for each target population through interagency collaboration...” We will be working towards activities that align with this goal. To start, we have created an HIV Planning Group Manual that is intended to catalogue HIV related information, training and resources available in all of Long Beach for easy use by any meeting member or participant. Materials presented from the presentations on 04.10.13 meeting have been included in this manual. We are lining up speakers for the 07.10.13 quarterly meeting and have chosen topics that are more aligned with the HPG vision. The vision is to generate resources and produce new information that will be useful to the clinics and agencies that we all represent. We will keep you all posted.

City of Long Beach DHHS ~ Healthy Active Long Beach

A Member of the Network for a Healthy California

Healthy Active Long Beach is a city-wide project with the City of Long Beach Department of Health and Human Services; it began October 1, 2003 and is aimed at decreasing the risk for chronic disease by addressing the problem of overweight and unfit children and families in the Long Beach community.

The program goals of Healthy Active Long Beach are:

1. Increase consumption of fruits and vegetables and increase daily physical activity to meet the minimum recommendations for better health and to decrease the risk for chronic disease, including obesity.
2. Increase awareness and promote the use of Federal Nutrition Assistance programs (CalFresh).

Healthy Active Long Beach project activities include:

- Fun with Food and Play! Free Nutrition Education Workshops and Healthy Cooking Demonstrations. Workshops are taught in English and Spanish at various locations (Parks, Community Centers/Clinics, and DHHS Facilities) throughout Long Beach.
- ReThink Your Drink! A city-wide education campaign to increase awareness and decrease consumption of sugar sweetened beverages. Campaign activities include ReThink Your Drink Nutrition Workshops and a City-Wide Food and Physical Activity Festival.
- The Long Beach Jr. Beach Runners Program: A partnership with Long Beach Parks, ICES Education, and Run Racing that combines a kids running and fitness program with nutrition education curriculum to promote physical activity and healthy eating.
- Kids in the Kitchen! Healthy Active Long Beach is a co-sponsor of the Junior League of Long Beach's annual food and physical activity event "Kids in the Kitchen!" The free event provides fun, interactive skill building activities for all ages to increase healthy eating and physical activity.
- Communities of Excellence in Nutrition, Physical Activity and Obesity Promotion (CX3): Neighborhood assessments designed to provide data and set priorities to improve the food and physical activity landscape for low-income neighborhoods. Eight neighborhoods have been assessed in the Downtown and Central Long Beach area. Key findings include: markets and fast-food restaurants in the CX3 neighborhoods do not meet "healthy standards"; stores selling liquor are in violation of the Lee's Signage Law creating potentially unsafe store conditions while promoting unhealthy food options; in CX3 neighborhoods, residents pay more than 10% above the county average for fruits and vegetables. Long Beach has many strong, active neighborhood and community groups who can use this data to make positive changes such as small market conversions, removal of signage and promoting opportunities for locally grown food to increase access and lower food cost for residents.
- Nutrition education, material distribution and healthy food tasting at health fairs and community events.

Healthy Active Long Beach Funding: Healthy Active Long Beach is funded by USDA SNAP, known in California as CalFresh, through the California Department of Public Health, Network for a Healthy California.

Healthy Active Long Beach

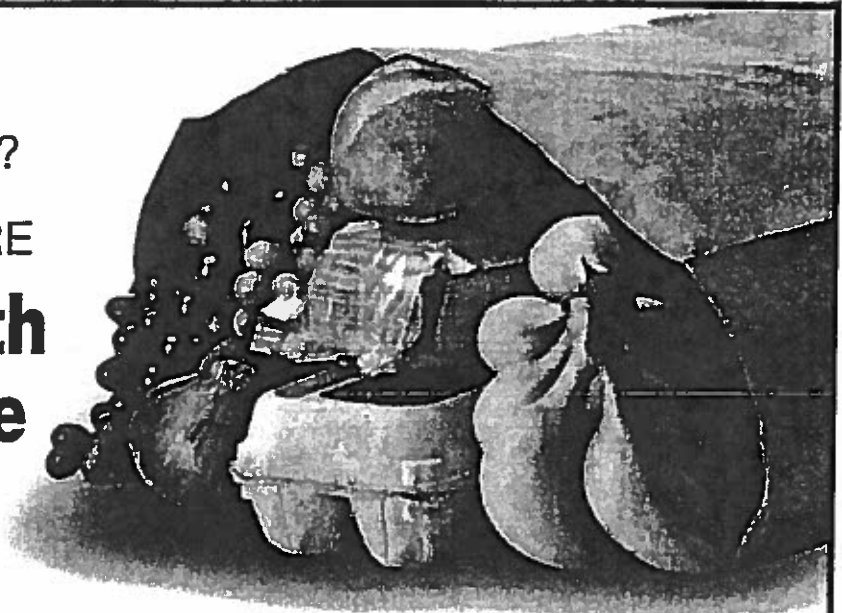
**City of Long Beach Department of Health & Human Services
2525 Grand Ave. Long Beach, CA 90815**

http://www.longbeach.gov/health/health_promotion/healthy_lb.asp

Find us On Facebook!



HIV-POSITIVE?
TRYING TO STAY HEALTHY?
FREE FOOD AND MORE
 with the **Vance North**
Necessities of Life
Program (NOLP)
Food Pantries



NOLP is MORE than a food bank, providing comprehensive nutritional services to help you lead a healthier life!

YOU QUALIFY FOR NOLP IF:

- YOUR INCOME IS UNDER \$1,395 PER MONTH
- YOU LIVE IN LOS ANGELES COUNTY
- YOU ARE HIV-POSITIVE
- YOU COMPLETE A NUTRITION SCREEN WITH DIETITIAN OR ATTEND A NUTRITION EDUCATION CLASS.

(DOCUMENTATION OF THE ABOVE QUALIFICATIONS MUST BE PROVIDED TO ENROLL INTO THE PROGRAM. AN NOLP STAFF MEMBER CAN ASSIST YOU IN DETERMINING WHAT DOCUMENTS ARE ACCEPTABLE)

Please call 213.201.1433 for more information.

NOLP clients receive:

Groceries

Eggs, cheese, yogurt, milk, fresh fruits and vegetables, frozen meats, and an assortment of canned and dry goods

Personal care items

Condoms and lube, hygiene products, and cleaning supplies

Nutritional services

Nutritional counseling, treatment advocacy

APLA

**AIDS Project
 Los Angeles**
 apla.org

**Vance North
 Necessities of Life Program
 The David Geffen Center
 611 South Kingsley Dr.
 Los Angeles, CA 90005**

**Pomona in partnership
 with East Valley Community
 Health Center
 680 Fairplex Drive
 Pomona, CA 91768**

**Vance North
 Necessities of Life Program
 South Los Angeles
 1741 East 120th Street
 Los Angeles, CA 90059**

**Antelope Valley in
 partnership with
 Catalyst Foundation
 540 W. Lancaster Blvd. Suite 105
 Lancaster, CA 93534**

**Vance North
 Necessities of Life Program
 Long Beach
 411 East 10th Street
 Long Beach, CA 90813**

**Pasadena in partnership
 with Andrew Escajeda
 Comprehensive Care Services
 1845 North Fair Oaks Avenue
 Pasadena, CA 91103**

**Vance North
 Necessities of Life Program
 San Fernando Valley
 7336 Bellaire Avenue
 North Hollywood, CA 91605**

**Claremont in partnership
 with Foothill AIDS Project
 233 West Harrison Avenue
 Claremont, CA 91711**