

Meeting Minutes Long Beach HIV Planning Group Meeting 01.14.15 (12 noon to 2 PM)
Miller Family Health Education Center East Pavilion 3820 Cherry Ave, Long Beach, CA 90807

I. Welcome and Introductions

II. Update from the Los Angeles Commission On HIV Meeting 01.08.15

Michael Johnson, Commissioner (LA Commission on HIV) & Chief Operating Officer JWCH Institute Inc

III. Presentations

HIV 101: Aydin Kennedy, Transgender Health Program Coordinator, St John's Well child & Family Center

Transgender Economic Empowerment Project (TEEP): Drian Juarez, LGBT Center Los Angeles

LGBTQ The Center Long Beach Transgender Programs: Ismael Morales & staff

Bienestar Long Beach Transgender Programs: Maggie Babb, Ava Juarez & Karla Thalia Flores

IV. Business Meeting and Announcements

Announcement on passing of James Mason.

Link to obituary Long Beach resident James Mason, advocate and volunteer for the LGBT community. Michael Buitron

<http://blogs.presstelegram.com/outinthe562/2015/01/15/remembering-long-beach-resident-james-mason-advocate-volunteer-lgbt-community/>

No cost or low cost services:

New HIV diagnosis support group at SMMC & successful HIV testing program at SMMC ER. Michael Buitron, SMMC-LB. Michael.Buitron@DignityHealth.org

Free legal services for people living with HIV. Public Counsel (213) 385-2977 x 166 located on 610 South Ardmore LA CA 90005

Testing, linkage to care & treatment. Apaitonline.org (213) 375-3830 x 1821. They will be holding a roundtable on this topic on March 13, 2015 from 10 am to 4 pm at St Anne's in LA. Call this number to register

Trans*cend: a transgender support group Mondays 6:30 to 8:30 pm. LGBTQ The Center. Call for intake (562) 434-4455 x 251

Transparent Families: a support group for transgender children & teens. Call (562) 434-4455 x 227 for information

Research studies recruiting participants:

Looking for HIV negative individuals who are at low risk of HIV infection to test the safety & acceptability of an injectable medication to prevent HIV infection – Carlos Aguas-Pinzon, UCLA 310-557-9062 or careoutreach@mednet.ucla.edu or <http://tiny.cc/hptn077>

HIV + patients for the MACS study – Carlos Aquino. caquino@labiomed.org

Job openings / Volunteer opportunities

LGBTQ The Center Long Beach has 3 open positions to fill – Ismael Morales Contact: LGBTQ The Center Long Beach 2017 East 4th Street Long Beach CA 90814 (562) 434-4455

Substance Abuse Foundation recruiting for new volunteer community members (CAB) members - Bridget Rogala rogalab@safinc.org or (562) 216-8655

REMINDER: Please bring flyers, brochures or other information on your agency's programs and services to share with other Planning Group members.

IV. Adjournment

TRANSGENDER SERVICES & RESOURCES IN LONG BEACH

A Quick Guide for No-Cost or Low-Cost Resources and Services for Transgender People in & around Long Beach

ST JOHN'S WELL CHILD & FAMILY CENTER, TRANSGENDER HEALTH PROGRAM

Unique Transgender Services at St John's: This clinic is unique in that it offers clinics two times a month to help transgender patients with name and gender change. This clinic also has providers who manage hormone replacement therapy and make referrals for gender reassignment surgery, when covered by patient's insurance. This clinic is located in Los Angeles but will accept transgender individuals from Long Beach. Health insurance enrollment is available at St John's. If a patient is without insurance, the clinic will assist the patient in getting enrolled on the first clinic appointment and the clinic visit will be a courtesy visit (no charge). If the patient is undocumented, the clinic will take care of that too and will enroll the patient in My Health LA. For patients who have insurance, St John's takes Medi-Cal, Medi-Care and private insurance. Patients who are HIV+ and are being followed by HIV providers in Long Beach can be seen at St John's Clinic for their transgender needs and retain their Long Beach providers for their HIV care.

Other available services at St John's: Medical care, preventative care, mental health support, dental services, HIV & STD testing, counseling and treatment, legal support to transgender individuals

Contact: (323) 541-1600 x1068 Aydin Kennedy, MSW, ACSW/Coordinator, 808 West 58th Street Los Angeles CA 90037

LGBTQ THE CENTER, LONG BEACH

Unique Transgender Services at The LGBTQ Center: Simultaneous support groups for parents and caregivers of transgender youth, transgender teens 13 to 18 years of age and transgender youth 12 years and below and their siblings (Call Joel at (562) 434-4455x227). The LGBTQ Center also has a program that can train the community on how to become an ally for the trans community (Call 562-434-4455x 227). They also are involved in a guide book (Educators Guide to Transgender Students) for teachers working with transgender students. Legal advice clinic is also available by appointment only (562-434-4455). These are free services.

Other available services at The LGBTQ Center: Two weekly support groups: One meets on Mondays from 6:30-8:30 PM (Transcend, call (562) 434-4455 x 251) and another meets on Thursdays from 7-9 PM (Call Kelly at (626)203-2423).

Contact: LGBTQ The Center Long Beach, 2017 East 4th Street, Long Beach CA 90814 (562) 434-4455 or their website (www.centerlb.org) and facebook page (www.facebook.com/centerlb).

BIENESTAR, LONG BEACH

Unique Transgender Services at Bienestar, Long Beach: Established in 1996, Transgeneros Unidas provides free weekly support group & educational programs for the Latina transgender community along with social events such as Miss Bienestar (Call Victor 866-5906411 x 501). There is also a support group and case management program (Transactivate TA, Call Brandon 866-5906411 x 217) built around linkage to care of transgender Latinas newly diagnosed with HIV & Transgender Latinas who dropped out of care or never accessed care (Call 866-5906411 x 203 for Sandra or x 107 for Sylvia).

Other available services at Bienestar, Long Beach include weekly support group in Spanish (Hermanas de Luna y Sol, Thursdays 4-6 PM), mental health counseling, client services and HIV testing. These and other services are also available at other Bienestar locations (call 866-5906411 for details)

Contact: For Transgender services in Bienestar Long Beach, call 866-5906411 x 502 for Karla Thalia Flores, x Ava Juarez or x 500 for Maggie Babb. Bienestar Long Beach is located on 1464 Cherry Ave. Long Beach, CA 90813.

LOS ANGELES LGBT CENTER TRANSGENDER ECONOMIC EMPOWERMENT PROJECT (TEEP)

Unique Transgender Services at LA LGBT TEEP: Free services that include assistance with basic housing, resume writing, job searches, job interview workshops, job training, help with setting and achieving career goals, referrals to obtain work clothes for free (Dress for Success) for transgender people. Legal name change assistance is available. Workplace training for employers is also offered.

Contact: Drian Juarez (Program Manager, TEEP) at (323) 8603713 or teep@lalgbtcenter.org, 1220 N. Highland Ave LA CA 90038.

HOW TO CHANGE YOUR NAME ON YOUR DRIVER LICENSE AND/OR IDENTIFICATION (ID) CARD

Website (Department of Motor Vehicles):

https://www.dmv.ca.gov/portal/dmv/?1dmy&urile=wcm:path:/dmv_content_en/dmv/dl/dl_info#2504

- The application to obtain a driver license or identification card is called "Driver License or Identification Card Application" (DL 44). Use this form to replace (name change) your driver license or identification card. The DMV does not provide the DL 44 online because original signatures are required on the form, and each DL 44 contains a unique barcode which must be scanned or keyed by the DMV employee. You can call the DMV's Automated Telephone Service at 1-800-777-0133 (available 24-hours a day, 7-days per week) to have a DL 44 form mailed to you, or visit a local DMV office (make an appointment for faster service) and complete a Driver License or Identification Card Application form DL 44.

- Give a thumb print, have your picture taken, pay the driver license or identification card application fee (\$28) and surrender your current driver license.
- Acceptable evidence of your new name may be provided by showing an original or certified copy of a Birth Date and Legal presence document or a true full name document.
- Contact the Social Security Administration (SSA) to change your name on SSA records before you make an appointment with the DMV to have your name changed on DMV records. The DMV electronically verifies your name, birth date and social security number with the SSA. If your information does not verify, you will not receive your new California driver license or identification card. You will receive a Request for Verification of Information letter from DMV informing you that the information you provided (name, birth date, and/or SSN) does not match SSA's records.
- You will be issued an interim license valid for 90 days and/or a receipt for your ID card until you receive your new photo license and/or photo ID card in the mail. Check your address before you leave DMV and tell the DMV representative if your address is incorrect. Your new license and/or ID card will be mailed to you within 60 days. If you do not receive your license and/or ID card after 60 days, call 1 (800) 777-0133 to check on the status. Have your interim license and/or ID card receipt with you to provide information when requested.

Note: A name change on your driver license or identification card will not change your vehicle registration information. Follow the link above to find out how to change or correct the name on your vehicle/vessel's DMV record.

HOW TO CHANGE YOUR NAME AND GENDER WITH THE DMV

- The Medical Certification and Authorization (Gender Change) form DL 329 authorizes the Department of Motor Vehicles to obtain required medical information necessary to change the gender status on an applicant's driver license or identification card.

Website (Department of Motor Vehicles):

https://www.dmv.ca.gov/portal/dmv/?1dmy&urile=wcm:path:/dmv_content_en/dmv/forms/dl/dl329

- 1) Download from the above link (accessed 02/14/15) or 2) call DMV's Automated Telephone Service at 1-800-777-0133 (available 24-hours a day, 7-days per week) to have a DL 329 form mailed to you or 3) visit a DMV office (make an appointment for faster service) to obtain the Medical Certification and Authorization (Gender Change) form DL 329. Complete your portion on the form.
- A physician or psychologist licensed in the United States is required to certify on the DL 329 whether the gender identification is transitional or complete. Your physician simply has to confirm that you are expressing your gender identity full-time and you can receive a license that is valid for 10 years. If your psychologist completes the form, you will receive a license that is only good for five years, after which you will have to renew it.
- Once the form is filled out and signed, take it to the DMV and pay the fee. You will receive a temporary license with your new information. Your official license or ID will be mailed to you.

HOW TO CHANGE YOUR NAME WITH YOUR BANK ACCOUNTS

- You may use your new name or list an aka under your existing bank account

HOW TO CHANGE YOUR NAME WITH CREDIT CARD COMPANIES

- You may request for a second card under your new name or under a new gender

HOW TO OBTAIN A NEW BIRTH CERTIFICATE AFTER GENDER REASSIGNMENT

Website (California Department of Public Health):

<http://www.cdph.ca.gov/certlic/birthdeathmar/Documents/GenderReassignmentPAMPHLET-%2801-14%29-MERGED.pdf> (accessed 02/14/15)

**Gender & name change with the birth certificate requires this document from a physician.
(Copy this on your physician's letterhead)**

Declaration of Physician Documenting Change of Gender Through Clinically Appropriate Treatment Under Health & Safety Code Sections 103425 and 103430

Date

To Whom It May Concern,

I, xxxxxxxxxxxx (CA lic # xxxxxx, DEA xxxxxx) am a licensed physician in the State of California. I am the attending physician of xxxxxxxxxxxx (full preferred name) DOB xx/xx/xxxx with whom I have a doctor/patient relationship. I attest that xxxxxxxxxxxx (full preferred name) has undergone clinically appropriate treatment for the purpose of gender transition to fe/male and should be considered fe/male in all respects.

I declare under penalty of perjury under the laws of the State of California that the foregoing is true and correct.

Sworn to this xx th of xxxxx (month), xxxx (year) in xxxxx (city), California

Sincerely,

xxxxxxxxxx MD

Address & Phone number

IF YOU WANT TO JUSTIFY A TREATMENT AUTHORIZATION REQUEST (TAR) FOR TRANSGENDER PEOPLE:

Transgender services are available to Medi-Cal beneficiaries – 09/25/13 All Plan Letter 13-011
Department of Health Care Services (accessed 02/14/15)

<http://www.dhcs.ca.gov/formsandpubs/Documents/MMCDAPLsandPolicyLetters/APL2013/APL13-011.pdf>

Transgender services may include psychotherapy, continuous hormonal therapy, laboratory testing to monitor hormone therapy and gender reassignment therapy that is not cosmetic in nature.

GUIDELINES FOR THE CARE OF TRANSGENDER PEOPLE:

Standards of Care for the Health of Transsexual, Transgender and Gender Nonconforming People from The World Professional Association for Transgender Health (WPATH). This is a 120 page document

Downloadable from:

http://admin.associationonline.com/uploaded_files/140/files/Standards%20of%20Care,%20V7%20Full%20Book.pdf

Reference: International Journal of Transgenderism, 13:165–232, 2011 Copyright World Professional Association for Transgender Health
ISSN: 1553-2739 print / 1434-4599 online DOI: 10.1080/15532739.2011.700873

Endocrine Treatment of Transsexual Persons: An Endocrine Society Clinical Practice Guideline. This is a 40 page document from 2009

Downloadable from:

<https://www.endocrine.org/~media/endosociety/Files/Publications/Clinical%20Practice%20Guidelines/Endocrine-Treatment-of-Transsexual-Persons.pdf>

Reference: First published in the Journal of Clinical Endocrinology & Metabolism, September 2009, 94(9): 3132–3154

Note: World Wide Web links, phone numbers, addresses and contact information were accessed & verified on 02/14/15. These may change over time.