HEALTHY AGING CENTER

Supporting healthy living and independence for older adults

CALL

562.570.3529

for more information

1150 E 4th St. Room 111
Long Beach, CA 90802

longbeach.gov/HealthyAging
healthyagingcenter@longbeach.gov

LONG BEACH HEALTH & HUMAN SERVICES
HEALTHY AGING CENTER

Did You Know?

The Healthy Aging Center - Senior Links Program provides public health nursing & social work case management services to older adults in need of support by conducting home, office, or telehealth visits. The program also provides connections to services needed so people can continue living safely and independently in their homes.

Eligibility

Must be:

- 55 years or older
- Living in Long Beach

We provide referrals to social service agencies to assist with:

- Individual/Family Support
- Mental/Behavioral Health
- Nutrition Assistance
- Benefits Navigation
- In-Home Support
- Social Activities
- Transportation
- Health Care
- Caregiving
- and MORE!