

Gender- Affirming Resources



Name	Contact Information / Address	Description of Services	Forms of Payment
APLA Health Trans Wellness Program	Phone: (562) 247-7740 Address: 1043 Elm Ave, Ste 302 Long Beach, CA 90813 (On the campus of St. Mary's Medical Center)	Delivers comprehensive healthcare, mental health, and gender-affirming services for the trans community. Age: 18 years old+	Sliding- scale basis, based on ability to pay, Managed Care Medi-Cal: L.A. Care, Health Net, Molina, Blue Shield Promise, Anthem, plus Beacon and MHN for behavioral health
Kaiser's Transgender Care Line	Phone: (323) 857-3818 Address: 3900 E Pacific Coast Hwy, Long Beach, CA 90804	Offers gender-affirming healthcare, including hormone therapy, surgery, and mental health services for Kaiser patients. Age: 18 years old+	Medi-Cal: will have no or low cost
Memorial Care Medical Group, Dr. Castillo	Phone: (562) 933-0050 Address: 450 East Spring St, Suite1 Long Beach, CA 90806	Specializes in primary care and LGBTQ+ inclusive health services. Age: 13 years old+	Aetna Whole Health ACO, Boeing MemorialCare Health, Alliance ACO, Aetna PPO, Anthem PPO, Blue Shield PPO, Health Net PPO, Humana PPO, MultiPlan/PHCS United HealthCare PPO, Healthcare(BSC), Aetna Commercial HMO
Planned Parenthood- Long Beach Health Center	Phone: (800) 576-5544 Address: 2690 Pacific Ave Ste. 370, Long Beach, CA 90806	Planned Parenthood is one of the nation's leading providers of high-quality, affordable health care, and the nation's largest provider of sex education. With or without insurance, you can always come to us for your health care. Age: 12 years old +	Blue Shield, Centinela Valley IPA, Crown City Medical Group, El Proyecto del Barrio, FPACT, Global Care Medical Group, Health Care LA, IPA
Transgender Health Services CSULB	Phone or by text: (562) 985-4771 Address: 1250 Bellflower Blvd Long Beach, CA 90840	Offers gender-affirming healthcare, hormone therapy, and mental health services to CSULB students. Age: 18 years old+	Free if you're a student
UCI Health Gender Diversity Program	Phone: (714) 456-6025 Address: 101 The City Drive South Orange, CA 92868	The UCI Health Gender Diversity Program offers Orange County's only interdisciplinary program dedicated to caring for transgender and gender-expansive children, teens and adults. Our team of specialists provides affirming, supportive care with a full range of services, all in one location.	Covered California; Blue Shield, Medicare
St. John's Well Child Program	Phone: (323) 541-1411 Address: 808 W 58th St Los Angeles, CA 90037	Provides comprehensive, gender-affirming healthcare services, including hormone therapy and mental health support.	Aetna Commercial, Anthem Blue Cross, Blue Shield, LA Care, Molina Healthcare, United Healthcare, SCAN

Virtual Resources



Agency Name	Website	Eligibility	Description of Services
Folx Health	https://www.folxhealth.com/	18 yrs + (19 in some states)	A telehealth provider offering accessible gender-affirming care, including hormone therapy.
Plume	https://getplume.co/	18 yrs + (except Nebraska & Alabama where minimum age is 19)	Offers gender-affirming hormone therapy through a telehealth platform tailored to the trans community.
Point of Pride	https://www.pointofpride.org/	18 yrs +	Provides financial assistance and free chest binders for transgender individuals seeking gender-affirming care.
TransClinique	https://transclinique.com/	18 yrs +	Offers telehealth services for gender-affirming hormone therapy and transgender healthcare.
QMED	https://queermed.com/	18 yrs +	Offers telehealth services for gender-affirming hormone therapy and transgender healthcare.
Circle Medical	https://www.circlemedical.com/	13 yrs +	Offers telehealth services for primary care, mental health services, STI testing, gender-affirming hormone therapy, among other services.
Tru U Clinic	https://trueuclinic.com/	18 yrs +	True U Clinic specializes in virtual hormone therapy, empowering trans and non-binary individuals with safe, compassionate, and medically supervised care.
Trans Needle Exchange	https://transneedles.org/	N/A	Provides free hormone syringes and other supplies for transgender individuals.
The GALAP	https://www.thegalap.org/home	N/A	Provides a directory of mental and medical health providers who write gender-affirming letters necessary for medical service or surgery.