HEALTH ORDER FOR CONTROL OF COVID-19
Beyond the State’s Blueprint for a Safer Economy – SUBSTANTIAL TRANSMISSION
ORDER ISSUED: November 4, 2021
Effective as of 11:59 p.m. on Thursday November 4, 2021

Please read this Order carefully. Violation of or failure to comply with this Order is a crime punishable by fine, imprisonment, or both. (Ca. Health & Safety Code § 120275 et seq; Long Beach Municipal Code § 8.120.030.A and 8.120.030.E.3)

Summary: This Long Beach Health Officer Order (Order) supersedes all Prior Safer-at-Home Orders and Health Orders for Control of COVID-19: Beyond the State’s Blueprint for a Safer Economy (Prior Orders) issued by the Long Beach Health Officer to control the spread of the Novel Coronavirus (COVID-19) within the City of Long Beach (City). This Order continues to require masking indoors in public settings and businesses regardless of vaccination status.

Since this Order may change due to new information and guidance, all persons subject to this Order, including the owner, manager, or operator of any facility that is subject to this Order, is required to consult the Long Beach Department of Health and Human Services’ website regularly to identify any modifications to this Order and is required to comply with any updates until this Order is terminated. A digital copy of this Order may be found at www.longbeach.gov/covid19 or by scanning the QR Code below.

Changes to this Order include:

- Effective November 15, 2021, requires K-12 public and private schools to adhere to "Mandatory Requirements for Schools Using the Modified Quarantine Option", where applicable.
- Clarifies that Mega Events are required to test attendees two (2) years of age and older.
- Clarifies that individuals engaged in performing arts, such as musical or theatrical performances, may perform for an audience without a face mask. This is exception is limited to the period of time in which such tasks are actually being performed. Individuals who cannot feasibly wear a mask while performing their work must be tested for COVID-19 at least twice per week, unless the establishment is provided proof of the individual’s full vaccination against
COVID-19 or proof recovery from laboratory-confirmed COVID-19 within the past 90 days against COVID-19.

- Clarifies that where two or more employees travel in a vehicle together, all employees in the vehicle must wear face masks.

Since June 15, 2021 and after the retiring of the Blueprint for a Safer Economy, community transmission of COVID-19 has rapidly increased from low to substantial. This Order modifies the Prior Orders with regards to mask use. Based on continuously substantially elevated daily new cases of COVID-19, cases are at a level that indicates substantial community transmission of the virus that causes COVID-19 based on Centers for Disease Control and Prevention (CDC) indicators, this Order continues to require masking indoors in public settings and businesses, regardless of vaccination status, in an effort to slow the continuously substantial trends in and level of transmission of COVID-19 currently being seen in Los Angeles County, including the City of Long Beach.

COVID-19 daily cases and community transmission remain substantial. As of November 4, 2021, the 7-day daily average case rate is 9.4 cases per 100,000 people. These trends are similar to those reported by Los Angeles County. This indicates a continued and substantial risk of COVID-19 infection for those who are not or cannot be vaccinated against COVID-19. Based upon federal CDC indicators and thresholds, this means that community transmission of COVID-19 within the County of Los Angeles and the City of Long Beach is substantial, and likely to increase during the coming weeks as we start to move into the winter months when respiratory viruses, like influenza and SARS-CoV-2, have historically spread more easily.

Everyone must remain vigilant against variants of the virus that causes COVID-19, especially given the substantial levels of transmission locally and in other parts of the world, and due to the fact that the current COVID-19 vaccines may not be effective against these new and emerging variants. At this time, the Delta variant is predominant in Los Angeles County, including Long Beach. The Delta variant is two times as contagious as earlier COVID-19 variants and continues to lead to increased infections. Recent data suggests that the immune response to COVID-19 vaccination might be reduced in some immunocompromised people, which increases their risk of serious health consequences from COVID-19 infection. For the aforementioned reasons, it is prudent to require continued indoor masking for all as an effective public health measure to reduce transmission between people.

This Order is issued to help slow and improve the substantial level of community transmission of COVID-19 in Long Beach. This Order’s primary intent is to reduce the transmission risk of COVID-19 in Long Beach for everyone, especially those who are not fully vaccinated and fully vaccinated but immunocompromised, in the absence of other protective measures, such as physical distancing requirements and capacity limits. Accordingly, this Order allows businesses, schools, and other activities to remain open while at the same time putting in place certain requirements designed to limit the transmission risk of COVID-19 and contain any COVID-19 outbreaks.

The Health Officer will continue to monitor the rate of COVID-19 disease spread, the severity of the resulting illnesses and deaths caused, California Department of Public Health (CDPH) and Centers for Disease Control and Prevention (CDC) recommendations, and the effect of this Order. If needed, this Order may be extended, expanded, or otherwise modified to protect the public’s health.
UNDER THE AUTHORITY OF CALIFORNIA HEALTH AND SAFETY CODE SECTIONS 101040, 101475, 101085, AND 120175, THE HEALTH OFFICER OF THE CITY OF LONG BEACH ORDERS AS FOLLOWS:

1. **Continue Practicing COVID-19 Infection Control Measures.** All persons living within the City of Long Beach (City) should continue to practice required and recommended COVID-19 infection control measures at all times and when among other persons when in community, work, social, or school settings, especially when multiple unvaccinated persons from different households may be present and in close contact with each other. All persons living within the City must continue to comply with the City Isolation Order or City Quarantine Order, where applicable.

2. **Face Masks.** All individuals must follow the requirements included in both the requirements of this Order and the July 28, 2021 Guidance for the Use of Face Coverings issued by the California Department of Public Health”, as it may be amended from time to time, which may be found at [https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/guidance-for-face-coverings.aspx](https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/guidance-for-face-coverings.aspx), as amended from time to time. These requirements are aligned with July 28, 2021 recommendations issued by the CDC. The CDC recommendations provide information about both indoor and higher risk settings where masks are required or recommended to prevent transmission to: persons with a higher risk of infection (e.g. unvaccinated or immunocompromised persons); persons with prolonged, cumulative exposures (e.g. workers); or persons whose vaccination status is unknown.

   a. **Mask are required for everyone, regardless of COVID-19 vaccination status in the following settings:**

   i. On public transit (examples: airplanes, ships, ferries, trains, subways, buses, taxis, and ride-shares);

   ii. In transportation hubs (examples: airport, bus terminal, marina, train station, seaport or other port, subway station, or any other area that provides transportation);

   iii. Indoors in K-12 schools, childcare and other youth settings;

   iv. Healthcare settings (including long term care facilities);

   v. State and local correctional facilities and detention centers; and

   vi. Homeless shelters, emergency shelters, and cooling centers; and

   vii. Indoor and Outdoor Mega Events; and

   viii. All indoor public settings, venues, public gatherings, and public and private businesses. Examples include:

   * Offices
   * Retail
   * Locations providing food and/or beverage service, while individuals are not actively eating or drinking
   * Theaters
   * Family entertainment centers
   * Gyms and fitness centers
• Meeting spaces
• State and local government offices serving the public
• Common areas and shared spaces in multi-family housing and lodging facilities (e.g. hotels, motels, shared rental units, and other similar facilities). Examples include, but are not limited to, lobbies, parking garages, laundry rooms, social gathering spaces, personal care services and fitness facilities
• Vehicles where more two or more employees are traveling together

Gatherings at private residences are not subject to masking requirements at this time.

b. Individuals, businesses, and persons operating facilities subject to the requirements in Section 2.a of this Order must:
   i. Require all individuals to wear masks while present in all indoor public settings, regardless of their vaccination status; and
   ii. Post clearly visible and easy to read signage, with or without having an employee present, at all entry points for indoor and outdoor settings to communicate the masking requirements for individuals.

c. The following individuals are exempt from wearing masks or permitted to temporarily remove their face mask in the following instances:
   i. Persons younger than two years old. Very young children must not wear a mask because of the risk of suffocation.
   ii. Persons with a medical condition, mental health condition, or disability that prevents wearing a mask. This includes persons with a medical condition for whom wearing a mask could obstruct breathing or who are unconscious, incapacitated, or otherwise unable to remove a mask without assistance. Such conditions are rare. Persons exempted from wearing a face mask due to a medical condition who are employed in a job involving regular contact with others should wear a non-restrictive alternative, such as a face shield with a drape on the bottom edge, as long as their condition permits it.
   iii. Persons who are hearing impaired, or communicating with a person who is hearing impaired, where the ability to see the mouth is essential for communication. Special considerations are permitted for people with communication difficulties or certain disabilities. Clear masks or cloth masks with a clear plastic panel that fit well are an alternative type of mask for people who interact with: people who are deaf or hard of hearing, people learning a new language, and people with disabilities.
   iv. For pedagogical or developmental reasons. In limited situations where a face mask cannot be used for pedagogical or developmental reasons, (e.g., communicating or assisting young children or those with special needs) a face shield with a drape (per CDPH guidelines which may be found at https://www.cdph.ca.gov/Programs/CID/DCDC/CDPH_Document_Library/COVID-19/faceshield_handout.pdf) can be used instead of a face mask while in the classroom as long as the wearer maintains physical distance from others. Staff must return to wearing a face mask outside of the classroom.
v. Persons for whom wearing a mask would create a risk to the person related to their work, as determined by local, state, or federal regulators or workplace safety guidelines.

vi. Individuals engaged in performing arts, such as musical or theatrical performances, may perform for an audience without a face mask. This is exception is limited to the period of time in which such tasks are actually being performed. Individuals who cannot feasibly wear a mask while performing their work must be tested for COVID-19 at least twice per week, unless the establishment is provided proof of the individual’s full vaccination against COVID-19 or proof recovery from laboratory-confirmed COVID-19 within the past 90 days against COVID-19.

vii. Persons traveling in a car alone or solely with members of their household.

viii. Persons who are working in an office, room, or indoor space alone.

ix. Persons who are actively eating or drinking at any setting identified in Section 2.a of this Order. “Actively eating or drinking” is limited to the time in which the face mask can be removed briefly to eat or drink, after which it must be immediately put back on. Individuals must be seated at a table or positioned at a stationary counter, ticketed seat, or other stationary place while actively eating or drinking indoors, or while actively eating or drinking at a Mega Event.

x. Persons showering or engaging in personal hygiene or a personal care service that requires removal of the face mask.

d. All persons whose operations are subject to the requirements in Section 2.a must implement measures to clearly communicate to non-employees the masking requirements on their premises.

e. No person can be prevented from wearing a mask as a condition of participation in an activity or entry into a business.

f. In workplaces, most employers and businesses are subject to the Cal/OSHA COVID-19 Emergency Temporary Standards (ETS) and some to the Cal/OSHA Aerosol Transmissible Diseases Standards and should consult those regulations for applicable requirements. All employers and businesses subject to Cal/OSHA must review and comply with the active Cal/OSHA ETS. As approved and effective, the full text of the COVID-19 Emergency Temporary Standards will be listed under Title 8, Subchapter 7, section 3205-3205.4 of the California Code of Regulations. All businesses or employers with independent contractors should also review the State Labor Commissioner’s Officer webpage titled “Independent Contractor versus employee”, which discusses the employment status of persons hired as independent contractor to ensure the correct application of the ETS. The ETS allow local health jurisdictions to require more protective mandates. This Order, which requires masking of all individuals at Mega Events and at indoor public settings, businesses, and venues regardless of vaccination status in Long Beach, overrides the more permissive ETS regarding employee masking.

3. Mandatory Reporting by Businesses and Governmental Entities. Persons, including businesses and governmental entities, within the City of Long Beach must continue to follow COVID-19 infection control protocols and guidance provided by the Long Beach Department of Health and Human
Services regarding isolation of persons confirmed or suspected to be infected with the virus that causes COVID-19 disease or quarantine of those exposed to and at risk of infection from COVID-19. In instances where the City has not provided a specific guidance or protocol, specific guidance or protocols established by the State Public Health Officer shall control.

a. In the event that an owner, manager, or operator of any business knows of three (3) or more cases are identified within the workplace within a span of 14 days the employer should report this cluster to the Long Beach Department Health and Human Services at 562-570-INFO.

b. In the event that an owner, manager, or operator of any business is informed that one or more employees, assigned or contracted workers, or volunteers of the businesses has tested positive for, or has symptoms consistent with COVID-19 (case), the employer must have a protocol to require the case(s) to isolate themselves at home and require the immediate self-quarantine of all employees that had a workplace exposure to the case(s).

4. Considerations for People at Risk of Severe Illness or Death from COVID-19. At this time, people at risk for severe illness or death from COVID-19 – such as, unvaccinated older adults and unvaccinated individuals with health risks – and members of their household, should defer participating in activities with other people outside their household where taking protective measures (e.g. wearing a face mask and physical distancing) may not occur or will be difficult, especially indoors or in crowded spaces. For those who are not yet fully vaccinated, staying home or choosing outdoor activities as much as possible with physical distancing from other households whose vaccination status is unknown is the best way to prevent the risk of COVID-19 transmission.

5. Encourage Activities that Can Occur Outdoors. All businesses and governmental entities are urged to consider moving operations or activities outdoors, where feasible, and to the extent allowed by local law and permitting requirements as there is generally less risk of COVID-19 transmission outdoors as opposed to indoors.

6. Ventilation Guidelines. All businesses and governmental entities with indoor operations are urged to review and implement the Ventilation Guidelines as feasible. See California Department of Public Health Interim Guidance for Ventilation, Filtration and Air Quality in Indoor Environments, which may be found at https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Interim-Guidance-for-Ventilation-Filtration-and-Air-Quality-in-Indoor-Environments.aspx.

7. Additional Requirements for High-Risk Health Care and Congregate Settings. This Order incorporates by reference as if fully set forth herein the State Public Health Officer Order of July 26, 2021 titled “Health Care Worker Protections in High-Risk Settings”, as it may be amended from time to time, which requires additional statewide facility-directed measures to protect particularly vulnerable populations in hospitals, acute health care and long-term care settings, high-risk congregate settings and other health care settings. The Order may be found at https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Order-of-the-State-Public-Health-Officer-Unvaccinated-Workers-In-High-Risk-Settings.aspx. Failure to comply with any requirement set forth in State Public Health Officer Order of July 26, 2021 titled “Health Care Worker Protections in High-Risk Settings” is considered a violation of this Order.

8. Additional Requirements for Visitors in Acute Health Care and Long-Term Care Settings. This Order incorporates by reference as if fully set forth herein the State Public Health Officer Order of August 5, 2021 titled “Requirements for Visitors in Acute Health Care and Long-Term Care Settings”, as it may be amended from time to time, which requires additional statewide facility-directed measures
to protect particularly vulnerable populations from visitors during indoor visitations at hospitals, skilled nursing facilities, and intermediate care facilities. The Order may be found at https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Order-of-the-State-Public-Health-Officer-Requirements-for-Visitors-in-Acute-Health-Care-and-Long-Term-Care-Settings.aspx. Failure to comply with any requirement set forth in State Public Health Officer Order of August 5, 2021 titled “Requirements for Visitors in Acute Health Care and Long-Term Care Settings”, is considered a violation of this Order.

9. Health Care Worker Vaccine Requirement. This Order incorporates by reference as if fully set forth herein the State Public Health Officer Order of August 5, 2021 titled “Health Care Worker Vaccine Requirement”, as it may be amended from time to time, which requires additional statewide measures to protect particularly vulnerable populations by requiring workers who provide services or work in certain health care facilities have their first dose of a one-dose regimen COVID-19 vaccine or their second dose of a two-dose regimen COVID-19 vaccine by September 30, 2021. The Order may be found at https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Order-of-the-State-Public-Health-Officer-Health-Care-Worker-Vaccine-Requirement.aspx. This Order shall additionally apply any requirements in the State Public Health Officer Order of August 5, 2021 titled “Health Care Worker Vaccine Requirement” to dental workers and home health care workers. Failure to comply with any requirement set forth in State Public Health Officer Order of August 5, 2021 titled “Health Care Worker Vaccine Requirement” is considered a violation of this Order.

10. Vaccine Verification Required for Workers in Schools. This Order incorporates by reference as if fully set forth herein the State Public Health Officer Order of August 11, 2021 titled “Vaccine Verification for Workers in Schools”, as it may be amended from time to time, which requires additional statewide measures to protect particularly vulnerable populations by verifying vaccination status among eligible private and public K-12 school workers, and establishes diagnostic screening testing of unvaccinated workers to minimize the risk that they will transmit while on K-12 school campuses, where a majority of students are not vaccinated and younger students are not yet eligible for vaccines. The Order may be found at https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Order-of-the-State-Public-Health-Officer-Requirements-for-Visitors-in-Acute-Health-Care-and-Long-Term-Care-Settings.aspx. Failure to comply with any requirement set forth in State Public Health Officer Order of August 11, 2021 titled “Vaccine Verification for Workers in Schools” is considered a violation of this Order.

11. Sectors that Continue to Require Additional Risk Reduction Measures. The following sectors serve persons and populations that have lower rates of vaccination, persons who are at higher risk of being infected, or persons who are not yet eligible to be vaccinated. As such, these sectors continue to require additional risk reduction measures and must operate subject to the following conditions:

a. **Day Camps.** Day camp owners and operators must implement and post any “CDPH checklist and comply with any CDPH Guidance regarding day camps, which may be found at https://covid19.ca.gov/safely-reopening/.

b. **K-12 Schools.** All public and private K-12 schools in the City shall provide instruction in accordance with guidance issued by the State Health Officer for K-12 Schools in California for the 2020-2021 School Year”, as it may be amended from time to time, which may be found at https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/K-12-Guidance-2021-22-School-Year.aspx. Effective November 15, 2021, all public and private K-12 must also adhere to the “Mandatory Requirements for Schools Using the Modified Quarantine Option”, where applicable, attached as Appendix AA, as it may be amended from time to time.
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c. **Day Care.** Day Care must adhere to guidance issued by the State Health Officer titled “COVID-19 UPDATED GUIDANCE: Child Care Programs and Providers”, as it may be amended from time to time, which may be found at https://files.covid19.ca.gov/pdf/guidance-childcare-en.pdf.

d. **Youth Sports.** Youth recreational supports must operate in accordance with the Recreational Sports Protocol, as amended from time to time, attached as Appendix W.

e. **Bars, Breweries, Craft Distilleries, and Wineries.**

   i. Bars must require patrons who are 21 years of age or older (and minors 12 years of age or older, where permitted at the establishment) to provide proof of full vaccination against COVID-19 for entry into the establishment to obtain indoor service. Patrons who do not provide proof of full vaccination against COVID-19 may be served in outdoor portions of the facility, where the risk of exposure to COVID-19 is less likely when compared to being indoors.

   ii. Individuals who do not provide proof of vaccination at Bars may use outdoor portions of the facility, but may not remain inside the facility except as solely provided below provided the individual is wearing a well-fitted mask:

      1) The individual may enter the indoor portion of the facility as part of their employment to make a delivery or pick-up, provide a service or repair to the facility, or for an emergency or regulatory purpose.

      2) The individual may enter the indoor portion of the facility to get to the outdoor portion of the facility or to use the restroom.

      3) The individual may enter the indoor portion of the facility to order, pick-up, or pay for food or drinks for “to go” service.

   iii. All on-site employees must provide their employer with proof of full vaccination against COVID-19.

      1) Employees may be exempt from the COVID-19 vaccination requirements under this subsection only upon providing their employer a declination form, signed by the individual stating either of the following: (1) the employee is declining vaccination based on religious beliefs or (2) the employee is excused from receiving any COVID-19 vaccine due to qualifying medical reasons. To be eligible for a qualified medical reasons exemption the employee must also provide to their employer a written statement signed by a physician, nurse practitioner, or other licensed medical professional practicing under the license of a physician stating that the individual qualifies for the exemption and indicating the probable duration of the employee’s inability to receive the vaccine. Such written statement of qualifying medical exemption should not describe the underlying medical condition or disability and must indicate if the duration of the employee’s inability to receive the vaccine is unknown or permanent. See the most updated version of the CDC’s Interim Clinical Considerations for Use.

      2) If an operator of a Bar deems its on-site employee to have met the requirements of the above-stated COVID-19 vaccination exemption, the
unvaccinated employee must meet the following requirements when entering or working in the establishment:

a) Test for COVID-19 at least once per week either polymerase chain reaction (PCR) or antigen test that either has Emergency Use Authorization (EUA) by the US Food and Drug Administration or be operating per the Laboratory Developed Test requirements by the US Centers for Medicare and Medicaid Services.

b) Wear a surgical mask or higher-level respirator approved by the National Institute of Occupational Safety and Health (NIOSH), such as an N95 filtering facepiece respirator, at all times while at the establishment.

iv. Bars must comply with the Guidance for Verifying Proof of COVID-19 Vaccination attached to this Order. Acceptable forms of proof of full COVID-19 vaccination status include (a) photo identification of the attendee AND (b) any of the following - a vaccination card, a photo of the vaccination card as a separate document, a photo of the attendee’s vaccine card stored on a phone or electronic device, a digital version of the vaccination card (e.g. QR Code), or documentation of the person’s full vaccination against COVID-19 from a healthcare provider. The vaccination card must include the name of the person vaccinated, the type of COVID-19 vaccine provided, and the date of the last dose administered.

f. Nightclubs and Lounges.

i. For purposes of this Order, “nightclub” means a commercial establishment dispensing beverages for consumption on the premises and in which dancing is permitted or entertainment is provided, and/or has its primary source of revenue as the sale of alcohol for consumption on the premises, cover charges, or both. For purposes of this Order, “lounge” is defined as a business that operates primarily for the preparation, sale, and service of beer, wine, spirits, hookah, or cigars. Minors are not permitted in a lounge.

ii. Nightclubs and lounges must require patrons who are 18 years of age or older to provide proof of full vaccination against COVID-19 for entry into the establishment to obtain indoor service. Patrons who do not provide proof of full vaccination against COVID-19 may be served in outdoor portions of the facility, where the risk of exposure to COVID-19 is less likely when compared to being indoors.

iii. Individuals who do not provide proof of vaccination at nightclubs and lounges may use outdoor portions of the facility, but may not remain inside the facility except as solely provided below provided the individual is wearing a well-fitted mask:

1) The individual may enter the indoor portion of the facility as part of their employment to make a delivery or pick-up, provide a service or repair to the facility, or for an emergency or regulatory purpose.

2) The individual may enter the indoor portion of the facility to get to the outdoor portion of the facility or to use the restroom.
3) The individual may enter the indoor portion of the facility to order, pick-up, or pay for food or drinks for “to go” service.

iv. All on-site employees must provide their employer with proof of full vaccination against COVID-19.

1) Employees may be exempt from the COVID-19 vaccination requirements under this subsection only upon providing their employer a declination form, signed by the individual stating either of the following: (1) the employee is declining vaccination based on religious beliefs or (2) the employee is excused from receiving any COVID-19 vaccine due to qualifying medical reasons. To be eligible for a qualified medical reasons exemption the employee must also provide to their employer a written statement signed by a physician, nurse practitioner, or other licensed medical professional practicing under the license of a physician stating that the individual qualifies for the exemption and indicating the probable duration of the employee’s inability to receive the vaccine. Such written statement of qualifying medical exemption should not describe the underlying medical condition or disability and must indicate if the duration of the employee’s inability to receive the vaccine is unknown or permanent. See the most updated version of the CDC’s Interim Clinical Considerations for Use.

2) If an operator of a nightclub or lounge deems its on-site employee to have met the requirements of the COVID-19 vaccination exemption, the unvaccinated employee must meet the following requirements when entering or working in the establishment:
   a) Test for COVID-19 at least once per week either polymerase chain reaction (PCR) or antigen test that either has Emergency Use Authorization (EUA) by the US Food and Drug Administration or be operating per the Laboratory Developed Test requirements by the US Centers for Medicare and Medicaid Services.
   b) Wear a surgical mask or higher-level respirator approved by the National Institute of Occupational Safety and Health (NIOSH), such as an N95 filtering facepiece respirator, at all times while at the establishment.

v. Nightclubs and lounges must comply with the Guidance for Verifying Proof of COVID-19 Vaccination attached to this Order. Acceptable forms of proof of full COVID-19 vaccination status include (a) photo identification of the attendee AND (b) any of the following - a vaccination card, a photo of the vaccination card as a separate document, a photo of the attendee’s vaccine card stored on a phone or electronic device, a digital version of the vaccination card (e.g. QR Code), or documentation of the person’s full vaccination against COVID-19 from a healthcare provider. The vaccination card must include the name of the person vaccinated, the type of COVID-19 vaccine provided, and the date of the last dose administered.

g. Restaurants. Due to the increased risk of transmission at places where people are indoors and unmasked, the City Health Officer strongly recommends that the operators of restaurants, which include, brewpubs, breweries, bars, pubs, craft distilleries, and wineries that hold a City-
issued restaurant permit to provide sit-down, dine-in bona fide meals, reserve and prioritize indoor seating and service for patrons who are fully vaccinated against COVID-19. Such establishments should verify the full vaccination status of patrons 12 years or older who will be seated indoors for food or beverage service. Patrons who cannot provide proof of full vaccination against COVID-19 may be served in outdoor portions of the facility, where the risk of exposure to COVID-19 is less likely when compared to being indoors.

h. Mega Events. “Mega Events” are defined as events with large crowds greater than 1,000 attendees indoors per event per day (Indoor Mega Events) and 10,000 attendees outdoors per event per day (Outdoor Mega Events). Mega Events may have either assigned or unassigned seating, and may be either general admission or gated, ticketed, and permitted events. Examples of Mega Events include, but are not limited to, conventions, conferences, expos, sporting events, concerts, music or food festivals, car shows, large endurance events, marathons, parades, and sporting events. These events are considered higher risk for COVID-19 transmission.

i. Pursuant to Section 2.a of this Order, all attendees of Mega Events must wear face masks at all times at the Mega Event except when actively eating or drinking. Designated areas for eating and drinking are strongly encouraged.

ii. All Indoor Mega Events and any Outdoor Mega Events that are ticketed or held in a defined space with controlled points of entry must verify the full COVID-19 vaccination status or pre-entry negative COVID-19 viral test result of all attendees prior to the event.

1) Acceptable forms of proof of full COVID-19 vaccination status include (a) photo identification of the attendee AND (b) any of the following - a vaccination card, a photo of the vaccination card as a separate document, a photo of the attendee’s vaccine card stored on a phone or electronic device, a digital version of the vaccination card (e.g. QR Code), or documentation of the person’s full vaccination against COVID-19 from a healthcare provider. The vaccination card must include the name of the person vaccinated, the type of COVID-19 vaccine provided, and the date of the last dose administered.

2) Pre-entry negative testing must be conducted within 72 hours before the event start time. Both PCR and antigen tests are acceptable forms of pre-entry negative testing. The results of the test must be available prior to entry into the event or venue. Acceptable forms of proof of a negative COVID-19 test result include (a) photo identification of the attendee AND (b) either of the following – a printed document from the test provider or laboratory OR an email or text message displayed on a phone from the test provider or laboratory. The test result should include the person’s name, type of test performed, negative test result, and the date of the test must be within the last 72 hours. This Section shall apply to attendees two (2) years of age and older.

3) Indoor Mega Event operators and Outdoor Mega Event operators for events that are ticketed or held in a defined space with controlled points of entry operators must prominently place information on all communications, including reservation and ticketing systems, to ensure guests are aware that proof of pre-entry negative testing or full vaccination status is required. For events taking
place on or after September 20, 2021, self-attestation cannot be used as a method to verify an attendee’s status as fully vaccinated against COVID-19 or as proof of a negative COVID-19 test result.

iii. Any Outdoor Mega Event that is not ticketed or held in a defined space with controlled points of entry must adhere to CDPH Guidance titled “Beyond the Blueprint for Industry and Business Sectors” which may be found at https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Beyond-Blueprint-Framework.aspx and as it may be amended.

iv. Additional Recommendations for Outdoor and Indoor Mega Events.

1) Assign staff to remind all guests to wear masks while on the premises or at the location.

2) Encourage everyone to get vaccinated when eligible.

3) Facilitate increased ventilation of indoor spaces (i.e. open all windows and doors to increase natural air flow), following CDPH Interim Guidance for Ventilation, Filtration and Air Quality in Indoor Environments which may be found at https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Interim-Guidance-for-Ventilation-Filtration-and-Air-Quality-in-Indoor-Environments.aspx.

4) Encourage everyone to sign up for CA Notify at https://canotify.ca.gov/#section2 as an added layer of protection for themselves and the community to receive alerts when they have been in close contact with someone who tests positive for COVID-19.

5) Convey the risk of attending large, crowded events where the vaccination status of other attendees may be unknown to the individuals.

6) Convey the risk of attending large, crowded events for populations that may not currently be eligible for vaccination or may be immunocompromised and whose vaccine protection may be incomplete.

7) Encourage all venues along any parade or event route to provide outdoor spaces for eating, drinking, or congregating to reduce the risk of transmission in indoor settings.

12. For purposes of this Order, an individual is considered “fully vaccinated” against COVID-19 two weeks or more after they have received the second dose in a 2-dose series (e.g. Pfizer-BioNtech or Moderna) or 2 weeks or more after they have received a single-dose vaccine (e.g. Johnson and Johnson [J&J]/Janssen).

**PURPOSE AND FINDINGS**

13. **Purpose.** This Long Beach Health Officer Order (Order) supersedes all Prior Safer-at-Home Orders (Prior Orders) issued by the Long Beach Health Officer. This Order aligns the City with the Governor’s directive to move beyond the Blueprint for Business and Industry and the State Public Health Officer’s Memoranda of May 21 and June 9, 2021, the State Public Health Officer’s Order of June 11, 2021 and updated to align with Los Angeles County’s order mandating indoor masking.
14. **Intent.** This Order’s intent is to continue to protect the community from COVID-19, in particular those individuals who are not, or cannot be, fully vaccinated against COVID-19 in the City as other protective measures are removed and to increase vaccination rates to reduce the spread of COVID-19 long-term, so that the whole community is safer and so the COVID-19 pandemic can come to an end.

15. **Least Restrictive Means.** The orders contained in this Order are necessary and least restrictive preventive measures to control and reduce the spread of COVID-19 in the City, help preserve critical and limited healthcare capacity in the City, and save the lives of City Beach residents.

16. **State Law Requires Health Officer to Take Measures Necessary to Prevent the Spread of a Communicable Disease.** The California Health and Safety Code section 120175 requires the Health Officer knowing or having reason to believe that any case of a communicable disease exists or has recently existed within the City to take measures as may be necessary to prevent the spread of the disease or occurrence of additional cases. Furthermore, California Health and Safety Code sections 101040 and 101475 grant the Health Officer the authority to take any preventive measure that may be necessary to protect and preserve the public health from any public health hazard during a State or local emergency within their jurisdiction.

17. **Continuing Severe Health and Safety Risk Posed by COVID-19.** This Order is based upon scientific evidence and best practices, as currently known and available, to protect members of the public from avoidable risk of serious illness and death resulting from the spread of COVID-19, as well as to protect the healthcare system from a surge of cases into its emergency rooms and hospitals. This Order is issued based on the following determinations: evidence of continued significant community transmission of COVID-19 within the City; documents asymptomatic transmission; scientific evidence and best practices regarding the most effective approaches to slow the transmission of communicable diseases generally and COVID-19 specifically; evidence that people in the City continue to be at risk for infection with serious health complications, including hospitalizations and death from COVID-19, due to age, pre-existing health conditions, being unvaccinated or not eligible for vaccination, and more infectious variants of the virus that causes COVID-19 and which have been shown to cause more severe disease being present in the City; and further evidence that City residents, including younger and otherwise healthy people, are also at risk for serious negative health outcomes and for transmitting the virus to others; the age, condition, and health of a significant portion of the population of the City places it at risk for serious health complications, including hospitalizations and death, from COVID-19; and further evidence that others, including younger and otherwise healthy people, are also at risk for serious outcomes.

18. **Local Health Conditions Relating to COVID-19.** Existing community transmission of COVID-19 in the City is increasing and continues to present a substantial risk of harm to the health of those who are not or cannot be vaccinated against COVID-19. Currently, there is a vaccine available to protect against COVID-19. However, new variants of the virus that may spread more easily or cause more severe illness remain present in the City and remain a risk for those who are not vaccinated against COVID-19. Due to the fact that unvaccinated persons are remain more likely to get infected and spread COVID-19 via the air and concentrates indoors, other measures are necessary until the majority of the population is vaccinated to prevent the spread of COVID-19. As of November 4, 2021, there have been at least 65,397 cases of COVID-19 and 1,046 deaths reported in the City of Long Beach. Making the risk of community transmission worse, some individuals who contract COVID-19 have no symptoms or have only mild symptoms, and so are unaware that they carry the virus and transmitting to others. Since even people without symptoms can transmit the virus, and
because new evidence shows the COVID-19 is now more easily spread, universal indoor masking is a risk reduction measure that is proven to reduce the risk of transmitting the virus.

19. Epidemiologic evidence demonstrates that the rate of community transmission, hospitalizations and testing positivity rates have all drastically increased since June 15, 2021. Although more than 364,000 vaccine doses have been administered and more than 246,870 residents ages 12 and older are fully vaccinated against COVID-19 in Long Beach, COVID-19 infection remains a significant health hazard to all residents. In line with the State Public Health Officer, the Health Officer will continue to monitor scientific evidence and epidemiological data within the City.

20. Continued Monitoring of Epidemiological Data. The Health Officer will continue monitoring epidemiological data to assess the impact of lifting restrictions and fully re-opening sectors. Those indicators include, but are not limited to:
   
a. The number of new cases, hospitalizations, and deaths among residents in areas in the lowest Healthy Places Index (HPI) quartile and by race/ethnicity.

b. The percentage of COVID-19 tests reported that are positive.

c. The COVID-19 case rate.

d. The availability of COVID-19 vaccines and the percentage of eligible City residents vaccinated against COVID-19.

e. The number of fully vaccinated people who get sick, hospitalized, or die from COVID-19.

21. Incorporation of State and Local Emergency Proclamations. This Order is issued in accordance with, and incorporates by this reference, the March 4, 2020 Proclamation of a State of Emergency issued by Governor Gavin Newsom and the and the March 4, 2020 Proclamation of Local Emergency by the City Manager, and the Declaration of Local Health Emergency by the Health Officer, ratified by the City Council on March 10, 2020, respectively, the March 6, 2020 Declaration of Local Health Emergency Regarding Novel Coronavirus 2019 (COVID-19) issued by the Health Officer, and guidance issued by the California Department of Public Health, as each of them have been and may be supplemented.

22. Obligation to Follow Stricter Requirements of Orders. This Order is consistent with the provisions in the Governor’s Executive Order N-60-20 and the State Public Health Officer’s August 28, 2020 Order that local health jurisdictions may implement or continue more restrictive public health measures if the jurisdiction’s Local Health Officer determines that health conditions in that jurisdiction warrant such measures. Where a conflict exists between this Order and any state public health order related to the COVID-19 pandemic, the most restrictive provision (i.e., the more protective of public health) controls. Consistent with California Health and Safety Code section 131080 and the Health Officer Practice Guide for Communicable Disease Control in California, except where the State Health Officer may issue an order expressly directed at this Order and based on a finding that a provision of this Order constitutes a menace to public health, any more restrictive measures in this Order continue to apply and control in the City. Also, to the extent any federal guidelines allow activities that are not allowed by this Order, this Order controls.

23. Requirement to Operate Pursuant to Local Licenses and Permits. All businesses permitted to operate pursuant to this Order shall operate in accordance with all current local licenses or permits, including business licenses, health permits, and the like.

24. Authority of the City Manager to Facilitate Business Activities Outdoors. The City Manager or
appropriate designee to develop written protocols to facilitate various business activities outdoors in accordance with City and State health guidelines and Health Orders and in compliance with all other applicable State and Federal laws such as the Americans with Disabilities Act, with emphasis on developing protocols that protect the health, safety and welfare of the community. Any issuance of a permit to operate in an outdoor space is temporary due to the COVID-19 pandemic and does not create a vested property right in any parklet, public right-of-way, or any other property used to facilitate outdoor business operations due to the COVID-19 pandemic.

25. Copies of the Order. The City shall promptly provide copies of this Order by: (a) posting it on the Long Beach’s Department of Health and Human Services website (http://www.longbeach.gov/health/), (b) posting it at the Civic Center located at 411 W. Ocean Blvd., Long Beach, CA 90802, (c) providing it to any member of the public requesting a copy, (d) issuing a press release to publicize the Order throughout the City, and (e) by serving via email on large facilities known to the Health Officer that are likely to be subject to this Order (but service via email is not required for compliance). The owner, manager, or operator of any facility that is likely to be impacted by this Order is strongly encouraged to post a copy of this Order onsite and to provide a copy to any member of the public requesting a copy.

   a. The owner, manager, or operator of any facility that is likely to be impacted by this Order is strongly encouraged to post a copy of this Order onsite and to provide a copy to any member of the public requesting a copy.

   b. Because guidance may change, the owner, manager, or operator of any facility that is subject to this Order is ordered to consult the Long Beach Department of Health and Human Services’ website (http://www.longbeach.gov/health/) daily to identify any modifications to the Order and is required to comply with any updates until the Order is terminated.

26. Severability. If any section, subsection, sentence, clause, phrase, or word of this Order or any application of it to any person, structure, gathering, or circumstance is held to be invalid or unconstitutional by a decision of a court of competent jurisdiction, then such decision will not affect the validity of the remaining portions or applications of this Order.

27. Enforcement.

   a. In consultation with the City Attorney and in accordance with Chapter 8.120 of the Long Beach Municipal Code, the City is permitted to discontinue municipal utility service to any business operating in violation of this Order, as appropriate.

   b. The entities subject to this Order that are not required to close may otherwise remain open for business and perform operations during the duration of this Order under the condition that entities adhere to this Order any state public health order related to the COVID-19 pandemic. Entities permitted to remain open for businesses that do not adhere to this Order may be subject to mandatory closure for the duration of this Order, including any amendment or extension hereto. This Section shall not apply to the Long Beach Airport, or any business identified as federal critical infrastructure therein.

   c. Failure to comply with any of the provisions of this Order constitutes an imminent threat and menace to public health, constitutes a public nuisance, and is punishable by fine, imprisonment, or both. To protect the public’s health, the Health Officer of the City of Long Beach may take additional action(s) for failure to comply with this Order. Violation of this Order is a misdemeanor punishable by imprisonment, fine or both under California Health
and Safety Code Section 120275 et seq and Chapter 1.32 and 8.120 of the Long Beach Municipal Code.

d. Pursuant to Long Beach City Charter Section 109, Sections 8634 and 41601 of the California Government Code; Sections 101040, 101475, and 120175 of the California Health and Safety Code; and Chapters 8.08, 8.26, and 8.120 of the Long Beach Municipal Code, these Orders and Directives as issued by the Health Officer shall be enforceable by the Chief of Police of the City of Long Beach to ensure compliance with and enforcement of this Order and the Directives set forth herein.

e. Further, and in addition to the criminal penalties set forth herein, these Orders and Directives as issued by the Health Officer shall be enforceable by the City Manager of the City of Long Beach. For the duration of the declared health emergency, the City Manager is permitted to designate and authorize appropriate employees of the City to issue Administrative Citations and levy civil fines and penalties to those individuals, businesses, and others who are in violation of the Orders and Directives contained herein in accordance with the provisions of Chapter 9.65 of the Long Beach Municipal Code.

28. Effective Date. This Order shall become effective at 11:59 p.m. on November 4, 2021 and will continue to be until it is extended, rescinded, superseded, or amended in writing by the Health Officer.

IT IS SO ORDERED:

Anissa Davis, MD, DrPH,
Health Officer, City of Long Beach
Date: November 4, 2021

PROMULGATION OF EMERGENCY REGULATIONS

As Director of Civil Defense for the City of Long Beach pursuant to Long Beach Municipal Code (“LBMC”) section 2.69.060.A, and in accordance with the provisions of LBMC Chapter 8.120, I am authorized to promulgate regulations for the protection of life and property as affected by the COVID-19 emergency pursuant to Government Code section 8634, and LBMC sections 2.69.070.A and 8.120.020. The following shall be in effect for the duration of the Long Beach Health Order, HEALTH ORDER FOR CONTROL OF COVID-19, issued above, which is incorporated in its entirety by reference:

The Long Beach Health Officer Order HEALTH ORDER FOR CONTROL OF COVID-19, shall be promulgated as a regulation for the protection of life and property.

Any person who, after notice, knowingly and willfully violates or refuses or neglects to conform to the above referenced lawfully issued Health Order shall be guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars ($1,000), by imprisonment for a period not exceeding six (6)
months, or by both such fine and imprisonment. (Long Beach Municipal Code sections 8.120.030.A and 8.120.030.E.3.)

IT IS SO ORDERED:

[Signature]

Thomas B. Modica
City Manager, City of Long Beach
Date: November 4, 2021
How to verify if a person is fully vaccinated

- Check to see if the name on the vaccination record matches a photo ID, AND
- Check proof of COVID-19 vaccination for vaccination type and date(s) (a and b on image)
  - If Johnson & Johnson (J&J), verify single dose with date 14 days prior to today
  - If Pfizer or Moderna, verify two doses with dates, the most recent being 14 days prior to today

Acceptable proof of COVID-19 vaccination

A. Vaccine Record Card or Health Record

- CDC COVID-19 Vaccination Record Card (White Card)
- World Health Organization (WHO) Vaccine Record Card (Yellow Card)
- Documentation of vaccination from the healthcare provider or entity that provided the COVID-19 vaccines
- California Immunization Registry (CAIR2) Vaccination Record

The person can show the card, a photo of the card as a separate document, or a photo of the card stored on a phone or electronic device.

B. Digital Vaccination Record

- California Department of Public Health (CDPH)* (free)
- An approved company (e.g. Healthvana and Carbon Health) (free)

* Businesses can download the free SMART Health Card verifier app to read the QR code (thecommonsproject.org/smart-health-card-verifier). Scan the code and confirm there’s a green “Verified” indicator at the top of the screen and the required information is shown.

For visitors from other state or countries, ask for similar vaccination documentation issued by their local government.

A person who was vaccinated outside the US is considered to be fully vaccinated 14 days after they finish a series of a COVID-19 vaccine that vaccine is listed for emergency use by the World Health Organization (WHO) – currently AstraZeneca-Oxford (e.g., Covishield, Vaxzevria), Sinopharm, and Sinovac.

For more information, visit the vaccine records at VaccinateLACounty.com
EXAMPLES OF VACCINATION RECORDS

California Department of Public Health Digital Vaccination Record

- **Verified**
  - Valid SMART Health Card
  - Issuer verified

- **Partially Verified**
  - Valid SMART Health Card
  - Issuer not recognized

- **Not Verified**
  - This SMART Health Card cannot be verified. It may have been corrupted.

CDPH Digital Vaccination record after being scanned by the SMART Health Card Verifier App.

Image from thecommonsproject.org/smart-health-card-verifier

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**Healthvana**

**Carbon Health**
COVID-19 Health Pass

**CDC Vaccination Record Card**

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**California Immunization Registry (CAIR2)**
Vaccination Record

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**IMMUNIZATION RECORD**
Comprobante de inmunización

<table>
<thead>
<tr>
<th>Name</th>
<th>John Doe</th>
</tr>
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<tr>
<td>Birthdate</td>
<td>05/04/1964</td>
</tr>
<tr>
<td>Sex</td>
<td>Male</td>
</tr>
</tbody>
</table>

**Allergies**

**Vaccine Reactions**

**History of Chickenpox**

Date Printed: 06/09/2021

RETAIN THIS DOCUMENT - CONSERVE ESTE DOCUMENTO
Appendix W

Protocol for Youth Recreational Sports

On July 17 and August 18, the Long Beach Health Officer issued a revised Health Officer Order requiring the use of face masks in all indoor public settings. Given the increase in community transmission of COVID-19 and the predominance of the more easily spread Delta variant of the COVID-19 virus, masking indoors, regardless of vaccination status, is essential to slowing the spread of COVID-19 in the community. The Delta variant of the COVID-19 virus spreads more easily than strains of the virus that circulated in Long Beach in the past.

Below is a summary of requirements and best practices for youth sports leagues (including school sports teams) based in the City of Long Beach to enhance safety for participants, coaches, and communities, and lower the risk of COVID-19 transmission within their teams. These requirements are strongly recommended for teams or players coming to Long Beach from other jurisdictions for competitions. Routine screening testing is required as described below, presuming adequate COVID-19 diagnostic testing capacity and supplies. The screening testing requirements may be modified, based on the availability of and access to testing. In addition, these requirements remain in effect as long as the Long Beach Department of Health and Human Services reports high rates of community transmission and will be re-assessed when community transmission is no longer high.

In addition to this information, please remember:

- Youth sports leagues must follow the City of Long Beach Health Officer Order and the City of Long Beach COVID-19 Exposure Management Plan Guidance for Youth Recreational Sports Programs.
- Youth sports leagues that employ coaches or other support staff must also adhere to the Cal/OSHA COVID-19 Prevention Emergency Temporary Standards (ETS).
- Youth sports leagues operating concession stands must have a Health Permit from the Long Beach Department of Health and Human Services, Bureau of Environmental Health (www.longbeach.gov/eh) and should review and follow Los Angeles County Department of Public Health Best Practice Guidance for Food and Beverage Service.
Follow mask rules for participants, coaches, and spectators

☐ **Participants**: When indoors, require all participants, regardless of vaccination status, to bring and wear masks. Youth sports participants must wear a face mask, even while engaging in physical activity, in any indoor setting, unless wearing a mask during play has been determined to pose a choking hazard by a well-recognized health authority, such as the American Academy of Pediatrics. When wearing a mask during play poses a choking hazard, at least one of the following options is required:

- Conduct these activities outdoors; OR
- Perform at least weekly screening testing with either PCR testing (1:1 or pooled PCR) or antigen testing of all individuals, including those who are fully vaccinated.

☐ Participants may remove their face masks temporarily to eat or drink. When participants are actively eating or drinking, they should maintain a 6-foot distance from others.

☐ Participants who are engaged in indoor water sports such as swimming, water polo, or diving, may remove their face masks while they are in the water. Face masks must be worn when participants are not in the water.

☐ Encourage participants to bring more than one mask to practice or games in case their mask gets wet or soiled during play.

☐ **Spectators**: When indoors, require all spectators, regardless of vaccination status, to bring and wear masks. Make masks available for those who arrive without them.

☐ **Coaches**: When indoors, require all coaches, regardless of vaccination status, to bring and wear masks when they are indoors. Coaches must wear masks, even when engaged in intense physical activity, when indoors.

☐ **Employees**: If the youth sports league employs coaches or other support staff, please note that employers are required to provide unvaccinated employees working in indoor settings, upon request, with the correct-size respirator along with basic instructions on how to achieve a good seal. Respirators must be replaced if they get damaged, deformed, dirty, or difficult to breathe through.

☐ Employees who work in a setting where they are in close contact with other people who may not be fully vaccinated should be encouraged to wear a higher level of protection, such as “double-masking” (wearing a cloth mask OVER a surgical mask), or a respirator. This is particularly important if the employee is not fully vaccinated or is fully vaccinated but has underlying medical conditions that put them at higher risk, and is working in an indoor setting, a crowded outdoor setting, or in a shared vehicle.

☐ When outdoors, masks are recommended in crowded spaces and places, including among spectators at sporting events where distancing is not practical or possible. At sporting events attended by more than 10,000 individuals, universal masking is required by all spectators and employees except for the limited time when actively eating or drinking.

**Vaccinate**

☐ It is strongly recommended that all student athletes ages 5 and older, coaches and team staff are fully vaccinated. Vaccination against the virus that causes COVID-19 is available for everyone 5 years of age and older. Vaccination is the primary strategy to reduce the burden of COVID-19 disease and protect all members of the community. Having all athletes and staff in your youth sports league fully

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EMAIL: CETASKFORCE@LONGBEACH.GOV
vaccinated will greatly decrease the risk of transmission of the virus among teammates and between teams, and will provide excellent protection against severe illness, hospitalization, and death. It will also decrease disruption in team activities, because fully vaccinated individuals are not required to quarantine if they are close contacts to a case of COVID-19, as long as they remain asymptomatic and continue to test negative.

- Youth sports leagues, team organizers, or coaches must maintain records of all athletes’ and staff/coaches'/volunteers’ vaccination status and weekly COVID-19 testing compliance. They do not need to keep a copy of the proof of full vaccination shown nor copies of test results.

**Screen for symptoms and isolate**

- Ask participants and families to self-screen for COVID-19 symptoms prior to attending youth sports activities.
- Post signage to remind everyone who enters your establishment that they should NOT enter if they have symptoms of COVID-19 or if they are under isolation or quarantine orders.
- Youth sports programs must exclude or isolate any participant, coach, or spectator that is showing symptoms of COVID-19.
  - Take action to isolate participants who begin to have COVID-19 symptoms during youth sports activities, from other participants, coaches, and spectators.
  - Notify LBDHHS officials, staff, and families immediately of any confirmed case of COVID-19.

**Reduce crowding, especially indoors**

- If possible, hold youth sports activities outdoors where the risk of COVID-19 transmission is much lower.
- If youth sports activities must be held indoors, take steps to reduce the number of participants, coaches and spectators in any indoor area.
- Physical distancing is an infection control best practice that may be implemented as an additional safety layer to reduce the spread of COVID-19. During practices, encourage activities that do not involve sustained person-to-person contact between participants and/or coaching staff and limit such activities in indoor settings. Instead, consider focusing on skill-building activities.
- Consider limiting the number of participants who visit the restroom or locker room at any given time.
- Non-athletic team events, such as team dinners or other social activities, should only happen if they can be held outdoors with distancing.

**Routine Screening Testing for COVID-19**

The virus that causes COVID-19 may infect any member of the youth sports league, even fully vaccinated members, although it is more likely to infect unvaccinated persons. Any infected person can potentially transmit the virus to others. One strategy to accurately identify infected individuals and then quickly isolate them is routine periodic screening testing for COVID-19 with a Nucleic Acid Amplification Test (NAAT) such as PCR, or an Antigen (Ag) test. The CDC recommends that all unvaccinated participants in any youth sports test at least weekly in communities experiencing high rates of transmission. General information about testing in Long Beach can be found at www.longbeach.gov/covid19testing. PCR, Antigen and Serology fact sheets can be found here.

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V11 11/15/21
Persons who show proof that they are fully vaccinated against COVID-19\(^1\) or that they have recovered from/completed isolation for laboratory confirmed COVID-19 within the past 90 days should not be included in periodic COVID-19 screening testing if the person is asymptomatic. Screening for not fully vaccinated persons who were previously infected with COVID-19\(^2\) should start 90 days after the first day of symptoms or from the day of collection of first positive test (if they were asymptomatic).

Whenever a confirmed case is identified on any of your youth sports teams, follow instructions listed in the Exposure Management Plan for Youth Sports and ensure that all unvaccinated close contacts quarantine along with any symptomatic vaccinated close contacts.

Youth sports leagues, team organizers, or coaches should maintain records of all athletes’ and staff/coaches/volunteers’ vaccination status and weekly COVID-19 testing compliance and any testing done after having exposure to a COVID-19 case. They do not need to keep a copy of the proof of full vaccination shown nor copies of test results.

At the current time, with high community transmission occurring in the City of Long Beach, the following testing requirements apply to all participating athletes and staff/coaches/volunteers. Persons who show proof that they are fully vaccinated against COVID-19 or that they have recovered from/completed isolation for laboratory confirmed COVID-19 within the past 90 days should not be included in routine COVID-19 screening testing if the person is asymptomatic. Screening for not fully vaccinated persons who were previously infected with COVID-19 should start 90 days after the first day of symptoms or the day of collection of first positive test. See Table below for examples of sports in different risk categories.

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\(^1\) The following are acceptable as proof of “full vaccination”: 1) A photo identification of the attendee and 2) their vaccination card (which includes name of person vaccinated and confirms that the attendee is fully vaccinated against COVID-19 vaccine, such as Johnson & Johnson (J&J)/Janssen, or AstraZeneca/Oxford). See WHO’s website for more information about WHO-authorized COVID-19 vaccines.

\(^2\) The following is acceptable as proof of previous COVID-19 infection (previous positive viral test result) and completion of isolation within the last 90 days: a photo identification and a paper copy or digital copy on their phone or electronic device of their positive COVID-19 antigen or PCR test taken within the last 90 days, but not within the last 10 days. Person must have completed their isolation requirement prior to participating.

Indoor Moderate or High-Risk Sports for children of all ages and staff/coaches/volunteers. A weekly negative test result is required for all participants who are not fully vaccinated, including children who are playing and staff/coaches/volunteers; weekly school testing fulfills this obligation. Testing two times per week is strongly recommended for unvaccinated participants.

1. **Outdoor Moderate or High-Risk Sports** for youth ages 12 and older and staff/coaches/volunteers. A weekly negative test result is required for all participants who are not fully vaccinated, including youth ages 12 and older who are playing and

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2. **No screening testing is required for children under age 12 playing Outdoor Sports.** Where possible, in alignment with the CDC recommendation for communities experiencing high transmission, weekly testing for all unvaccinated participants in sports is recommended; weekly school testing fulfills this recommendation.
   - If team players under age 12 are regularly transported via buses/vans, a weekly negative test result is recommended; weekly school testing fulfills this obligation.
   - If children under age 12 are participating in multi-county, multi-day competitions of Moderate or High-Risk Outdoor sports, a negative test within a 3-day window period prior to their first game at the competition is recommended.

3. Fully vaccinated youth participating in outdoor sports are not required to test weekly unless there is a positive case among players, coaches and/or staff. If there is a positive case, all players, staff/coaches/volunteers (regardless of vaccination status) are required to have a weekly negative test result for two weeks from exposure to the case and must test negative prior to competitions.

**Ventilate**

- If youth sports activities are taking place indoors, make sure your building’s Heating, Ventilation, and Air Conditioning (HVAC) system is in good, working order.
- Consider installing portable high-efficiency air cleaners, upgrading the building’s air filters to the highest efficiency possible, and making other modifications to increase the quantity of outside air and ventilation in all working areas.
- When weather and playing conditions allow, increase fresh outdoor air by opening windows and doors. Consider using fans to increase the effectiveness of open windows—position window fans to blow air outward, not inward.

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3 The 3-day window period is the 3 days before the inter-team competition. A 3-day timeframe instead of 72 hours provides more flexibility to the athlete or staff member. By using a 3-day window period, test validity does not depend on the time of the competition or the time of day that the test was administered. For example, if the competition is at 1pm on a Friday, the athlete or staff member could participate in the competition with a negative test that was taken any time on the prior Tuesday or after.

- Decrease occupancy in areas where outdoor ventilation cannot be increased.
- If your team or youth sports league utilizes transport vehicles, such as buses or vans, it is recommended to open windows to increase airflow from outside when it is safe to do so.

**Support handwashing**

- Place handwashing stations or hand sanitizer at entry and outside communal bathrooms with signage promoting use.
- Encourage frequent handwashing.
Communicate

- Post signage so that visitors who are entering your facility are aware of your policies, including the requirement that everyone must wear a face mask while indoors.

- Use your online platforms to communicate your COVID-19 safety policies to the public.

Take additional precautions around team travel and multi-team tournaments

- When traveling in vehicles with other members of the youth sports team not from the same household, wear masks during the entire trip and keep windows open. This includes when carpooling in family vehicles.

- When traveling overnight, it is recommended that team members not from the same household sleep in separate rooms and keep masks on whenever visiting other members’ hotel rooms.

- Socializing with other teams is strongly discouraged.
Table 1. Examples of Sports Stratified by Risk Level Depending on Degree of Participant Contact

<table>
<thead>
<tr>
<th>Low Risk</th>
<th>Moderate Risk</th>
<th>High Risk</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Archery</td>
<td>• Badminton (doubles)</td>
<td>• Basketball</td>
</tr>
<tr>
<td>• Badminton (singles)</td>
<td>• Baseball</td>
<td>• Boxing</td>
</tr>
<tr>
<td>• Band</td>
<td>• Cheerleading</td>
<td>• Football</td>
</tr>
<tr>
<td>• Biking</td>
<td>• Dance (intermittent contact)</td>
<td>• Ice hockey</td>
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<tr>
<td>• Bocce</td>
<td>• Dodgeball</td>
<td>• Ice Skating (pairs)</td>
</tr>
<tr>
<td>• Bowling</td>
<td>• Field hockey</td>
<td>• Lacrosse (boys/men)</td>
</tr>
<tr>
<td>• Corn hole</td>
<td>• Flag Football</td>
<td>• Martial Arts</td>
</tr>
<tr>
<td>• Cross country</td>
<td>• Kickball</td>
<td>• Roller Derby</td>
</tr>
<tr>
<td>• Curling</td>
<td>• Lacrosse (girls/women)</td>
<td>• Rugby</td>
</tr>
<tr>
<td>• Dance (no contact)</td>
<td>• Pickleball (doubles)</td>
<td>• Rowing/crew (with 2 or more people)</td>
</tr>
<tr>
<td>• Disc golf</td>
<td>• Squash</td>
<td>• Soccer</td>
</tr>
<tr>
<td>• Drumline</td>
<td>• Softball</td>
<td>• Water polo</td>
</tr>
<tr>
<td>• Equestrian events (including rodeos) that involve only a single rider at a time</td>
<td>• Tennis (doubles)</td>
<td>• Wrestling</td>
</tr>
<tr>
<td>• Golf</td>
<td>• Volleyball</td>
<td></td>
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<tr>
<td>• Gymnastics</td>
<td></td>
<td></td>
</tr>
<tr>
<td>• Ice and roller skating (no contact)</td>
<td></td>
<td></td>
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<tr>
<td>• Lawn bowling</td>
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<tr>
<td>• Martial arts (no contact)</td>
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<td>• Physical training (e.g., yoga, Zumba, Tai chi)</td>
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<td>• Pickleball (singles)</td>
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<td>• Rowing/crew (with 1 person)</td>
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<td>• Running</td>
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<td>• Shuffleboard</td>
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<td>• Skeet shooting</td>
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<td>• Skiing and snowboarding</td>
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<td>• Snowshoeing</td>
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<td>• Swimming and diving</td>
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<td>• Tennis (singles)</td>
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<td>• Track and Field</td>
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<td>• Walking and Hiking</td>
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MANDATORY REQUIREMENTS FOR SCHOOLS USING THE MODIFIED QUARANTINE OPTION

Appendix AA

This document provides requirements and best practices for schools and parents and guardians concerning the option of modified quarantine in Long Beach schools. This option makes it possible for children who have been exposed to COVID-19 in the classroom or another school setting to continue attending school as long as certain conditions are met.

I. Important Information Regarding Modified Quarantine

Usually, if an unvaccinated person was identified as a “close contact” of someone who has COVID-19, that person must quarantine at home. A close contact is a person who either:

- Has been within 6 feet of an infected person for a cumulative of 15 minutes or more during a 24-hour period, or
- Has been in direct contact with the infected person’s body fluids (for example, coughed or sneezed on, shared a drink or eating utensils, kissed).

Now schools have a new option, called “modified quarantine” which would allow children to continue in-person instruction during regular school hours, while under the Health Officer Quarantine orders. This option is based on alignment with California Department of Public Health’s (CDPH) K-12 2021-22 School Guidance

https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/K-12-Guidance-2021-22-School-Year.aspx

II. For modified quarantine to be successful and safe, schools must adhere to the following strict rules if they choose the modified quarantine option:

1. Modified quarantine can only be considered if the exposure to infection occurred in a school setting where students are supervised by school staff (classroom, school grounds with school staff present, school bus).

2. Modified quarantine is only allowed in a school that is following California reporting guidelines as outlined in the California Department of Public Health 2021-22 K12 Guidance:
   a. Per Ca. Education Code Section 32090 and California Code Title 17, section 2500, schools are required to report COVID-19 cases to the local public health department.
   b. Schools or LEAs should have a COVID-19 liaison to assist the local health department with contact tracing and investigation.
   c. Ca. Education Code Section 32090 (a) (1) states that:
Upon learning that a school employee or pupil at a public or private school campus maintaining kindergarten or any of grades 1 to 12, inclusive, in the state has tested positive for COVID-19 and was present on campus while infectious, the school administrator or other person in charge of the public or private school shall immediately, and in no case later than 24 hours after learning of the positive case, notify the local health officer or the local health officer’s representative about the positive case.

In addition, LBDHHS requires that if there are three (3) or more cases identified in a school setting, the health department should be immediately notified.

3. Reporting allows the Health Department to determine whether an outbreak is occurring and provide timely recommendations in order to prevent and control outbreaks and in school transmission.

4. Modified quarantine is only allowed if the exposed child does not have symptoms. They must monitor for symptoms daily, and if symptoms develop, the child cannot do modified quarantine. They must stay home and follow instructions for close contacts who develop symptoms while in quarantine.

5. The school must be able to state positively that both the infected child and the child identified as a close contact were correctly wearing masks the entire time of the close contact exposure. Because it is not possible to positively state that athletes wore masks at all times during an exposure (i.e., practice, competition, locker room, travel, etc.) exposures in athletic settings are not eligible for the modified quarantine option.

6. The exposed student is not part of a school outbreak. An outbreak is when spread has occurred between a group of three (3) persons or more at a school within a 14-day period. The risk of spread is much greater in an outbreak so modified quarantine for exposed students is not as safe.

7. The school must not allow close contacts to participate in extracurricular activities. The modified quarantine is meant to let children continue learning but does not cover other activities outside of the regular school curriculum.

8. Children who are covered by a modified quarantine order must wear a mask at all times on school grounds except when they are eating or drinking. At those times they must be at least six (6) feet from any other person and preferably outdoors.

9. Children who are covered by a modified quarantine order must be tested at least twice a week using an appropriate molecular test, either rapid antigen or PCR, done at the school site if the school has a testing program. One of the tests should be as soon as possible after the exposure (Day 1 or Day 2 in quarantine); the second should be at least three (3) days later, ideally on or after Day 5 so that your child can be released from quarantine after Day 7 (on Day 8) if they test negative.

III. How can parents help make modified quarantine an option for their child’s school?
• Remember that modified quarantine is an option that a school can choose to allow. Your child’s school can only choose to allow that option if all of the conditions listed above are met.

• Teach your child about the importance of wearing a mask and about the right way to use a mask.

• If your child is allowed to follow the modified quarantine option, remember that they are still under a Public Health Emergency Quarantine Order. Your child must stay home at all times when not receiving in-person instruction.

• Cooperate with testing requirements if your child is identified as a close contact or has been exposed to an infected person in a school setting.