Who We Are

Long Beach continues to experience some of the highest rates of STIs in the State of California. The Long Beach Department of Health and Human Services has created this list of resources to aid our providers with up-to-date information with STIs to lower our rates.

What is in this Guide?

This guide contains resources related to STIs for providers that may be used to access no matter the time constraint.

**Charts:** a tool to quickly refer to when diagnosing or treating STIs. Great for printing and easy way to find the information you are looking for.

**Quick read:** a high-level overview on the topic giving summary of “how-to” or importance of a given topic. These can be read in 5 minutes or less.

**In-depth:** longer in length, these sources go into great detail about a given topic.

**Resource:** provides forms to report or links to get additional information about diagnosing, special populations, or trends in STIs.

Scan QR Codes to view resources on your phone
Assessing, Screening & Testing

**Sexual History**
A Clinician’s Guide to Sexual History Taking
Quick read: basic tool for sexual history taking using the 5 “Ps”

**The 5 "Ps"**
- Partners
- Practices
- Plans
- Past History of STIs
- Protection from STIs

**STD Screening**
California STD Screening Recommendations, 2015
Chart: recommendations for STI screenings and frequency of screening based on a patient's sex at birth and subpopulation

**Testing**
Use of Treponemal Immunoassays for Screening and Diagnosis of Syphilis
In-depth: Provides guidance on screening algorithms based on initial testing in special populations
Evaluation and Diagnosis of Penicillin Allergy for Healthcare Professionals
Quick read: steps to evaluate a patient for true penicillin allergy by conducting a history, physical, and when appropriate, a skin lesion test and challenge dose

Patient Delivered Partner Therapy (PDPT) FAQ
Quick read: frequently asked questions for prescribing PDPT

Patient Delivered Partner Therapy (PDPT) for Medical Providers
In-depth: medical providers can give medication to the patient who will deliver it to their sex partners

Essential Health Access Patient Delivered Partner Therapy (PDPT) Program
Resource: California clinic sites and local health jurisdictions (LHJs) are supplied with free medication to give, when appropriate, to their patients diagnosed with chlamydia and/or gonorrhea.

CDC STI Treatment Guidelines Table for Adults and Adolescents, 2021
Chart: summary of STI treatment and alternative treatments
Sexually Transmitted Infections

SYPHILIS

Resource: a quick guide to diagnosing syphilis. Contains some pictures of symptoms and lists how to treat based on diagnosed stage.

Screening for Syphilis in Emergency Departments (ED)
Quick read: Lessons learned and screening for syphilis in EDs

NEUROSYPHILIS

Neurosyphilis CDPH
Quick read: assessment of systems and neurologic function to screen for neurosyphilis

OCULAR SYPHILIS

Clinical Advisory Regarding Ocular Syphilis in California
Quick read: request for eye care providers and HIV providers to screen, treat, and report cases of ocular syphilis
Concern of Increasing Congenital Syphilis in California
Quick read: CDPH update to providers of increases in Congenital Syphilis with basic overview of screening and treatment of pregnant people

California STD/HIV Screening and Treatment Recommendations in Pregnancy, 2017
Chart: screenings to perform throughout pregnancy and treatment regimens for each STD

Enhancing Syphilis Screening Recommendations for the Prevention of Congenital Syphilis
In-depth: document expands screening recommendations to facilitate timely identification of new syphilis cases among people who are or could become pregnant to provide treatment and prevent CS

Evaluating and treatment of infants born to women with syphilis during pregnancy
Chart: flowchart to evaluate infants for Congenital Syphilis including diagnostics and treatment options
Congenital syphilis is dangerous for babies. It increases your baby's risk of:

- Blindness
- Premature birth
- Hearing loss
- Bone damage

40% of babies born to women with untreated syphilis can be stillborn or die from infection as a newborn.

Protect Your Family

- Talk to your doctor
- Get tested
- Use condoms
- Get treated
DISSEMINATED GONORRHEA INFECTION (DGI)

STD Control Branch DGI Homepage
Resource: Landing page for DGI related information for providers

DGI FAQ for Health Care Providers
Quick read: information on the diagnosis, management, and reporting of DGI to prepare you in the event you see DGI cases in your practice

Reporting STIs to the Health Department

Confidential Morbidity Report
Form: used to report a communicable disease to local health department

Step by Step guide on how to report STDs using a CMR (Confidential Morbidity Report)
Chart: how to fill out a CMR

SOGI
Sexual Orientation and Gender Identity

We count on our providers to gather this information from their patients.

This newly-updated CMR helps us capture this information. With this tool, we hope to gather better data to represent our Long Beach community.
Additional Resources

**STD Prevention in Special Populations**
In-depth: resources for patients and providers from CDPH on the following topics -- Congenital Syphilis (CS) Prevention, Adolescent Sexual Health, Sexual Health for Gay, Bisexual & Other Men Who Have Sex with Men (MSM) and Transgender Women, and HIV Pre-Exposure Prophylaxis (PrEP)

**STD Clinical Consultation**
Resource: Got a tough question? Free clinical consultation for medical providers. Response in 1-5 business days based on level of urgency

**STD/HIV Surveillance Annual Report**
Resource: Long Beach Health Department’s annual report on STD/HIV trends in the community

**Long Beach Health Department Communicable Disease Provider Packet 2021**
Resource: algorithms, charts, and forms for providers to help diagnose, treat, and report communicable diseases

**HIV Planning Group**
Long Beach Comprehensive HIV Planning Group (LBCHPG) is a group open to all persons affected, afflicted, or working with HIV in the Long Beach area.

https://www.lbchpg.com/
Our Services

HIV/STI Surveillance Program:
The Long Beach HIV/STI Surveillance Program aims to inform Long Beach residents of the morbidity of HIV/STI and make data informed decisions to mitigate disease morbidity.

- Bicillin distribution program
- Partner services
- STI history for patients living in Long Beach
- Condom distribution
- General information and guidance

For questions or more information:

(562) 570-4321

Click here for website!