

Provider Resource Guide

Resources for **Sexually Transmitted Infections**



2021

Who We Are

Long Beach continues to experience some of the highest rates of STIs in the State of California. The Long Beach Department of Health and Human Services has created this list of resources to aid our providers with up-to-date information with STIs to lower our rates.

What is in this Guide?

This guide contains resources related to STIs for providers that may be used to access no matter the time constraint.



Charts: a tool to quickly refer to when diagnosing or treating STIs. Great for printing and easy way to find the information you are looking for.



Quick read: a high-level overview on the topic giving summary of “how-to” or importance of a given topic. These can be read in 5 minutes or less.



In-depth: longer in length, these sources go into great detail about a given topic



Resource: provides forms to report or links to get additional information about diagnosing, special populations, or trends in STIs

Scan QR Codes to
view resources on
your phone



Assessing, Screening & Testing



Sexual History

[A Clinician's Guide to Sexual History Taking](#)

Quick read: basic tool for sexual history taking using the 5 "Ps"

The 5 "Ps"

- Partners
- Practices
- Plans
- Past History of STIs
- Protection from STIs



STD Screening

[California STD Screening Recommendations, 2015](#)

Chart: recommendations for STI screenings and frequency of screening based on a patient's sex at birth and subpopulation



Testing

[Use of Treponemal Immunoassays for Screening and Diagnosis of Syphilis](#)

In-depth: Provides guidance on screening algorithms based on initial testing in special populations



Treatment



Evaluation and Diagnosis of Penicillin Allergy for Healthcare Professionals

Quick read: steps to evaluate a patient for true penicillin allergy by conducting a history, physical, and when appropriate, a skin lesion test and challenge dose



Patient Delivered Partner Therapy (PDPT) FAQ

Quick read: frequently asked questions for prescribing PDPT



Patient Delivered Partner Therapy (PDPT) for Medical Providers

In-depth: medical providers can give medication to the patient who will deliver it to their sex partners



Essentially Health Access Patient Delivered Partner Therapy (PDPT) Program

Resource: California clinic sites and local health jurisdictions (LHJs) are supplied with free medication to give, when appropriate, to their patients diagnosed with chlamydia and/or gonorrhea.



CDC STI Treatment Guidelines Table for Adults and Adolescents, 2021

Chart: summary of STI treatment and alternative treatments

Syphilis²⁴

Primary, secondary, and early latent: adults (including pregnant women and people with HIV infection)

benzathine penicillin G 2.4 million units IM in a single dose

Late latent adults (including pregnant women and people with HIV infection)

benzathine penicillin G 7.2 million units total, administered as 3 doses of 2.4 million units IM each at 1-week intervals

Neurosyphilis, ocular syphilis, and otosyphilis

aqueous crystalline penicillin G 18–24 million units per day, administered as 3–4 million units by IV every 4 hours or continuous infusion, for 10–14 days

For children or congenital syphilis

See Sexually Transmitted Infections Treatment Guidelines, 2021.



Sexually Transmitted Infections

SYPHILIS



A Pocket Guide to Help Physicians and Healthcare Providers on the Diagnosis, Treatment, and Prevention of Syphilis

Resource: a quick guide to diagnosing syphilis. Contains some pictures of symptoms and lists how to treat based on diagnosed stage.



Screening for Syphilis in Emergency Departments (ED)

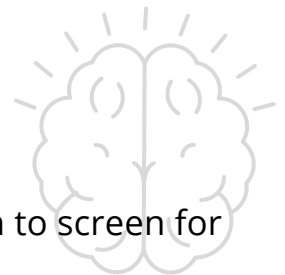
Quick read: Lessons learned and screening for syphilis in EDs

NEUROSYPHILIS



Neurosyphilis CDPH

Quick read: assessment of systems and neurologic function to screen for neurosyphilis



OCULAR SYPHILIS



Clinical Advisory Regarding Ocular Syphilis in California

Quick read: request for eye care providers and HIV providers to screen, treat, and report cases of ocular syphilis



CONGENITAL SYPHILIS



Concern of Increasing Congenital Syphilis in California

Quick read: CDPH update to providers of increases in Congenital Syphilis with basic overview of screening and treatment of pregnant people



California STD/HIV Screening and Treatment Recommendations in Pregnancy, 2017

Chart: screenings to perform throughout pregnancy and treatment regimens for each STD



Did You Know?



California has seen a 900% increase in Congenital Syphilis from 2012-2018



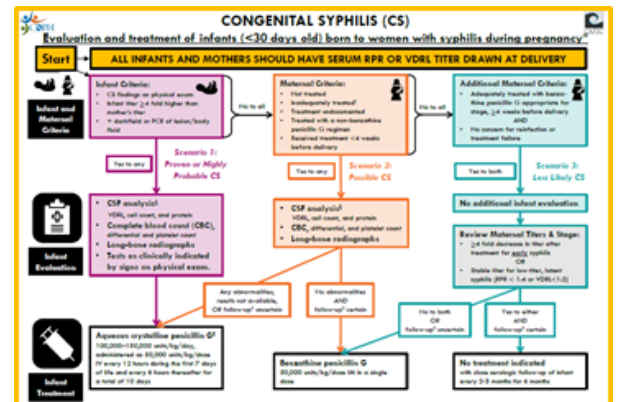
Enhancing Syphilis Screening Recommendations for the Prevention of Congenital Syphilis

In-depth: document expands screening recommendations to facilitate timely identification of new syphilis cases among people who are or could become pregnant to provide treatment and prevent CS



Evaluating and treatment of infants born to women with syphilis during pregnancy

Chart: flowchart to evaluate infants for Congenital Syphilis including diagnostics and treatment options



Protect yourself and your baby from **syphilis**.

Congenital syphilis is **dangerous** for babies.
It increases your baby's risk of:



Blindness



Premature birth



Hearing loss



Bone damage

Protect Your Family



Talk to your doctor



Get tested



Use condoms



Get treated



40%

of babies born to women with untreated syphilis can be **stillborn** or **die from infection as a newborn**.



DISSEMINATED GONORRHEA INFECTION (DGI)



STD Control Branch DGI Homepage

Resource: Landing page for DGI related information for providers



DGI FAQ for Health Care Providers

Quick read: information on the diagnosis, management, and reporting of DGI to prepare you in the event you see DGI cases in your practice

Reporting STIs to the Health Department



Confidential Morbidity Report

Form: used to report a communicable disease to local health department



Step by Step guide on how to report STDs using a CMR (Confidential Morbidity Report)

Chart: how to fill out a CMR

SOGI

Sexual Orientation and Gender Identity

We count on our providers to gather this information from their patients.

This newly-updated CMR helps us capture this information. With this tool, we hope to gather better data to represent our Long Beach community.

State of California—Health and Human Services Agency
California Department of Public Health

CONFIDENTIAL MORBIDITY REPORT

PLEASE NOTE: Use this form for reporting all conditions except HIV/AIDS, Tuberculosis, and conditions reportable to DMV.

DISEASE BEING REPORTED → Syphilis

Patient Name - Last Name: Doe First Name: John MI

Ethnicity (check one)
 Hispanic/Latino Non-Hispanic/Non-Latino Unknown

Race (check all that apply)
 African-American/Black
 American Indian/Alaska Native
 Asian (check all that apply)
 Asian Indian Chinese Japanese Korean Laotian Thai Vietnamese
 Cambodian Other (specify):
 Chinese Korean Laotian
 Filipino Other (specify):
 Pacific Islander (check all that apply)
 Native Hawaiian Samoan
 Guamanian Other (specify):

Sex Assigned at Birth (check one)
 Male Female
 Declined to answer

Sexual Orientation (check one)
 Heterosexual or straight Bisexual Gay, lesbian, or same gender loving Orientation not listed (specify) Questioning/Unsured/Client doesn't know Declined to answer



Additional Resources



STD Prevention in Special Populations

In-depth: resources for patients and providers from CDPH on the following topics -- Congenital Syphilis (CS) Prevention, Adolescent Sexual Health, Sexual Health for Gay, Bisexual & Other Men Who Have Sex with Men (MSM) and Transgender Women, and HIV Pre-Exposure Prophylaxis (PrEP)



STD Clinical Consultation

Resource: Got a tough question? Free clinical consultation for medical providers
Response in 1-5 business days based on level of urgency



STD/HIV Surveillance Annual Report

Resource: Long Beach Health Department's annual report on STD/HIV trends in the community



Long Beach Health Department Communicable Disease Provider Packet 2021

Resource: algorithms, charts, and forms for providers to help diagnose, treat, and report communicable diseases



HIV Planning Group

Long Beach Comprehensive HIV Planning Group (LBCHPG) is a group open to all persons affected, afflicted, or working with HIV in the Long Beach area.

<https://www.lbchpg.com/>



Our Services



HIV/STI Surveillance Program:

The Long Beach HIV/STI Surveillance Program aims to inform Long Beach residents of the morbidity of HIV/STI and make data informed decisions to mitigate disease morbidity.

- Bicillin distribution program
- Condom distribution
- Partner services
- General information and guidance
- STI history for patients living in Long Beach

For questions or more information:



(562) 570-4321



[Click here for website!](#)