Influenza (flu) activity has decreased in California, with 7.4% of the laboratory specimens testing positive during Week 25 (6/19/22 - 6/25/22), compared to 8.5% the week before. CDPH is now reporting local level transmission in CA, with activity in central CA. In California, 0.3% of hospitalized cases were flu admissions, compared to 0.4% the week before.¹ Based on CDC information, influenza activity is decreasing throughout the United States. Public health laboratories have detected mostly Influenza A (H3N2) cases this season. Nationally, the number of hospital admissions in the past week has decreased with a general trend downward since late April.²

Based on CDC information, flu vaccination coverage is lower this season compared to last season. Vaccines are the best way to prevent flu and complications, and there is still time to receive the vaccine. Everyone 6 months and older should receive an influenza vaccine each year.²

Although cases remained low, it appears to be an extended flu season. Typically, the flu season ends in April of each year, but cases have continued through July in 2022. Cases are decreasing in Long Beach, similar to national and state trends. Majority of the cases in Long Beach were Influenza A and affected individuals 18-39 years, followed by those 0-17 years. There was only one influenza associated death this season which occurred during Week 1(1/2/22-1/8/22).

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**Total Cases³**

|        | 852 |

**Outbreaks⁴**

|        | 0   |

**Deaths⁵**

|        | 1   |

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*All numbers as of 9/1/2021*
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3. Total case counts are based on those reported to public health, the true number of influenza cases are under-reported.
4. Outbreaks are defined as at least one case of laboratory confirmed influenza and at least two residents with onset of influenza-like-illness (ILI) within 72 hours.
5. Number of deaths is based on influenza-coded deaths from death certificates. They are not necessarily laboratory-confirmed and may be an underestimate of all influenza-associated deaths.