

What you should know about HEPATITIS A

WHAT IS HEPATITIS A?

Hepatitis A is a highly contagious, short-term liver infection caused by the hepatitis A virus. Hepatitis A can cause liver inflammation and affect how the liver works.

SIGNS AND SYMPTOMS



Fever



Low
appetite



Fatigue



Jaundice
(yellowing of
skin or eyes)



Dark urine, pale
stool or diarrhea



Nausea or
vomiting

WHO IS AT RISK FOR HEPATITIS A?

Anyone who is unvaccinated is at risk for hepatitis A. People with certain life circumstances or behaviors may have increased risk of infection, including:

- International travelers
- Men who have sex with men
- People who use or inject illegal drugs
- People with occupational risk for exposure
- People experiencing homelessness

HOW DOES HEPATITIS A SPREAD?

- The hepatitis A virus is found in the stool or blood of people who are infected. The hepatitis A virus is spread when someone ingests even a small amount of the virus through:
 - Close contact with someone who is infected with hepatitis A
 - Eating or drinking food or drink contaminated with hepatitis A

PROTECT YOURSELF AND OTHERS



GET VACCINATED

Get two doses of the hepatitis A vaccine



AVOID PREPARING FOOD WHEN SICK

Don't cook for others or share food when sick



PRACTICE GOOD HAND HYGIENE

Wash hands with soap and water



HAVE YOU BEEN EXPOSED?

Call your healthcare provider if you have symptoms or had close contact with someone infected with hepatitis A