

# Aging Reimagined 2.0



## **Aging Reimagined 2.0 Gap Analysis: *Understanding the Needs & Identifying Opportunities***

### **CORE NEEDS**

- 1. More affordable senior-appropriate HOUSING**
- 2. Enhanced TRANSPORTATION options for all seniors**
- 3. Wraparound HEALTH Services to address complex health and mental health issues, including affordable clinical and non-clinical in-home care**
- 4. Holistic team focus to proactively address SAFETY concerns in active daily living**
- 5. Better coordination and collaboration of services to improve seniors' QUALITY OF LIFE through leveraging longevity and sharing**

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# Aging Reimagined 2.0 Gap Analysis: *Considering the Trends*

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	Needs	Opportunities
<b>Housing</b>	<p><b>Lack of Affordable Housing</b></p> <ul style="list-style-type: none"> <li>Increasing market rate rents</li> <li>Section 8 waiting list holds 17,000 individuals</li> </ul> <p><b>Increase in Homelessness for Older Adults</b></p> <ul style="list-style-type: none"> <li>648 persons over age 50 experiencing homelessness accessed the Multi-Service Center (MSC) in 2017</li> </ul>	<p><b>Modular Housing:</b> development faster than construction</p> <p><b>Co-location allows for support</b></p> <ul style="list-style-type: none"> <li>Seniors can co-locate to provide support to one-another and reduce isolation</li> </ul> <p><b>Intergenerational Housing</b></p> <ul style="list-style-type: none"> <li>Opportunities for grandparents to live with and care for grandchildren</li> </ul>
<b>Transportation</b>	<p><b>Transportation access difficult</b></p> <ul style="list-style-type: none"> <li>Must book well in advance</li> <li>Rides can be unreliable</li> <li>Public transportation routes are only on major thoroughfares requiring walking and timing difficult depending on route frequency</li> <li>Shuttles are based on medical needs</li> <li>Ride Share scheduling requires long waits</li> </ul>	<p><b>Transportation Considerations for Seniors</b></p> <ul style="list-style-type: none"> <li>Curb-to-Curb and Elbow-to-Elbow</li> <li>Longer Crosswalk timers for crossing</li> </ul> <p><b>Pilot model senior transportation projects</b></p> <ul style="list-style-type: none"> <li>Sacramento MicroTransit: For no extra fees, a shuttle picks up and drops off passengers to fill gaps in bus routes</li> <li>Laguna Beach contracts with Uber for subsidized transportation for seniors</li> </ul>
<b>Health</b>	<p><b>Caregiving is becoming increasingly challenging, and for the Middle Class</b></p> <p><b>Chronic Illnesses &amp; Complexities</b></p> <ul style="list-style-type: none"> <li>Nationally 77% of older adults live with at least 2 chronic conditions</li> </ul> <p><b>Senior Mental Health Issues on the rise</b></p> <ul style="list-style-type: none"> <li>Dementia &amp; Alzheimer's</li> <li>Hoarding</li> <li>Substance use disorders</li> </ul>	<p><b>Patient Advocates &amp; Home Visits</b></p> <ul style="list-style-type: none"> <li>Discharge planning and connection</li> <li>Assistance in obtaining medication</li> <li>Home environment reveals more than a physician office visit</li> </ul> <p><b>Improved coordination from crisis to treatment and prevention</b></p> <ul style="list-style-type: none"> <li>Fire Department and hospitals ERs connecting to case management</li> </ul>
<b>Safety</b>	<p><b>Seniors are vulnerable in active daily living</b></p> <ul style="list-style-type: none"> <li>Scams &amp; Fraud</li> <li>Neglect</li> <li>Physical Abuse</li> </ul> <p><b>Significant Gaps Exist across LA County for Protecting Adults vs. Protecting Children</b></p> <ul style="list-style-type: none"> <li>Adult Protective Services (APS): 200 cases per social worker</li> <li>DCFS: 10 cases per social worker</li> </ul>	<p><b>The Parks Catch 22</b></p> <ul style="list-style-type: none"> <li>Seniors need safer parks and at-the-same time, seniors act as a crime deterrent making parks safer</li> </ul> <p><b>Increase senior knowledge of remaining safe</b></p> <ul style="list-style-type: none"> <li>Accessing services, calling APS, double-checking references to avoid financial scams</li> <li>Self Determination while not impacting the welfare of others</li> </ul>
<b>Quality of Life</b>	<p><b>Lack of funding and delayed focus on issues for seniors has prevented continuity and depth of services to address the needs</b></p> <p><b>Complexity and interdependency of housing, transportation, health and safety issues creates barriers to gain traction on holistic solutions</b></p> <p><b>Senior Economic Drivers are currently Cost Avoidance</b>, while Longevity Economy focuses on benefits from seniors working and volunteering</p>	<p><b>Sharing Economy "Time Banking"</b></p> <p>Time is exchanged hour for hour to leverage the richness of one another's talents and assets</p> <p><b>Use restaurants as gathering place</b>, when not in use</p> <p><b>PRM Senior Centers offer quality programming and information</b></p> <p><b>Leverage and share leading practices to be replicated across organizations</b></p>



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# Aging Reimagined 2.0 Gap Analysis:

## *Assessing Next Steps*

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**Mapping the Older Adults' Journey**



**Adoption of an Age-Friendly Mindset**



**Senior Volunteerism**



**Inclusion of Vulnerable Communities**



**Just-in-Time Systems**



**Integration of Social Services**



**Coordination of Like Services**



**Scalability of Co-Located Services**