SILVERADO PARK SENIOR CENTER

1545 WEST 31 ST STREET
Long Beach *(Corner of Santa Fe & 31st)*

HOURS OF OPERATION:
MONDAY-FRIDAY: 9 AM-2 PM
PHONE: (562) 570-1675 FAX: (562)570-8532

STAFF AT SILVERADO PARK SENIOR CENTER IS COMMITTED TO MAINTAINING A SAFE AND PRODUCTIVE ENVIRONMENT FOR PEOPLE 50 YEARS OF AGE AND OVER PARTICIPATING IN SENIOR PROGRAMMING. ***ACTIVITY DATES AND TIMES ARE SUBJECT TO CHANGE***

SPECIAL EVENTS:

BINGO BLOW OUT:
TIME: 11AM-1PM DATE: 11/05/15

FLORAL CLASS:
TIME: 10AM-1PM DATE: 11/12/15

PRIMETIME PLAYERS:
TIME: 10:30AM-1PM DATE: 11/16/15

SENIOR DANCE:
TIME: 1PM-4PM DATE: 11/20/15

BREAKFAST:
TIME: 11AM-1PM DATE: 11/23/15

BIRTHDAY CELEBRATIONS 2ND WEDNESDAY OF THE MONTH

DAILY ACTIVITIES:

AEROBICS
MONDAY-FRIDAY: 9:30am-10:30am

CROCHET CLUB
TUESDAY: 10am-1pm

PAINTING & CRAFT
TUESDAY: 10:30am-12:30pm

COOKING CLASSES
MONDAY 11am-1:30pm

RECREATION DAY
FRIDAY: 9:30am-1:30pm

CITY OF LONG BEACH PARKS, RECREATION & MARINE
COMMUNITY RECREATION SERVICES

NOVEMBER 2015

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 AEROBICS 9:30-10:30AM HOT CHAT 10:30-11:30 MAKE-BAKE 11:30-1:30PM	3 SILVER SNEAKERS 9:30-10:30AM CROCHET CLUB 10-1PM LET'S PAINT	4 AEROBICS 9:30-10:30AM JAVA TALK 10:30-11:30AM CLUB OF CARDS 11:30-1:30PM	5 BINGO BLOW OUT 11AM-1PM	6 SENIOR RECREATION DAY 9:30AM-1PM
9 AEROBICS 9:30-10:30AM HOT CHAT 10:30-11:30 LECTURE 11:30-1:30PM	10 SILVER SNEAKERS 9:30-10:30AM CROCHET CLUB 10-1PM LET'S PAINT	11 AEROBICS 9:30-10:30AM JAVA TALK 10:30-11:30AM CLUB OF CARDS 11:30-1:30PM	12 SENIOR FLEX 9:30-10:30AM FLORAL CLASS 10AM-1PM	13 SENIOR RECREATION DAY 9:30AM-1PM
16 PRIME-TIME PLAYERS 10:30-1PM	17 SILVER SNEAKERS 9:30-10:30AM CROCHET CLUB 10-1PM LET'S PAINT	18 AEROBICS 9:30-10:30AM JAVA TALK 10:30-11:30AM CLUB OF CARDS 11:30-1:30PM	19 SENIOR FLEX 9:30-10:30AM CRAFT CLASS 10:30-12:30PM	20 SENIOR DANCE 1PM-4PM
23 AEROBICS 9:30-10:30AM HOT CHAT 10:30-11:30 BREAKFAST 11AM-1PM	24 SILVER SNEAKERS 9:30-10:30AM CROCHET CLUB 10-1PM LET'S PAINT	25 AEROBICS 9:30-10:30AM JAVA TALK 10:30-11:30AM CLUB OF CARDS 11:30-1:30PM	26 SENIOR FLEX 9:30-10:30AM CRAFT CLASS 10:30-12:30PM	27 SENIOR RECREATION DAY 9:30AM-1PM
30 AEROBICS 9:30-10:30AM HOT CHAT 10:30-11:30 CARE MORE 11:30-1:30PM				

LONG BEACH
PARKS • RECREATION • MARINE