

PROTECT YOURSELF
AGAINST THE FLU!

GET YOUR
FLU SHOT!

City of Long Beach Department of Health & Human Services and Red Cross Volunteers Services

FREE FLU SHOTS

2016 SCHEDULE

It is not too early to get your flu shot. With confirmed cases of influenza already being reported, your Long Beach Health Department encourages everyone 6 months and older receive a flu vaccine every year.

Need health insurance,
Covered CA Q&A available at designated sites. 

OCTOBER DATES

Thursday, October 20th (2-7:00PM)
Long Beach Health Department
2525 Grand Avenue
Long Beach, CA 90815 

Wednesday, October 26th (9-12:00PM)
El Dorado Park Teen Center
2800 Studebaker Road
Long Beach, CA 90815 

NOVEMBER DATES

Monday, November 7th (9-12:00PM)
Long Beach Senior Center
1150 4th Street
Long Beach, CA 90802

Wednesday, November 9th (9-12:00PM)
Gold Star Manor
3021 North Gold Star Drive
(Enter on Spring Street at Santa Fe Avenue)
Long Beach, CA 90810

Wednesday, November 16th (9-12:00PM)
Scherer Park
(Enter via 46th Street & Pasadena Avenue)
4600 Long Beach Blvd
Long Beach, CA 90805 

Friday, November 18th (9-12:00PM)
Bixby Park
130 Cherry Avenue
Long Beach, CA 90802 

Parents bring your child(ren)'s
immunization records. Some
children may require 2 doses of the
vaccine given one month apart.



Monday, November 21st (9-12:00PM)
Houghton Park
6301 Myrtle Avenue
Long Beach, CA 90805 

Appointments will also be accepted at our Main Health Facility (2525 Grand Avenue) by calling 562-570-4315 (a small administrative fee may apply). Adults with Medicare Part B or other health coverage are urged to bring insurance cards with them.

For more information, please visit us at
www.longbeach.gov/health or call 562-570-SHOT (7468).



LONG BEACH
HEALTH & HUMAN SERVICES