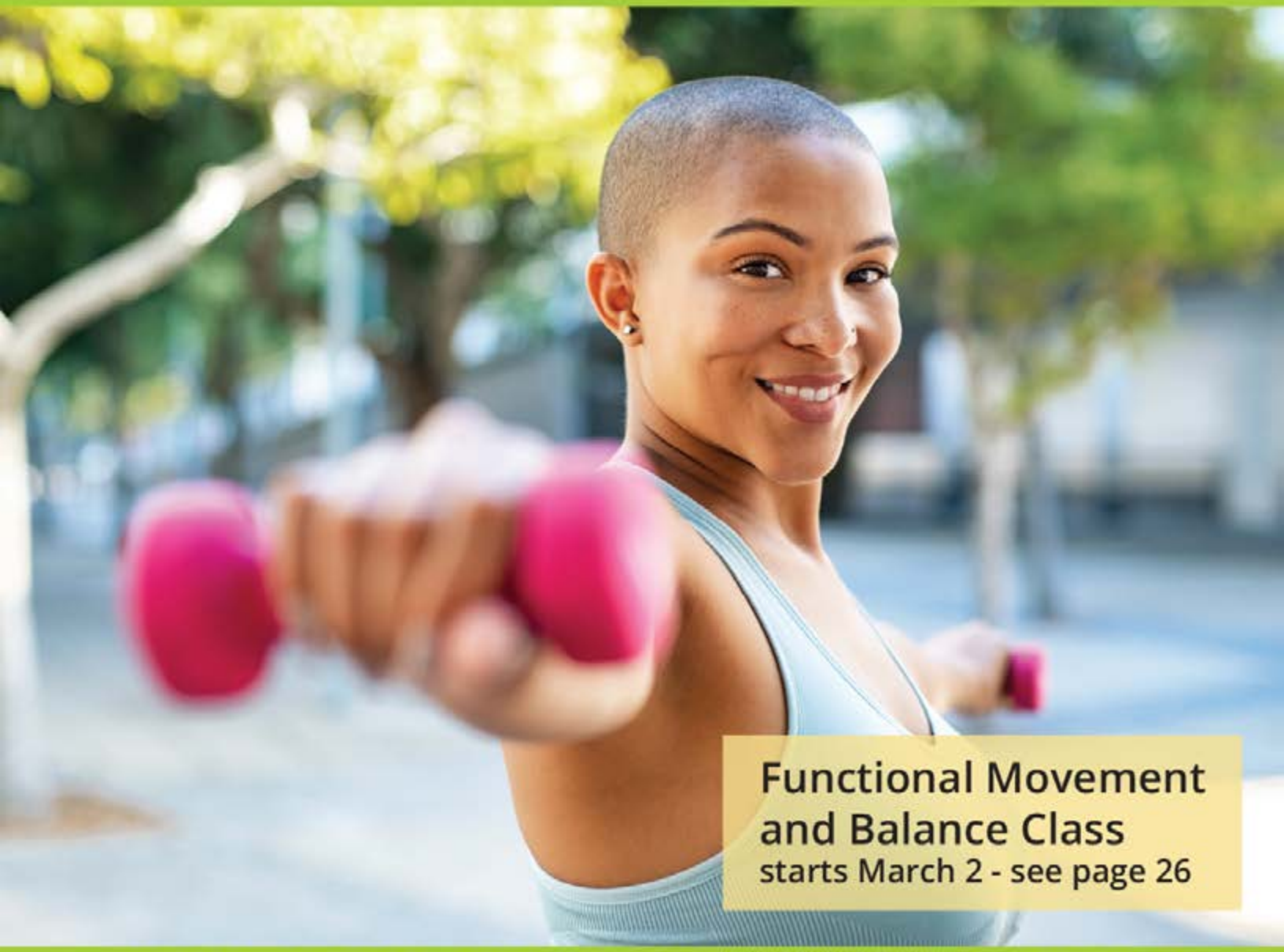
long beach

RECREATION CONNECTION

March-May 2020 • Class Registration Begins February 3 • LBParks.org



Functional Movement and Balance Class
starts March 2 - see page 26

LONG BEACH PARKS, RECREATION & MARINE

SPRING 2020

LONG BEACH PARKS • RECREATION • MARINE

CITY OF LONG BEACH

FOLLOW US ON FACEBOOK, TWITTER & INSTAGRAM

SUMMER DAY CAMPS

Online Registration Starting April 11 at 8 a.m.

Monday - Friday, 9 a.m. - 4 p.m.

AQUATICS DAY CAMPS

Belmont Junior Beach Camp · Ages 5-7
Bayshore Beach Camps · Ages 8-12
Bay Club Teen Camp · Ages 13-15
Counselor-In-Training · Ages 14-17
Aquatics 562.570.1888

HIGH FIVE SPORTS CAMP

Pan American Park
562.570.1660

MUSIC & ARTS CAMP

Online registration strongly recommended.

Whaley Park
562. 570.1710

PARK DAY CAMPS

El Dorado West 562.570.3225
Silverado Park 562.570.1675
Stearns Champions 562.570.1685
Veterans Park 562.570.1695

PEE WEE CAMP

Ages 5-8

Wardlow Park
562.570.1705

Extended hours and field trips available for additional fee.

For more information visit: www.lbparks.org

2020 Census
Be Counted, Long Beach

Every person living in the U.S. counts, both citizens & non-citizens of all ages.

Complete the census questionnaire for:

Quality schools

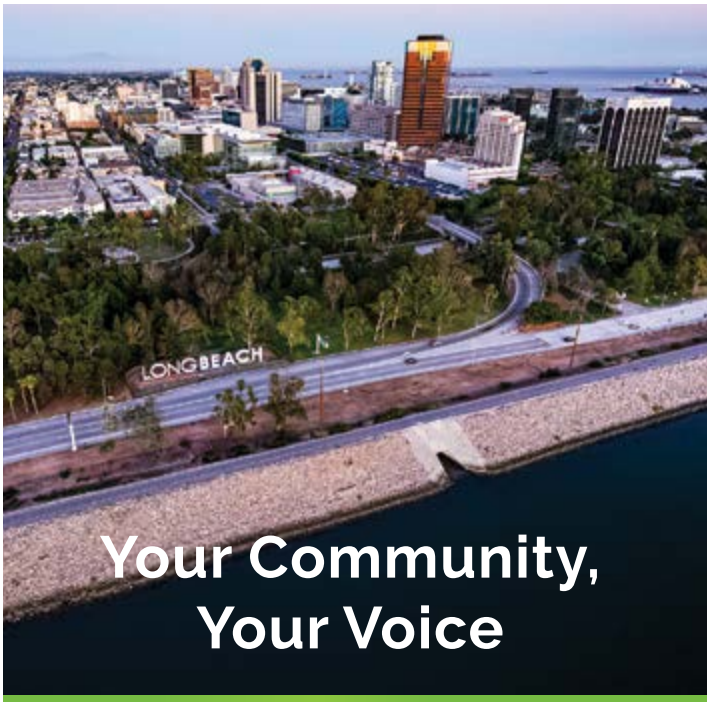
Access to health care

Safe roads

Reliable public transportation

CA CENSUS 2020
BE COUNTED, LONGBEACH

For more information:
www.longbeach.gov/census



Your Community, Your Voice

Be a representative for your community!

The City of Long Beach is creating an Independent Redistricting Commission.

The application period for the **Independent Redistricting Commission** will open **April 1, 2020 - June 30, 2020.**

Subscribe to updates:

www.longbeach.gov/linklb

2021
REDISTRICT LONGBEACH

For more information:
www.longbeach.gov/redistricting

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Long Beach Parks, Recreation and Marine prohibits discrimination on the basis of race, color, national origin, age and disability in all of its programs.

CITY OF LONG BEACH
Dept of Parks, Recreation & Marine
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Long Beach, CA 90815-1697
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web: www.LBParks.org

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About the cover: Get healthy, physically fit and have more energy with one of our fitness and sports classes offered this spring in addition to swimming and tennis programs. See pages 21-24 and 26-27 for more information.

The information in this publication is available in an alternative format by request 48 hours prior to the event to Jane Grobaty at (562) 570-3232. The City of Long Beach intends to provide reasonable accommodations in accordance with the Americans with Disabilities Act of 1990.

Long Beach Parks are Smoke Free

All Programs and Prices Are Subject To Change

To view this publication in Spanish, Khmer or Tagalog, visit www.lbparks.org.
Para ver esta publicación en Español, Khmer o Tagalo, visite www.lbparks.org.
“ដ_ើមមួបីដមមួើលឯកសារដ _ោះផ្ទ្ាយជាភាសាដសេ្ប៉ាញ,_ _ភាសារខ្មែរ _ ឬភាសាហ្ទ្ីលីពីន,_ _សូមមួចូលដៅកាន់ www.lbparks.org”
“Upang makita ang publication na ito sa Spanish, Khmer o Tagalog, bisitahin ang www.lbparks.org."

To opt out of receiving this “Recreation Connection” publication, please e-mail your name and mailing address to: lbparks@longbeach.gov. Visit www.lbparks.org to access the publication.

PRESCHOOL CLASSES

Preschool classes give children as young as six months old to those about to start school opportunities to learn new skills in a fun, nurturing social setting. Register early for classes.

ART AND CULTURAL

PEE WEE ART

An interactive art experience for toddlers and their favorite adult. Children will learn about shapes, lines and colors while exploring painting and a variety of art materials. Process and product-oriented activities will encourage bonding, exploration and discovery while exercising fine motor skills. Includes time to make new friends, creative play, and group activities. Dress for fun! Material fee: $10. For more information visit www.averyboo.com. Class held at Averyboo Arts, 3908 Atlantic Ave., Long Beach. *No class: 4/17.

Natalie Meza — **Averyboo Arts**

36595	2 Yrs 6 Mos-4 Yrs	3/6-3/27	9:30-10:30 a.m.	F	$65
36596	2 Yrs 6 Mos-4 Yrs	4/3-5/1*	9:30-10:30 a.m.	F	$65
36597	2 Yrs 6 Mos-4 Yrs	5/8-5/29	9:30-10:30 a.m.	F	$65

COOKING

LIL' SPROUTS PRESCHOOL COOKING CLASS

Don't think your toddler can cook? Think again! We've got fun, age-appropriate classes bursting with hands-on activities, healthy concept learning through games and empowering your little one to create their own special healthy snacks. Classes are theme-based. Great introduction to the Five Food Groups. Parent participation is required. Food and material fee: $32.

A Yummy Future — **El Dorado Park West**

36206	2-6 Yrs	3/7-3/28	10-10:45 a.m.	Sa	$80
36207	2-6 Yrs	4/4-4/25	10-10:45 a.m.	Sa	$80
36208	2-6 Yrs	5/2-5/23	10-10:45 a.m.	Sa	$80

LIL' SPROUTS CAKE DESIGN

If your child loves to color and paint, then try this cake design class! Students will be given a them and pre-made 4 inch cake to decorate and bring home to share with family and friends. Students will learn to spread frosting, mix colors and have fun using their own creativity. Fun, relaxing, and hands on class. It's an art class on cakes! Parent participation required. Food and material fee: $40.

A Yummy Future — **El Dorado Park West**

36203	2-7 Yrs	3/7-3/28	11-11:30 a.m.	Sa	$70
36204	2-7 Yrs	4/4-4/25	11-11:30 a.m.	Sa	$70
36205	2-7 Yrs	5/2-5/23	11-11:30 a.m.	Sa	$70

DANCE

HIP HOP TOTS

Time to dance our best moves in this fun fast paced class! Little dancers will learn skills needed to dance a hip hopp'n bopp'n routine to their favorite songs. Tennis shoes best for class. *No class: 3/17.

Anne Pennypacker — **Recreation Park**

37305	2 Yrs 6 Mos-5 Yrs	3/10-4/7*	4-4:30 p.m.	Tu	$58
37306	2 Yrs 6 Mos-5 Yrs	4/28-5/26	4-4:30 p.m.	Tu	$68

HIP HOP MINIS

A bridge between Hip Hop Tots and Hip Hop, this class introduces young dancers to the fun and funky styles of hip hop while learning a routine to perform at session's end! Class held at Marina Community Center, 151 Marina Dr., Seal Beach.

Anne Pennypacker — **Marina Community Center**

37303	4-6 Yrs	3/12-4/9	4:30-5 p.m.	Th	$68
37304	4-6 Yrs	4/30-5/28	4:30-5 p.m.	Th	$68

PETIT BALLET

Bon Jour Tiny Dancers! Join in a magical adventure into the world of ballet: plies, sautés, chassés and more. Little ballerines will be fairy tale dancers as they learn the importance of pointing their toes! Wednesday class held at Marina Community Center, 151 Marina Dr., Seal Beach. *No class: 3/17.

Anne Pennypacker — **Marina Community Center**

37311	2 Yrs 6 Mos-5 Yrs	3/11-4/8	6-6:30 p.m.	W	$68
37312	2 Yrs 6 Mos-5 Yrs	4/29-5/27	6-6:30 p.m.	W	$68

Anne Pennypacker — **Recreation Park**

37313	2 Yrs 6 Mos-5 Yrs	3/10-4/7*	6-6:30 p.m.	Tu	$58
37314	2 Yrs 6 Mos-5 Yrs	4/28-5/26	6-6:30 p.m.	Tu	$68

PRE-BALLET & CHARACTER CLASS

Your child will learn the very basic beginning positions and movements for their level. We will glide ballet steps together while pretending to be different characters, such as Cinderella, Sleeping Beauty, floating fairies and more. A very creative and magical class. For more information please visit: www.evelyngrauten.com. *No class: 4/10.

Evelyn Grauten — **Recreation Park**

37233	3-6 Yrs	3/6-3/27	11:15 a.m.-noon	F	$43
37234	3-6 Yrs	4/3-4/24*	11:15 a.m.-noon	F	$43
37739	3-6 Yrs	5/1-5/29	11:15 a.m.-noon	F	$43

ENRICHMENT

BAMBOLEO BEBE

Wee ones will wiggle, jiggle and delight in the rhythms and sounds of the Spanish language through music and movement, parachute play and many more age-appropriate games. For more information please visit: www.BamboleoKids.com. Material fee: $10 due to instructor. *No class: 4/11.

Priscilla Monserrate-Sanders — **Heartwell Park**

37080	10 Mos-1 Yrs 11 Mos	3/7-4/18*	9:20-10 a.m.	Sa	$80
37081	10 Mos-1 Yrs 11 Mos	5/2-6/6	9:20-10 a.m.	Sa	$80

BAMBOLEO AMIGUITOS

Vamos a jugar! Let's play! Children are immersed in the Spanish language via a unique style of storytelling, music and movement, games, role-play and art. For more information please visit: www.BamboleoKids.com. Material fee: $30 paid to instructor on the first day, cash or check. Includes digital files for music, song book, and story book. *No class: 4/11.

Priscilla Monserrate-Sanders — **Heartwell Park**

37082	2-4 Yrs	3/7-4/18*	10:15-11:15 a.m.	Sa	$80
37083	2-4 Yrs	5/2-6/6	10:15-11:15 a.m.	Sa	$80

Susana Paniagua — **Heartwell Park**

36638	2-4 Yrs	3/3-4/7	10:15-11:15 a.m.	Tu	$80
36639	2-4 Yrs	3/5-4/9	10:15-11:15 a.m.	Th	$80
36640	2-4 Yrs	3/6-4/10	10:15-11:15 a.m.	F	$80
36652	2-4 Yrs	4/21-5/26	10:15-11:15 a.m.	Tu	$80
36653	2-4 Yrs	4/23-5/28	10:15-11:15 a.m.	Th	$80
36654	2-4 Yrs	4/24-5/29	10:15-11:15 a.m.	F	$80

AMIGOS

Vamos a jugar! Let's play! Children are immersed in the Spanish language via a unique style of storytelling, music and movement, games, role-play and art. For more information please visit: www.BamboleoKids.com. Material fee: $30 paid to instructor on the first day, cash or check. Includes digital files for music, song book, and story book. *No class: 4/11.

Priscilla Monserrate-Sanders **Heartwell Park**

37084	4-6 Yrs	3/7-4/18*	11:30 a.m.-12:30 p.m.	Sa	$80
37085	4-6 Yrs	5/2-6/6	11:30 a.m.-12:30 p.m.	Sa	$80

FUN ON THE FARM

Learn about farm life through songs, crafts, story telling, and take a pony ride each week! Parent participation required. Wear closed toe shoes, jeans and riding helmet. No unregistered siblings. No open toe shoes for guests. Material fee: $30. Class held at El Rodeo Stables, 4449 Carbon Canyon Rd., Brea.

Fun With Horses **El Rodeo Stables**

36360	2-6 Yrs	3/6-3/27	10-11 a.m.	F	$85
36361	2-6 Yrs	4/3-4/24	10-11 a.m.	F	$85
36368	2-6 Yrs	5/1-5/22	10-11 a.m.	F	$85

HORSE FUN

Get your boots on and get down to the ranch! Learn how to halter, groom, saddle and basic riding. Wear riding boots, jeans and riding helmet. Parent participation required. Material fee: $30. No unregistered siblings. No open toe shoes for guests. Class held at El Rodeo Stables, 4449 Carbon Canyon Rd., Brea.

Fun With Horses **El Rodeo Stables**

36362	3-6 Yrs	3/7-3/28	11 a.m.-noon	Sa	$85
36363	3-6 Yrs	4/4-4/25	11 a.m.-noon	Sa	$85
36369	3-6 Yrs	5/2-5/23	11 a.m.-noon	Sa	$85

PARENT & ME PRE-K READINESS

Kids and parents will have fun in this class blending audio, visual and kinesthetics to maximize learning. The program incorporates letter and number recognition, fine motor skills, phonics, math and outdoor games and play specifically designed for children in this age group. Material fee: $20. Adult participation is required. Space is limited. *No class: 4/14 & 4/16.

Readwrite Educational Solution Inc. **Bixby Knolls Park**

36844	2-3 Yrs 6 Mos	3/3-3/26	8:45-10:15 a.m.	Tu Th	$145
36847	2-3 Yrs 6 Mos	3/3-3/26	10:30 a.m.-noon	Tu Th	$145
36845	2-3 Yrs 6 Mos	3/31-4/30*	8:45-10:15 a.m.	Tu Th	$145
36848	2-3 Yrs 6 Mos	3/31-4/30*	10:30 a.m.-noon	Tu Th	$145
36846	2-3 Yrs 6 Mos	5/5-5/28	8:45-10:15 a.m.	Tu Th	$145
36849	2-3 Yrs 6 Mos	5/5-5/28	10:30 a.m.-noon	Tu Th	$145

READING, MATH & MORE PRESCHOOL

Be ready for kindergarten! Kids and parents will have fun blending audio, visual and kinesthetic learning styles to maximize learning. We incorporate phonics, individualized leveled reading, math and spelling instruction specifically designed for preschoolers. Parent participation is required. For more information call: (949) 263-0633. Material fee: $20. Class held at Long Beach Community Resource Center, 5365 E. 2nd St., Long Beach. *No class: 4/13, 4/15 & 5/25.

Readwrite Educational Solution Inc. **LB Community Resource Ctr**

36859	3 Yrs 6 Mos-5 Yrs	3/4-3/30	3-3:30 p.m.	M W	$59
36860	3 Yrs 6 Mos-5 Yrs	4/6-5/6*	3-3:30 p.m.	M W	$59
36861	3 Yrs 6 Mos-5 Yrs	5/13-6/10*	3-3:30 p.m.	M W	$59

READWRITE EN ESPAÑOL

Vamos hablar Español! Help your child expand their opportunity by learning or practicing Spanish. Learn fundamentals of the Spanish alphabet, number names and continuing vocabulary, early reading, spelling and mathematic skills. This is a full Spanish immersion program. Parent participation required. Material fee: $20. *No class: 4/14 & 4/16.

Readwrite Educational Solution Inc. **Bixby Knolls Park**

36853	4-6 Yrs	3/3-3/26	2:10-2:55 p.m.	Tu Th	$79
36854	4-6 Yrs	3/31-4/30*	2:10-2:55 p.m.	Tu Th	$79
36855	4-6 Yrs	5/5-5/28	2:10-2:55 p.m.	Tu Th	$79

READWRITE KINDER PREP

Be ready for kindergarten, academically and socially. This well-rounded, individualized program incorporates letter and number recognition, phonics (for reading and spelling), math, science, and fine motor skills (for writing). We reinforce a positive self-image with fun and engaging activities that stimulate creativity through art projects and music time. Children must be toilet trained. Bring a healthy snack. Parent participation required 2 days per session. Material fee: $40. *No class: 4/13, 4/15, 4/17 & 5/25.

Readwrite Educational Solution Inc. **Bixby Knolls Park**

36850	3 Yrs 6 Mos-5 Yrs 7 Mos	3/2-3/27	9 a.m.-noon	MWF	$215
36851	3 Yrs 6 Mos-5 Yrs 7 Mos	3/30-5/1*	9 a.m.-noon	MWF	$215
36852	3 Yrs 6 Mos-5 Yrs 7 Mos	5/4-5/29*	9 a.m.-noon	MWF	$199

MUSIC

KIDS LOVE MUSIC: BABIES!

Musical bonding time for you and your baby (4-14 months old, not walking yet)! Learn lap songs, peek-a-boo songs and active chants. Explore rhythm and sound with shakers and drums. Your baby gains motor skills, building blocks for tonal memory, cognitive development - and fun with you! Please bring a baby blanket. Adult participation required. Some materials are available for purchase. www.KidsLoveMusic.net. Class held at Cerritos Park East, 13234 E. 166th St., Cerritos.

Karen Greeno **Cerritos Park East**

36372	4 Mos-1 Yrs 2 Mos	2/24-3/23	3:30-4 p.m.	M	$70

KIDS LOVE MUSIC: TODDLERS!

Great class for first-timers! Sing, dance and play rhythm instruments with your 1-2 year old toddler! Explore making music with drums, xylophones and glockenspiels. Your child gains tonal memory, motor skills and cognitive development all while bonding with you! Adult participation required. Some materials are available for purchase. www.KidsLoveMusic.net. Class held at Cerritos Park East, 13234 E. 166th St., Cerritos.

Karen Greeno **Cerritos Park East**

36373	1-2 Yrs	2/24-3/23	4:15-4:45 p.m.	M	$70

KIDS LOVE MUSIC!

Come sing, dance and play with you 1 to 4 year old! Spark your child's imagination with puppets and rhythm instruments! Explore making music with drums, xylophones and glockenspiels. Your child gains tonal memory, motor skills and cognitive development all while bonding with you! Adult participation required. Some materials are available for purchase. www.KidsLoveMusic.net. Class held at Cerritos Park East, 13234 E. 166th St., Cerritos.

Karen Greeno — **Cerritos Park East**

36374	1-4 Yrs	2/24-3/23	5-5:45 p.m.	M	$70

LITTLE MUSIC MAKERS

A great introduction to making music! Through songs, drum circles and inventive musical activities your child will develop an understanding for the components of music: rhythm, melody and imagination! Class held at Jammin' Music, 4228 Atlantic Ave., Long Beach.

Jammin' Music Inc. — **Jammin' Music**

36454	3-5 Yrs	3/6-4/10	10-10:45 a.m.	F	$85
36455	3-5 Yrs	3/7-4/11	10-10:45 a.m.	Sa	$85
36461	3-5 Yrs	4/24-5/29	10-10:45 a.m.	F	$85
36462	3-5 Yrs	4/25-5/30	10-10:45 a.m.	Sa	$85

MELODY TIME

Parent and child make music together in this fun and interactive class! Sing songs, play simple instruments from around the world and enjoy drum circle time. Class held at Jammin' Music, 4228 Atlantic Ave., Long Beach.

Jammin' Music Inc. — **Jammin' Music**

36456	1-2 Yrs	3/6-4/10	9-9:45 a.m.	F	$75
36463	1-2 Yrs	4/24-5/29	9-9:45 a.m.	F	$75

Exposure to music during early childhood engages both sides of the brain and musical experience can accelarate brain development.

MUSIC & MOVEMENT

Designed to provide a positive, challenging learning environment for children to blossom musically and personally. Children participate in musical games, singing, dancing, listening and playing instruments. Program combines elements of Orff-Schulwerk and Kodaly methods with traditional philosophies of musical education. *No class: 4/15.

Danuta Klimczak — **College Estates Park**

36535	1 Yrs 8 Mos-2 Yrs 9 Mos	3/8-4/22*	10-10:50 a.m.	W	$69
36536	2 Yrs 9 Mos-4 Yrs	3/8-4/22*	11:15 a.m.-12:05 p.m.	W	$69
36537	1 Yrs 8 Mos-2 Yrs 9 Mos	4/29-6/3	10-10:50 a.m.	W	$83
36538	2 Yrs 9 Mos-4 Yrs	4/29-6/3	11:15 a.m.-12:05 p.m.	W	$83

SPORTS

Preschoolers learn fundamental dribbling, passing and shooting skills in these basketball classes.

B-BALLERS HOOPS SCHOOL - LITTLE BALLERS

Coach Greg and staff will help your preschooler develop confidence through learning the basketball fundamentals of dribbling, passing, shooting, and footwork. Parents are sometimes asked to assist with the fun and age appropriate drills. Please bring a basketball and water. Material fee: $20. Class held at Newcomb Academy, 3351 Val Verde Ave., Long Beach. *No class: 5/23.

B-Ballers Hoops School — **Newcomb Academy**

36175	3-5 Yrs	3/7-3/28	11-11:45 a.m.	Sa	$75
36176	3-5 Yrs	4/4-4/25	11-11:45a.m.	Sa	$75
36177	3-5 Yrs	5/2-5/30*	11-11:45a.m.	Sa	$75

D-UP TINY BALLERS

D-Up Tiny Ballers is an introduction to the fundamentals of basketball and will focus on basic dribbling, passing, shooting and hand-eye coordination. Children will play games while learning the game of basketball. We will have player(s) of the week and give out prizes! Children should bring their own basketball and water to each session. Material fee: $20. *No class: 3/1.

James Christian — **Pan American Park**

36266	3-6 Yrs	3/8-4/5*	11-11:45 a.m.	Su	$60
36267	3-6 Yrs	4/19-5/24	11-11:45 a.m.	Su	$60

HOOPSTERTOTS

Learning basketball has never been more fun! These classes focus on dribbling, shot technique, passing and teamwork. Adjustable hoops and appropriately sized basketballs are used to always provide just the right amount of challenge.

Skyhawks Sports Academy — **Marina Vista Park**

37729	3 Yrs 6 Mos-4 Yrs 6 Mos	4/3-5/29	4-4:40 p.m.	F	$155
37730	4 Yrs 6 Mos-5 Yrs	4/3-5/29	4:50-5:30 p.m.	F	$155

TINY TUMBLERS - PARENT & ME GYMNASTICS I

This is a parent and me gymnastics class for developing toddlers. At this age, life is about motor skills and body awareness. Your toddler will be introduced to all the gymnastics events: vault, bar, beam, floor and rings along with movement to music, parachutes, bubbles and more. Your child will learn how their body works. Requirements: must be able to walk. Come tumble with us! 3 week session $45; 4 week session $60; 5 week session $75.

Aerial Butterflies LLC — **Wardlow Park**

36324	9 Mos-2 Yrs 6 Mos	3/3-3/31	10-10:45 a.m.	Tu	$75
36327	9 Mos-2 Yrs 6 Mos	3/7-3/28	9:30-10:15 a.m.	Sa	$60
36328	9 Mos-2 Yrs 6 Mos	4/4-4/25	9:30-10:15 a.m.	Sa	$60
36325	9 Mos-2 Yrs 6 Mos	4/7-4/28	10-10:45 a.m.	Tu	$60
36329	9 Mos-2 Yrs 6 Mos	5/2-5/30	9:30-10:15 a.m.	Sa	$75
36326	9 Mos-2 Yrs 6 Mos	5/5-5/26	10-10:45 a.m.	Tu	$75

TINY TUMBLERS - PARENT & ME GYMNASTICS II

This is a parent and me gymnastics class for developing toddlers. At this age, life is about motor skills and body awareness. Your toddler will be introduced to all the gymnastics events: vault, bar, beam, floor and rings along with movement to music, parachutes, bubbles and more. Your child will learn how their body works. Come tumble with us! 3 week session $45; 4 week session $60; 5 week session $75.

Aerial Butterflies LLC — **Wardlow Park**

36330	2 Yrs 6 Mos-4 Yrs	3/3-3/31	10:50-11:35 a.m.	Tu	$75
36333	2 Yrs 6 Mos-4 Yrs	3/7-3/28	10:20-11:05 a.m.	Sa	$60
36334	2 Yrs 6 Mos-4 Yrs	4/4-4/25	10:20-11:05 a.m.	Sa	$60
36331	2 Yrs 6 Mos-4 Yrs	4/7-4/28	10:50-11:35 a.m.	Tu	$60
36335	2 Yrs 6 Mos-4 Yrs	5/2-5/30	10:20-11:05 a.m.	Sa	$75
36332	2 Yrs 6 Mos-4 Yrs	5/5-5/26	10:50-11:35 a.m.	Tu	$60

PARENT & ME SKATING

Class fee includes skate rentals, half hour of instruction and free practice on your registered class day. Practice times: Th 10:30 a.m.-12:30 p.m. or Sat 10:45-11:15 a.m. Dress warmly. Check in early. Pre-registration is required. Class held at The Rinks Lakewood ICE, 3975 Pixie Ave., Lakewood.

Ice Management LLC — **The Rinks Lakewood ICE**

36379	3-6 Yrs	3/5-3/26	11:15-11:45 a.m.	Th	$50
36380	3-6 Yrs	3/7-3/28	11:15-11:45 a.m.	Sa	$50
36381	3-6 Yrs	4/2-4/23	11:15-11:45 a.m.	Th	$50
36382	3-6 Yrs	4/4-4/25	11:15-11:45 a.m.	Sa	$50
36383	3-6 Yrs	4/30-5/21	11:15-11:45 a.m.	Th	$50
36384	3-6 Yrs	5/2-5/23	11:15-11:45 a.m.	Sa	$50

TOT BEGINNING ICE SKATING

Class fee includes skate rental, half hour of instruction and free practice session on your registered class day. Practice session times: Wed 7:10-7:40 p.m., Th 3-5:30 p.m. or Sat 10:45-11:15 a.m. Dress warmly. Check in early. Pre-registration required. Class held at The Rinks Lakewood ICE, 3975 Pixie Ave., Lakewood.

Ice Management LLC — **The Rinks Lakewood ICE**

36385	3-6 Yrs	3/4-3/25	6:10-6:40 p.m.	W	$50
36386	3-6 Yrs	3/5-3/26	4-4:30 p.m.	Th	$50
36387	3-6 Yrs	3/7-3/28	10:15-10:45 a.m.	Sa	$50
36388	3-6 Yrs	4/1-4/22	6:10-6:40 p.m.	W	$50
36389	3-6 Yrs	4/2-4/23	4-4:30 p.m.	Th	$50
36390	3-6 Yrs	4/4-4/25	10:15-10:45 a.m.	Sa	$50
36391	3-6 Yrs	4/29-5/20	6:10-6:40 p.m.	W	$50
36392	3-6 Yrs	4/30-5/21	4-4:30 p.m.	Th	$50
36393	3-6 Yrs	5/2-5/23	10:15-10:45 a.m.	Sa	$50

TOT ICE HOCKEY

Pre-requiste: 4 weeks in Beginning Ice Skating and upon evaluation and approval. Learn basic skills necessary to play ice hockey. No sticks or pucks yet. Class fee includes skate rentals, half hour of instruction and free practice session on your registered class day. Practice session time: Th 3-5:30 p.m. or Sat 10:45-11:15 a.m. Dress warmly. Check in early. Pre-registration is required. Class held at The Rinks Lakewood ICE, 3975 Pixie Ave., Lakewood.

Ice Management LLC — **The Rinks Lakewood ICE**

36403	3-6 Yrs	3/5-3/26	5:30-6 p.m.	Th	$50
36404	3-6 Yrs	3/7-3/28	10:15-10:45 a.m.	Sa	$50
36405	3-6 Yrs	4/2-4/23	5:30-6 p.m.	Th	$50
36406	3-6 Yrs	4/4-4/25	10:15-10:45 a.m.	Sa	$50
36407	3-6 Yrs	4/30-5/21	5:30-6 p.m.	Th	$50
36408	3-6 Yrs	5/2-5/23	10:15-10:45 a.m.	Sa	$50

TINY TIGER PRESCHOOL MARTIAL ARTS NEW

This White Belt program will teach your child the basic skills that will be an essential part of growing up. Teaching balance coordination and confidence. Visit our website for more information: www.jgparksmartialarts.com. We will have an orientation day on the first day of class from 6-6:30 p.m. for paperwork and a FREE uniform fitting. Orientation must be attended for sign up month to start class. Class held at U.S. Taekwondo Academy, 12233 Centralia St., Lakewood.

Cynthia Markopulos — **U.S. Taekwondo Academy**

36554	2 Yrs 6 Mos-6 Yrs	3/2-3/26	6-6:30 p.m.	M Th	$70
36555	2 Yrs 6 Mos-6 Yrs	4/6-4/30	6-6:30 p.m.	M Th	$70
36556	2 Yrs 6 Mos-6 Yrs	5/4-5/28	6-6:30 p.m.	M Th	$70

INTRO TO SPORTS

Here is a great chance for kids to be introduced to all the sports in one class. This program is designed to motivate children to be active and healthy while giving them the fundamental skills needed to succeed and grow in whichever sport they choose. Every child will be given a camp shirt. *No class: 5/23.

TriFytt Sports — **Bixby Knolls Park**

37125	2-3 Yrs	3/7-4/4	9-9:30 a.m.	Sa	$79
37126	1 Yrs 6 Mos-2 Yrs	3/7-4/4	9:30-10 a.m.	Sa	$79
37127	3-5 Yrs	3/7-4/4	10-10:45 a.m.	Sa	$79
37128	2-3 Yrs	4/25-5/30*	9-9:30 a.m.	Sa	$79
37129	1 Yrs 6 Mos-2 Yrs	4/25-5/30*	9:30-10 a.m.	Sa	$79
37130	3-5 Yrs	4/25-5/30*	10-10:45 a.m.	Sa	$79

MINI-HAWK MULTI-SPORT

Introduce your little superstar to sports in our most popular program! This baseball, basketball and soccer class uses age-appropriate games and activities to explore balance, hand/eye coordination, and skill development. Parent participation is required for younger ages.

Skyhawks Sports Academy — **Marina Vista Park**

37245	2-3 Yrs 6 Mos	3/31-5/26	4-4:40 p.m.	Tu	$155
37246	3 Yrs 6 Mos-5 Yrs	3/31-5/26	4:50-5:30 p.m.	Tu	$155

BIDDY SOCCER LEAGUE

Your child will have a great time playing soccer and making new friends while learning the benefits of sportsmanship, sharing and teamwork. The Biddy League is designed to introduce kids to team sports in a fun and exciting environment. Everyone will receive team shirts and a medal. The first week will be practice and team assignments with the remainder of the weeks being games. *No class: 5/22.

TriFytt Sports — **Bixby Knolls Park**

37115	2-3 Yrs	3/13-4/10	5:30-6 p.m.	F	$79
37116	3-5 Yrs	3/13-4/10	6-6:45 p.m.	F	$79
37117	3-5 Yrs	3/13-4/10	7-7:45 p.m.	F	$79
37118	2-3 Yrs	4/24-5/29*	5:30-6 p.m.	F	$79
37119	3-5 Yrs	4/24-5/29*	6-6:45 p.m.	F	$79
37120	3-5 Yrs	4/24-5/29*	7-7:45 p.m.	F	$79

PARENT & ME SOCCER

The fun happens on the field, so don't just watch from the sidelines! You'll participate in fun, age-appropriate activities and help your child to develop their motor and socialization skills. A variety of soccer activities are played each week, adult participation is required. All kids receive a Kidz Love Soccer jersey. Tuesday class held at Heather Park, 4509 Ironwood Ave., Seal Beach. *No class: 5/23.

Kidz Love Soccer					**Good Neighbor Park**
36513	2-3 Yrs 6 Mos	4/24-6/5	9:30-10 a.m.	F	$126
36514	2-3 Yrs 6 Mos	4/24-6/5	5:45-6:15 p.m.	F	$126
36515	2-3 Yrs 6 Mos	4/25-6/13*	8:45-9:15 a.m.	Sa	$126
36516	2-3 Yrs 6 Mos	4/25-6/13*	9:20-9:50 a.m.	Sa	$126
Kidz Love Soccer					**College Estates Park**
36517	2-3 Yrs 6 Mos	4/25-6/13*	9:30-10 a.m.	Sa	$126
Kidz Love Soccer					**Heather Park**
36518	2-3 Yrs 6 Mos	4/21-5/26	6-6:30 p.m.	Tu	$110

PRE SOCCER

Learn the basic techniques of the game and build self-esteem through participation and fun soccer activities. Children learn to follow instructions in a nurturing, age appropriate environment. Shin guards are required after the first meeting. All participants receive a Kidz Love Soccer jersey. Tuesday class held at Heather Park, 4509 Ironwood Ave., Seal Beach. *No class: 5/23.

Kidz Love Soccer					**Good Neighbor Park**
36519	4-5 Yrs	4/24-6/5	10:10-10:45 a.m.	F	$126
36520	4-5 Yrs	4/24-6/5	4:30-5:05 p.m.	F	$126
36521	4-5 Yrs	4/25-6/13*	10:30-11:05 a.m.	Sa	$126
Kidz Love Soccer					**College Estates Park**
36522	4-5 Yrs	4/25-6/13*	10:40-11:15 a.m.	Sa	$126
Kidz Love Soccer					**Heather Park**
36523	4-5 Yrs	4/21-5/26	4:45-5:20 p.m.	Tu	$110

SOCCERTOTS

SoccerTots is our flagship program! Playable on almost any surface, these soccer-themed motor-skill classes are extremely easy for youngsters to get into. Younger age groups focus on developing motor skills and self-confidence while older classes focus more on developing core soccer skills and personal focus, with an introduction to light competition. Parent participation is required for younger age.

Skyhawks Sports Academy					**Marina Vista Park**
37247	2-3 Yrs 6 Mos	4/1-5/27	4-4:40 p.m.	W	$155
37248	3 Yrs 6 Mos-5 Yrs	4/1-5/27	4:50-5:30 p.m.	W	$155

TINYTYKES YOUTH SOCCER

TinyTykes is an exciting program that will teach your child the basic soccer skills while focusing on motor skill development, balance, coordination, concentration, listening skills and teamwork of players. Challenger's professional coaches will take your young player on a journey to imaginary destinations of dinosaurs, princesses, dragons and more through soccer, music, storytelling and games. Material fee: $20. *No class: 4/14.

Challenger Sports International Staff					**Wardlow Park**
36262	2-3 Yrs	3/24-5/19*	9:30-10:15 a.m.	Tu	$115
36263	4-5 Yrs	3/24-5/19*	10:30-11:15 a.m.	Tu	$115

TOT SOCCER

Enjoy running and kicking just like the big kids! Encourage large motor skill development through fun soccer games and introduce small children to the group setting. Shin guards are required after the first meeting. All participants receive a Kidz Love Soccer jersey. Tuesday class held at Heather Park, 4509 Ironwood Ave., Seal Beach. *No class: 5/23.

Kidz Love Soccer					**Good Neighbor Park**
36529	3 Yrs 6 Mos-4 Yrs	4/24-6/5	10:10-10:45 a.m.	F	$126
36530	3 Yrs 6 Mos-4 Yrs	4/24-6/5	5:05-5:35 p.m.	F	$126
36531	3 Yrs 6 Mos-4 Yrs	4/25-6/13*	10-10:30 a.m.	Sa	$126
Kidz Love Soccer					**College Estates Park**
36532	3 Yrs 6 Mos-4 Yrs	4/25-6/13*	10:10-10:40 a.m.	Sa	$126
Kidz Love Soccer					**Heather Park**
36533	3 Yrs 6 Mos-4 Yrs	4/21-5/26	5:20-5:50 p.m.	Tu	$110

BIDDY TEE BALL LEAGUE

Your child will have a great time playing tee ball and making new friends while learning the benefits of sportsmanship, sharing and teamwork. The Tee Ball League is designed to introduce kids to team sports in a fun and exciting environment. Everyone will receive a team shirt and medal. The first two weeks will be practice and team assignments with the remainder of the weeks being games. *No class: 5/23.

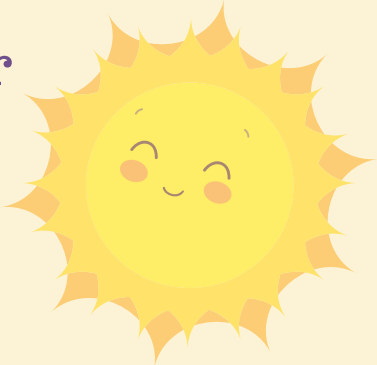
TriFytt Sports					**Bixby Knolls Park**
37121	3-5 Yrs	3/7-4/4	11-11:45 a.m.	Sa	$79
37122	2-3 Yrs	3/7-4/4	12-12:30 p.m.	Sa	$79
37123	3-5 Yrs	4/25-5/30*	11-11:45 a.m.	Sa	$79
37124	2-3 Yrs	4/25-5/30*	12-12:30 p.m.	Sa	$79

TEE BALL SKILLZ

Here is a great chance for kids to be introduced to tee-ball in a fun, safe environment while learning the basics of the game. Our tee-ball curriculum is designed for kids to have fun with friends and coaches while fine tuning their motor and socialization skills. Every child will also be given a class t-shirt.

TriFytt Sports					**Good Neighbor Park**
37131	2-3 Yrs	3/16-5/4	5:30-6 p.m.	M	$109
37132	3-5 Yrs	3/16-5/4	6-6:45 p.m.	M	$109

Summer is coming soon!



Look for Summer Specialty Camps in the Summer Recreation Connection. Visit LBParks.org for information.

LONG BEACH PARKS • RECREATION • MARINE

CITY OF LONG BEACH

YOUTH CLASSES

As children grow, so do their interests. Parks, Recreation and Marine has classes that will keep your youngster engaged and having fun while enhancing their abilities in music, dancing, acting, math and reading, or staying fit with a variety of fitness and sport offerings such as yoga, martial arts and gymnastics.

ART AND CULTURAL

ART INNOVATORS

Build your own portfolio with the materpieces you create each week. Learn to draw and explore a variety of art media including watercolor, pastels, art stix and pencils, tempera, and more! Each week is a lesson on a new style, technique and subject. Material fee: $10. Class held at Los Alamitos Community Center, 10911 Oak St., Los Alamitos. *No class: 4/13 & 5/25.

Art Innovators — **Los Alamitos Community Center**

37068	6-11 Yrs	3/23-4/27*	3:30-4:30 p.m.	M	$90
37069	6-11 Yrs	5/11-6/15*	3:30-4:30 p.m.	M	$90

CAMPS

TGA PREMIER GOLF CAMP NEW

TGA offers an unforgettable experience by providing youth certified instruction, station-based drills, on course play every day. Camps feature golf and STEM concepts and Friday skills day for families to attend! Includes water, fruit, nutritional snacks, fun giveaways, and more. Learn to play, improve skills, make friends and camp memories! Before and after care $10 per hour. Club rentals available upon request (Email to koliver@playtga.com): $25 per week. Class held at Bixby Village Golf Course, 6180 Bixby Village Dr., Long Beach.

TGA Premier Sports — **Bixby Village Golf Course**

37114	5-12 Yrs	4/13-4/17	9 a.m.-3 p.m.	M Tu W Th F	$325

TGA PREMIER VOLLEYBALL CAMP NEW

TGA offers an unforgettable camp experience by providing youth certified instruction station-based drills, on court play every day. Camps feature volleyball and STEM concepts and Friday skills day for families to attend! Includes water, fruit, nutritional snacks, fun giveaways, and more. Learn to play, improve skills, make friends and camp memories! Before and after care $10 per hour. Class held at Edison Park, College Park Drive, Seal Beach.

TGA Premier Sports — **Edison Park**

37113	5-12 Yrs	4/13-4/17	9 a.m.-3 p.m.	M Tu W Th F	$299

COOKING

BASIC COOKING FOR KIDS

Kids will love this fun class where they can create their own delicious baked masterpiece, discover new ingredients and learn the fundamentals of baking. Please note any food allergies. Bring an apron, set of measuring cups and spoons, and food storage container to class for leftovers. Food and material fee: $48.

A Yummy Future — **El Dorado Park West**

36191	7-12 Yrs	3/7-3/28	3-4:15 p.m.	Sa	$100
36192	7-12 Yrs	4/4-4/25	3-4:15 p.m.	Sa	$100
36193	7-12 Yrs	5/2-5/23	3-4:15 p.m.	Sa	$100

CAKE DESIGN

A sit and paint... using cakes! Students will be given a weekly theme and a pre-made 4 inch cake to decorate and bring home to share with family and friends. Students will learn to mix colors, spread frosting, how to use fondant, how to use piping bags and tips, and how to properly utilize their time. Only registered students allowed. Food and material fee: $48.

A Yummy Future — **El Dorado Park West**

36197	7-18 Yrs	3/7-3/28	noon-1 p.m.	Sa	$90
36198	7-18 Yrs	4/4-4/25	noon-1 p.m.	Sa	$90
36199	7-18 Yrs	5/2-5/23	noon-1 p.m.	Sa	$90

FOOD SCIENCE NEW

Kids develop a love for learning and science using food products found in the kitchen. Students will love this hands-on class where kids will be introduced to the Scientific Method and actually testing the experiments. Students will learn what food science is, careers in food science, about flavors and ingredients, food safety, and more! These experiments and topics will intrigue your child's mind! Only registered students allowed. Food and material fee: $40.

A Yummy Future — **El Dorado Park West**

36200	8-13 Yrs	3/7-3/28	2-2:45 p.m.	Sa	$80
36201	8-13 Yrs	4/4-4/25	2-2:45 p.m.	Sa	$80
36202	8-13 Yrs	5/2-5/23	2-2:45 p.m.	Sa	$80

DANCE

BALLET/TAP COMBO

An introduction to ballet and tap fundamentals, as well as proper form and technique. Great for the beginner to intermediate dancer achieving proper body placement, basic concept, turns and leaps while learning fun routines to perform. Tap and ballet shoes recommended. Class held at Marina Community Center, 151 Marina Dr., Seal Beach.

Anne Pennypacker — **Marina Community Center**

37297	5-10 Yrs	3/12-4/9	5:30-6:15 p.m.	Th	$68
37298	5-10 Yrs	4/30-5/28	5:30-6:15 p.m.	Th	$68

CHILDREN & YOUTH DANCE WORKSHOP

Tap, ballet and contempory dance. Basic 1-3 mixed level class includes barre and center technique. Learn 8 count combinations to work toward routine. Tap shoes (most sizes) available for loan at class. Class held at the Long Beach Dance Academy, 727 South St., Long Beach.

Joaquin Feliciano — **Long Beach Dance Academy**

36344	4-10 Yrs	3/7-3/28	10:30-11:30 a.m.	Sa	$40
36342	11-16 Yrs	3/7-3/28	11:30 a.m.-12:30 p.m.	Sa	$40
36345	4-10 Yrs	4/4-4/25	10:30-11:30 a.m.	Sa	$40
36343	11-16 Yrs	4/4-4/25	11:30 a.m.-12:30 p.m.	Sa	$40
36358	4-10 Yrs	5/2-5/16	10:30-11:30 a.m.	Sa	$30
36346	11-16 Yrs	5/2-5/16	11:30 a.m.-12:30 p.m.	Sa	$30

HIP HOP

A fast paced class to get dancers on their feet and groovin'! Students will learn street style dance and a funky hip hop routine. Always fresh choreography each session. At session's end we'll perform a show. Tennis shoes needed for class. *No class: 3/17.

Anne Pennypacker — **Recreation Park**

37301	5-12 Yrs	3/10-4/7*	5:15-6 p.m.	Tu	$58
37302	5-12 Yrs	4/28-5/26	5:15-6 p.m.	Tu	$68

JAZZ/TAP COMBO

Learn upbeat moves of jazz in a fun routine and halfway through we will shuffle our way into a funky tap dance! Dancers will learn turns, combinations, tap steps and more in this action packed class. Tap shoes recommended. Class held at Marina Community Center, 151 Marina Dr., Seal Beach.

Anne Pennypacker — **Marina Community Center**

37299	6-12 Yrs	3/12-4/9	3:45-4:30 p.m.	Th	$68
37300	6-12 Yrs	4/30-5/28	3:45-4:30 p.m.	Th	$68

MEXICAN FOLKLORICO

This class will have step by step footwork in various dances from Mexico and Spain. Wear shorts or dance wear for flexibility. No jeans or sandals, closed-toe shoes required and hair needs to be pulled back from face. Pre-registration is encouraged. Shows will count as a class meeting. *Advanced class is designed for fast paced and experienced dancers. *No class: 4/11.

Irene Portillo — **Veterans Park**

36656	Beg	5-11 Yrs	3/14-5/9*	9-9:45 a.m.	Sa	$70
36657	Int	8-17 Yrs	3/14-5/9*	9:45-10:30 a.m.	Sa	$70
36658	Int/Adv	11-17 Yrs	3/14-5/9*	10:30-11:15 a.m.	Sa	$70
36655	Adv*	14-17 Yrs	3/14-5/9*	11:15 a.m.-12:15 p.m.	Sa	$70
37762	Adv*	14-17 Yrs	3/11-5/6*	6-7 p.m.	W	$75

MUSICAL THEATRE

Calling all entertainers! Casting now... Needed: creative students interested in exploring dance, acting, music and song. Students will learn musical theatre dance styles, while learning to connect acting and emotions of the song to the choreography of the piece. *No class: 3/17. Wednesday class held at Marina Community Center, 151 Marina Dr., Seal Beach.

Anne Pennypacker — **Recreation Park**

37307	5-12 Yrs	3/10-4/7*	4:30-5:15 p.m.	Tu	$58
37308	5-12 Yrs	4/28-5/26	4:30-5:15 p.m.	Tu	$68

Anne Pennypacker — **Marina Community Center**

37309	5-13 Yrs	3/11-4/8	3:45-4:30 p.m.	W	$68
37310	5-13 Yrs	4/29-5/27	3:45-4:30 p.m.	W	$68

PRINCESS DANCE

Calling all princesses and fairies! Join the fun by dancing magical adventures and pretending to be a fairy princess, dancing swans, sleeping beauty and more! Through stories and imagination we will create beautiful dances in a fun and creative environment. Class held at Marina Community Center, 151 Marina Dr., Seal Beach.

Anne Pennypacker — **Marina Community Center**

37315	5-10 Yrs	3/12-4/9	3-3:45 p.m.	Th	$68
37316	5-10 Yrs	4/30-5/28	3-3:45 p.m.	Th	$68

ENRICHMENT

HORSE FUN

Get your boots on and get down to the ranch! Learn how to halter, groom, saddle and basic riding. Wear riding boots, jeans and riding helmet. Material fee: $30. No unregistered siblings. No open toe shoes for guests. Class held at El Rodeo Stables, 4449 Carbon Canyon Rd., Brea.

Fun With Horses — **El Rodeo Stables**

36364	7-12 Yrs	3/7-3/28	10-11 a.m.	Sa	$85
36365	7-12 Yrs	4/4-4/25	10-11 a.m.	Sa	$85
36370	7-12 Yrs	5/2-5/23	10-11 a.m.	Sa	$85

MATH DEVELOPMENT 2-6

Student's skills gaps are identified through comprehensive testing. Trained teachers structure and implement a program to reinforce identified skills in primary facts (addition, subtraction, multiplication, division), fraction operations, prime numbers, factoring concepts, decimals, algebra, geometry skills and increased confidence. For more information call: (949) 263-0633. Testing and material fee: $20. Class held on Tuesday and Thursdays meets at Heartwell Park, class held on Mondays and Wednesdays meets at the Long Beach Community Resource Center, 5365 E. 2nd St., Long Beach. *No class: 4/13, 4/14, 4/15, 4/16 & 5/25.

Readwrite Educational Solution Inc. — **LB Community Resource Ctr**

37266	6 Yrs 6 Mos-11 Yrs	3/4-3/30	5:15-6 p.m.	M W	$79
37267	6 Yrs 6 Mos-11 Yrs	4/6-5/6*	5:15-6 p.m.	M W	$79
37268	6 Yrs 6 Mos-11 Yrs	5/13-6/10*	5:15-6 p.m.	M W	$79

Readwrite Educational Solution Inc. — **Heartwell Park**

36874	6 Yrs 6 Mos-11 Yrs	3/5-3/31	5:10-5:55 p.m.	Tu Th	$79
36875	6 Yrs 6 Mos-11 Yrs	4/7-5/7*	5:10-5:55 p.m.	Tu Th	$79
36876	6 Yrs 6 Mos-11 Yrs	5/14-6/9	5:10-5:55 p.m.	Tu Th	$79

READING DEVELOPMENT K-1

Individualized to your student's needs. Improves comprehension, vocabulary, spelling, and fluency. Specially-trained teachers test, structure and implement your child's program. For more information call: (949) 263-0633. Testing and material fee: $20. Class held on Tuesday and Thursdays meets at Heartwell Park, class held on Mondays and Wednesdays meets at the Long Beach Community Resource Center, 5365 E. 2nd St., Long Beach. *No class: 4/13, 4/14, 4/15, 4/16 & 5/25.

Readwrite Educational Solution Inc. — **LB Community Resource Ctr**

36862	4 Yrs 6 Mos-7 Yrs	3/4-3/30	3:35-4:20 p.m.	M W	$79
36863	4 Yrs 6 Mos-7 Yrs	4/6-5/6*	3:35-4:20 p.m.	M W	$79
36864	4 Yrs 6 Mos-7 Yrs	5/13-6/10*	3:35-4:20p.m.	M W	$79

Readwrite Educational Solution Inc. — **Heartwell Park**

36868	4 Yrs 6 Mos-7 Yrs	3/5-3/31	3:30-4:15 p.m.	Tu Th	$79
36869	4 Yrs 6 Mos-7 Yrs	4/7-5/7*	3:30-4:15 p.m.	Tu Th	$79
36870	4 Yrs 6 Mos-7 Yrs	5/14-6/9	3:30-4:15 p.m.	Tu Th	$79

READING DEVELOPMENT 2-6

Individualized to your student's needs. Improves comprehension, vocabulary, spelling, and fluency. Specially-trained teachers test, structure and implement your child's program. For more information call: (949) 263-0633. Testing and material fee: $20. Class held on Tuesday and Thursdays meets at Heartwell Park, class held on Mondays and Wednesdays meets at the Long Beach Community Resource Center, 5365 E. 2nd St., Long Beach. *No class: 4/13, 4/14, 4/15, 4/16 & 5/25.

Readwrite Educational Solution Inc. — **LB Community Resource Ctr**

36865	6 Yrs 6 Mos-11 Yrs	3/4-3/30	4:25-5:10 p.m.	M W	$79
36866	6 Yrs 6 Mos-11 Yrs	4/6-5/6*	4:25-5:10 p.m.	M W	$79
36867	6 Yrs 6 Mos-11 Yrs	5/13-6/10*	4:25-5:10 p.m.	M W	$79

Readwrite Educational Solution Inc. — **Heartwell Park**

36871	6 Yrs 6 Mos-11 Yrs	3/5-3/31	4:20-5:05 p.m.	Tu Th	$79
36872	6 Yrs 6 Mos-11 Yrs	4/7-5/7*	4:20-5:05 p.m.	Tu Th	$79
36873	6 Yrs 6 Mos-11 Yrs	5/14-6/9	4:20-5:05 p.m.	Tu Th	$79

READWRITE EN ESPAÑOL NEW

Vamos hablar Español! Help your child expand their opportunity by learning or practicing Spanish. Learn fundamentals of the Spanish alphabet, number names and continuing vocabulary, early reading, spelling and mathematic skills. This is a full Spanish immersion program. Material fee: $20. *No class: 4/14 & 4/16.

Readwrite Educational Solution Inc. **Bixby Knolls Park**

36856	5 Yrs 6 Mos-8 Yrs	3/3-3/26	3-3:45 p.m.	Tu Th	$79
36857	5 Yrs 6 Mos-8 Yrs	3/31-4/30*	3-3:45 p.m.	Tu Th	$79
36858	5 Yrs 6 Mos-8 Yrs	5/5-5/28	3-3:45 p.m.	Tu Th	$79

MUSIC

EXPLORING INSTRUMENTS

Want to play music, but not sure where to start? This class will give you a chance to try three popular instruments: piano, guitar and drums. A beginning level class, no experience necessary. Class held at Jammin' Music, 4228 Atlantic Ave., Long Beach.

Jammin' Music Inc. **Jammin' Music**

36449	7-11 Yrs	3/4-4/8	4-4:50 p.m.	W	$90
36457	7-11 Yrs	4/22-5/27	4-4:50 p.m.	W	$90

GROUP PIANO

Beginning class for children with little to no previous instruction. Students will be taught note reading, hand positions, proper finger technique and simple melodies in a fun, supportive atmosphere. Class held at Jammin' Music, 4228 Atlantic Ave., Long Beach.

Jammin' Music Inc. **Jammin' Music**

36450	7-12 Yrs	3/3-4/7	4-4:50 p.m.	Tu	$95
36458	7-12 Yrs	4/21-5/26	4-4:50 p.m.	Tu	$95

JAMMIN' MUSIC GLEE CLUB

Participants will have a blast singing group renditions of pop and rock songs while also learning proper vocal techniques (breathing, warm-ups, pitch, and more), light choreography and stage blocking. Class will conclude with a performance. Class held at Jammin' Music, 4228 Atlantic Ave., Long Beach. *No class: 4/16.

Jammin' Music Inc. **Jammin' Music**

36451	7-14 Yrs	3/26-6/4*	4:30-5:30 p.m.	Th	$135

KEYBOARD KIDS

Children will be guided through a variety of fun and engaging musical activities with an emphasis on keyboards. Rhythm, note recognition and proper keyboard techniques will be taught as well as simple melodies. Class held at Jammin' Music, 4228 Atlantic Ave., Long Beach.

Jammin' Music Inc. **Jammin' Music**

36452	5-6 Yrs	3/3-4/7	3-3:50 p.m.	Tu	$95
36453	5-6 Yrs	3/7-4/11	11-11:50 a.m.	Sa	$95
36459	5-6 Yrs	4/21-5/26	3-3:50 p.m.	Tu	$95
36460	5-6 Yrs	4/25-5/30	11-11:50 a.m.	Sa	$95

SPORTS

B-BALLERS HOOPS BASKETBALL CLINIC

Coach Greg and his coaches will help your player develop teamwork, confidence, and fundamental basketball skills. The first half of class focuses on developing the skills of shooting, dribbling, ball handling, passing and more. Game play is the emphasis of the second half. Please bring a basketball and water. Material fee: $20. Class held at Newcomb Academy, 3351 Val Verde Ave., Long Beach. *No class: 4/12 & 5/24.

B-Ballers Hoops School **Newcomb Academy**

36172	5-12 Yrs	3/1-3/22	11 a.m.-12:15 p.m.	Su	$75
36173	5-12 Yrs	4/5-4/26*	11 a.m.-12:30 p.m.	Su	$75
36174	5-12 Yrs	5/3-5/31*	11 a.m.-12:15 p.m.	Su	$75

B-BALLERS HOOPS SCHOOL - BASKETBALL SKILLS TRAINING

The players are taken to the next level by learning the basketball fundamentals of dribbling, passing, shooting, and footwork through more advanced drills. At this level the concept of "teamwork" is introduced through basketball games with and against each other to help develop playing skills. Prerequisite: Must be able to dribble a ball. Please bring a basketball and water. Material fee: $20. Class held at Newcomb Academy, 3351 Val Verde Ave., Long Beach. *No class: 5/23.

B-Ballers Hoops School **Newcomb Academy**

36178	4-10 Yrs	3/7-3/28	12:30-2 p.m.	Sa	$85
36179	4-10 Yrs	4/4-4/25	12:30-2 p.m.	Sa	$85
36180	4-10 Yrs	5/2-5/30*	12:30-2 p.m.	Sa	$85

B-BALLERS HOOPS SCHOOL FUNDAMENTAL BASKETBALL

Coach Jaron and his coaches will help your player develop teamwork, confidence, and fundamental basketball skills such as dribbling, passing, shooting, ball handling, footwork, and defense. It offers intense, real-world guidance for those ready to skyrocket their game, but adds fun for those who just love the game. Please bring a basketball and water. Material fee: $20. Class held at Wilson High School, 4400 E. 10th St., Long Beach. *No class: 4/12 & 5/24.

B-Ballers Hoops School **Wilson High School**

36184	5-12 Yrs	3/1-3/22	3-4 p.m.	Su	$65
36185	5-12 Yrs	4/5-4/26*	3-4:15 p.m.	Su	$65
36186	5-12 Yrs	5/3-5/31*	3-4 p.m.	Su	$65

D-UP BALLERS

D-Up Ballers will challenge you mentally and physically in the game of basketball. This program is geared for all levels, it enhances your basketball skills. You will be working on dribbling, passing, shooting, defense, footwork and much more. We will have player(s) of the week and give out prizes! Material fee: $20. *No class: 3/1.

James Christian **Pan American Park**

36264	7-14 Yrs	3/8-4/5*	noon-1 p.m.	Su	$60
36265	7-14 Yrs	4/19-5/24	noon-1 p.m.	Su	$60

AB BEGINNING GYMNASTICS

Boys and girls recreational gymnastics is a fun way for kids to learn all gymnastics events: vault, bars, beam, floor and rings while building their confidence and strength. They will learn balance, coordination and flexibility that will benefit them as they grow and will benefit their performance in other sports and activities. 3 week session $50; 4 week session $65; 5 week session $80.

Aerial Butterflies LLC **Wardlow Park**

36315	4-12 Yrs	3/3-3/31	3:45-4:30 p.m.	Tu	$80
36318	4-12 Yrs	3/7-3/28	11:15 a.m.-noon	Sa	$65
36319	4-12 Yrs	4/4-4/25	11:15 a.m.-noon	Sa	$65
36316	4-12 Yrs	4/7-4/28	3:45-4:30 p.m.	Tu	$65
36320	4-12 Yrs	5/2-5/30	11:15 a.m.-noon	Sa	$80
36317	4-12 Yrs	5/5-5/26	3:45-4:30 p.m.	Tu	$65

AB INTERMEDIATE GYMNASTICS

Boys and girls recreational gymnastics is a fun way for kids to learn all gymnastics events: vault, bars, beam, floor and rings while building their confidence and strength. They will learn balance, coordination and flexibility that will benefit them as they grow and will benefit their performance in other sports and activities. Requirements: Cartwheel, backbend, pull up/pull over on bar, vault squat on. 3 week session $55; 4 week session $65; 5 week session $80.

Aerial Butterflies LLC — **Wardlow Park**

36321	6-17 Yrs	3/3-3/31	4:30-5:30 p.m.	Tu	$80
36322	6-17 Yrs	4/7-4/28	4:30-5:30 p.m.	Tu	$65
36323	6-17 Yrs	5/5-5/26	4:30-5:30 p.m.	Tu	$65

BEGINNING & INTERMEDIATE TUMBLING

This class teaches students cartwheels, handsprings, backflips, tumbling and basic strength training to improve skil progression. Class held at Wilson High School, 4400 E. 10th St. (600 Bldg.), Long Beach.

Cheryl Milgrom — **Wilson High School**

36601	8-17 Yrs	3/4-3/25	4:30-5:15 p.m.	W	$48
36602	8-17 Yrs	4/1-4/22	4:30-5:15 p.m.	W	$48
36603	8-17 Yrs	5/6-5/27	4:30-5:15 p.m.	W	$48

BEGINNING GYMNASTICS

This class teaches the fundamentals of the four Olympic artistic gymnastics events - floor exercise, uneven para bars, balance beam and vaulting table. Class held at Wilson High School, 4400 E. 10th St. (600 Bldg.), Long Beach.

Cheryl Milgrom — **Wilson High School**

36604	6-17 Yrs	3/4-3/25	5:10-6 p.m.	W	$48
36607	6-17 Yrs	3/5-3/26	5:10-6 p.m.	Th	$48
36605	6-17 Yrs	4/1-4/22	5:10-6 p.m.	W	$48
36608	6-17 Yrs	4/2-4/23	5:10-6 p.m.	Th	$48
36606	6-17 Yrs	5/6-5/27	5:10-6 p.m.	W	$48
36609	6-17 Yrs	5/7-5/28	5:10-6 p.m.	Th	$48

INTERMEDIATE GYMNASTICS

This class teaches the fundamentals of the four Olympic artistic gymnastics events - floor exercise, uneven para bars, balance beam and vaulting table. Prerequisites: Ability to perform a cartwheel on both sides, a dive roll, round off, and back walkover. Class held at Wilson High School, 4400 E. 10th St. (600 Bldg.), Long Beach.

Cheryl Milgrom — **Wilson High School**

36610	6-17 Yrs	3/4-3/26	6-6:50 p.m.	W Th	$84
36611	6-17 Yrs	4/1-4/23	6-6:50 p.m.	W Th	$84
36612	6-17 Yrs	5/6-5/28	6-6:50 p.m.	W Th	$84

ADVANCED GYMNASTICS & TUMBLING

This class teaches the fundamentals of the four Olympic artistic gymnastics events - floor exercise, advanced training in uneven para bars, balance beam and vaulting table, and/or advanced tumbling skills. Prerequisites: Intermediate requirements plus back handspring and/or front handspring and/or round off back handspring. Class held at Wilson High School, 4400 E. 10th St. (600 Bldg.), Long Beach.

Cheryl Milgrom — **Wilson High School**

36598	6-17 Yrs	3/4-3/26	6:45-8 p.m.	W Th	$120
36599	6-17 Yrs	4/1-4/23	6:45-8 p.m.	W Th	$120
36600	6-17 Yrs	5/6-5/28	6:45-8 p.m.	W Th	$120

BEGINNING ICE SKATING

Class fee includes skate rental, half hour of instruction and free practice session on your registered class day. Practice session times: Wed 7:10-7:40 p.m., Th 3-5:30 p.m. or Sat 10:45-11:15 a.m. Dress warmly. Check in early. Pre-registration required. Class held at The Rinks Lakewood ICE, 3975 Pixie Ave., Lakewood.

Ice Management LLC — **The Rinks Lakewood ICE**

36394	7-14 Yrs	3/4-3/25	6:40-7:10 p.m.	W	$50
36395	7-14 Yrs	3/5-3/26	4:30-5 p.m.	Th	$50
36396	7-14 Yrs	3/7-3/28	11:15-11:45 a.m.	Sa	$50
36397	7-14 Yrs	4/1-4/22	6:40-7:10 p.m.	W	$50
36398	7-14 Yrs	4/2-4/23	4:30-5 p.m.	Th	$50
36399	7-14 Yrs	4/4-4/25	11:15-11:45 a.m.	Sa	$50
36400	7-14 Yrs	4/29-5/20	6:40-7:10 p.m.	W	$50
36401	7-14 Yrs	4/30-5/21	4:30-5 p.m.	Th	$50
36402	7-14 Yrs	5/2-5/23	11:15-11:45 a.m.	Sa	$50

ICE HOCKEY

Pre-requiste: 4 weeks in Beginning Ice Skating and upon evaluation and approval. Learn basic skills necessary to play ice hockey the fastest growing Southern California High School sport! No sticks or pucks yet. Class fee includes skate rentals, half hour of instruction and free practice session on your registered class day. Practice session time: Th 3-5:30 p.m. or Sat 10:45-11:15 a.m. Dress warmly. Check in early. Pre-registration is required. Class held at The Rinks Lakewood ICE, 3975 Pixie Ave., Lakewood.

Ice Management LLC — **The Rinks Lakewood ICE**

36409	7-18 Yrs	3/5-3/26	5:30-6 p.m.	Th	$50
36410	7-18 Yrs	3/7-3/28	11:15-11:45 a.m.	Sa	$50
36411	7-18 Yrs	4/2-4/23	5:30-6 p.m.	Th	$50
36412	7-18 Yrs	4/4-4/25	11:15-11:45 a.m.	Sa	$50
36413	7-18 Yrs	4/30-5/21	5:30-6 p.m.	Th	$50
36414	7-18 Yrs	5/2-5/23	11:15-11:45 a.m.	Sa	$50

JUJITSU

Self defense for children; students learn escapes, throws, and holds while developing better listening skills, coordination, and self-confidence from one-on-one instruction with 40 years of self defense experience. New students start first Monday or Wednesday of each month. www.LakewoodBudoKai.com. *No class: 5/25.

Russell Kelley — **Stearns Champions Park**

36504	6-12 Yrs	3/2-3/30	5:30-6:30 p.m.	M W F	$45
36505	6-12 Yrs	4/1-4/29	5:30-6:30 p.m.	M W F	$45
36506	6-12 Yrs	5/4-5/29*	5:30-6:30 p.m.	M W F	$45

KARATE

This traditional Japanese Karate retains all traditions of ancient art. The philosophy and rules of Karate will help children develop a better form of discipline and respect. Consistent training helps students become stronger and develop more confidence. Karate will teach students the customs and courtesies of the Japanese culture. *No class: 3/2, 3/4 (CEP only) & 5/25.

Jony Martinez — **Cesar Chavez Park**

36575	5-12 Yrs	3/4-3/30*	6-7 p.m.	M W F	$75
36576	5-12 Yrs	4/1-4/29	6-7 p.m.	M W F	$75
36577	5-12 Yrs	5/1-5/29	6-7 p.m.	M W F	$75

Jony Martinez — **College Estates Park**

36581	5-12 Yrs	3/9-3/30*	4:15-5 p.m.	M W	$60
36582	5-12 Yrs	4/1-4/29	4:15-5 p.m.	M W	$60
36583	5-12 Yrs	5/4-5/27*	4:15-5 p.m.	M W	$60

SHOTOKAN KARATE

Shotokan is Japanese karate developed from various martial arts of "empty hand" fighting. To learn the Shotokan style one begins with humility. Shotokan is not only self defense karate but discipline of the mind. Students of any age will develop valuable self defense skills, self control and self discipline, improve concentration, coordination and focus. Please wear loose fitting clothing (preferably white). Uniforms are available for an additional $40 (regardless of the size). *No class: 4/10 & 4/11.

Antonio Silva — **Bixby Park**

37258	5-17 Yrs	3/6-3/28	6-7 p.m.	F Sa	$50
37259	5-17 Yrs	4/3-4/25	6-7 p.m.	F Sa	$50
37260	5-17 Yrs	5/1-5/30	6-7 p.m.	F Sa	$50

TRADITIONAL KARATE - BEGINNING

Students will learn traditional Japanese style of karate, Itosu-Ryu. Emphasis on self-discipline, manners and respect. Testing is done on an individual basis. Material fee (new students): $5.

David Crockett — **Recreation Park**

36275	5-14 Yrs	3/4-5/27	4:30-5:30 p.m.	W	$130

David Crockett — **El Dorado Park West**

36276	5-14 Yrs	3/7-5/30	10-11 a.m.	Sa	$130

TRADITIONAL KARATE - INTERMEDIATE

Students will learn traditional Japanese style of karate, Itosu-Ryu. Emphasis on self-discipline, manners and respect. Testing is done on an individual basis. Students must have achieved a purple belt or higher in Itosu-Kai. Registration includes access to all other Itosu-Kai classes, both Saturday and Wednesday.

David Crockett — **Recreation Park**

36277	8-17 Yrs	3/4-5/27	5:30-6:30 p.m.	W	$140

David Crockett — **El Dorado Park West**

36278	8-17 Yrs	3/7-5/30	9-10 a.m.	Sa	$140

MIXED MARTIAL ARTS - WHITE BELT

White belts will learn basic Muay Thai Kickboxing strikes and defense, wrestling takedowns, and grappling submissions. All students will become disciplined through their martial arts training and learn to be a team player as well. Uniforms are available for $35, shin guards and gloves available for $20 each. Testing fee is $40.

Michael J. Rice — **El Dorado Park West**

36665	6-12 Yrs	3/5-3/27	6-7 p.m.	Th F	$50
36666	6-12 Yrs	4/2-4/30	6-7 p.m.	Th F	$50
36667	6-12 Yrs	5/1-5/29	6-7 p.m.	Th F	$50

MIXED MARTIAL ARTS - UPPER BELT

Students will learn Muay Thai Kickboxing, wrestling, and Brazilian Jiu Jitsu for their self defense game. Every class students will train various techniques in standup, takedowns, and submissions. Uniforms are available for $35, shin guards and gloves available for $20 each. Testing fee is $40.

Michael J. Rice — **El Dorado Park West**

36662	6-17 Yrs	3/5-3/27	7-8 p.m.	Th F	$50
36663	6-17 Yrs	4/2-4/30	7-8 p.m.	Th F	$50
36664	6-17 Yrs	5/1-5/29	7-8 p.m.	Th F	$50

Free Youth Indoor Soccer Leagues

SEASON BEGINS April 18, 2020

Online Registration February 3-March 9, 2020 · Uniform Fee: $10 (scholarships available)

INDOOR SOCCER SEASON DATES: SATURDAYS, APRIL 18-MAY 30, 2020

Practices begin the week of March 30 · Practices held outdoors, games held indoors.

May 23 may be taken off in observance of Memorial Day weekend.

Coed Soccer
Ages 5-8 (Born 2012-2015)

Boys Soccer
Ages 9-14 (Born 2006-2011)

Girls Soccer
Ages 9-14 (Born 2006-2011)

Please call your local park to sign up

Admiral Kidd	570-1600	Houghton	570-1640	Scherer	570-1674
Bixby	570-1601	King	570-4405	Seaside	570-1625
Chavez	570-8890	Mac Arthur	570-1655	Silverado	570-1675
Cherry	570-1615	Mc Bride	570-1605	Somerset	570-8915
College Estates	570-1710	Orizaba	570-1427	Stearns Champions	570-1685
Coolidge	570-1618	Pan American	570-1660	Veterans	570-1695
Drake	570-1625	Ramona	570-1665	Wardlow	570-1705
El Dorado West	570-3325			Whaley	570-1710

Visit www.teamsideline.com/longbeach for registration information and links to your park site.

WRAP SITES: 570-3530
Burbank Elementary
Edison Elementary
Garfield Elementary
Grant Elementary
Herrera Elementary
Hudson (Kinder-8th grade)
King Elementary
Lafayette Elementary

CITY OF LONG BEACH

SKATEDOGS SKATEBOARDING

Whether you are just learning or ready to learn advanced tricks, this class is for you! Make friends, play games, and advance your skills in our private skatepark! Requirement: A signed Skatedogs waiver, a "trick" skateboard, knee and elbow pads, and a helmet. Visit skatedogs.com to view our online skateboard customizer.

Adam Cohen — **Heartwell Park**

36273	5-13 Yrs	3/7-4/4	9-10:30 a.m.	Sa	$125
36274	5-13 Yrs	4/18-5/16	9-10:30 a.m.	Sa	$125

SOCCER 1 - TECHNIQUES & TEAMWORK

Develop dribbling, passing, defense and shooting skills! Fun games are played at every session and every participant will have a ball at their feet. Small-sided soccer matches will be introduced gradually. Shin guards are required after the first meeting. All participants will receive a Kidz Love Soccer jersey. Tuesday class held at Heather Park, 4509 Ironwood Ave., Seal Beach.*No class: 5/23.

Kidz Love Soccer — **Good Neighbor Park**

36524	5-6 Yrs	4/24-6/5	3:45-4:30 p.m.	F	$126
36525	5-6 Yrs	4/25-6/13*	11:05-11:50 a.m.	Sa	$126

Kidz Love Soccer — **College Estates Park**

36526	5-6 Yrs	4/25-6/13*	11:15 a.m.-noon	Sa	$126

Kidz Love Soccer — **Heather Park**

36527	5-6 Yrs	4/21-5/26	4-4:45 p.m.	Tu	$110

SOCCER 2 - SKILLZ & SCRIMMAGES

Have a great time while developing core soccer skills like dribbling, passing and shooting in a team play format. Each class will include individual skill building and scrimmages to develop teamwork and positional play. All levels are welcome to come enjoy the world's most popular game! Shin guards are required. All participants receive a Kidz Love Soccer jersey. *No class: 5/23.

Kidz Love Soccer — **College Estates Park**

36528	7-10 Yrs	4/25-6/13*	noon-12:45 p.m.	Sa	$126

TEE BALL SKILLZ

Here is a great chance for kids to be introduced to tee-ball in a fun, safe environment while learning the basics of the game. Our tee-ball curriculum is designed for kids to have fun with friends and coaches while fine tuning their motor and socialization skills. Every child will also be given a class t-shirt.

TriFytt Sports — **Good Neighbor Park**

37133	5-7 Yrs	3/16-5/4	7-7:45 p.m.	M	$109

TGA PREMIER VOLLEYBALL

Whether new to the game or an avid player, TGA makes it convenient and fun to learn or improve your skills. Certified instructors coach students in station-based drills and games that help develop fundamental skills of serving, passing, setting, blocking and spiking while promoting life lessons such as sportsmanship and leadership. *No class: 3/1.

TGA Premier Sports — **Pan American Park**

37111	8-13 Yrs	3/8-3/22*	3-4 p.m.	Su	$75
37112	8-13 Yrs	5/3-5/24	3-4 p.m.	Su	$75

Youth Scholarships Available

Class and camp experiences have a profound impact on children's lives by expanding knowledge in education skills, the arts, health and nutrition, social skills, mobility and safety.

Low income youth and foster children, ages 5-18 have an opportunity to receive a scholarship of $150 per year beginning July 1-June 30.

In order to qualify your family must qualify for the free school lunch program through Long Beach Unified Schools.

Go to www.partnersofparks.org/youth.html to download the application. Complete the form and send it to: Partners of Parks, 1150 E. 4th St., Long Beach, CA 90802 or drop it by the Parks, Recreation and Marine Registration Office at 2760 Studebaker Rd., Long Beach.

The application must be received a minimum of 10 business days before the class begins.

PARTNERS OF PARKS LONG BEACH

Long Beach Parks, Recreation and Marine

Free After School Program Park Sites

ages 5-12

What is Your Child Doing After School?

Long Beach Parks, Recreation and Marine offers activities Monday through Friday in every neighborhood. Programs include games, arts and crafts, tournaments, cooking, homework help, movies, holiday celebrations and more.
Visit: https://bit.ly/1Neoc80 for program schedules and descriptions.

Park Locations and Hours*

Admiral Kidd Park
2125 Santa Fe Ave.
570-1600
M-F 3-6 p.m.

Bixby Park
130 Cherry Ave.
570-1601
M-F 3-6 p.m.

Chavez Park
401 Golden Ave.
570-8890
M-F 3-6 p.m.

Coolidge Park
352 Neece Ave.
570-1618
M-F 3-6 p.m.

Drake Park
951 Maine Ave.
570-1625
M-F 3-6 p.m.

Houghton Park
temporarily located at
Scherer Park
4600 Long Beach Blvd.
M-F 3-6 p.m.
570-1674

Mac Arthur Park
1321 Anaheim St.
570-1655
M-F 3-6 p.m.

McBride Park
1550 M.L.King Jr. Blvd.
570-1605
M-F 3-6 p.m.

M.L. King Jr. Park
1950 Lemon Ave.
570-4405
M-F 3-6 p.m.

Orizaba Park
2935 E. Spaulding
570-1427
M-F 3-6 p.m,
Sa. 12-4 p.m.

Pan American Park
Centralia St.
570-1660
M-F 2:30-5:30 p.m.

Ramona Park
3301 E. 65th St.
570-1665
M-F 3-6 p.m.

Scherer Park
4600 Long Beach Blvd.
M-F 3-6 p.m.
570-1674

Seaside Park
1401 Chestnut Ave.
572-5126
M-F 3-5:30 (M-F)
Sa & Su 11 a.m.- 3 p.m.

Silverado Park
1545 W. 31st St.
570-1675
M-F 3-6 p.m.

Somerset Park
1500 E. Carson
570-1690
M-F 3-6 p.m.

Stearns Champions Park
4520 E. 23rd St.
570-1685
M-F 3-6 p.m.

Veterans Park
101 E. 28th St.
570-1695
M-F 2:30-5:30 p.m.

Wardlow Park
3457 Stanbridge Ave.
570-1706
M-F 3-6 p.m.

Whaley Park
5620 Atherton St.
570-1710
M-F 2:30-5:30 p.m.

*Park locations and times are subject to change

TEEN CLASSES

COOKING

BASIC COOKING FOR TEENS

Students will love this fun hands-on class where they can explore their creative side, discover new ingredients and learn the fundamentals of cooking. Class will include a lecture and activity before kids put what they have learned together in the cooking lab. Students will be introduced to kitchen tools, appliances, vocabulary, and kitchen skills. Please note any food allergies. Bring apron, set of measuring cups and spoons and a food storage container for leftovers. Food and material fee: $48.

A Yummy Future — **El Dorado Park West**

36194	13-18 Yrs	3/7-3/28	4:30-5:45 p.m.	Sa	$100
36195	13-18 Yrs	4/4-4/25	4:30-5:45 p.m.	Sa	$100
36196	13-18 Yrs	5/2-5/23	4:30-5:45 p.m.	Sa	$100

CAKE DESIGN

A sit and paint... using cakes! Students will be given a weekly theme and a pre-made 4 inch cake to decorate and bring home to share with family and friends. Students will learn to mix colors, spread frosting, how to use fondant, how to use piping bags and tips, and how to properly utilize their time. Only registered students allowed. Food and material fee: $48.

A Yummy Future — **El Dorado Park West**

36197	7-18 Yrs	3/7-3/28	noon-1 p.m.	Sa	$90
36198	7-18 Yrs	4/4-4/25	noon-1 p.m.	Sa	$90
36199	7-18 Yrs	5/2-5/23	noon-1 p.m.	Sa	$90

DANCE

MEXICAN FOLKLORICO

This class will have step by step footwork in various dances from Mexico and Spain. Wear shorts or dance wear for flexibility. No jeans or sandals, closed-toe shoes required and hair needs to be pulled back from face. Pre-registration is encouraged. Shows will count as a class meeting. *Advanced class is designed for fast paced and experienced dancers. *No class: 4/8 & 4/11.

Irene Portillo — **Veterans Park**

36656	Beg	5-11 Yrs	3/14-5/9*	9-9:45 a.m.	Sa	$70
36657	Int	8-17 Yrs	3/14-5/9*	9:45-10:30 a.m.	Sa	$70
36658	Int/Adv	11-17 Yrs	3/14-5/9*	10:30-11:15 a.m.	Sa	$70
36655	Adv*	14-17 Yrs	3/14-5/9*	11:15 a.m.-12:15 p.m.	Sa	$70
37762	Adv*	14-17 Yrs	3/11-5/8*	6-7 p.m.	W	$75

ENRICHMENT

DRIVER'S EDUCATION

California required course to obtain driver's permit. Course is fun and interactive; includes parental involvement. Coursework can be completed at any time of day or night. DMV accepted completion certificates with successful completion. Driving not included.

All Good Driving School Inc. — **Online**

36162	14-18 Yrs	3/1-3/31	Every day	$40
36163	14-18 Yrs	4/1-4/30	Every day	$40
36164	14-18 Yrs	5/1-5/31	Every day	$40

SPORTS

B-BALLERS HOOPS SCHOOL BASKETBALL

For those looking to improve and develop to their full potential in basketball in order to get to the next level. This class offers intense, high quality training and teamwork experience. The skills of shooting, dribbling, ball handling, passing, footwork and more are refined through advanced drills in a challenging environment. Please bring a basketball and water. Material fee: $20. Class held at Wilson High School, 4400 E. 10th St., Long Beach. *No class: 4/12 & 5/24.

B-Ballers Hoops — **School Wilson High School**

36181	13-17 Yrs	3/1-3/22	4-5 p.m.	Su	$65
36182	13-17 Yrs	4/5-4/26*	4-5:15 p.m.	Su	$65
36183	13-17 Yrs	5/3-5/31*	4-5 p.m.	Su	$65

ADVANCED GYMNASTICS & TUMBLING

This class teaches the fundamentals of the four Olympic artistic gymnastics events - floor exercise, advanced training in uneven para bars, balance beam and vaulting table, and/or advanced tumbling skills. Prerequisites: Intermediate requirements plus back handspring and/or front handspring and/or round off back handspring. Class held at Wilson High School, 4400 E. 10th St. (600 Bldg.), Long Beach.

Cheryl Milgrom — **Wilson High School**

36598	6-17 Yrs	3/4-3/26	6:45-8 p.m.	W Th $120
36599	6-17 Yrs	4/1-4/23	6:45-8 p.m.	W Th $120
36600	6-17 Yrs	5/6-5/28	6:45-8 p.m.	W Th $120

ICE HOCKEY

Pre-requiste: 4 weeks in Beginning Ice Skating and upon evaluation and approval. Learn basic skills necessary to play ice hockey, the fastest growing Southern California High School sport! No sticks or pucks yet. Class fee includes skate rentals, half hour of instruction and free practice session on your registered class day. Practice session time: Thursday 3-5:30 p.m. or Saturday 10:45-11:15 a.m. Dress warmly. Check in early. Pre-registration is required. Class held at The Rinks Lakewood ICE, 3975 PixieAve., Lakewood.

Ice Management LLC — **The Rinks Lakewood ICE**

36409	7-18 Yrs	3/5-3/26	5:30-6 p.m.	Th	$50
36410	7-18 Yrs	3/7-3/28	11:15-11:45 a.m.	Sa	$50
36411	7-18 Yrs	4/2-4/23	5:30-6 p.m.	Th	$50
36412	7-18 Yrs	4/4-4/25	11:15-11:45 a.m.	Sa	$50
36413	7-18 Yrs	4/30-5/21	5:30-6 p.m.	Th	$50
36414	7-18 Yrs	5/2-5/23	11:15-11:45 a.m.	Sa	$50

SHOTOKAN KARATE

Shotokan, a Japanese karate developed from various martial art of "empty hand" fighting. To learn the Shotokan style one begins with humility. Shotokan is not only self defense karate but descipline of the mind. Students of any age will develop valuable self defense skills, self control and self discipline, improve concentration, coordination and focus. Please wear loose fitting clothing (preferably white). Uniforms are available for an additional $40 (regardless of the size). *No class: 4/10 & 4/11.

Antonio Silva — **Bixby Park**

37258	5-17 Yrs	3/6-3/28	6-7 p.m.	F Sa	$50
37259	5-17 Yrs	4/3-4/25	6-7 p.m.	F Sa	$50
37260	5-17 Yrs	5/1-5/30	6-7 p.m.	F Sa	$50

TRADITIONAL KARATE - INTERMEDIATE

Students will learn traditional Japanese style of karate, Itosu-Ryu. Emphasis on self-discipline, manners and respect. Testing is done on an individual basis. Students must have achieved a purple belt or higher in Itosu-Kai. Registration includes access to all other Itosu-Kai classes, both Saturday and Wednesday.

David Crockett — **Recreation Park**

36277	8-17 Yrs	3/4-5/27	5:30-6:30 p.m.	W	$140

David Crockett — **El Dorado Park West**

36278	8-17 Yrs	3/7-5/30	9-10 a.m.	Sa	$140

MIXED MARTIAL ARTS - UPPER BELT

Students will learn Muay Thai Kickboxing, wrestling, and Brazilian Jiu Jitsu for their self defense game. Every class students will train various techniques in standup, takedowns, and submissions. Uniforms are available for $35, shin guards and gloves available for $20 each. Testing fee is $40.

Michael J. Rice — **El Dorado Park West**

36662	6-17 Yrs	3/5-3/27	7-8 p.m.	Th F	$50
36663	6-17 Yrs	4/2-4/30	7-8 p.m.	Th F	$50
36664	6-17 Yrs	5/1-5/29	7-8 p.m.	Th F	$50

ADMIRAL KIDD PARK 2125 SANTA FE AVE. • **FREEMAN COMMUNITY** 1205 FREEMAN AVE.
HOUGHTON PARK TEMPORARILY LOCATED AT **COOLIDGE PARK** 352 NEECE ST.
CESAR CHAVEZ PARK 401 GOLDEN AVE. • **SILVERADO PARK** 1545 W. 31ST
MCBRIDE PARK 1550 MARTIN LUTHER KING JR. AVE.

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SEE PAGE 55 FOR CLASS REGISTRATION FORM

ADULT CLASSES

ADAPTIVE RECREATION

SPECIAL OLYMPICS "TOP FLIGHT ON ICE"

Pre registration required. This class is specifically designed for the Special Needs Community. All skaters will learn to skate with a qualified instructor. Skaters will learn to skate forward and backward, and gain confidence to skate on their own. Class fee includes skate rental, half hour of instruction and free practice session on your registered class day. Practice session times: Wed 7:10-7:40 p.m. or Sat 10:45-11:15 a.m. Dress warmly. Check in early. Class held at The Rinks Lakewood ICE, 3975 Pixie Ave., Lakewood.

Ice Management LLC — **The Rinks Lakewood ICE**

36421	12 Yrs+	3/4-3/25	6:10-6:40 p.m.	W	$50
36422	12 Yrs+	3/7-3/28	9:45-10:15 a.m.	Sa	$50
36423	12 Yrs+	4/1-4/22	6:10-6:40 p.m.	W	$50
36424	12 Yrs+	4/4-4/25	9:45-10:15 a.m.	Sa	$50
36425	12 Yrs+	4/29-5/20	6:10-6:40 p.m.	W	$50
36426	12 Yrs+	5/2-5/23	9:45-10:15 a.m.	Sa	$50

ART AND CULTURAL

AMAZING ART

Learn artists techniques in a relaxing, fun and friendly class setting. Beginners through professional artist welcomed. All supplies and acrylic paints furnished. Bring a 8"x10" color photo and a 8"x10" black and white paper copy to first class. Beginners: No abstracts, impressionist or portraits your first time. Material fee: $20.

Mary Crowder — **Heartwell Park**

36283	10 Yrs+	3/5-3/26	7-9 p.m.	Th	$45
36284	10 Yrs+	4/9-4/30	7-9 p.m.	Th	$45
36287	10 Yrs+	5/7-5/28	7-9 p.m.	Th	$45

APPLIQUE IN THE PARK NEW

This is a hand appliqué class in which students can work on their own projects or a class project. No machines. Hand appliqué is portable and relaxing!

Sandra Szladek — **Wardlow Park**

37734	18 Yrs+	3/22, 4/5, 5/24	12:30-4:30 p.m.	Su	$33

ARTIST WALK-IN

Come join other artists. Bring your own supplies. Artists need artists. Learn from each other in a friendly atmosphere. All medias welcomed. Fee per person, per class. *No class: 3/3.

Mary Crowder — **Heartwell Park**

36290	10 Yrs+	3/5-3/26	7-9 p.m.	Th	$5
36291	10 Yrs+	4/9-4/30	7-9 p.m.	Th	$5
36292	10 Yrs+	5/7-5/28	7-9 p.m.	Th	$5

Mary Crowder — **College Estates Park**

36296	10 Yrs+	3/10-3/31*	10 a.m.-noon	Tu	$5
36297	10 Yrs+	4/7-4/28	10 a.m.-noon	Tu	$5
36298	10 Yrs+	5/5-5/26	10 a.m.-noon	Tu	$5

BEGINNING SEWING - THE APRON

Make an apron and optional oven mitten while learning skills such as machine use and maintenance, cutting, following pattern instructions and basic sewing techniques. Learn about textiles, sewing tools and equipment. Class fee includes the pattern and use of sewing machine. No prior sewing experience needed. Please visit www.SewVacLtd.com for supply list. Students 16-17 years old must be accompanied by an enrolled adult. Class held at Sew Vac Limited, 1762 Clark Ave., Long Beach.

Sew Vac Inc. — **Sew Vac Limited**

37249	18 Yrs+	4/27-5/11	6:30-9 p.m.	M W	$59
37250	18 Yrs+	5/2-5/30	2-4:30 p.m.	Sa	$59

BEGINNING SEWING - THE TOTE BAG

Make a roomy zippered tote bag with lots of pockets while learning sewing skills such as rotary cutting, using a sewing machine, zipper insertion, seam finishing and pressing. Fee includes pattern and use of a sewing machine. Please visit www.SewVacLtd.com for supply list. Class held at Sew Vac Limited, 1762 Clark Ave., Long Beach. *No class: 5/5.

Sew Vac Inc. — **Sew Vac Limited**

37251	18 Yrs+	4/30-5/21*	6-9 p.m.	Tu Th	$69

BEYOND BEGINNING PHOTOGRAPHY

Learn to make photographs with improved color, sharpness and detail. Topics include exposure, white balance, flash, photographs close-up and low light. Bring your digital camera (with adjustable shutter and aperture) and owner's manual. Saturday field session: April 11 from 1-3 p.m. Material fee: $5.

Craig Fucile — **El Dorado Park West**

36359	16 Yrs+	3/16-4/13	7-9 p.m.	M	$55

BEYOND BEGINNING SEWING

This class is designed for students with basic sewing skills and experience following a pattern. Students will make a tunic top, unisex adult or children's pajama bottoms, skirt or kimono robe while learning additional skills such as inserting sleeves, seam finishing and attaching facings. Fee includes pattern and use of sewing machine. Please visit www.SewVacLtd.com for supply list. Class held at Sew Vac Limited, 1762 Clark Ave., Long Beach. *No class: 3/21.

Sew Vac Inc. — **Sew Vac Limited**

37252	18 Yrs+	3/7-3/28*	1:30-4:30 p.m.	Sa	$45
37253	18 Yrs+	5/8-5/22	2-5 p.m.	F	$45

CERAMICS WORKSHOP

Learn basic ceramics techniques: coiling, slabbing, wheel, glazing, mold making and sculpture. All skill levels welcome. We fire to cone 6. Bring notepad, pencil and material fee to first class. Additional supplies will be needed, instructor will provide the list. Material fee: $27.

Anita Sinclair — **Bixby Park**

37141	16 Yrs+	3/1-3/22	1:30-4:30 p.m.	Su	$30
37140	16 Yrs+	3/2-3/23	9 a.m.-12 p.m.	M	$30
37138	16 Yrs+	3/4-3/25	6-9 p.m.	W	$30

Anita Sinclair — **DeForest Park**

37139	16 Yrs+	3/3-3/24	6-9 p.m.	Tu	$30

DRAWING FUNDAMENTALS

Yes. You CAN learn to draw. It is a skill that everyone can learn with practice. In this course, you will learn how to draw through a series of skill based focused exercises. You will learn contour line, positive/negative space, value, perspective, shading, composition, and more. Bring a 9"x12' sketchbook and pencil to first class.

Anita Sinclair — **Bixby Park**

37142	16 Yrs+	3/3-3/23	12:30-3:30 p.m.	M	$30

DRAWING FUNDAMENTALS: EMPHASIS ON FUN! NEW

Anyone can draw - this means you! Whether your goal is to be able to draw from life, photos, or imagination, this fun and easy introductory class will help. We will cover line drawing, negative space, sighting and measuring, perspective and shading techniques. $40 material fee (due in cash on first day of class) supplies all drawing materials (pencils, graphite sticks, vine charcoal and compressed charcoal, pastel pencils, erasers and pencil sharpeners), 9"x12" sketchbook, ruler, and paper. *No class: 3/1.

Moira Hahn — **El Dorado Park West**

37727	18 Yrs+	3/8-4/5*	2:30-4:30 p.m.	Su	$75
37728	18 Yrs+	4/19-5/24	2:30-4:30 p.m.	Su	$75

FAST QUILT

Come join the fun! Fast Quilt consists of making quilts with a sewing machine. You can do your own thing or do the class project. This class is suitable for the beginner or more advanced. Material list at first class. You will need a sewing machine in good working condition. *No class: 5/27.

Sandra Szladek — **Wardlow Park**

37264	18 Yrs+	4/1-5/6	6:30-9 p.m.	W	$33
37265	18 Yrs+	5/13-6/24*	6:30-9 p.m.	W	$33

KNITTING - BEGINNING & BEYOND

Beginning or beyond, simple or spectacular. Learn or continue to knit in a welcoming and relaxed atmosphere. You will be delighted and inspired by all of the options waiting for you in the world of yarn. You can choose to advance current skills to take your knitting to the next level. Material fee: $20-$30. Class held at Alamitos Bay Yarn Company, 174 Marina Dr., Long Beach.

Sandra Carter — **Los Alamitos Bay Yarn Company**

36252	18 Yrs+	3/3-3/24	6-7:30 p.m.	Tu	$55
36253	18 Yrs+	4/7-4/28	6-7:30 p.m.	Tu	$55

NUTS & BOLTS OF QUILTING

Learn to quilt or improve your quilting skills by making a wall hanging or table runner. The skills you will learn include: rotary cutting, piecing, sandwiching and binding a quilt, and elementary machine quilting which will provide the foundation for all types of quilting. No prior sewing experience is required. Fee includes instructions and use of a sewing machine. Class held at Sew Vac Limited, 1762 Clark Ave., Long Beach. *No class: 3/19, 3/24 & 3/26.

Sew Vac Inc. — **Sew Vac Limited**

37254	18 Yrs+	3/5-4/2*	6-9 p.m.	Tu Th	$69

OIL PAINTING

Representational oil painting of still life arrangements and landscapes from observation. All skill levels welcome. With focus on techniques, skill building, color mixing, composition and conceptual skills.

Anita Sinclair — **Bixby Park**

37143	16 Yrs+	3/1-3/22	10 a.m.-1 p.m.	Su	$55

OPEN STUDIO WORKSHOP

Join our vibrant community of fellow artists in instructor guided open studio sessions. We strive to foster creativity in an atmosphere of conversation and encouragement. Bring your projects, art supplies, and tools. All medias welcome. Walk in fee available.

Anita Sinclair — **Bixby Park**

37134	16 Yrs+	3/5-3/2	6-9 p.m.	Th	$30
37135	16 Yrs+	4/2-4/23	6-9 p.m.	Th	$30
37763	16 Yrs+	4/30-5/21	6-9 p.m.	Th	$30

PALETTE UP!

Indulge your inner muse in this one-class watercolor session. Curious newcomers and seasoned creators alike will face suitable challenges and finish a masterpiece of their own! Each class features a unique project, painting fundamentals, and options for customizing with advanced techniques. Paired with refreshments for ideal relaxing and creative atmosphere! Material fee: $3. Class held at Los Alamitos Community Center, 10911 Oak St., Los Alamitos.

Art Innovators — **Los Alamitos Community Center**

37071	13 Yrs+	4/18-4/18	2-3:30 p.m.	Sa	$25
37072	13 Yrs+	5/16-5/16	2-3:30 p.m.	Sa	$25
37073	13 Yrs+	6/13-6/13	2-3:30 p.m.	Sa	$25

PORTRAIT WORKSHOP

Come draw or paint live models with our national award winning artist instructor, Ying Liu. Bring medium of choice: pencil (with drawing board), charcoal, pastel, oil, watercolor or acrylic. Simple easels and drawing horses are available for use. Demos and instruction are provided upon request. $5 model fee payable to instructor each class. Class held at Los Alamitos Community Center, 10911 Oak St., Los Alamitos. *No class: 5/9 & 5/30.

Ying Liu — **Los Alamitos Community Center**

36539	16 Yrs+	4/11-6/13*	9 a.m.-noon	Sa	$94

SANDY'S SECRET QUILT PROJECT NEW

This is a project based class - every month there will be a new one! Students may also bring their own project to work on. Please bring own sewing machine. *No class: 3/22, 3/29, 4/5, 4/12 & 5/3.

Sandra Szladek — **Wardlow Park**

37731	18 Yrs+	3/8-5/17*	12:30-4:30 p.m.	Su	$48

SEWING MACHINE BOOT CAMP

Do you have a sewing machine you don't know how to use or are afraid to use? Learn how to use and maintain it and find out what all the knobs, buttons and accessories do. Please visit: www.SewVacLtd.com to download the supply list. No toy machines or sergers. Class held at Sew Vac Limited, 1762 Clark Ave., Long Beach.

Sew Vac Inc. — **Sew Vac Limited**

37255	18 Yrs+	3/11-3/11	6-9 p.m.	W	$30
37256	18 Yrs+	4/4-4/4	1:30-4:30 p.m.	Sa	$30
37257	18 Yrs+	5/18-5/18	6-9 p.m.	M	$30

WATERCOLOR! PURE & SIMPLE

Explore innovative watercolor techniques to create rich colors and dynamic paintings. Progressive projects include flat wash, gradients, wet-into-wet, dry brush, salt wash, masking, textures and transfers. For all levels; beginners welcome! Returning students offered new projects. Optional $25 material fee for complete supply kit and book, payable in cash at first meeting. *No class: 3/1.

Moira Hahn — **El Dorado Park West**

37243	18 Yrs+	3/8-4/5*	10 a.m.-noon	Su	$75
37244	18 Yrs+	4/19-5/24	10 a.m.-noon	Su	$75

DANCE

2 STEP & SWING

Grab your boots and learn the latest dance patterns. You'll also do the East Coast swing in this class. No partner or experience needed. Class held at the Weingart Senior Center, 5220 Oliva Ave., Lakewood.

Janet Karter — **Weingart Senior Center**

36072	18 Yrs+	2/19-3/25	7-8 p.m.	W	$36
36073	18 Yrs+	4/8-5/13	7-8 p.m.	W	$36

80'S DANCE WORKOUT!

Can you feel it? Bust out the leg warmers, sweatbands, and neon and let's get physical! A jazzy way to go old school while burning the calories to your favorite 80's hits! Class held at Marina Community Center, 151 Marina Dr., Seal Beach.

Anne Pennypacker — **Marina Community Center**

37293	18 Yrs+	3/11-4/8	6:30-7:15 p.m.	W	$68
37294	18 Yrs+	4/29-5/27	6:30-7:15 p.m.	W	$68

ADULT TAP

An amazing workout and fun at the same time! This class is for those who have wanted to tap or have had tap dancing before. Explore various styles of tap in fun routines. Marina Community Center, 151 Marina Dr., Seal Beach.

Anne Pennypacker — **Marina Community Center**

37295	18 Yrs+	3/12-4/9	7:15-8 p.m.	Th	$68
37296	18 Yrs+	4/30-5/28	7:15-8 p.m.	Th	$68

ALMOST BALLET

Learn to dance at any age. Class includes warm-ups, stretching, floor exercises, pilates, cool down and relaxation exercises. Please bring a mat and wear ballet slippers or socks. Fee per person, per class.

Mildred Caudillo — **El Dorado Park West**

36254	18 Yrs+	3/6-3/27	10-11:15 a.m.	F	$5
36255	18 Yrs+	4/3-4/24	10-11:15 a.m.	F	$5
36256	18 Yrs+	5/1-5/29	10-11:15 a.m.	F	$5

ARGENTINE TANGO

Friendly and patient instruction awaits for this beginner class. 8-count basic, ochos (forward/back), turns and walks. Partner is recommended. Fee per person, per class.

Mildred Caudillo — **Wardlow Park**

36257	18 Yrs+	3/6-3/27	6:45-8:30 p.m.	F	$10
36258	18 Yrs+	4/3-4/24	6:45-8:30 p.m.	F	$10
36259	18 Yrs+	5/1-5/29	6:45-8:30 p.m.	F	$10

BELLY DANCE

A fun fitness and energizing dance. Burn calories, reduce stress, increase self-esteem, and trim/tone your body with graceful movements. Strengthen back and stomach muscles, improve stamina and flexibility to exotic music. The beginning class meets at 6:15 p.m., intermediate meets at 7:30 p.m. and advanced meets at 8:45 p.m.

Fahtiem — **Wardlow Park**

36336	14 Yrs+	3/2-3/30	6:15-7:15 p.m.	M	$39
36338	14 Yrs+	3/2-3/30	7:30-8:30 p.m.	M	$39
36340	14 Yrs+	3/2-3/30	8:45-9:45 p.m.	M	$39
36337	14 Yrs+	4/20-5/18	6:15-7:15 p.m.	M	$39
36339	14 Yrs+	4/20-5/18	7:30-8:30 p.m.	M	$39
36341	14 Yrs+	4/20-5/18	8:45-9:45 p.m.	M	$39

LINE DANCING

Line dancing to all types of music is fun to do at clubs, parties, everywhere. Learn new routines each week. A fun workout. Come with a friend. No experience needed. Class held at the Weingart Senior Center, 5220 Oliva Ave., Lakewood.

Janet Karter — **Weingart Senior Center**

36074	18 Yrs+	2/19-3/25	6-7 p.m.	W	$36
36075	18 Yrs+	4/8-5/13	6-7 p.m.	W	$36

WEST COAST SWING, NIGHTCLUB & MORE!

This class will get you and your partner dancing swinging styles of rhythm dances from the West coast to the East coast! With fun music from blues to big band, to popular fast music of today, you will be a star on all the dance floors! Class held at Marina Community Center, 151 Marina Dr., Seal Beach.

Anne Pennypacker — **Marina Community Center**

37317	18 Yrs+	3/11-4/8	7:15-8 p.m.	W	$68
37318	18 Yrs+	4/29-5/27	7:15-8 p.m.	W	$68

DOG TRAINING

BEGINNING DOG OBEDIENCE

Help your dog develop respect for you and become a reliable, well-mannered member of your family without the use of food in training. All breeds, 5 months and older (large breeds 4 months), may enroll. AKC Novice obedience exercises and discussion on correcting behavior problems such as destructive chewing, jumping up, digging, etc. Trophies and certificates awarded at graduation. First meeting WITHOUT dogs. Bring shot records, lawn chair, $10 material fee (includes training manual). Visit www.DogClassInfo.com or call (714) 532-3647 if you have any questions. Tuesday class held at San Martin Park, 5231 Ocana Ave., Lakewood. Thursday class held at El Dorado Park Hockey Court. *No class: 4/9.

Dog Services Unlimited — **El Dorado Park West Hockey Court**

36299	10 Yrs+	3/19-5/7*	7:45-8:45 p.m.	Th	$98

Dog Services Unlimited — **San Martin Park**

36300	10 Yrs+	4/14-5/26	7-8 p.m.	Tu	$98

DOG BEHAVIOR TRAINING 101 POSITIVE REINFORCEMENT

Help your dog become a well-behaved family member without the use of fear or intimidation (no choke chains/prong collars). Learn a variety of real-life rewards and consequences and how to decrease rewards as behaviors are learned. Class covers foundation behaviors, basic commands used in real-life, and more! Dogs four months and older with current vaccines. Contact (714) 821-6622 or CrossroadsPetResort.com for more information. Material fee: $10. *No class: 4/11.

Crossroads Country Club Pet Resort — **Marina Vista Park**

36281	10 Yrs+	4/4-5/9*	9:30-10:30 a.m.	Sa	$95

DOG BEHAVIOR TRAINING 201 POSITIVE REINFORCEMENT

Continue to enhance your relationship with your dog by building on the foundation behaviors you learned in our 101 class. Practice more advanced real life commands with added distance, duration, distractions and more! Vaccines must be current. For more information: (714) 821-6622 or CrossroadsPetResort.com. Material fee: $10. *No class: 4/11.

Crossroads Country Club Pet Resort — **Marina Vista Park**

36282	10 Yrs+	4/4-5/9*	10:30-11:30 a.m.	Sa	$95

DOG MANNERS - "CRASH COURSE"

Accomplish your dog training goals and correct behavior problems in just four 75 minute lessons! Please pre-register so instructor can brief you before the first meeting. Obedience commands include: heel on leash, sit and down on command, stay with distractions, and come when called. Bring $5 insurance fee and shot records. Questions? Call Dog Services: (714) 532-3647 or visit www.DogClassInfo.com. Thursday class held at Laurel Park Tennis Court, 4041 Katella Ave., Los Alamitos. Saturday class held at El Dorado Park Hockey Court. Material fee: $5.

Dog Services Unlimited — **El Dorado Park West Hockey Court**

36301	10 Yrs+	4/4-4/25	1:15-2:30 p.m.	Sa	$86

Dog Services Unlimited — **Laurel Park**

36302	10 Yrs+	4/2-4/23	6-7:15 p.m.	Th	$86

PUPPY KINDERGARTEN

Start your new puppy out on the right paw! Pups ages 2-5 months will learn socialization and basic commands (sit, stay, come, and walk nicely on a leash). Includes help with puppy behavior problems (chewing/teething, housebreaking, jumping, etc.). First meeting WITHOUT puppies. Bring lawn chair and current shot records. For more information please visit: www.DogClassInfo.com or call (714) 532-3647. Material fee: $10. Class held at El Dorado Park Hockey Court.

Dog Services Unlimited — **El Dorado Park West Hockey Court**

36303	10 Yrs+	4/4-5/9	noon-1 p.m.	Sa	$88

ENRICHMENT

FASHION MAKEUP - CLASSIC TO GLAMOUR

Part One: "Creating the Classic Face" Designed for beginners, learn the fundamentals of fashion makeup while creating the "Classic Face", a makeup style for every day. Learn how to apply foundation, eye shadows, eyeliners, mascara, powder, blush, and more. Part Two: "Creating the Glamorous Face" Learn how to transform the "Classic Face" into the "Glamorous Face" for those special events. Techniques taught include; Smokey Eyes, Highlighting, Contouring, and more. All products and supplies included for both parts of this series. For questions, contact instructor: rbnimis@yahoo.com.

Rodolfo Nimis — **Heartwell Park**

36628	16 Yrs+	3/8-3/8	noon-4 p.m.	Su	$75
36629	16 Yrs+	4/5-4/5	noon-4 p.m.	Su	$75
36630	16 Yrs+	5/17-5/17	noon-4 p.m.	Su	$75

HORSE FUN

Relive your childhood dream! Get your boots on and get down to the ranch! Learn how to halter, groom, saddle and basic riding. Basic horsemanship and safety will be taught. Wear riding boots, jeans and riding helmet. Material fee: $30. Class held at El Rodeo Stables, 4449 Carbon Canyon Rd., Brea.

Fun With Horses — **El Rodeo Stables**

36366	13 Yrs+	3/7-3/28	3-4 p.m.	Sa	$85
36367	13 Yrs+	4/4-4/25	3-4 p.m.	Sa	$85
36371	13 Yrs+	5/2-5/23	3-4 p.m.	Sa	$85

FITNESS

40-30-20 INTERVAL TRAINING

A new body, a new you! Lose fat while increasing your strength, endurance, flexibility, and cardiovascular fitness with workouts that are fun, challenging, and never boring. Become lean, agile, strong, toned during 40, 30, and 20 second Tabata Boot Camp-style exercise intervals that change your body and give you lasting results. All fitness levels welcome. Bring mat. Walk-in fee available.

Tami Santy — **Recreation Park**

36030	16 Yrs+	3/2-3/23	6-6:45 p.m.	M	$44
36031	16 Yrs+	3/30-4/20	6-6:45 p.m.	M	$44
36032	16 Yrs+	4/27-5/18	6-6:45 p.m.	M	$44

AEROBICS LITE

Great for starters! Great if you're getting back into exercise! Music has a slower tempo and aerobic moves are easy to follow. Bring a mat, light hand weights (1-5 lbs) and water. Walk in fee available.

Tracey Wiltse — **Recreation Park**

37102	18 Yrs+	3/2-3/30	8:30-9:30 a.m.	M W F	$35
37103	18 Yrs+	4/1-4/29	8:30-9:30 a.m.	M W F	$35
37104	18 Yrs+	5/4-5/29	8:30-9:30 a.m.	M W F	$35

AFFIRMATIONS & HATHA YOGA

Hatha yoga is a gentle, yet complete system of health and fitness that helps us attain optimum wellness and vitality. It includes deep breathing techniques, stretching exercise, positive affirmations and ending with a complete relaxation oneness with the body, mind and spirit.

Irene Holsters — **El Dorado Park West**

36375	18 Yrs+	3/9-4/13	6:45-8 p.m.	M	$60
36377	18 Yrs+	3/11-4/15	6:45-8 p.m.	W	$60
36376	18 Yrs+	4/20-5/25	6:45-8 p.m.	M	$60
36378	18 Yrs+	4/22-5/27	6:45-8 p.m.	W	$60

B.L.A.S.T. TOTAL BODY FITNESS

This full-body workout boosts your metabolism, blasts away inches and helps you Become Lean, Agile, Strong, Toned with the perfect combination of strength, cardio and agility/sports movements. We will use body weight, kettlebells, agility ladders, battle ropes, and other fitness toys – each workout is unique, challenging, and fun. All levels welcome. Bring dumbbells and mat. Walk in fee available.

Tami Santy — **El Dorado Park West**

36036	16 Yrs+	3/3-3/24	6-7 p.m.	Tu	$44
36037	16 Yrs+	3/31-4/21	6-7 p.m.	Tu	$44
36038	16 Yrs+	4/28-5/19	6-7 p.m.	Tu	$44

CAPOEIRA NEW

Frequently called the Art of Deception, Capoeira is a dynamic hybrid that combines martial arts, music, dance and acrobatics. Participants increase flexibility, balance and stamina during this total body workout. Please wear loose fitting clothing (no shorts) and prepare to train with bare feet. Class held at The Centre, 5000 Clark Ave., Lakewood.

Courtney Day Claverie — **The Centre**

36270	12 Yrs+	3/3-3/31	7:45-9 p.m.	Tu Th	$90
36271	12 Yrs+	4/2-4/30	7:45-9 p.m.	Tu Th	$90
36272	12 Yrs+	5/5-5/28	7:45-9 p.m.	Tu Th	$80

Bixby Dog Park
130 Cherry Ave.

Coolidge Dog Park
352 E. Neece St.

El Dorado Dog Park
7500 E. Spring St.

Gayle Carter Dog Park
4600 Long Beach Blvd.

Jackson Street Dog Park
1 Jackson St.

K-9 Corner Dog Park
9th and Pacific Ave.

Recreation Dog Park
4900 E. 7th St.

Rosie's Dog Beach
1 S. Granada Ave.

Seaside Dog Zone Park
Seaside Way @ Linden Ave.

Wrigley Heights Dog Park
3401 Golden Ave.

Your dog is welcome at 10 park facilities throughout the city. Hours vary by park, please visit our website for rules, regulations and more information at: www.lbparks.org.

DYNAMIC HATHA YOGA FOR HEALTH & WELLNESS

Dr. Arnette combines many styles of yoga for an enlivening and healing practice of yoga. His blend of ansana, breathing, meditation, vinyasa, knowledge, wisdom and insight creates a well-balanced and fun class! Come practice with us. Please bring an able body, mat, strap, blanket and blocks. Walk in fee available.

David Allen Arnette — **Whaley Park**

36125	16 Yrs+	3/3-3/31	6-7:30 p.m.	Tu Th	$86
36131	16 Yrs+	3/3-3/31	6-7:30 p.m.	Tu	$55
36134	16 Yrs+	3/5-3/26	6-7:30 p.m.	Th	$44
36126	16 Yrs+	4/2-4/30	6-7:30 p.m.	Tu Th	$86
36135	16 Yrs+	4/2-4/30	6-7:30 p.m.	Th	$55
36132	16 Yrs+	4/7-4/28	6-7:30 p.m.	Tu	$44
36127	16 Yrs+	5/5-5/28	6-7:30 p.m.	Tu Th	$76
36133	16 Yrs+	5/5-5/26	6-7:30 p.m.	Tu	$44
36136	16 Yrs+	5/7-5/28	6-7:30 p.m.	Th	$44

CSI - CARDIO SCULPT LOW-IMPACT AEROBICS

CSI-Low Impact Aerobics says it all with a bit of Latin flavor! Increase cardio endurance, build core strength plus balance with mat pilates, weights and bands. Interval format Wednesday. All fitness levels. Bring mat, water and weights. Walk-in fee available. *No class: 5/25.

Marilynn Bodnar — **El Dorado Park West**

36209	12 Yrs+	3/2-3/30	5:30-6:30 p.m.	M W	$25
36210	12 Yrs+	4/1-4/29	5:30-6:30 p.m.	M W	$25
36211	12 Yrs+	5/4-5/27*	5:30-6:30 p.m.	M W	$25

FUSION PILATES CONDITIONING

A wonderful mix of mindful pilates, classical yoga and therapeutic stretching that makes this class unique. This class will focus on core stability, natural alignment and relieving tension. You will feel revitalized! Bring a mat and water. For more information please visit: www.evelyngrauten.com. Walk in fee available. *No class: 4/8 & 4/10.

Evelyn Grauten — **Recreation Park**

37235	16 Yrs+	3/4-3/27	9:45-10:45 a.m.	W F	$75
37236	16 Yrs+	4/1-4/29*	9:45-10:45 a.m.	W F	$75
37237	16 Yrs+	5/1-5/29	9:45-10:45 a.m.	W F	$75

KUNDALINI YOGA & MEDITATION

Kundalini yoga and meditation is a process of self discovery. You will learn skills to gain a strong nervous system, immune system, vital glands and good circulation. The meditations guide your awareness to create new mental, emotional and attitudinal patterns. With regular practice you will gain the tremendous benefits of vitality of body and clarity of mind. Walk in fee available. *No class: 4/12.

Seventh Chakra Yoga — **El Dorado Nature Center**

37096	18 Yrs+	3/8-3/29	11 a.m.-12:30 p.m.	Su	$75
37097	18 Yrs+	4/5-4/26*	11 a.m.-12:30 p.m.	Su	$60
37098	18 Yrs+	5/3-5/24	11 a.m.-12:30 p.m.	Su	$75

PILATES BARRE FITNESS

This is a unique form of fitness. Enjoy a series of core, leg, and arm strengthening exercises using various pilates equipment, provided by instructor. A portable balance barre, also provided, will help to improve your stability. For more information visit: www.evelyngrauten.com. Walk in fee available. *No class: 4/8

Evelyn Grauten — **Recreation Park**

37227	16 Yrs+	3/4-3/25	11 a.m.-noon	W	$36
37228	16 Yrs+	4/1-4/29*	11 a.m.-noon	W	$36
37229	16 Yrs+	5/6-5/27	11 a.m.-noon	W	$36

POWER BARRE

Power Barre is a smooth flowing workout that tones the entire body while improving balance and flexibility. Nonstop movements are performed at two tempos; fast intervals burn fat, the same motions at a slower pace build muscle. A bar is used to achieve optimum positioning, 1 or 2 lbs weights for the arms, with an 8 inch soft ab ball. Find us on Facebook at Power Fitness Lakewood. Class held at the U.S. Taekwondo Academy, 12233 Centralia St., Lakewood.

Cynthia Markopulos — **U.S. Taekwondo Academy**

36545	13 Yrs+	3/2-3/30	7:10-8 p.m.	M Th	$70
36546	13 Yrs+	4/2-4/30	7:10-8 p.m.	M Th	$70
36547	13 Yrs+	5/4-5/28	7:10-8 p.m.	M Th	$65

POWER TAE FITNESS

Power Tae Fitness is a great workout to lose weight fast and tone your muscles. This class combines Taekwondo, cardio, boxing and cardio-weight movements done to high energy up beat music. Add this fun class to your weekly routine to see the results you've been looking for. Find us on Facebook at Power Fitness Lakewood. Class held at the U.S. Taekwondo Academy, 12233 Centralia St., Lakewood. *Wednesday class is held from 7:10-8 p.m. and Saturday from 8:30-9:20 a.m.

Cynthia Markopulos — **U.S. Taekwondo Academy**

36548	13 Yrs+	3/4-3/28	7:10-8 p.m.	W Sa	$70
36549	13 Yrs+	4/1-4/29	7:10-8 p.m.	W Sa	$70
36550	13 Yrs+	5/2-5/30	8:30-9:20 a.m.	W Sa	$70

POWER TAE REMIX FITNESS NEW

A combo of Taekwondo and kickboxing done to high energy music. This workout incorporates kicking and punching for a dynamic, challenging experience. You'll keep your body guessing as our trainers motivate and inspire you to empower your power with every style of kick and punch throughout the rounds. This class takes the spirit and movement of professional kickboxing and turns it into a fun fitness challenge focused on cardiovascular health. For more information visit: www.jgparksmartialarts.com. Class held at U.S. Taekwondo Academy, 12233 Centralia St., Lakewood.

Cynthia Markopulos — **U.S. Taekwondo Academy**

36551	13 Yrs+	3/5-3/26	7:10-8 p.m.	Th	$50
36552	13 Yrs+	4/2-4/30	7:10-8 p.m.	Th	$50
36553	13 Yrs+	5/7-5/28	7:10-8 p.m.	Th	$50

PURE PILATES NEW

This pilates mat class is designed to tone your entire body while building strength where needed. Evelyn will teach you how to work mindfully so that you can progress in your fitness level. All levels welcome. Bring an exercise mat. *No class: 4/9.

Evelyn Grauten — **Wardlow Park**

37740	16 Yrs+	3/5-3/26	9-10 a.m.	Th	$36
37741	16 Yrs+	4/2-4/30*	9-10 a.m.	Th	$36
37742	16 Yrs+	5/7-5/28	9-10 a.m.	Th	$36

TAI CHI & QIGONG

A peaceful, ancient Chinese exercise that relaxes the mind and body through slow, controlled movements. Tai Chi and Qigong helps enhance balance and memory. *Returning students only on Tuesdays.

Howard Richner — **Recreation Park**

37090	18 Yrs+	3/3-4/7	7-8:30 p.m.	Tu	$50
37091	18 Yrs+	4/14-5/19	7-8:30 p.m.	Tu	$50

Howard Richner — **Bixby Park**

37092	18 Yrs+	3/5-4/9	7:30-9 p.m.	Th	$50
37094	18 Yrs+	3/7-4/11	9:30-11 a.m.	Sa	$50
37093	18 Yrs+	4/16-5/21	7:30-9 p.m.	Th	$50
37095	18 Yrs+	4/18-5/23	9:30-11 a.m.	Sa	$50

YOGA WITH LACEY NEW

This all levels, alignment-based yoga class will include various poses and movement focused upon strength, stretch and balance. Breathing and relaxation techniques are also explored to link both mind and body awareness. Please bring a yoga mat, blocks and strap. Walk in fee available.

Lacey Marsac — **Wardlow Park**

36060	16 Yrs+	3/4-3/25	6:15-7:15 p.m.	W	$32
36063	16 Yrs+	3/4-3/25	7:30-8:30 p.m.	W	$32
36061	16 Yrs+	4/1-4/29	6:15-7:15 p.m.	W	$40
36064	16 Yrs+	4/1-4/29	7:30-8:30 p.m.	W	$40
36062	16 Yrs+	5/6-5/27	6:15-7:15 p.m.	W	$32
36065	16 Yrs+	5/6-5/27	7:30-8:30 p.m.	W	$32

ZUMBA® EN ESPAÑOL

A Zumba class in Spanish! Have fun while you tone up and dance the stress away. Una clase de Zumba en Espanol! Diviertete y mantente saludable. Despidete del estres y disfrutate a lo maximo mientras tonificas tu cuerpo. Precio por persona, por clase. Clase en el Parque Silverado. *No class: 3/3.

Carmen Valdivia — **Silverado Park**

37108	15 Yrs+	3/5-3/31*	9-10 a.m.	Tu Th	$2
37109	15 Yrs+	4/2-4/30	9-10 a.m.	Tu Th	$2
37110	15 Yrs+	5/5-5/28	9-10 a.m.	Tu Th	$2

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Speed Spanish Online

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GUAVA GROOVE UKULELE - BEGINNING

This class will present all the information you need to get strumming! You will learn to understand chord charts, basic strumming and rhythm. Bring a ukulele and a pencil and I'll see you there! Material fee: $2.

Hoku Bray — **Stearns Champions Park**

36215	16 Yrs+	3/5-4/9	6-7 p.m.	Th	$65
36217	16 Yrs+	4/16-5/21	6-7 p.m.	Th	$65

GUAVA GROOVE UKULELE PLAYERS

Guava Groove Ukulele Players goes beyond basic chords and ukulele fundamentals. In this class we take a look at tablature, music notation, and more complex arrangements. It is recommended that students first complete the Beginning Ukulele course. Material fee: $2.

Hoku Bray — **Stearns Champions Park**

36216	16 Yrs+	3/5-4/9	7-8 p.m.	Th	$65
36218	16 Yrs+	4/16-5/21	7-8 p.m.	Th	$65

SPORTS

FENCING

An ancient art of noble defense to a modern Olympic sport, fencing can be enjoyed by everyone. Learn the basics of foil fencing (stance, attacks and defenses) and improve your coordination, balance and mental agility. Wear loose clothing and tennis shoes. Pre-registration required. Material fee: $10 in cash due on first day of class.

Orange Coast Fencing Academy — **Whaley Park**

37765	8 Yrs+	3/10-3/31	7:35-9:25 p.m.	Tu	$50
37766	8 Yrs+	4/7-4/28	7:35-9:25 p.m.	Tu	$50
37767	8 Yrs+	5/5-5/26	7:35-9:25 p.m.	Tu	$50

JUJITSU

Japanese Jujitsu self defense. Students learn escapes, throws, locks, and holds to control a larger opponent from one-on-one instruction with 40 years of self defense experience. Class is for beginners and advanced students. New students start first Monday or Wednesday of each month. www.LakewoodBudoKai.com. *No class: 5/25.

Russell Kelley — **Stearns Champions Park**

36507	13 Yrs+	3/2-3/30	6:30-7:30 p.m.	M W F	$45
36508	13 Yrs+	4/1-4/29	6:30-7:30 p.m.	M W F	$45
36509	13 Yrs+	5/4-5/29*	6:30-7:30 p.m.	M W F	$45

KARATE

Okinawan Shorin Ryu Karate; learn blocks, punches, strikes, and kicks to defend against an attack from one-on-one instruction with 40 years of self-defense. Class is for beginners and advanced students. New students start first Monday or Wednesday of each month. www.LakewoodBudoKai.com. *No class: 5/25.

Russell Kelley — **Stearns Champions Park**

36510	13 Yrs+	3/2-3/30	7:30-8:30 p.m.	M W F	$45
36511	13 Yrs+	4/1-4/29	7:30-8:30 p.m.	M W F	$45
36512	13 Yrs+	5/4-5/29*	7:30-8:30 p.m.	M W F	$45

KARATE

Japanese Karate retains all the traditions of this ancient art. The philosophy and rules of karate will help develop a better form of discipline and respect. Consistent training helps students become stronger and develop confidence. Karate will teach students the customs and courtesies of Japanese culture. Uniforms are available for an additional amount. More information will be given during the first class. *No class: 3/2 & 5/25.

Jony Martinez — **Cesar Chavez Park**

36578	12 Yrs+	3/4-3/30*	7:15-8:30 p.m.	M W F	$75
36579	12 Yrs+	4/1-4/29	7:15-8:30 p.m.	M W F	$75
36580	12 Yrs+	5/1-5/29*	7:15-8:30 p.m.	M W F	$75

SHOTOKAN KARATE

Shotokan is a Japanese karate developed from various martial arts of "empty hand" fighting. The Shotokan style begins with humility. Shotokan is a self defense karate and discipline of the mind. Students will develop, self control, self discipline, improve concentration, coordination and focus. Wear loose fitting clothing (preferably white). Uniforms are available for an additional $40 (regardless of the size). *No class: 4/10 & 4/11.

Antonio Silva — **Bixby Park**

37261	18 Yrs+	3/6-3/28	7-8 p.m.	F Sa	$50
37262	18 Yrs+	4/3-4/25*	7-8 p.m.	F Sa	$50
37263	18 Yrs+	5/1-5/30	7-8 p.m.	F Sa	$50

MIXED MARTIAL ARTS

Students will learn Muay Thai Kickboxing, wrestling, and Brazilian Jiu Jitsu. Every class students will train various techniques in stand-up, take-downs, and submissions. Uniforms are available for $35, shin guards and gloves available for $20 each. Testing fee is $40.

Michael J. Rice — **El Dorado Park West**

36659	18 Yrs+	3/5-3/27	8-9 p.m.	Th F	$50
36660	18 Yrs+	4/2-4/30	8-9 p.m.	Th F	$50
36661	18 Yrs+	5/1-5/29	8-9 p.m.	Th F	$50

NEVER TOO LATE TO ICE SKATE

Class fee includes ice skate rental, half hour of instruction and free practice session on your registered class day. Practice session times: Wed 7:10-7:40 p.m. or Sat 10:45-11:15 a.m. Dress warmly. Check in early. Pre-registration is required. Class held at The Rinks Lakewood ICE, 3975 Pixie Ave., Lakewood.

Ice Management LLC — **The Rinks Lakewood ICE**

36415	15 Yrs+	3/4-3/25	6:40-7:10 p.m.	W	$50
36416	15 Yrs+	3/7-3/28	10:15-10:45 a.m.	Sa	$50
36417	15 Yrs+	4/1-4/22	6:40-7:10 p.m.	W	$50
36418	15 Yrs+	4/4-4/25	10:15-10:45 a.m.	Sa	$50
36419	15 Yrs+	4/29-5/20	6:40-7:10 p.m.	W	$50
36420	15 Yrs+	5/2-5/23	10:15-10:45 a.m.	Sa	$50

FOLLOW PRM ON SOCIAL MEDIA

@LongBeachParks

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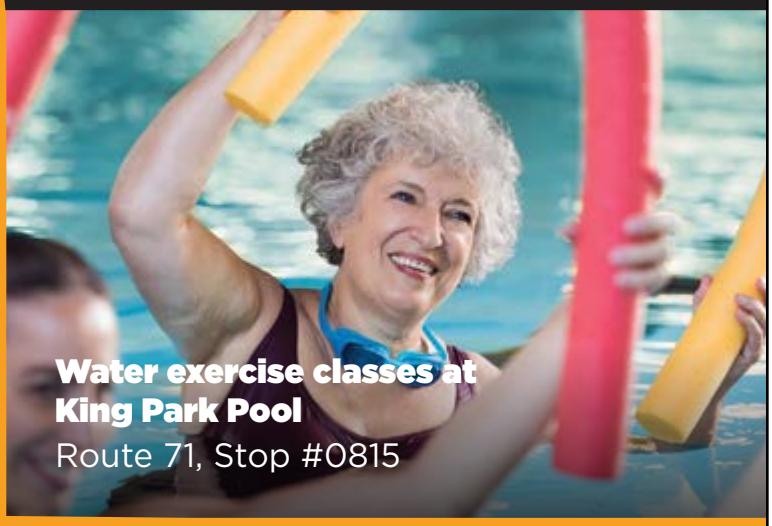
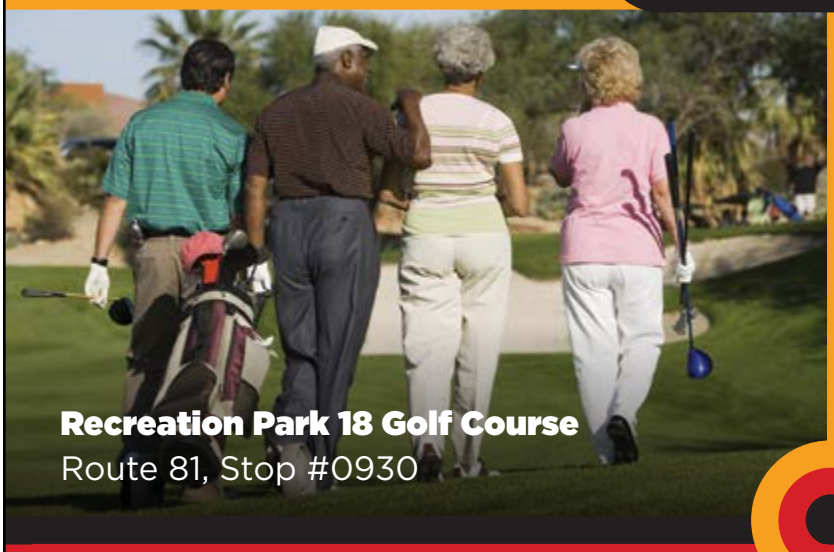


Water exercise classes at King Park Pool
Route 71, Stop #0815



Recreation Park 18 Golf Course
Route 81, Stop #0930

H&H Nursery
Route 93, Stop #1158

Your LBTinerary guide to spring season activities.

This is the perfect time of year to have fun on your terms. Explore your independence and ride Long Beach Transit with your friends to these springtime favorites. Visit **ridelbt.com/seniors** to get your Senior TAP Card and join the Connected Seniors Club.

ADULT 50+ CLASSES

DANCE

ADVANCED ROUND DANCE

Advanced class in choreographed ballroom dancing (also called round dancing). Class consists of clinics on figures, routines taught to beautiful music and party dancing. Fee per person, per class.

Daniel Finch — **Long Beach Senior Center**

36118	50 Yrs+	3/4-3/25	6:30-9:30 p.m.	W	$7
36119	50 Yrs+	4/1-4/29	6:30-9:30 p.m.	W	$7
36120	50 Yrs+	5/6-5/27	6:30-9:30 p.m.	W	$7

BALLROOM DANCE

Beginning to intermediate ballroom dance instruction. Dance is fun, social and healthy. No partner need, change partners or not. A new dance is taught at the beginning of each month selected by the students. Bring a smile and your dance shoes. Fee per person, per class.

Candis Davis — **Long Beach Senior Center**

36079	50 Yrs+	3/3-3/31	1-2 p.m.	Tu	$5
36080	50 Yrs+	4/7-4/28	1-2 p.m.	Tu	$5
36081	50 Yrs+	5/5-5/26	1-2 p.m.	Tu	$5

Candis Davis — **El Dorado Park West**

36082	50 Yrs+	3/4-3/25	10:30-11:30 a.m.	W	$5
36083	50 Yrs+	4/1-4/29	10:30-11:30 a.m.	W	$5
36084	50 Yrs+	5/6-5/27	10:30-11:30 a.m.	W	$5

ROUND DANCE - ADVANCED

Advanced class consists of clinic on figures and choreography followed by cued round dances. Class held on 2nd Saturday. Fee per person, per class.

Edward Patrick — **Long Beach Senior Center**

36048	50 Yrs+	3/2-3/30	7-10 p.m.	M	$5
36045	50 Yrs+	3/14-3/14	11 a.m.-4 p.m.	Sa	$5
36049	50 Yrs+	4/6-4/27	7-10 p.m.	M	$5
36046	50 Yrs+	4/11-4/11	11 a.m.-4 p.m.	Sa	$5
36050	50 Yrs+	5/4-5/18	7-10 p.m.	M	$5
36047	50 Yrs+	5/9-5/9	11 a.m.-4 p.m.	Sa	$5

ROUND DANCE - INTERMEDIATE-ADVANCED

Transition to advanced class consists of clinic on figures and choreography followed by cued round dances. Fee per person, per class.

Edward Patrick — **Long Beach Senior Center**

36051	50 Yrs+	3/3-3/31	7-10 p.m.	Tu	$5
36052	50 Yrs+	4/7-4/28	7-10 p.m.	Tu	$5
36053	50 Yrs+	5/5-5/26	7-10 p.m.	Tu	$5

SENIOR LINE DANCING

Have fun learning new dances. Great exercise dancing to all types of music. No experience needed. Come with a friend and meet new people. Fee per person, per class. *No class: 4/2 & 5/14.

Janet Karter — **El Dorado Park West**

36076	50 Yrs+	3/5-3/26	1-2 p.m.	Th	$3
36077	50 Yrs+	4/9-4/30*	1-2 p.m.	Th	$3
36078	50 Yrs+	5/7-5/28*	1-2 p.m.	Th	$3

FITNESS

CHAIR BASED YOGA NEW

Not your typical chair yoga class! Suitable for beginners as well as experienced yoga students, this class incorporates the use of a chair for various poses and movements. Meditation, breathing and relaxation techniques are also included. Please bring a yoga mat, blocks and strap. Walk in fee available.

Lacey Marsac — **Wardlow Park**

36054	50 Yrs+	3/4-3/25	9-10 a.m.	W	$32
36055	50 Yrs+	4/1-4/29	9-10 a.m.	W	$40
36056	50 Yrs+	5/6-5/27	9-10 a.m.	W	$32

HATHA FLOW YOGA - USING A CHAIR AS A PROP NEW

Yoga postures are made available to everyone when using a chair as a prop. A prop is a tool used in the practice of yoga to create optimal body alignment, and make specific actions or poses accessible to those who may not otherwise be able to perform the posture due to physical limitations or fatigue. This approach to the modern practice of yoga offers the student a full practice without the effort of getting up and down from the floor. We stand, sit, lie, move, bend and twist in these practices. Chairs are provided. Please bring: yoga mat, blanket, eye cover, strap and blocks. Walk in fee is available.

David Allen Arnette — **Recreation Park**

36128	50 Yrs+	3/3-3/31	11 a.m.-12:30 p.m.	Tu Th	$86
36143	50 Yrs+	3/3-3/31	11 a.m.-12:30 p.m.	Tu	$55
36146	50 Yrs+	3/5-3/26	11 a.m.-12:30 p.m.	Th	$44
36129	50 Yrs+	4/2-4/30	11 a.m.-12:30 p.m.	Tu Th	$86
36147	50 Yrs+	4/2-4/30	11 a.m.-12:30 p.m.	Th	$55
36144	50 Yrs+	4/7-4/28	11 a.m.-12:30 p.m.	Tu	$44
36130	50 Yrs+	5/5-5/28	11 a.m.-12:30 p.m.	Tu Th	$76
36145	50 Yrs+	5/5-5/26	11 a.m.-12:30 p.m.	Tu	$44
36148	50 Yrs+	5/7-5/28	11 a.m.-12:30 p.m.	Th	$44

FUNCTIONAL MOVEMENT & BALANCE NEW

Let's put the "fun" into our functional fitness! To help you live your healthiest life we will work on balance, mobility, agility, and strength using games, our bodies, and weights. You will leave class feeling energized, strong, and ready to face the rest of your day. All fitness levels welcome. Instructor Tami Santy is certified by the Functional Aging Institute and ACE Fitness. Bring a mat and light dumbbells to class. Fee per person, per class.

Tami Santy — **Wardlow Park**

36042	50 Yrs+	3/2-3/23	8:30-9:30 a.m.	M	$5
36043	50 Yrs+	3/30-4/20	8:30-9:30 a.m.	M	$5
36044	50 Yrs+	4/27-5/18	8:30-9:30 a.m.	M	$5

GENTLE YOGA - ALL LEVELS

Suitable for every age and level of ability. With regular practice this class improves flexibility, strength, balance and general well-being. Bring a yoga mat and a beach towel. Fee per person, per class.

Silvana Behrens — **Recreation Park**

36106	50 Yrs+	3/2-3/30	9:45-10:45 a.m.	M	$13
36107	50 Yrs+	4/6-4/27	9:45-10:45 a.m.	M	$13
36110	50 Yrs+	5/4-5/25	9:45-10:45 a.m.	M	$13

GENTLE YOGA - LEVEL II

This class focuses on yoga stretches, flow, core and relaxation. Some yoga experience recommended, but not required. Bring a yoga mat and a beach towel. Fee per person, per class.

Silvana Behrens — **Recreation Park**

36115	50 Yrs+	3/5-3/26	9:45-10:45 a.m.	Th	$13
36116	50 Yrs+	4/2-4/30	9:45-10:45 a.m.	Th	$13
36117	50 Yrs+	5/7-5/28	9:45-10:45 a.m.	Th	$13

SENIOR FITNESS

Lightweight lifting followed by low impact cardio. Fun, easy to follow aerobic workout. Cool down in a chair or on the floor to increase flexibility. Bring lightweights and a mat. Fee per person, per class.

Sherrie Zachau — **El Dorado Park West**

36015	50 Yrs+	3/3-3/31	10-11 a.m.	Tu Th	$5
36016	50 Yrs+	4/2-4/30	10-11 a.m.	Tu Th	$5
36017	50 Yrs+	5/5-5/28	10-11 a.m.	Tu Th	$5

ZUMBA® GOLD

A fun, Latin inspired fitness program that includes Merengue, Salsa, Cha Cha, Cumbia, Belly Dance, Flamenco, Tango and Rock n' Roll. A safe and effective total body workout that is great for the mind, body and soul. Come dance with me! Fee per person, per class.

Sherrie Zachau — **El Dorado Park West**

36018	50 Yrs+	3/6-3/27	9-10 a.m.	F	$5
36019	50 Yrs+	4/3-4/24	9-10 a.m.	F	$5
36020	50 Yrs+	5/1-5/29	9-10 a.m.	F	$5

ZUMBA® GOLD

Shake your groove thang, Zumba Gold! A fun, Latin-inspired dance fitness class that incorporates easy to follow dance moves at a lower-intensity. Zumba Gold offers a full body workout that will leave you feeling invigorated! There is no wrong way in Zumba Gold- if you are moving and smiling, you are doing it right. Walk in fee available.

Sabrina Thomas — **Long Beach Senior Center**

36024	50 Yrs+	3/7-3/28	11:30 a.m.-12:30 p.m.	Sa	$10
36025	50 Yrs+	4/4-4/25	11:30 a.m.-12:30 p.m.	Sa	$10
36026	50 Yrs+	5/2-5/30	11:30 a.m.-12:30 p.m.	Sa	$10

ZUMBA® GOLD

Zumba is not only great for your body, but what it does for you internally is even better! Your heart is a muscle and exercise promotes bone growth and dance is #1 in keeping dementia and Alzheimer's away! All this benefit and it is fun! There is no wrong way to do Zumba! If you're sweating and smiling you nailed it! Come dance with me and join the party! Walk in fee available.

Adrianne Rosenfeld — **Long Beach Senior Center**

36085	50 Yrs+	3/5-3/26	5:30-6:30 p.m.	Th	$10
36086	50 Yrs+	4/2-4/23	5:30-6:30 p.m.	Th	$10
36087	50 Yrs+	5/7-5/28	5:30-6:30 p.m.	Th	$10

ZUMBA® GOLD TONING

This is a fitness program disguised in a cardio party with weights! See and feel the difference after one class. Bring 2lb weights or purchase zumba toning sticks in class (optional). Fee per person, per class.

Sherrie Zachau — **El Dorado Park West**

36021	50 Yrs+	3/4-3/25	9-10 a.m.	W	$5
36022	50 Yrs+	4/1-4/29	9-10 a.m.	W	$5
36023	50 Yrs+	5/6-5/27	9-10 a.m.	W	$5

Senior Programs

FUN FOR ADULTS 50+

SENIOR CENTERS

California Recreation Center
at McBride Park
1550 Martin Luther King Jr. Ave.
562.570.1605
M - F, 9 a.m. - 2 p.m.

Cesar E. Chavez Park
401 Golden Ave.
562.570.8890
M - F, 9 a.m. - 2 p.m.

El Dorado Park West
2800 Studebaker Rd.
562.570.3227
M - F, 9 a.m. - 5 p.m.

Expo Center
4321 Atlantic Ave.
562.595.1665
T - Th, 9 a.m. - 2 p.m.

Houghton Park
temporarily located at:
Ramona Park
3301 E. 65th St.
562.570.1665
M - F, 9 a.m. - 2 p.m.

Long Beach Senior Center
1150 E. 4th Street
562.570.3500
M - F, 8 a.m. - 4:30 p.m.
Sa, 10 a.m. - 4 p.m.

Silverado Park
1545 W. 31st Street
562.570.1675
M - F, 9 a.m. - 2 p.m.

For more information visit http://bit.ly/2m0tN06

LONG BEACH PARKS • RECREATION • MARINE

CITY OF LONG BEACH

Long Beach Parks, Recreation and Marine offers classes and activities at many of these convenient locations!

AMENITIES: **1** - BALLFIELD; **2** - BASKETBALL; **3** - TENNIS; **4** - VOLLEYBALL; **5** - CENTER; **6** - PLAYGROUND; **7** - PICNIC AREA; **8** - POOL; **9** - SKATE PARK; **10** - GYM; **11** - ROLLER HOCKEY; **12** - DOG FACILITY; **13** - COMMUNITY GARDENS; **14** - SPORTS COURT; **L** - LIGHTED; **LK** - LAKE; **R** - RESERVABLE COMMUNITY CENTER

PARK FACILITIES

1	E1	**Admiral Kidd**, 2125 Santa Fe Ave., 570-1600 - 12.88 acres	1L, 2L, 5R, 6, 7,14	5	F2	**Cesar E. Chavez**, 401 Golden Ave., 570-8890 - 33.21 acres	2L, 5, 6, 7
76	C2	**Baker Street**, 625 Baker St., 570-3100 - 1.5 ares	6,7	6	B3	**Cherry**, 1901 E. 45th St., 570-1615 - 10.19 acres	1L, 2L, 3L, 5, 6, 7,11C,14
2	G5	**Bayshore**, 5415 E. Ocean Blvd. - 1.21acres	2, 4, 6, 7,11	7	F6	**College Estates**, 808 Stevely Ave., 570-1617 - 2.31 acres	2, 3, 4, 5R, 6, 7,14
3	F3	**Bixby**, 130 Cherry Ave., 570-1601 - 17.84 acres	4, 5R, 6, 7,9	8	F5	**Colorado Lagoon**, 5119 E. Colorado St. - 27.50 acres	6, 7
4	B3	**Bixby Knolls**, 1000 San Antonio Dr., 570-1604 - 3.93 acres	4, 5, 6, 7	9	A2	**Coolidge**, 352, E. Neece St., 570-1618 - 6.09 acres	1L, 2L, 4, 5, 6, 7,14

PARK FACILITIES (continued)

- 26 F3 **Craftsman Village Park**, 850 Orange Ave., 570-3100- .34 acre 6,7
- 10 B4 **Davenport** (Ed "Pops"), 2910 E. 55th Way - 11.64 acres 2, 6, 7
- 11 A2 **DeForest**, 6255 DeForest Ave., 570-1620 - 16.01 acres 1L, 2L, 3L, 4L, 5, 6, 7
- 12 F2 **Drake**, 951 Maine Ave., 570-1625 - 6.61 acres 1L, 2L, 3L, 4, 5R, 6, 7, 9,14
- 13 F2 **East Village Arts**, 150 Elm Ave. - .09 acres
- 14 D7 **El Dorado Regional East**, 7550 E. Spring St., 570-1771 - 389.49 acres 6, 7, 13, LK
- 15 D7 **El Dorado Nature Center**, 7550 E. Spring St., 570-1745 - 99.47 acres 5, 7, LK
- 16 D6 **El Dorado West**, 2800 Studebaker Rd., 570-3225 1L, 2L, 3L, 4, 5R, 6, 7, 9, 11, LK,14
- 77 E2 **Fourteenth Street Park**, 570-1608 2.01 acres 2,6,9
- 17 E4 **Freeman Community Center**, 1205 Freeman Ave., 570-8688
- 18 D6 **Good Neighbor**, 2800 Studebaker Road, .90 acre
- 19 F2 **Golden Shore Marine Biological Reserve**, Golden Shore Ave. - 9.27 acres
- 78 B2 **Grace Park**, Plymouth St. and Elm Ave., 570-3100 - 1.19 acres
- 20 G2 **Harry Bridges Memorial at the Queen Mary,** 1126 Queens Hwy. - 4.19 acres 7
- 21 C5 **Heartwell**, 5801 E. Parkcrest St., 570-1635 - 125.41 acres 1L, 2L, 5, 6, 7, 11, LK,14
- 22 E3 **Homeland Cultural Center**, 1321 Anaheim Street at Macarthur Park, 570-1655
- 23 A2 **Houghton**, 6301 Myrtle Ave., 570-1640 - 26.35 acres 1L, 2L, 3L, 4, 5R, 6, 7, 9,14
- 79 E1 **Hudson Park**, 2335 Webster Ave., 570-3100 - 13.18 acres 1,6,7,14
- 24 F2 **Lincoln** (Civic Center), Pacific Ave. & Broadway - 5.64 acres 7, 12
- 56 G5 **Long Beach Community Resource Center**, 5365 E. 2nd St.
- 25 C2 **Los Cerritos**, 3750 Del Mar Ave. - 8.47 acres 3L, 6, 7
- 22 E3 **MacArthur** (General Douglas), 1321 Anaheim St., 570-1655 - 3.86 acres 1, 2L, 4, 5R, 6, 7
- 27 F5 **Marina Vista**, Colorado St. & Santiago Ave. - 18.20 acres 1, 3, 6, 7,14
- 28 G5 **Marine** (Mothers Beach), 5839 Appian Way - 9.31 acres 4, 6, 7
- 29 E3 **Martin Luther King, Jr.**, 1950 Lemon Ave., 570-4405 - 9.0 acres 1L, 5R, 6, 7, 8
- 30 E3 **McBride** (Ernest S.), 1550 M.L.King, Jr. Ave., 570-1605 - 2.77 acres 2L, 5R, 6, 7, 10
- 31 F3 **Miracle on 4th Street**, 1518 E. 4th St. - .14 acres 7
- 32 E4 **Orizaba**, Orizaba Ave. & Spaulding St. - 3.99 acres 2, 5, 6, 7,9
- 33 B5 **Pan American**, 5157 Centralia St., 570-1660 - 12.5 acres 1L, 2L, 4, 5, 6, 7, 10
- 34 D6 **PR&M Admin** (Parks, Recreation & Marine Administration), 2760 Studebaker Rd., 570-3100
- 35 A4 **Ramona**, 3301 E. 65th St., 570-1665 - 7.21 acres 1L, 2L, 3L, 4, 5R, 6, 7,14
- 36 F6 **Rancho Los Alamitos**, 6400 Bixby Hill Rd., 431-3541 - 7.03 acres 7
- 37 B2 **Rancho Los Cerritos**, 4600 Virginia Rd., 206-2040 - 4.77 acres 7
- 38 F5 **Recreation**, 4900 E. 7th St., 570-1670 - 63.92 acres 1L, 3L, 5R, 4,6, 7, 12
- 39 F4 **Rose**, 8th St. & Orizaba Ave. - .74 acres 7
- 40 C5 **Rosie the Riveter**, Clark Ave. & Conant St. - 3.28 acres
- 41 B2 **Scherer**, 4600 Long Beach Blvd., 570-1674 - 25.22 acres 1, 2L, 3L, 4, 5, 6, 7, 12, LK
- 42 E2 **Seaside**, 14th St. at Chestnut, 2.34 acres
- 43 D1 **Silverado**, 1545 W. 31st St., 570-1675 - 12.23 acres1L, 2L, 3L, 4, 5R, 6, 7, 9,10,12, 14,LK
- 44 C3 **Somerset**, 1500 E. Carson St., 570-1690 - 3.75 acres 2L, 3L, 4, 5, 6, 7
- 45 E4 **Stearns Champions**, 4520 E. 23rd St., 570-1685 - 22.14 acres 1L, 2L, 5R, 6, 7,14
- 46 D2 **Veterans**, 101 E. 28th St., 570-1695 - 14.32 acres 1L, 2L, 3L, 4, 5R, 6, 7,14
- 47 C5 **Wardlow**, 3457 Stanbridge Ave., 570-1706 - 15.81 acres 1, 2L, 4, 5R, 6, 7,14
- 48 E5 **Whaley**, 5620 Atherton St., 570-1710 - 13.47 acres 1L, 2L, 4, 5R, 6, 7, 11,14

TEEN CENTERS

- 17 E4 **Cesar E. Chavez Park Teen Center**, 401 Golden Ave., 570-8890
- 23 A2 **Freeman Teen Center**, 1205 Freeman Ave., 570-8688
- 30 E3 **Houghton Park Teen Center**, 6301 Myrtle Ave., 570-1640
- 43 D1 **McBride Park Teen Center**, 1550 M.L.King, Jr. Blvd., 570-1605

SENIOR CENTERS

- 30 E3 **California Recreation Center** (at McBride Park), 1550 M.L.King, Jr. Blvd., 570-1605
- 16 D6 **El Dorado Park West Community Center**, 2800 Studebaker Rd., 570-3227
- 23 A2 **Houghton Park Community Center**, 6301 Myrtle Ave., 570-1640
- 49 F3 **Long Beach Senior Center**, 1150 E. 4th St., 570-3500 5R
- 43 D1 **Silverado Park Community Center**, 1545 West 31st St., 570-1675
- 5 F2 **Cesar E. Chavez**, 401 Golden Ave., 570-8890 2L, 5, 6, 7

DOG FACILITIES

- 50 D7 **Animal Care Services**, 7700 East Spring Street, 570-PETS
- 9 A2 **Coolidge Dog Park**, 352 E. Neece St
- 14 D7 **El Dorado Dog Park**, 7500 E. Spring St
- 41 B2 **Gayle Carter Dog Park**, 4600 Long Beach Blvd.
- 81 B3 **Jackson Street Dog Park**, 1Jackson St.
- 52 F2 **K-9 Corner Dog Park**, 9th & Pacific Ave.
- 38 F5 **Recreation Dog Park**, 4900 E. 7th St.
- 53 G5 **Rosie's Dog Beach**, 1 S. Granada
- 51 F2 **Seaside Dog Zone Park**, Seaside Way at Linden Ave
- 55 D2 **Wrigley Heights Dog Park**, 3401 Golden Ave.

AQUATIC AND BOATING FACILITIES / BEACHES

- 8 F5 **Colorado Lagoon Wetland & Marine Sci. Ed. Center** (Appian Way btw. Park & Colorado)
- 82 F5 **Dunster Reserve**, Boathouse Lane and Los Cerritos Channel
- 83 F2 **Golden Shore Reserve**, Golden Shore Ave South of Shoreline Dr.
- 57 G4 **Launch Ramp - Claremont Launch Ramp**, 5300 E. Ocean Blvd.
- 58 F5 **Launch Ramp - Davies Launch Ramp**, 6201 E. Second St.
- 59 G4 **Launch Ramp - Granada Launch Ramp**,1 S. Granada Ave.
- 60 F5 **Launch Ramp - Marine Stadium Launch Ramp**, 5255 Paoli Way
- 61 G2 **Launch Ramp - South Shore Launch Ramp**, 590 Queensway Dr.
- 2 G5 **Leeway Sailing & Aquatics Center**, 5437 E. Ocean Blvd., 570-1719
- 63 G6 **Marina - Alamitos Bay Marina**, 205 Marina Dr., 570-3215
- 64 F2 **Marina - Long Beach Shoreline Marina**, 450 E. Shoreline Dr., 570-4950
- 65 G2 **Marina - Rainbow Marina**, 200-B Aquarium Way, 570-8636
- 66 F5 **Marine Stadium**, Appian Way (btw. 2nd St. & Colorado St.), 570-3215
- 67 G4 **Pool - Belmont Plaza Pool**, 4000 Olympic Plaza, 570-1806
- 29 E3 **Pool - Martin Luther King, Jr. Park Pool**, 1910 Lemon Ave., 570-1718
- 43 D1 **Pool - Silverado Park Pool**, 1540 W. 32nd St., 570-1721
- 8 F5 **Model Boat Shop**, 5119 E. Colorado St., 570-1720 (Summer Only)
- 28 G5 **Mothers Beach**, (Marina Park) 5839 Appian Way 5,7

SPORTS FACILITIES

- 14 D7 **Archery - El Dorado Archery Range**, 7550 E. Spring St., 570-1771
- 68 D6 **Golf - El Dorado Golf Course**, 2400 Studebaker Rd., 430-5411, 18-hole, par 72
- 69 C6 **Golf - Heartwell Junior Golf Academy**, 6730 E. Carson St., 570-1272 - 36.57 acres 5R
- 69 C6 **Golf - Heartwell Park Golf Course**, 6700 E. Carson St., 421-8855, 18-hole, par 54
- 38 F5 **Golf - Recreation Park Golf Course**, 5000 E. Anaheim St., 494-5000, 18-hole, par 72
- 38 F5 **Golf - Recreation Park Golf Course**, 5000 E. 7th St., 438-4012, 9-hole, par 31
- 70 D4 **Golf - Skylinks at Long Beach Golf Course**, 4800 E. Wardlow Rd., 421-3388, 18-hole, par 72
- 2 G5 **Hockey Rink**, 5415 E. Ocean Blvd., 570-1725
- 71 F4 **Lawn Bowling - Recreation Park Facility**, E. 7th St. & Federation Dr., 597-7968, 714-969-5862
- 72 E3 **Sports Field - Chittick Field**, 1900 Walnut Ave., 570-1717 - 19.14 acres 1L
- 75 E5 **Sports Field - Joe Rodgers Softball Stadium**, 10th St. & Park Ave., 570-1725
- 73 F5 **Tennis - Billie Jean King Tennis Center**, 10th & Park Ave., 438-8509
- 16 D6 **Tennis - El Dorado Tennis Center**, 2800 Studebaker Rd., 425-0553
- 25 C2 **Tennis - Los Cerritos Park Tennis Courts**, 3750 Del Mar Ave.
- 74 G5 **Tennis - Naples Tennis Courts**, Tivoli Drive between St. Irmo Way & 2nd St.

revised 1/20

Futsol Courts
After School Programs
Basketball Courts
Senior Programs
Golf Courses
Skate Parks
Community Centers
Playgrounds
Aquatics and Pools
Nature Center
Dog Parks

Parks, Recreation & Marine

Community Park Directory

Hours of Operation, Recreation Amenities and Programs at Long Beach Parks

COMMUNITY PARK DIRECTORY

Hours, recreation amenities and programs for parks throughout the City.

Programs: After School Program, Youth Sports, Senior Program, Teen Program, and Fitness Stations. For more information about Parks, Recreation and Marine facilities and programs, visit www.lbparks.org.

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youtube.com/user/ParksLongBeach
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instagram.com/LongBeachParks

Free programs including skate parks, playgrounds, dog parks, after school programs, teen and senior centers.

Admiral Kidd Park

2125 Santa Fe Ave.
562.570.1600
Hours: Afterschool Program: M-F, 3-6 p.m., Sa & Su, Closed
Teen Center: M-F, 2-6 p.m.
Spring, Summer & Winter Fun Days Programs: M-F: 11 a.m. to 5 p.m.

Amenities:
Basketball Court
Community Center
Fitness Stations
Playground
Soccer Fields
Weight/Fitness Room

Programs:
After School Program
Summer Food Program
Fun Day Programs
Teen Programs
Youth Sports

Baker Park

625 Baker Street
562.570.3100
Hours: Dawn to Dusk

Amenities:
Playground
Walking Path

Belmont Plaza Pool

4320 E. Olympic Plaza
562.570.1806
See page 46

Birdcage Park

6501 Parkcrest Street
562.570.3100
Hours: Dawn to Dusk

Amenities:
Playground

Bixby Park

130 Cherry Ave.
562.570.1601
Hours: Afterschool Program: M-F, 3-6 p.m., Sa & Su, Closed
Spring, Summer & Winter, Fun Days Programs: M-F, 11 a.m.-5 p.m.

Amenities:
Band Shell
Basketball Court
Community Center
Dog Park
Fitness Stations
Playground
Skate Park

Programs:
After School Program
Fun Day Programs
Senior Fitness Classes
Summer Food Program
Youth Sports

Bixby Knolls Park

1101 San Antonio Drive
562.570.3100
Hours: Dawn to Dusk

Amenities:
Playground

Officer Daryle W. Black Memorial Park

2023 Pasadena Avenue
562.570.3100
Hours: Dawn to Dusk

Amenities:
Playground

Burton W. Chace Park

65 E. Market Street
562.570.3100
Hours: Dawn to Dusk

Amenities:
Playground

Cesar E. Chavez Park

401 Golden Ave.
562.570.8890

Hours: Afterschool Program: M-F, 3-6 p.m., Senior Program: 9 a.m.-2 p.m. Teen Center: M-F 3-7 p.m., Sa & Su: Closed Winter, Spring & Summer Fun Days Programs: M-F, 11 a.m.-5 p.m.

Amenities:
Basketball Court
Community Center
Community Garden
Fitness Stations
Gymnasium
Playground
Weight Room

Programs:
After School Program
Summer Food Program
Fun Day Programs
Teen Program
Youth Sports

Cherry Park

1901 E. 45th St.
562.570.1615
Hours: Dawn to Dusk

Amenities:
Baseball Fields
Basketball Court
Community Center
Soccer Field
Softball Fields
Tennis Courts
Playground

College Estates Park

808 Stevely Ave.
562.570.1710
Hours: Dawn to Dusk

Amenities:
Basketball Court
Community Center
Pickleball Courts
Playground
Tennis Courts

Programs:
Youth Sports

Coolidge Park

352 E. Neece St.
562.570.1618
Hours: After School Program: M-F, 3-6 p.m.

Amenities:
Community Center
Basketball Court
Dog Park
Fitness Stations
Playground
Softball Field

Programs:
After School Program
Summer Food Program
Fun Day Programs
Youth Sports

Craftsman Village Park

851 Orange Avenue
562.570.3100
Hours: Dawn to Dusk

Amenities:
Playground

Ed "Pops" Davenport Park

2910 East 55th Way
562.570.1665
Hours: Dusk to Dawn

Amenities:
Basketball Court
Playground

Programs:
Youth Sports

DeForest Park
6255 DeForest Ave.
562.570.1620
Hours: Dawn to Dusk

Amenities:
Baseball Field
Basketball Court
Community Center
Futsol Courts
Nature Trail
Playground
Soccer Field
Softball Fields
Tennis Court

Programs:
Camp Fire Day Camp
Camp Fire After School Program
Youth Sports

Drake Park
951 Maine Ave., 562.570.1625
Hours: After School Program: M-F, 3-6 p.m., Sa & Su: Closed
Winter, Spring & Summer Fun Days Programs: M-F, 11 a.m.-5 p.m.

Amenities:
Basketball Court
Community Center
Playground
Raquetball Courts
Skate Park
Soccer Field
Softball Field
Tennis Court

Programs:
After School Program
Fall Fun Days
Summer Food Program
Youth Sports

El Dorado Regional Park & Nature Center
El Dorado Regional Park. 7500 Spring St, El Dorado Nature Center. 7550 E. Spring St. See page 42.

El Dorado Park West
2800 Studebaker Rd.
562.570.3225
Hours: Senior Programs: M-F, 9 a.m.-5 p.m.
Summer Fun Days: M-F, 11 a.m.-5 p.m.
Summer Only Sa & Su: Closed

Amenities:
Baseball Fields
Basketball Courts
Community Center
Disc Golf Course
Golf Course
Playground
Skate Park
Soccer Fields
Softball Fields
Tennis Center

Programs:
Senior Program
Summer Day Camp Program
Fun Day Programs
Youth Sports

Fellowship Park
434 E. Willlow St
562.570.3100
Hours: Dawn to Dusk

Amenities:
Playground

Freeman Center
1205 Freeman Ave
562.570.8688
Hours: M-F: 3-7 p.m.

Amenities:
Community Center

Programs:
Teen Programs

Grace Park
Elm Ave. & Plymouth St.
562.570.3150
Hours: Dawn to Dusk

Amenities:
Community Garden
Playground

Robert Gumbiner Park
880 E. 7th St.
562.570.3100
Hours: Dawn to Dusk

Amenities:
Performance Area
Picnic Area
Playground
Public Art
Skate Plaza

Heartwell Park
5801 E. Parkcrest St.
562.570.1635
Hours: Dawn to Dusk

Amenities:
Baseball Fields
Basketball Court
Community Center
Playground
Soccer Fields
Softball Fields

Houghton Park
6301 Myrtle Ave.
562.570.1640
Hours: Senior Program: 9 a.m.-2 p.m.
Afterschool Program: M-F, 3-6 p.m., Sa & Su: Closed
Winter, Spring & Summer Fun Days Programs: M-F, 11 a.m.-5 p.m.

Amenities:
Baseball Fields
Basketball Courts
Community Center
Fitness Stations
Playground
Skate Park
Soccer Fields
Softball Fields
Tennis Courts
Weight Room

Programs:
After School Program
Fun Day Programs
Senior Program
Summer Day Camp Program
Summer Food Program
Teen Program
Youth Sports

Jackson Park
1432 Jackson Street
562.570.3100
Hours: Dawn to Dusk

Amenities:
Dog Park (1800 Jackson)
Playground

King, Martin Luther Jr. Park
1950 Lemon Ave.
562.570.4405
Hours: Afterschool Program: M-F, 3-6 p.m., Sa & Su, Closed
Winter, Spring & Summer Fun Days Programs: M-F, 11 a.m.-5 p.m.

Amenities:
Baseball Fields
Community Center
Playground
Soccer Fields
Softball Fields
Swimming Pool

Programs:
After School Program
Fun Day Programs
Summer Food Program
Youth Sports

Leeway Sailing Center
5437 E. Ocean Blvd.
See page 47

Lilly Park
32 Lilly Ave.
562.570.3100
Hours: Dawn to Dusk
Amenities:
Playground

Livingston Drive Playground
4700 Livingston Dr.
562.570.3100
Hours: Dawn to Dusk

Amenities:
Playground

Locust Tot Lot
2331 Locust Ave.
562.570.3100
Hours: Dawn to Dusk

Amenities:
Playground

Loma Vista Park
1173 Loma Vista Dr.
562.570.3100
Hours: Dawn to Dusk

Amenities:
Playground

Los Altos Park
4851 Stearns St.
562.570.3100
Hours: Dawn to Dusk

Amenities:
Baseball Field
Playground
Softball field

Los Altos Plaza Park
5230 Anaheim Rd.
562.570.3100
Hours: Dawn to Dusk

Amenities:
Playground

Long Beach Senior Center
1150 E. 4th St.
562.570.3500
Hours: M-F: 8 a.m.-4:30 p.m.
Sa: 10 a.m.-4 p.m.

Amenities:
Fitness Gym
Friendly Cup Café
Library
Thrift Shop Programs
Bingo
Craft, Dance, Fitness Classes
Lapidary
Sewing
Sing-Along
Social Dance

Los Cerritos Park
3750 Del Mar Ave.
562.570.3150
Hours: Dawn to Dusk

Amenities:
Playground
Tennis Courts

MacArthur Park
1321 Anaheim St.
562.570.1655
Hours: After School Program: M-F: 3-6 p.m. M-Th: 3-10 p.m. Sa, 10 a.m.-6 p.m., Su, 9 a.m.-6 p.m., Closed Fridays

Amenities:
Basketball Court
Community Center
Homeland Cultural Center, see page 40
Playground

MacArthur Park continued
Programs:
After School Program
Fun Day Programs
Summer Food Program
Youth Sports

Marina Vista Park
5355 Eliot St.
562.570.3100
Hours: Dawn to Dusk

Amenities:
Basketball Court
Playground
Pickleball
Softball Field
Soccer Field
Tennis Courts

Ernest McBride Park and California Recreation Center
1550 Martin Luther King, Jr. Ave.
562.570.1605
Hours: Senior Program: 9 a.m.-2 p.m.
Teen Center: M-F, 4-7 p.m.
Afterschool Program: M-F, 3-6 p.m., Sa & Su, Closed
Winter, Spring & Summer Fun Days Programs: M-F, 11 a.m.- 5 p.m.

Amenities:
Basketball Court
Community Center
Playground
Skate Park
Weight/Fitness Room

Programs:
After School Program
Fun Day Programs
Senior Program
Summer Food Program
Teen Program
Youth Sports

Miracle Park
1518 E. 4th St.
562.570.1787
Hours: Dawn to Dusk

Amenities:
Playground

Programs:
Youth Sports

C David Molina Park
4951 Oregon Ave.
562.570.3100
Hours: Dawn to Dusk

Amenities:
Fitness Stations
Playground
Soccer Field
Walking Path

NAACP Freedom Park
2300 Martin Luther King Jr. Ave.
562.570.3100
Hours: Dawn to Dusk

Amenities:
Bike Path

Orizaba Park
1435 Orizaba Ave.
562.570.1427
Hours: Afterschool Program: M-F: 3-6 p.m., Sa & Su, Closed
Winter, Spring & Summer Fun Days Programs: M-F: 11 a.m.-5 p.m.

Amenities:
Basketball Court
Community Center
Fitness Stations
Playground
Skate Park

Programs:
After School Program
Fun Day Programs
Summer Food Program
Youth Sports

Pan American Park

5157 Centralia St.
562.570.1660
Hours: Afterschool Program: M-F: 3 to 6 p.m., Sa & Su, Closed
Winter, Spring & Summer Fun Days Programs: M-F, 11 a.m.-5 p.m.
Be SAFE Summer Program: M-F, 5-8 p.m.

Amenities:
Baseball Fields
Basketball Court
Gym
Playground
Softball Fields

Programs:
After School Program
Summer Day Camp Program
Fun Day Programs
Youth Sports

Peace Park

1411 Atlantic Ave.
562.570.3100
Hours: Dawn to Dusk

Amenities:
Playground

Promenade Square

215 E. First St.
562.570.3150
Hours: Dawn to Dusk

Amenities:
Playground

Ramona Park

3301 East 65th St.
562.570.1665
Hours: After School Program: M-F: 3-6 p.m.
Sa & Su, Closed
Winter, Spring & Summer Fun Days Programs: M-F: 11 a.m.- 5 p.m.

Amenities:
Baseball Fields
Basketball Court
Community Center
Playground
Soccer Fields
Tennis Courts

Programs:
After School Program
Fun Day Programs
Summer Food Program
Youth Sports

Recreation Park

4900 E. 7th St.
562.570.1670
Hours: Dawn to dusk

Amenities:
Band Shell
Baseball Field
Casting Pond
Community Center
Dog Park
Golf Courses (9-hole and 18-hole)
Lawn Bowling Green
Playground
Tennis Center
Softball Stadium
Volleyball Court

Rivera, Jenni Memorial Park

2001 Walnut Ave.
562.570.3100
Hours: Dawn to Dusk

Amenities: Playground

Rosie the Riveter Park

Clark and Conant Ave.
562.570.3100
Hours: Dawn to dusk

Amenities:
Benches
Walking Path
Memorial Wall

Scherer Park

4600 Long Beach Blvd.
562.570.1674
Hours: Afterschool Program M-F, 3-6 p.m. Summer Fun Days: M-F, 11 a.m.-5 p.m. Summer Only

Amenities:
Basketball Court
Community Center
Dog Park
Playground
Tennis Courts

Programs:
Fun Day Programs
Youth Sports

Seaside Park

1401 Chestnut Ave.
562.572.5126
Hours: Afterschool Program: M-F, 3-5:30 p.m., Sa & Su 11 a.m.-3 p.m.
Winter, Spring & Summer Fun Days Programs: M-F:,11 a.m.-5 p.m.

Amenities:
Basketball Court
Playground
Soccer Fields

Programs:
After School Program
Fun Day Programs
Youth Sports

Silverado Park

1545 W. 31st St.
562.570.1675
Hours: Senior Program: 9 a.m.-2 p.m.
Afterschool Program: M-F, 3-6 p.m.
Teen Program: M-F, 3-7 p.m.
Winter, Spring & Summer Fun Days Programs: M-F, 11 a.m.-5 p.m.

Amenities:
Baseball Fields
Basketball Court
Community Center
Playground
Pool
Softball Fields
Skate Park
Tennis Courts

Programs:
After School Program
Fun Day Programs
Senior Programs
Summer Day Camp Program
Summer Food Program
Teen Programs
Youth Sports

Somerset Park

1500 E. Carson St.
562.570.1690
Hours: After School Program: M-F, 3-6 p.m., Sa & Su, Closed
Winter, Spring & Summer Fun Days Programs: M-F, 11 a.m.-5 p.m.

Amenities:
Basketball Court
Community Center
Playground
Tennis Courts
Volleyball Court

Programs:
After School Program
Fun Day Programs
Summer Food Program
Youth Sports

Stearns Champions Park

4520 E. 23rd St.
562.570.1685
Hours: Afterschool Program: M-F, 3-6 p.m., Sa & Su, Closed
Winter, Spring & Summer Fun Days Programs: M-F, 11 a.m.-5 p.m.

Amenities:
Baseball Fields
Basketball Court
Community Center
Playground
Softball Fields

Programs:
Adaptive Recreation Classes
After School Program
Fun Day Programs
Summer Day Camp Program
Summer Food Program
Youth Sports

Veterans Park

101 E. 28th St.
562.570.1695
Hours: Afterschool Program: M-F, 2:30-5:30 p.m.
Winter, Spring & Summer Fun Days Programs: M-F, 11 a.m.-5 p.m.

Amenities:
Baseball Fields
Basketball Court
Community Center
Playground
Soccer Fields
Tennis Courts

Programs:
After School Program
Fun Day Programs
Summer Day Camp Program
Summer Food Program
Youth Sports

Wardlow Park

3457 Stanbridge Ave.
562.570.1705
Hours: Afterschool Program: M-F, 3-6 p.m., Sa & Su, Closed
Winter, Spring & Summer Fun Days Programs: M-F: 11 a.m.-5 p.m.

Amenities:
Baseball Fields
Basketball Court
Community Center
Playground
Soccer Fields
Softball Fields

Programs:
After School Program
Summer Day Camp Program
Fun Day Programs
Summer Food Program
Youth Sports

Whaley Park

5620 Atherton St.
562.570.1710
Hours: Afterschool Program: M-F, 2:30-5:30 p.m., Sa & Su: Closed
Winter, Spring & Summer Fun Days Programs: M-F, 11 a.m.-5 p.m.

Amenities:
Baseball Fields
Basketball Court
Community Center
Playground
Soccer Field
Softball Fields

Programs:
After School Program
Summer Day Camp Program
Fun Day Programs
Youth Sports

ADULT SPORTS LEAGUES

5001 Deukmejian Drive • (562) 570-1725

ADULT BASEBALL

Adult League - 9-18 players. Ten games plus playoffs for qualifying teams. Games played Sundays at local schools and parks. Team fee: $480. Call (562) 570-1736 or visit us online at www.teamsideline.com/longbeach to register a team or sign up as an individual player. Two umpires per game, game day fees $70/team, per game. Limited space per season.

ADULT BASKETBALL

Register by team at the Sports Office or online at www.teamsideline.com/longbeach. Men's and Coed Divisions available. 5-12 players allowed on a team. Team fee: Men's $300 (10 games), Coed $232 (8 games). Single elimination playoff games will be scheduled for qualifying teams.

Two officials assigned to each game ($25/team, per game). Individual participants interested in playing in the league can be added to the program's "Free Agent" list. Call the Sports Office at (562) 570-1731 or visit us online: www.teamsideline.com/longbeach.

ADULT KICKBALL

Register by team only at the Sports Office or online at www.teamsideline.com/longbeach. 9-15 players. Ten games plus playoffs. Games played Thursdays at local schools and parks.

Team fee: $325. Call (562) 570-1725 or go online at www.teamsidline.com/longbeach to register a team or sign up as an individual player.

ADULT SOFT BALL

One official assigned, game day fee $15/team, per game. Visit us online at: www.teamsideline.com/longbeach for information and registration.

WEEKNIGHT SLOWPITCH LEAGUE MEN'S AND COED
10-16 players in Novice, Intermediate and Advanced Divisions. Ten games plus possible playoffs. Coed and men's leagues-16 player max. Team fee: $450. Call (562) 570-1734 or visit online for information.

WEEKEND SLOWPITCH LEAGUES - COED ONLY
Individuals interested in softball leagues will be added to an individual players list given to managers at registration time. Team fee: $350. Call (562) 570-1734 or visit us online for more information.

SOFTBALL - AGES 55 & UP
Saturday team registration at the Sports Office. 12 games. Team fee: $265. Call (562) 570-1734 or visit us online for more information.

ADULT VOLLEYBALL

Register by team at the Sports Office or at www.teamsideline.com/longbeach. Men's, Women's and Coed Divisions available. 5-12 players allowed on a team.

Team fee: $340 (10 matches). Single elimination playoff games will be scheduled for qualifying teams. One official assigned to each match. $14/ team, per match.

Individuals interested in playing in the league can be added to the program's "Free Agent" list. Call the Sports Office at (562) 570-1731 or visit www.teamsideline.com/longbeach for more information.

SENIOR SOFTBALL LEAGUES
55+ EST. BEFORE 1965

SOFTBALL LEAGUES FOR AGES 55 AND UP
(BORN ON/BEFORE 1965)

Visit www.teamsideline.com/longbeach

games on Saturdays

Team fee: $265 plus
$15 per team/per game
officiating fee
Games played on
Saturdays
9 a.m., 10:30 a.m. or noon
at Joe Rodgers Field or
Pan American Park.
A total of 12 scheduled
games plus the
possibility of playoffs.
Call 570.1734 for
more information.

JOE RODGERS FIELD & PAN AMERICAN PARK

ANIMAL CARE SERVICES

P.O. BOX Pitchford Companion Animal Shelter
7700 East Spring Street
(562) 570-PETS
www.LongBeachAnimalCare.com
Hours: Wednesday-Friday 10 a.m.-5:30 p.m., Saturday and Sunday 10 a.m.-4 p.m.
24 Hour Emergency Service (562) 570-7387

GENERAL INFORMATION

All information regarding our shelter, pet laws, licensing, spay/neuter, lost & found pets, donations, adoptions, and volunteering is available on our website: www.LongBeachAnimalCare.com or by phone: 562-570-PETS (7387). Follow us on social media: Facebook - LBAnimalCare, Instagram & Twitter - @LBAnimalCare.

SPAY / NEUTER INFORMATION

All dogs over six months and cats over four months are required by law to be spayed or neutered - LBMC 6.16.085. Any unaltered dog with a valid license prior to October 1, 2015 is exempt from the mandatory spay/neuter law as long as the license is kept current.

SPAY / NEUTER VOUCHERS

Through grants, gifts, and donations from residents, Long Beach Animal Care Services offers spay/neuter vouchers on a limited basis. Vouchers are given out at Long Beach Animal Care Services on a first come first served basis to residents of Long Beach and contract cities of Los Alamitos, Cerritos, Seal Beach and Signal Hill. Call (562) 570-7387 or visit our website: www.LongBeachAnimalCare.com.

SPAY / NEUTER CLINICS

Spaying or Neutering is essential in lessening the crisis of animal overpopulation and overcrowding in our shelters. Fix Long Beach hosts free mobile spay / neuter clinics for qualifying Long Beach residents. Please visit www.fixlongbeachpets.com for information.

PET LICENSING

California law requires all cats and dogs over the age of four months be licensed as a rabies control measure. Ensuring your pet has a current license attached to its collar is your best insurance of having your pet returned to you in case they become lost.

PERKS OF PET LICENSING

Fast Track
Found pets are reunited quickly with their owner, or rushed to the appropriate veterinarian if severely injured through the Fast Track licensing program.

Free Ride Home
Your pet gets a free ride home the first time it is found, skipping a trip to the animal shelter.

Extended Stay
When found, your licensed pet will be cared for at the Animal Shelter for a longer period of time (up to 10 days rather than six days) prior to being put up for adoption.

Vacation Pet Alert
When you leave home on a vacation, call to register where your pet will be while you are on vacation, who will be taking care of your pet, and where to reach you.

LOW-COST PET CLINICS

SNPLA provides low-cost pet care at various Long Beach parks and other Los Angeles County locations. For dates, times, locations, and fees please visit www.SNPLA.org.

VOLUNTEER

Interested in volunteering at our shelter? We have a number of programs. To learn more, please visit us at: www.longbeach.gov/acs/donate-and-volunteer/volunteer/.

- Pet Literacy (must be 15 years old or accompanied by an adult)
- Explorer Academy (student must be at least 15 and not yet 20 years of age by the start of the academy)
- High School Service Learners/Volunteers (high school students 17 and older)
- Rescue Partners Volunteer to socialize animals (must be 18 or older)
- Veterinary Students and Contractors

HOMELAND CULTURAL CENTER

1321 Anaheim St., MacArthur Park
(562) 570-1655
Hours: Monday-Tuesday 3-10 p.m., Wednesday-Thursday 3-9:30 p.m. Closed Fridays, Saturday 10 a.m.- 6 p.m., Sunday 9 a.m.-6 p.m.

FREE CLASSES AND WORKSHOPS!
Winner of Excellence California Park & Recreation Society.

Explore and share traditional and contemporary cultural traditions!

Homeland Cultural Center at MacArthur Park is a uniquely welcoming multicultural environment. Programs are offered year-round in traditional ethnic and urban contemporary arts. All programs are free and open to the public, and no registration is necessary.

Afrikan Drum/Dance
10 a.m.-4 p.m. ..... Sa
AIM Urban Poetry Workshop
7-9 p.m. ..... Tu
Aztec Dance
7-9 p.m. ..... W
Ballet Folklorico
5-7 p.m. ..... Tu
Bokator (Martial Arts)
7-9 p.m. ..... Th
Breakdancing for Kids
4-6 p.m. ..... Tu
Cambodian Culture and Art
2-4 p.m. Bi-weekly ..... Sa
Dance Emphasis
(Turns and Leaps)
5 – 7 p.m. ..... W
Drums
4-6 p.m. ..... Tu

First Thursdays
Off the Dome ..... 7-9 p.m.
(Spoken Word, Performance)
Hmong Arts
9 a.m.-2 p.m. ..... Su
Instant Band
(Music Improvisations)
4-6 p.m. ..... Sa
Micronesian Arts
2-6 p.m. ..... Su
Movie Makers Workshop
11 a.m.-1 p.m. ..... Su
Popping and Break Dancing
6-10 p.m. ..... M, Tu
Screen Printing
6-8 p.m. ..... Th
Happy Senior Line Dance
3-5 p.m. ..... Tu, W

RANCHO LOS ALAMITOS HISTORIC RANCH & GARDENS

6400 E. Bixby Hill Road • (562) 431-3541 • www.RanchoLosAlamitos.org
PUBLIC HOURS: Wednesday- Sunday, 1-5 p.m. Enter through Bixby Hill residential gate at Anaheim and Palo Verde. Free admission.

Rancho Los Alamitos is a National Register site and has been home to diverse cultures for more than 1,500 years. It includes a ranch house c.1800-1933 with a core of adobe, four acres of lush historic gardens, an interpretive center, and a restored barnyard area which houses horses, sheep, goats, chickens, ducks and rabbits. Guided tours of the ranch house and barns area start every 30 minutes from the Rancho Center with the last tour at 4 p.m. Docent-guided or self-guided garden tours are available. Free admission and parking.

SPRING EVENTS AT RANCHO LOS ALAMITOS

KINDER KONZERT
Saturday, March 7th, 10:30 a.m.–noon, $10 per Adult, Children under 12 free. Reservations Required.
Long Beach Camerata Singers and Rancho Los Alamitos present "Meet Mr. Bach," an interactive music-learning event focused on the vocal arts for children aged 3 to 8 years. Children will have fun while learning about melody, tempo, harmony, and conducting. Following the music program, there will be arts and crafts activities plus refreshments. Children must be accompanied by an adult.

CURATED TOUR OF FLORENCE BIXBY'S GARDENS AT THE RANCHO
March 14, April 11, May 9 and June 6, noon-2:30 p.m., $15 per person. Reservations required.
The guide for your tour will be Rancho Los Alamitos's own historic gardens expert, Janet Brown Becker. Suitable for adults and interested teens. The same tour will be offered on each date. Space is limited.

MOTHER'S DAY WEEKEND CULINARY & GARDEN WORKSHOP
Saturday, May 9, 9:30 a.m.–noon. Reservations required, $65 per RLA Member, $85 per Future Member.
Culinary demonstrations and tastings plus garden insights. Participants will take home inspiration, recipes and garden memento.

9TH ANNUAL COTTONWOOD AWARD LUNCHEON
Thursday, May 28, 11:00 a.m. – 1:00 pm. Reservations required.
COTTONWOOD AWARD FOR LEADERSHIP recognizes individuals and organizations that have shown significant leadership in enhancing, promoting and supporting the cultural communities of the Southern California Region. Bonnie Lowenthal, Harbor Commission President, will receive the award. Ticket price TBA.

VOLUNTEER OPPORTUNITIES

Volunteers support every facet of ranch activity, from school tours and educational special events that attract hundreds of visitors to providing specialized garden care and performing skilled curatorial tasks. Bring your skills, enthusiasm, and the time you have to give, and you will find a welcoming environment at Rancho Los Alamitos. For information and online application, please visit RanchoLosAlamitos.org/volunteer.

Watch for our activities this summer including Cool Craft Roundup for Kids, summer concerts, and more. Please check the Rancho's website for the latest details of events at RanchoLosAlamitos.org.

RANCHO LOS CERRITOS HISTORIC LANDMARK

4600 North Virginia Road
(562) 206-2040
www.RanchoLosCerritos.org
Rancho Hours: Wednesday-Sunday, 1-5 p.m.
Closed: April 12, Easter, May 25

Rancho Los Cerritos is a Long Beach, State, and National Historic Landmark in Long Beach, California. It is operated by the Rancho Los Cerritos Foundation in a public/private partnership with the City of Long Beach. The Rancho Los Cerritos Foundation is the historic voice for the diverse people who shaped Southern California. The site echoes with the rich history of indigenous, Spanish, Mexican, and American California. Public hours are Wednesday through Sunday from 1 to 5 p.m. and include free parking, admission, and tours. While visiting the site you can see the latest exhibits at the visitor center, tour the adobe home, and stroll the gardens.

The adobe home was built in 1844, as part of John Temple's cattle ranching operation. When you tour the house, you can immerse yourself in the stories of the families who helped transform Southern California from its ranching beginnings to a modern, urban society. The site also includes a research library and archives. Today the site is no longer a working ranch, but a community space. Along with our public hours, we host events for all ages. You can also rent the site for private events such as weddings, corporate retreats, and luncheons.

Check out our website at www.RanchoLosCerritos.org to plan your visit and register for events.

You can also follow us on Facebook, Instagram, and Twitter to stay up to date on the latest things RLC.
@RanchoLosCerritos
@RanchoLosC
/RanchoLosC

SPRING HOLIDAY CLOSURES:
President's Day Monday, February 17, Easter Sunday, April 12, Memorial Day, Monday, May 25

STORY TIME
TUESDAY MORNINGS 9:30 a.m.
Every Tuesday morning in the RLC library from 9:30 to 10 a.m. Sing songs, hear stories, and make new friends. No RSVP is necessary. Rain or shine. FREE.

BIRD WALK
SECOND THURSDAYS 8-9:30 a.m.
Every second Thursday from 8-9:30 a.m. Stroll through the grounds of the historic Rancho and watch both resident birds and seasonal migrants. Meet in the lower parking lot at 8 a.m. sharp. Wear comfortable shoes and bring a hat and binoculars, if you have them. We also have a limited number of binoculars to lend, thanks to the generosity of Vortex Optics. No RSVP is necessary. Rain cancels. FREE.

CREATION STATION
FIRST SATURDAYS MARCH, APRIL, AND MAY 1-4 p.m.
Get creative with history! Experimenting with a wide variety of colorful and natural materials, children can create seasonal arts and crafts. Rain or shine. FREE.

"Raíces de Long Beach: Roots of the Rancho" New Exhibit Opening Reception
FRIDAY MARCH 27, 5–7 p.m.
Rancho Los Cerritos is opening a new exhibit in September 2020 that will focus on the Mexican and Mexican-American people who lived in the historic adobe and helped shape Long Beach in the late nineteenth and early twentieth century. Free. RSVP online.

MEMBERSHIP
Join for special offers, members-only events, and discounts on programs! As a member, you become part of our history and ensure the preservation of this National, State, and Local Historic Landmark. Please visit: RanchoLosCerritos.org/Membership.

SCHOOL & FAMILY TOURS

Adobe Days Revisited field trips allow modern fourth-graders to step back in time to visit Jotham Bixby's bustling sheep ranch, circa 1878. Costumed interpreters invite students to see the house, learn about herbs in the garden, do customary chores in the workshop, and interact with artifacts in the library. Our Adobe Days Revisited program is offered on Monday, Wednesday, and Thursday mornings, October through June. The fee is $100 per class, and the site can accommodate up to 72 children per day. Register at www.RanchoLosCerritos.org/ADR.

Rancho Adventure tours for home schoolers, scouts, or other youth groups (6-30 elementary-aged children) encourage children to learn about daily life on a 19th century California ranch by exploring the 1844 adobe house, doing historic chores, and playing old-fashioned games. These fast-paced, highly interactive tours last approximately 90 minutes and can be scheduled during public hours. The fee is $5 per person. Please contact Laura Wilbanks for tour arrangements. Direct line: (562) 206-2045 or at LauaraW@RanchoLosCerritos.org.

VOLUNTEER OPPORTUNITIES
Rancho Los Cerritos is a historic landmark located in the Bixby Knolls neighborhood. Whether you're interested in gardening, crafts, curatorial work, sharing history, or greeting folks in the Visitor Center, we have a place for you.
www.RanchoLosCerritos.org/Volunteer

SITE RENTALS

Host a unique wedding, celebration, corporate retreat, or special event at the Rancho Los Cerritos historic site.
Contact Mallory Rydell, Special Events Coordinator:
Direct line: (562) 206-2055 or MalloryR@RanchoLosCerritos.org.

RESEARCH OPPORTUNITIES
The research library is available by appointment with the historical curator, Sarah Wolk FitzGerald.
Direct line: (562) 206-2039 or SarahW@RanchoLosCerritos.org

EL DORADO NATURE CENTER

7550 East Spring Street
(562) 570-1745
www.longbeach.gov/naturecenter

NATURE CENTER HOURS:
Trails: Tuesday-Sunday 8 a.m.-5 p.m.
Museum: Tuesday-Sunday 8:30 a.m.-4 p.m.

The Nature Center's 105-acre wildlife habitat is an island of serenity in the midst of the busy urban landscape. Two lakes, a stream, two miles of dirt trail and a 1/4-mile paved access trail wind through meadows and forested areas to offer visitors a relaxing getaway. Visit the interactive, hands-on exhibits in the museum and gift shop after you walk the trails.

FRIENDS OF EL DORADO NATURE CENTER

Help build habitat and support educational programs at the Nature Center with your tax-deductible donation. For more information, call the Friends' office at (562) 570-1745.

DRAWING IN NATURE
Learn the basics of using colored pencils, including blending, burnishing and impressed line, while incorporating the techniques of botanical drawing. Bring a lunch and wear walking shoes.
Saturdays, March 14, April 11 & May 9, 10 a.m.-3 p.m. Adults only. $120 per person for unit of three classes. Supports Friends of El Dorado Nature Center.
Pre-registration is required. Call (562) 570-1745.

EDUCATIONAL PROGRAMS

Pre-registration is required. Call (562) 570-1745.

YOUNG EXPLORERS TOUR
Looking to learn more about nature or earn an environment-themed badge? Register your group for a naturalist-led exploration of the Nature Center's diverse habitats. 1 ½ - hour program. $6 per person.

BEETLE BRIGADE
Join us for a hands-on, sensory exploration of nature. We'll use our "owl eyes," "rabbit ears," and "coyote noses" to experience the unique patterns, textures, shapes, and colors around us.
Ages 3-5. 1 ½ - hour program. $5 per person.

DISCOVERY TOURS
Teachers, explore the Nature Center trails with your students on a naturalist-guided tour. You'll make discoveries through hands-on investigation and activities designed to support the Academic Content Standards at your grade level. 2-hour program. Grades K-4, $7 per person. Grade 5, $8 per person.

EXPLORE THE SHORE - 5TH GRADE TOUR
Sponsored by El Dorado Nature Center and the City of Long Beach's Adopt-A-Beach program. In this hands-on, two-hour program, students will use scientific tools and instruments to discover how water sustains all life on earth, and how the water cycle shapes our local watershed and affects the marine ecosystem. Available at Granada Beach or Cherry Beach. 2-hour program.
$8 per person.

PRESCHOOL PROGRAMS

Pre-registration is required at www.lbparks.org.

TAILS & TRAILS
PARENT & ME WORKSHOPS
Ages: 18 months - 5 years. 10-11:30 a.m. $20 per class.
Bring your imagination and sense of adventure as you and your child celebrate the seasons with a special morning of stories, nature play, and outdoor exploration. Investigate the incredible, changing, natural world with your child, while discovering creatures large and small. Parent participation required.

37378 **Lucky Charms** March 11
Let's look for the colors of the rainbow as we walk through our magical trails.

37379 **Amazing Tails** March 25
Come see how fluffy, scaly and puffy tails help our creature friends.

37380 **Detectives in Nature** April 8
Investigate tracks, scat and other clues that animals have left behind.

37381 **Dino Day** April 22
Join us as we dig into the past when dinosaurs roamed the Nature Center.

37382 **Busy Bees** May 13
Buzz into the Nature Center as we learn more about one of nature's little helpers.

37383 **Pollinator Pals** May 27
Join us and see how colorful flowers and brilliant butterflies work together.

NATURE KIDS! SPRING BREAK WORKSHOPS

Pre-registration is required at www.lbparks.org.
Ages: 5-8, $20 per class. 9 a.m. - noon
Join us for fun and exploration this spring! Children will experience nature through investigation, hands-on activities, games and crafts. A healthy snack will be provided. *Children must have Kindergarten experience.*

37387 **Go with the Flow** Monday, April 13
We'll imagine we are raindrops and take a ride on the water cycle! Rain, sleet, or snow; where does it come from, where does it go and how does it help the spring flowers grow?

37388 **Blue-Bellied Buddies** Tuesday, April 14
Springtime brings warm weather, a bonanza of bugs, and lots of hungry fence lizards. Ramp up your reptile side as we follow these lightning quick lizards on their day's journey.

37389 **Rise of the Raptors** Wednesday, April 15
Transform into a falcon, hawk or owl! Spread your wings and sharpen both your eyesight and talons. It takes serious smarts and strength, super speed and stealth to become an avian predator.

37737 **Flower Power** Thursday, April 16
It's a party for pollinators as spring approaches and blooms call out for their insect friends. Let's discover more about this magnetic mutual attraction.

37738 **#Bat Appreciation Day** Friday, April 17
Calling all bat-kids! Come to the bat-cave quick and figure out how we can help these night flying superheroes continue to keep the world in balance.

SPECIAL EVENTS

EARTH DAY COASTAL CLEANUP
With approximately 7 miles of public beach and the many species of plants and wildlife that depend on this habitat, it's important to keep our local marine environment clean and healthy. Help protect our coastline and join us for a cleanup! Let's try to reduce our footprint by bringing your own bucket or bag.
When? Saturday, April 18, 10 a.m.-noon.
Where? Meet on the sand, east of the Belmont Pier. Rain cancels. Call 562-570-1745 for more information.

TURTLE SHOW
Members of the Southern California Turtle and Tortoise Club will display turtles from all over the world.
Saturday, May 16, 10 a.m.-3 p.m. Free program.

NATURE PROGRAMS

FAMILY NIGHT WALKS
All ages, $5 per person, 2 yrs. and under free. Tuesdays, 7 - 9 p.m. What do the animals do at night? Find out on a naturalist-led exploration of the darkened trails of the Nature Center. Pre-registration is required at www.lbparks.org.
37384 March 10
37385 April 14
37386 May 12

EL DORADO AUDUBON SOCIETY MEETING
Join us for intriguing presentations and discussion on the conservation of native birds and their habitats.
Thursdays, March 19, April 18, & May 16. 7:30 p.m. Free program.

AUDUBON BIRD WALK
Whether you're a new birder or just want to sharpen your skills, join members of El Dorado Audubon for a morning walk through the Nature Center.
Sundays, March 8, April 16, & May 21, 8 a.m. Free program.

VOLUNTEER OPPORTUNITIES

1ST SATURDAY STEWARDS
SERVICE LEARNING OPPORTUNITY
Help us maintain the beauty of the Nature Center by cleaning the stream, pulling weeds, clearing the trails or spreading mulch. Wear sturdy shoes. Rain cancels. Pre-registration is required. Call (562) 570-1745.
Saturday, March 7, April 4, May 2, 10 a.m.-noon.

3RD SATURDAY WETLAND WARRIOR CLEANUP
SERVICE LEARNING OPPORTUNITY
Only 5% of California's once vast coastal wetlands remain today. Join our Weekend Wetland Warrior team and help protect the critical habitat at Golden Shore Marine Biological Reserve. Two hours of time can save wildlife. Wear sturdy shoes. Rain cancels.
Saturdays, March 21, May 16, 10 a.m.-noon. Meet next to 101 Golden Shore Ave.
Note: April 18 is Earth Day Coastal Cleanup

4TH SATURDAY EL DORADO REGIONAL PARK CLEANUP
Join fellow park-lovers to clean up fishing line and other debris from our beautiful park and lakes. An hour of your time can really make a difference! Wear sturdy shoes, bring water and wear a hat and sunscreen. All ages welcome. Children and youth under 18 must bring an adult. Meet at the parking lot next to the pedal boat dock in Area III.
Saturday March 28, April 25, May 23, 9 -10 a.m.

EL DORADO EAST REGIONAL PARK

7500 Spring Street
(562) 570-1771

HOURS: Spring/Summer: 7 a.m.-8 p.m.
March 1-October 31
Fall/Winter: 7 a.m.-5 p.m.
November 1-February 28

VEHICLE ENTRY FEES

CASH OR CARDS:
M-Th: $5 • F: $6 • Sa and Su: $7 • Holidays: $8
School Buses: $30 • Other buses: $35 daily

ANNUAL PARKING PASSES

- General $60 Each
- Seniors ages 50+/Disabled Fee: $35 Each

Parking passes are available for purchase at:

Long Beach Parks, Recreation & Marine Administration Office
2760 Studebaker Road
Administration Office hours:
M-F, 8 a.m.-5 p.m.

El Dorado Nature Center
7550 E. Spring Street.
Center hours:
Tu-Su, 8:30 a.m.-4 p.m.

AMENITIES AND SERVICES

- Archery range with target butts
- Barbecue grills-first come, first served
- Bicycle trails-paved (over 4 miles)
- Campground for Youth Groups
- Dog Park
- Two stocked fishing lakes (license required for 16+)
- Model aircraft flying area (radio controlled)
- Model sailboat area (radio controlled)
- Nature Center-Closed Mondays
- Park Ranger supervision
- Physical Fitness Course-12 stations-Area II
- Picnic areas-first come, first served, and reserved areas
- Playgrounds
- The El Dorado Frontier at El Dorado Park. Train rides and party packages. Open 11 a.m.-5 p.m., Saturdays and Sundays, rain permitting. Weekday operations available for schools/private events. To book a party or for more information call the reservations number at (562)249-8330. Our new website address is: www.theeldoradofrontier.com.
- Junior Olympic Archery Development (JOAD), call (626) 242-8870.
- Bicycle Rentals-Wheel Fun Rentals, call (805) 650-7770.

SKATE PARKS

Long Beach Parks, Recreation and Marine

For info and Park rules visit: www.lbparks.org

EL DORADO WEST

MCBRIDE PARK

HOUGHTON

SILVERADO PARK

Going Green!

Just Fun!

Save Money!

Looking for Facebook fun and facts?

Come join our Facebook page @LBEnergyResources! There, you'll find interesting posts from going green and energy fun facts, to clever recipes and how to reduce your energy bills. You'll also want to follow us to learn more about news on events and happenings in Long Beach. Stop by our page and share your energy saving ideas and favorite recipes today!

LONG BEACH ENERGY RESOURCES

@LBEnergyResources

AQUATICS DAY CAMPS

4320 Olympic Plaza • (562) 570-1888

SPRING CAMP – LEEWAY SAILING CENTER

Online: www.lbparks.org
Aquatics Camps Office: 4320 Olympic Plaza
Recreation Administration Office: 2760 N. Studebaker Road

For children ages 5-12. Activities include sailing, canoeing, kayaking, arts and crafts, games and an excursion to the Aquarium of the Pacific! Camp will be held April 13-17 at Leeway Sailing Center from 9 a.m.-4 p.m. Cost is $165. Extended Day Care rate is $26 per week for morning care (7-9 a.m.) and $26 per week for afternoon care (4-6 p.m.). Staff to camper ratio is 1:8. All staff are trained lifeguards certified in First Aid and CPR. Registration for Spring Camp will be conducted online beginning Monday, February 3 or in person at the Aquatics Camps Office by appointment only. For questions, call the Aquatics Camps Office at (562) 570-1888.

AQUATICS SUMMER DAY CAMPS

SUMMER REGISTRATION BEGINS: APRIL 11, 8 a.m.
Oniine: www.lbparks.org
Aquatics Camps Office: 4320 Olympic Plaza
Recreation Administration Office: 2760 N. Studebaker Road

Registration for the summer program will be accepted ONLINE & IN PERSON on a first come, first served basis beginning April 11, 2020. Program fees are due at the time of registration. Families wishing to register for multiple weeks are required to pay for the first week in full plus a $30 non-refundable deposit for each additional week reserved.

Oniine Registration will be accepted 24 hours a day/7 days a week! Walk-in registration will be accepted at the Recreation Administration Office, Monday-Friday from 8 a.m.-5 p.m. and the Aquatics Camps Office by appointment only. Beginning June 8, Aquatics Camps Office hours will be 7-11 a.m.

PROGRAM INFORMATION

• All Aquatics Camps staff are trained lifeguards certified in First Aid, CPR and Water Safety instruction by the American Red Cross. Staff to camper ratio at Belmont Junior Beach Camp is 1:8. Staff to camper ratio at Bayshore Beach Camp and Bay Club Teen Camp is 1:10.

• Swim lessons are taught at both Belmont Junior Beach Camp and Bayshore Beach Camp. Swim lessons are not conducted on excursion days. There is no additional charge for swim lessons.
• Excursion fees vary and are not included in the registration fee. Excursion fees are paid online during registration or on a weekly basis at the Aquatics Camps Office.

BELMONT JUNIOR BEACH CAMP

Ages 5-7, must have full day preschool or kindergarten experience. Join us outside the Belmont Outdoor Pool for summer fun. Campers enjoy games, crafts, beach play, songs, American Red Cross swimming lessons and excursions. Canoeing and sailing is conducted once each week at Leeway Sailing Center.

11 one-week sessions, June 15-August 28, $165 per week, 9 a.m.-4 p.m. Extended day care, 7-9 a.m. and 4-6 p.m. at an additional cost of $26-$52 per week.

BAYSHORE BEACH CAMP

Ages 8-12. The camp includes sailing, canoeing, kayaking, swimming, crafts, excursions and features environmental activities. A 45-minute Marine Biology lesson is conducted twice each week.

11 one-week sessions, June 15-August 28, $165 per week, 9 a.m.-4 p.m. Extended day care, 7-9 a.m. and 4-6 p.m. at an additional cost of $26-$52 per week.

BAY CLUB TEEN CAMP

Ages 13-15, must have completed 7th grade. Participants will learn the basics of sailing, canoeing and kayaking in addition to beach activities and field trips.

9 one-week sessions, June 15-Aug 14, $123 per week, noon-5 p.m.

COUNSELOR-IN-TRAINING PROGRAM

Ages 13–17, must have completed 8th grade. Participants have a weekly focus on each of the three aquatic summer sites. Participants learn boating activities, camper supervision, leadership skills in addition to obtaining valuable Red Cross CPR certification. Participants must be able to attend the entire four-week program. Excursion fee to Aquarium of the Pacific and Raging Waters or Knott's Soak City included in registration fee.

1 four-week session, June 24 – July 19, $240, 9 a.m.-noon.

BELMONT PLAZA POOL

4320 East Olympic Plaza • (562) 570-1806

GENERAL INFORMATION

Belmont Plaza Pool is a year-round, outdoor facility. Water temperature is maintained between 80 – 82 degrees. Children under 48" tall must be accompanied by an adult in the water at all times. Swimsuits are required. Infants must wear "swim diapers." Pool fee is per entry. We do not offer refunds of admission fees. Schedules and fees may be subject to change. **POOL CLOSED MONDAY, MAY 25 (MEMORIAL DAY).**

OPEN SWIM FEES

Youth, ages 17 Yrs & under:	$1
Seniors, ages 50 Yrs & over:	$3
Adults, ages 18-49 Yrs:	$4

SWIM PASSES: Swim passes are available online or at the pool. Each swim pass purchase is valid for 1-year from purchase date. Membership pass fees: Youth-$25, Seniors-$58, Adults-$87. Membership Pass valid for 25 visits. Fees may be subject to change. There is an $8 replacement fee if the card is lost or misplaced.

LAP SWIM

M-F	5:30-9:30 a.m.
M/W/F	10 a.m.-2 p.m.
Tu/Th	11 a.m.-2 p.m.
Tu/Th	7-9 p.m.
Sa & Su	8 a.m.-noon

ALL AGES RECREATION SWIM

M/W	7-9 p.m.
Sa & Su	noon-2 p.m.

Swim meets and special events may cause changes to the regular pool schedule. Call the pool at 570-1806 for more information or check the website at: http://www.longbeach.gov/park/recreation/aquatics/pools/belmont_plaza_pool.asp

WATER EXERCISE CLASSES

Adults of all ages benefit from these fun, fast paced, low impact classes designed to shape you up with little or no stress on your knees or back. For more information regarding the Water Exercise program, call (562) 570-1807. Seniors 50+ are free with a Senior Fitness Pass. Walk-in fee is $6 per class for adults. $42 for a fitness pass valid for 10 classes.

Shallow Water Exercise:	M/W/F/Su	11-11:50 a.m.
	Tu/Th	7:10-8 p.m.
Deep Water Exercise:	M/W/F/Su	10-10:50 a.m.

SWIM LESSONS

Class options: Saturday mornings, Monday/Wednesday evenings & Tuesday/Thursday evenings. Youth classes are 25 minutes in length; Adults 50 minutes. Registration for classes will be available on-line (lbparks.org) or at Belmont Plaza Pool during regular scheduled hours. Cash, money orders, debit/credit card, and personal checks with a preprinted address are accepted. Please make checks payable to the City of Long Beach. Online registration is also available for all swimming lessons offered at Belmont Plaza Pool. Visit www.lbparks.org to register online. If you are unsure of the level for which to sign-up, call or stop by the pool to arrange for a swim test. Classes may be canceled or combined in the event of low enrollment. Please register early to reserve your place in class and no later than one week prior to the beginning of the session.

REGISTRATION DATES:

Lessons	Start Date	Registration Dates:
2/29-4/18	Sa	February 1 at 8 a.m.
3/9-4/1	MW	February 3 at 8 a.m.
3/10-4/2	TTh	February 3 at 8 a.m.
4/6-4/29	MW	March 23 at 8 a.m.
4/7-4/30	TTh	March 24 at 8 a.m.
4/25-6/13	Sa	March 28 at 8 a.m.
5/4-5/27	MW	April 20 at 8 a.m.
5/5-5/28	TTh	April 21 at 8 a.m.

AQUATICS - ADULTS

Teaches new skills and improves endurance and swimming abilities for adults of all levels.

37443	13 Yrs +	2/29-4/18	8 -8:50 a.m.	Sa	$52
37444	13 Yrs +	4/25-6/13	8-8:50 a.m.	Sa	$52

AQUATICS - LEVEL 1

Skills taught in Level 1 include: blowing bubbles, front float, back float, rolling over from front to back, introduction to arm action, kicking on front, combined stroke on front, and water safety rules.

37461	6-12 Yrs	2/29-4/18	10-10:25 a.m.	Sa	$44
37462	6-12 Yrs	2/29-4/18	11-11:25 a.m.	Sa	$44
37463	6-12 Yrs	3/9-4/1	4:30-4:55 p.m.	MW	$44
37464	6-12 Yrs	3/9-4/1	6:30-6:55 p.m.	MW	$44
37465	6-12 Yrs	4/6-4/29	4:30.-4:55 p.m.	MW	$44
37466	6-12 Yrs	4/6-4/29	6:30-4:55 p.m.	MW	$44
37467	6-12 Yrs	4/25-6/13	10-10:25 a.m.	Sa	$44
37468	6-12 Yrs	4/25-6/13	11-11:25 a.m.	Sa	$44
37469	6-12 Yrs	5/4-5/27	4:30-4:55 p.m.	MW	$44
37470	6-12 Yrs	5/4-5/27	6:30-6:55 p.m.	MW	$38.50

AQUATICS - LEVEL 2

Skills taught in Level 2 include: submerging head, recovering from a float to a standing position, front glide, back glide, introduction to treading water, combined stroke on front and back, and water safety rules.

37471	6-12 Yrs	2/29-4/18	10-10:25 a.m.	Sa	$44
37472	6-12 Yrs	2/29-4/18	11:30-11:55 a.m.	Sa	$44
37473	6-12 Yrs	3/9-4/1	4-4:25 p.m.	MW	$44
37474	6-12 Yrs	3/9-4/1	5:30-5:55 p.m.	MW	$44
37475	6-12 Yrs	4/6-4/29	4-4:25 p.m.	MW	$44
37476	6-12 Yrs	4/6-4/29	5:30-5:55 p.m.	MW	$44
37477	6-12 Yrs	4/25-6/13	10-10:25 a.m.	Sa	$44
37478	6-12 Yrs	4/25-6/13	11:30-11:55 a.m.	Sa	$44
37479	6-12 Yrs	5/4-5/27	4-4:25 p.m.	MW	$44
37480	6-12 Yrs	5/4-5/27	5:30-5:55 p.m.	MW	$38.50

AQUATICS - LEVEL 3

Skills taught in Level 3 include: jumping into deep water, back float, front crawl, back crawl, treading water, head first entry from the side of pool, introduction to butterfly, and water safety rules.

37481	6-12 Yrs	2/29-4/18	10:30-10:55 a.m.	Sa	$44
37482	6-12 Yrs	3/9-4/1	4-4:25 p.m.	MW	$44
37483	6-12 Yrs	3/9-4/1	6-6:25 p.m.	MW	$44
37484	6-12 Yrs	4/6-4/29	4-4:25 p.m.	MW	$44
37485	6-12 Yrs	4/6-4/29	6-6:25 p.m.	MW	$44
37486	6-12 Yrs	4/25-6/13	10:30-10:55 a.m.	Sa	$44
37487	6-12 Yrs	5/4-5/27	4-4:25 p.m.	MW	$44
37488	6-12 Yrs	5/4-5/27	6-6:25 p.m.	MW	$38.50

Sign up for a swim class this spring and enjoy summer at our pools

AQUATICS - LEVEL 4

Skills taught in Level 4 include: diving from the side of the pool, front crawl, back crawl, butterfly, breaststroke, elementary backstroke, treading water, and sidestroke.

37489	6-12 Yrs	2/29-4/18	8:30 -8:55 a.m.	Sa	$44
37490	6-12 Yrs	3/9-4/1	4:30-4:55 p.m.	MW	$44
37491	6-12 Yrs	3/9-4/1	6:30-6:55 p.m.	MW	$44
37492	6-12 Yrs	4/6-4/29	4:30-4:55 p.m.	MW	$44
37493	6-12 Yrs	4/6-4/29	6:30-4:55 p.m.	MW	$44
37494	6-12 Yrs	4/25-6/13	8:30-8:55 a.m.	Sa	$44
37495	6-12 Yrs	5/4-5/27	4:30-4:55 p.m.	MW	$44
37496	6-12 Yrs	5/4-5/27	6:30-6:55 p.m.	MW	$38.50

AQUATICS - LEVEL 5-6

Skills taught in Level 5-6 include: flip turns, treading water, diving from the side of the pool, and refining front crawl, back crawl, butterfly, elementary backstroke, breaststroke, and sidestroke.

37497	6-12 Yrs	2/29-4/18	8-8:25 a.m.	Sa	$44
37498	6-12 Yrs	3/9-4/1	5-5:25 p.m.	MW	$44
37499	6-12 Yrs	4/6-4/29	5-5:25 p.m.	MW	$44
37500	6-12 Yrs	4/25-6/13	8-8:25 a.m.	Sa	$44
37501	6-12 Yrs	5/4-5/27	5-5:25 p.m.	MW	$38.50

AQUATICS - PARENT & CHILD

An introductory course for children 9 months to three years. A parent must accompany the child in the water. Skills taught include: blowing bubbles, putting face in water, kicking feet, paddling arms, using kick boards, floating on back, and rolling over.

37502	9 Mos-2 Yrs	2/29-4/18	9-9:25 a.m.	Sa	$44
37503	9 Mos-2 Yrs	2/29-4/18	11:30-11:55 a.m.	Sa	$44
37504	9 Mos-2 Yrs	3/9-4/1	3-3:25 p.m.	MW	$44
37505	9 Mos-2 Yrs	3/9-4/1	6-6:25 p.m.	MW	$44
37506	9 Mos-2 Yrs	4/6-4/29	3-3:25 p.m.	MW	$44
37507	9 Mos-2 Yrs	4/6-4/29	6-6:25 p.m.	MW	$44
37508	9 Mos-2 Yrs	4/25-6/13	9-9:25 a.m.	Sa	$44
37509	9 Mos-2 Yrs	4/25-6/13	11:30-11:55 a.m.	Sa	$44
37510	9 Mos-2 Yrs	5/4-5/27	3-3:25 p.m.	MW	$44
37511	9 Mos-2 Yrs	5/4-5/27	6-6:25 p.m.	MW	$38.50

AQUATICS – PRE SCHOOL AQUATICS 1

Skills taught in Pre School Aquatics 1 include: blowing bubbles, front float, back float, front glide, back-glide, introduction to arm and leg action on front, jumping in, and safety rules.

37512	3-5 Yrs	2/29-4/18	9-9:25 a.m.	Sa	$44
37513	3-5 Yrs	2/29-4/18	10:30-10:55 a.m.	Sa	$44
37514	3-5 Yrs	3/9-4/1	3-3:25 p.m.	MW	$44
37515	3-5 Yrs	3/9-4/1	5-5:25 p.m.	MW	$44
37516	3-5 Yrs	4/6-4/29	3-3:25 p.m.	MW	$44
37517	3-5 Yrs	4/6-4/29	5-5:25 p.m.	MW	$44
37518	3-5 Yrs	4/25-6/13	9-9:25 a.m.	Sa	$44
37519	3-5 Yrs	4/25-6/13	10:30 -10:55 a.m.	Sa	$44
37520	3-5 Yrs	5/4-5/27	3-3:25 p.m.	MW	$44
37521	3-5 Yrs	5/4-5/27	5-5:25 p.m.	MW	$38.50

AQUATICS – PRE SCHOOL AQUATICS 2

Skills taught in Pre School Aquatics 2 include: front and back float, turning over, arm and leg action on front, introduction to arm and leg action on back, breath control, and treading water.

37522	3-5 Yrs	2/29-4/18	9:30-9:55 a.m.	Sa	$44
37523	3-5 Yrs	2/29-4/18	11-11:25 a.m.	Sa	$44
37524	3-5 Yrs	3/9-4/1	3:30-3:55 p.m.	MW	$44
37525	3-5 Yrs	3/9-4/1	5:30-5:55 p.m.	MW	$44
37526	3-5 Yrs	4/6-4/29	3:30-3:55 p.m.	MW	$44
37527	3-5 Yrs	4/6-4/29	5:30-5:55 p.m.	MW	$44
37528	3-5 Yrs	4/25-6/13	9:30-9:55 a.m.	Sa	$44
37529	3-5 Yrs	4/25-6/13	11-11:25 a.m.	Sa	$44
37530	3-5 Yrs	5/4-5/27	3:30-3:55 p.m.	MW	$44
37531	3-5 Yrs	5/4-5/27	5:30-5:55 p.m.	MW	$38.50

AQUATICS – PRE SCHOOL AQUATICS 3

Skills taught in Pre School Aquatics 3 include: front crawl with side breathing, backstroke, treading water, floating, introduction to breaststroke and water safety skills.

37532	3-5 Yrs	2/29-4/18	9:30-9:55 a.m.	Sa	$44
37533	3-5 Yrs	3/9-4/1	3:30-3:55 p.m.	MW	$44
37534	3-5 Yrs	4/6-4/29	3:30-3:55 p.m.	MW	$44
37535	3-5 Yrs	4/25-6/13	9:30-9:55 a.m.	Sa	$44
37536	3-5 Yrs	5/4-5/27	3:30-3:55 p.m.	MW	$44

PRIVATE & SEMI-PRIVATE SWIM LESSONS:

Enroll to the wait list online at no cost. Pool staff will fill all available slots from the wait list. Private lessons are offered as one-on-one with instructor. Price for private lessons is $160 for eight (8) 25-minute lessons. Semi-Private lessons are offered as 2-3 students to 1 instructor. Price for semi-private lessons is $103 for eight (8) 25-minute lessons. Lessons are offered on Saturday mornings, Monday/Wednesday evenings & Tuesday/Thursday evenings: March - October. Session dates run concurrent with group lessons. For information and availability please contact the pool at (562) 570-1807.

AQUATICS - BELMONT PRIVATE SWIM LESSONS

37445	9 Mos & Up	2/29-4/18	8 a.m.-noon	Sa	$160
37446	9 Mos & Up	3/9-4/1	3-7 p.m.	MW	$160
37447	9 Mos & Up	3/10-4/2	3-7 p.m.	TTh	$160
37448	9 Mos & Up	4/6-4/29	3-7 p.m.	MW	$160
37449	9 Mos & Up	4/7-4/30	3-7 p.m.	TTh	$160
37450	9 Mos & Up	4/25-6/13	8 a.m.-noon.	Sa	$160
37451	9 Mos & Up	5/4-5/27	3-7 p.m.	MW	$140
37452	9 Mos & Up	5/5-5/28	3-7 p.m.	TTh	$160

AQUATICS – BELMONT SEMI PRIVATE SWIM LESSONS

37453	9 Mos & Up	2/29-4/18	8 a.m.-noon	Sa	$103
37454	9 Mos & Up	3/9-4/1	3-7 p.m.	MW	$103
37455	9 Mos & Up	3/10-4/2	3-7 p.m.	TTh	$103
37456	9 Mos & Up	4/6-4/29	3-7 p.m.	MW	$103
37457	9 Mos & Up	4/7-4/30	3-7 p.m.	TTh	$103
37458	9 Mos & Up	4/25-6/13	8 a.m.-noon	Sa	$103
37459	9 Mos & Up	5/4-5/27	3-7 p.m.	MW	$91
37460	9 Mos & Up	5/5-5/28	3-7 p.m.	TTh	$103

KING PARK POOL

1910 Lemon Avenue • (562) 570-1718

GENERAL INFORMATION

King Park Pool is a year-round, indoor facility. Water temperature is maintained between 83-85 degrees. Children must be at least 42 inches tall or accompanied by an adult in the water at all times. Swimsuits are required. Infants must wear "swim diapers". Pool fee is per entry. We do not offer refunds of admission fees. Schedule and fees may be subject to change. **POOL CLOSED MONDAY, May 25th (Memorial Day).**

OPEN SWIM FEES

Youth, ages 17 yrs & under:	$1
Senior Citizens, ages 50 yrs & up:	$2
Adults, ages 18-49 yrs:	$3

SWIM PASSES: Swim passes are available online or at the pool. Each swim pass purchase is valid for 1-year from purchase date. Membership pass fees: Youth-$25, Seniors-$40, Adults-$65. Membership pass is valid for 25 visits. Fees may be subject to change. There is an $8 replacement fee if the card is lost or misplaced.

LAP SWIM

Tu/Th/F	6-8 a.m.
	noon-2 p.m.
Tu/Th	9-11 a.m.
Sa/Su	noon-1 p.m.

ALL AGES RECREATION SWIM

Sa/Su	1-3:30 p.m.
Tu/Th/F	2:30-4 p.m.
Tu/Th	6:30-8 p.m.

WATER EXERCISE CLASSES

Ages 16 & up. Looking for a new style of exercise? This is the class for you! It will help you shape-up and keep fit. This class is offered on an on-going basis. Don't miss the fun! Fee is $3.00/class meeting. Senior Citizens 50+ free with a Senior Fitness Pass.

Deep Water	Tu/Th/F	6:30-7:20 a.m.
Shallow Water	Tu/Th/F	8-8:50 a.m.
	M/W	6 -6:50 p.m.

SWIMMING LESSONS

Class options: Tuesday/Thursday or Saturday. Youth classes are 25 minutes in length; Adults 50 minutes. Registration for classes will be available online or at King Park Pool during regular scheduled hours. Cash, money orders, debit/credit card, and personal checks with a preprinted address are accepted. Please make checks payable to the City of Long Beach. Online registration is also available for all swimming lessons offered at King Park Pool. Visit www.lbparks.org to register online. Refunds for classes will only be granted prior to the first class meeting, with a $10 service charge assessed. If you are unsure of the level for which to sign-up, call or stop by the pool to arrange for a swim test. Classes may be canceled or combined in the event of low enrollment. Please register early to reserve your place in class no later than one week prior to the beginning of the session.

REGISTRATION DATES

Lessons	Starting Date:	Registration Begins:
2/29-4/18	Sa	2/1/20 at 8 a.m.
3/3-3/26	Tu/Th	2/18/20 at 3 p.m.
3/31-4/23	Tu/Th	3/17/20 at 3 p.m.
4/25-6/13	Sa	3/28/20 at 8 a.m.
4/28-5/21	Tu/Th	4/14/20 at 3 p.m.

AQUATICS - PARENT & CHILD

An introductory course for children 9 months to three years. A parent must accompany the child in the water. Skills taught include: blowing bubbles, putting face in water, kicking feet, paddling arms, using kickboards, floating on back and rolling over.

37398	9 Mths-3 Yrs	2/29-4/18	11-11:25 a.m.	Sa	$32
37429	9 Mths-3 Yrs	4/25-6/13	11-11:25 a.m.	Sa	$32

AQUATICS - PRESCHOOL AQUATICS 1

Skills taught in Preschool Aquatics 1 include: blowing bubbles, front float, back float, front glide, back glide, introduction to arm and leg action on front, jumping in, and safety rules.

37394	3-5 Yrs	2/29-4/18	9:30-9:55 a.m.	Sa	$32
37405	3-5 Yrs	3/3-3/26	4-4:25 p.m.	Tu/Th	$32
37414	3-5 Yrs	3/31-4/23	4-4:25 p.m.	Tu/Th	$32
37425	3-5 Yrs	4/25-6/13	9:30-9:55 a.m.	Sa	$32
37436	3-5 Yrs	4/28-5/21	4-4:25 p.m.	Tu/Th	$32

AQUATICS - PRESCHOOL AQUATICS 2

Skills taught in Preschool Aquatics 2 include: front and back float, turning over, arm and leg action on front, introduction to arm and leg action on back, breath control, and treading water.

37399	3-5 Yrs	2/29-4/18	11-11 a.m.	Sa	$32
37408	3-5 Yrs	3/3-3/26	4:30-4:55 p.m.	Tu/Th	$32
37417	3-5 Yrs	3/31-4/23	4:30-4:55 p.m.	Tu/Th	$32
37430	3-5 Yrs	4/25-6/13	11-11 a.m.	Sa	$32
37439	3-5 Yrs	4/28-5/21	4:30-4:55 p.m.	Tu/Th	$32

AQUATICS - PRESCHOOL AQUATICS 3

Skills taught in Preschool Aquatics 3 include: front crawl with side breathing, backstroke, treading water, floating, introduction to breaststroke, and water safety skills.

37400	3-5 Yrs	2/29-4/18	11-11 a.m.	Sa	$32
37410	3-5 Yrs	3/3-3/26	5-5:25 p.m.	Tu/Th	$32
37419	3-5 Yrs	3/31-4/23	5-5:25 p.m.	Tu/Th	$32
37431	3-5 Yrs	4/25-6/13	11-11 a.m.	Sa	$32
37441	3-5 Yrs	4/28-5/21	5-5:25 p.m.	Tu/Th	$32

AQUATICS - LEVEL 1

Skills taught in Level 1 include: blowing bubbles, front float, back float, rolling over from front to back, introduction to arm action, kicking on front, combined stroke on front, and water safety rules.

37393	6-12 Yrs	2/29-4/18	9:30-9:55 a.m.	Sa	$32
37396	6-12 Yrs	2/29-4/18	10-10:55 a.m.	Sa	$32
37403	6-12 Yrs	3/3-3/26	4-4:25 p.m.	Tu/Th	$32
37412	6-12 Yrs	3/31-4/23	4-4:25 p.m.	Tu/Th	$32
37424	6-12 Yrs	4/25-6/13	9:30-9:55 a.m.	Sa	$32
37427	6-12 Yrs	4/25-6/13	10-10:55 a.m.	Sa	$32
37434	6-12 Yrs	4/28-5/21	4-4:25 p.m.	Tu/Th	$32

AQUATICS - LEVEL 2

Skills taught in Level 2 include: submerging head, recovering from a float to a standing position, front glide, back glide, introduction to treading water, combined stroke on front and back, and water safety rules.

37401	6-12 Yrs	2/29-4/18	11:30-11:55 a.m.	Sa	$32
37406	6-12 Yrs	3/3-3/26	4:30-4:55 p.m.	Tu/Th	$32
37415	6-12 Yrs	3/31-4/23	4:30-4:55 p.m.	Tu/Th	$32
37432	6-12 Yrs	4/25-6/13	11:30-11:55 a.m.	Sa	$32
37437	6-12 Yrs	4/28-5/21	4:30-4:55 p.m.	Tu/Th	$32

AQUATICS - LEVEL 3

Skills taught in Level 3 include: jumping into deep water, back float, front crawl, back crawl, treading water, head first entry from the side of pool, introduction to butterfly, and water safety rules.

37402	6-12 Yrs	2/29-4/18	11:30-11:55 a.m.	Sa	$32
37407	6-12 Yrs	3/3-3/26	4:30-4:55 p.m.	Tu/Th	$32
37416	6 12 Yrs	3/31-4/23	4:30-4:55 p.m.	Tu/Th	$32
37433	6-12 Yrs	4/25-6/13	11:30-11:55 a.m.	Sa	$32
37438	6-12 Yrs	4/28-5/21	4:30-4:55 p.m.	Tu/Th	$32

AQUATICS - LEVEL 4
Skills taught in Level 4 include: diving from the side of the pool, front crawl, back crawl, butterfly, breaststroke, elementary backstroke, treading water, and sidestroke.

37397	6-12 Yrs	2/29-4/18	10:30-10:55 a.m.	Sa	$32
37404	6-12 Yrs	3/3-3/26	5:30-5:55 p.m.	Tu/Th	$32
37413	6-12 Yrs	3/31-4/23	5:30-5:55 p.m.	Tu/Th	$32
37428	6-12 Yrs	4/25-6/13	10:30-10:55 a.m.	Sa	$32
37435	6-12 Yrs	4/28-5/21	5:30-5:55 p.m.	Tu/Th	$32

AQUATICS - LEVEL 5/6
Skills taught in Level 5 include: flip turns, treading water, diving from the side of the pool, and refining front crawl, back crawl, butterfly, elementary backstroke, breaststroke, and sidestroke.

37391	6-12 Yrs	2/29-4/18	9-9:25 a.m.	Sa	$32
37422	6-12 Yrs	3/3-3/26	5-5:25 p.m.	Tu/Th	$32
37409	6-12 Yrs	3/31-4/23	5-5:25 p.m.	Tu/Th	$32
37418	6-12 Yrs	4/25-6/13	9-9:25 a.m.	Sa	$32
37440	6-12 Yrs	4/28-5/21	5-5:25 p.m.	Tu/Th	$32

AQUATICS - ADULTS
Teaches new skills and improves endurance and swimming abilities for adults of all levels.

37395	13yrs+	2/29-4/18	10-10:50 a.m.	Sa	$40
37411	13yrs+	3/3-3/26	5:30-6:20 p.m.	Tu/Th	$40
37420	13yrs+	3/31-4/23	5:30-6:20 p.m.	Tu/Th	$40
37426	13yrs+	4/25-6/13	10-10:50 a.m.	Sa	$40
37442	13yrs+	4/28-5/21	5:30-6:20 p.m.	Tu/Th	$40

PRIVATE & SEMI-PRVATE SWIM LESSONS
Instructor Sang Chuk has over 15 years of experience teaching. All levels are welcome. The fee for five private lessons (20 minutes each) is $150. Four semi-private lessons (20 minutes each) are $150. Lessons are by appointment only. For more information or an appointment, please email sang.chuk@aqua-time.net or call/text (562) 248-6538.

WATER POLO 101

Get an introduction to the game of Water Polo. Will include conditioning, drills and fund fundamentals of the game. Must have Level 5 swim skills and be between the ages of 11-15 (tryouts may be required). Please call the pool for more information. Saturdays, 8 a.m. starting February 29 and April 25.

JUNIOR LIFEGUARD PROGRAM

Get started for a future job as a lifeguard. Learn swimming and life guarding skills. Must have Level 5 swim skills and be between the ages of 13-16. Please call the pool for more information. Saturdays, 9 a.m. starting February 29 and April 25.

POOL RENTALS
Please call the supervisor at 562-570-1718 for information, fees and scheduling availability.

LEEWAY SAILING CENTER 5437 East Ocean Boulevard • (562) 570-1719

GENERAL INFORMATION

Leeway Sailing Center offers lessons in sailing. All classes require registration at least 48 hours in advance either online or at the Parks, Recreation and Marine Registration Office. Registrations are not accepted at the facility. LEEWAY CLOSED SATURDAY, MAY 23 – MONDAY, MAY 25 (MEMORIAL DAY Holiday).

BEGINNING CAPRI SAILING (14' BOATS) 13 yrs & up
A beginning sailing class designed to introduce adult students to the exciting sport of dinghy sailing.

37273	2/29-3/21	9 a.m.-noon	Sa	$120
37274	3/1-3/22	9 a.m.-noon	Su	$120
37275	3/28-4/18	9 a.m.-noon	Sa	$120
37276	3/29-4/19	9 a.m.-noon	Su	$120
37277	4/25-5/16	9 a.m.-noon	Sa	$120
37278	4/26-5/17	9 a.m.-noon	Su	$120

BEGINNING SABOT SAILING (8' BOATS) 8 yrs & up
A beginning sailing class designed to introduce children to the exciting sport of dinghy sailing. No previous experience is necessary.

37279	2/29-3/21	9 a.m.-noon	Sa	$120
37280	3/28-4/18	9 a.m.-noon	Sa	$120
37281	4/25-5/16	9 a.m.-noon	Sa	$120

INTERMEDIATE CAPRI SAILING (14' BOATS) 13 yrs & up
For sailors who have completed our Beginning Capri class. Learn advanced sailing skills such as solo sailing, backwinding, basic racing, tiller extensions, and controlled jibes.

37282	3/1-3/22	12:30-3:30 p.m.	Su	$120
37283	3/29-4/19	12:30-3:30 p.m.	Su	$120
37284	4/26-5/17	12:30-3:30 p.m.	Su	$120

INTERMEDIATE SABOT SAILING (8' BOATS) 8yrs & up
An intermediate class for sailors that have completed Beginning Sabot. This class focuses on boat handling skills and beginning tactics.

37285	2/29-3/21	12:30-3:30 p.m.	Sa	$120
37286	3/28-4/18	12:30-3:30 p.m.	Sa	$120
37287	4/25-5/16	12:30-3:30 p.m.	Sa	$120

KEELBOAT CLASS 13yrs & up
A class for those with sailing experience. Participants must have taken Intermediate Capri and have skills needed for sailing on a Keelboat.

37288	3/1-3/22	10 a.m.-2 p.m.	Su	$133
37289	3/29-4/19	10 a.m.-2 p.m.	Su	$133
37290	4/26-5/17	10 a.m.-2 p.m.	Su	$133

SABOT RACING CLINIC (8' BOATS) 8yrs & up
This six-week course is designed for Sabot students that would like to learn racing strategy, tactics, and advanced boat handling skills. Participants must have completed Intermediate Sabot and have instructor approval to register. Class will take place every other Sunday from 12-3PM. The clinic begins on: Sunday, March 1.

37291	3/1-5/10	noon-3 p.m.	Su	$195

SPRING SAILING CAMP (8' BOATS) 8yrs & up
A three-day Spring Break camp for Sabot sailors that are ready to learn more advanced racing techniques. Must have completed Intermediate Sabot Sailing class.

37292	4/15-4/17	11 a.m.-3 p.m.	W-F	$120

PRIVATE LESSONS
Private and semi-private lessons in sailing, kayaking and canoeing are available. Call Leeway Sailing Center at (562) 570-1719 for more information.

SAIL CLUB

A rental program offered on Saturdays from noon-5 pm year-round. All participants must have successfully completed a course conducted by Leeway Sailing Center or must pass a skills check conducted by Leeway staff prior to renting equipment. A skills check may be scheduled by calling the Sailing Center at (562) 570-1719 at least one week in advance. The skills check fee is $95 per person.

Rental rates are as follows:
Capri & Sabots: $17/hour
Kayaks & Canoe: $13/hour

SILVERADO PARK POOL 1540 West 32nd Street • (562) 570-1721

GENERAL INFORMATION

Silverado Pool is a year-round, indoor facility. Water temperature is maintained between 83 - 85 degrees. Children must be at least 42 inches tall or accompanied by an adult in the water at all times. Swimsuits are required. Infants must wear "swim diapers." Pool fee is per entry. We do not offer refunds of admission fees. Schedule and fees may be subject to change. POOL CLOSED – MONDAY, MAY 25 (MEMORIAL DAY),

OPEN SWIM FEES
Youth, ages 17 Yrs & Under: $1
Seniors: ages 50 Yrs& Over: $2
Adults: ages 18-49 Yrs: $3

SWIM PASSES: Swim passes are available online or at the pool. Each swim pass purchase valid for 1-year from purchase date. Membership pass fees: Youth-$25, Seniors-$40, Adults-$65. Membership Pass valid for 25 visits. Fees may be subject to change. There is an $8 replacement fee if the card is lost or misplaced.

LAP SWIM

M/W/F	6:30–11 a.m.
	noon - 2 p.m.
M/W	6-7 p.m., 2 LANES ONLY
Sat	noon-1 p.m.
Sun	8–11 a.m.

ALL AGES RECREATION SWIM

M/ W	2-3:30 p.m.
Sat	1-3:30 p.m.

WATER EXERCISE CLASSES
Seniors 50+ are free with a Senior Fitness Pass. Walk-in fee is $3 per class for adults. Benefit from these fun, fast paced, low impact classes designed to shape you up with little or no stress on your knees or back.

Deep Water Exercise: M/W/F/Su	10-10:50 a.m.
Shallow Water Exercise: M/W/F/Su	11-11:50 a.m.

WEIGHT ROOM
We offer a full set of Universal equipment and two Lifecycles. The weight room is open during the above hours of operation. Fees include pool use and are the same as pool entry. Users must be 18 years of age and wear closed toe shoes and T-shirts.

SWIMMING LESSONS

Class options: Monday and Wednesday or Saturday. Classes are 25(Y) and 50(A) minutes in length. Registration for classes will be available on-line or at Silverado Park Pool during regular scheduled hours up to 15 minutes before closing. Cash, money orders, debit/credit card, and personal checks with a preprinted address are accepted. Please make checks payable to the City of Long Beach. Oniine registration is also available for all swimming lessons offered at Silverado Park Pool. Visit www.lbparks.org to register online. If you are unsure of the level for which to sign-up, call or stop by the pool to arrange for a swim test. Classes may be canceled or combined in the event of low enrollment.

REGISTRATION DATES

Lessons	Starting Date:	Registration Begins:
3/7-4/25	Sa	2/8/20 at 8 a.m.
3/2-3/25	M/W	2/19/20 at 3 p.m.
3/30-4/22	M/W	3/16/20 at 3 p.m.
4/27-5/20	M/W	4/13/20 at 3 p.m.
5/2-6/20	Sa	4/4/20 at 8 a.m.

AQUATICS - ADULTS
Teaches new skills and improves endurance and swimming abilities for adults of all levels.

37319	13 Yrs +	3/7-4/25	8-8:55 a.m.	Sa	$40
37320	13 Yrs +	3/2-3/25	6-6:50 p.m.	MW	$40
37321	13 Yrs +	3/30-4/22	6-6:50 p.m.	MW	$40
37322	13 Yrs +	5/2-6/20	8-8:55 a.m.	Sa	$40
37323	13 Yrs +	4/27-5/20	6-6:50 p.m.	MW	$40

AQUATICS - LEVEL 1
Skills taught in Level 1 include: blowing bubbles, front float, back float, rolling over from front to back, introduction to arm action, kicking on front, combined stroke on front, and water safety rules.

37324	6-12 Yrs	3/7-4/25	10-10:25 a.m.	Sa	$32
37325	6-12 Yrs	3/7-4/25	11-11:25 a.m.	Sa	$32
37326	6-12 Yrs	3/2-3/25	4:30-4:55 p.m.	MW	$32
37327	6-12 Yrs	3/30-4/22	4:30-4:55 p.m.	MW	$32
37328	6-12 Yrs	5/2-6/20	10-10:25 a.m.	Sa	$32
37329	6-12 Yrs	5/2-6/20	11-11:25 a.m.	Sa	$32
37330	6-12 Yrs	4/27-5/20	4:30-4:55 p.m.	MW	$32

AQUATICS - LEVEL 2
Skills taught in Level 2 include: submerging head, recovering from a float to a standing position, front glide, back glide, introduction to treading water, combined stroke on front and back, and water safety rules.

37331	6-12 Yrs	3/7-4/25	10-10:25 a.m.	Sa	$32
37332	6-12 Yrs	3/2-3/25	4:30-4:55 p.m.	MW	$32
37333	6-12 Yrs	3/30-4/22	4:30-4:55 p.m.	MW	$32
37334	6-12 Yrs	5/2-6/20	10-10:25 a.m.	Sa	$32
37335	6-12 Yrs	4/27-5/20	4:30-4:55 p.m.	MW	$32

AQUATICS - LEVEL 3
Skills taught in Level 3 include: jumping into deep water, back float, front crawl, back crawl, treading water, head first entry from the side of pool, introduction to butterfly, and water safety rules.

37336	6-12 Yrs	3/7-4/25	10:30-10:55 a.m.	Sa	$32
37337	6-12 Yrs	3/2-3/25	5-5:25 p.m.	MW	$32
37338	6-12 Yrs	3/30-4/22	5-5:25 p.m.	MW	$32
37339	6-12 Yrs	5/2-6/20	10:30-10:55 a.m.	Sa	$32
37340	6-12 Yrs	4/27-5/20	5-5:25 p.m.	MW	$32

AQUATICS - LEVEL 4
Skills taught in Level 4 include: diving from the side of the pool, front crawl, back crawl, butterfly, breaststroke, elementary backstroke, treading water, and sidestroke.

37341	6-12 Yrs	3/7-4/25	10:30-10:55 a.m.	Sa	$32
37342	6-12 Yrs	3/2-3/25	5-5:25 p.m.	MW	$32
37343	6-12 Yrs	3/30-4/22	5-5:25 p.m.	MW	$32
37344	6-12 Yrs	5/2-6/20	10:30-10:55 a.m.	Sa	$32
37345	6-12 Yrs	4/27-5/20	5-5:25 p.m.	MW	$32

AQUATICS - LEVEL 5
Skills taught in Level 5 include: flip turns, treading water, diving from the side of the pool, and refining front crawl, back crawl, butterfly, elementary backstroke, breaststroke, and sidestroke.

37346	6-12 Yrs	3/7-4/25	11-11:25 a.m.	Sa	$32
37347	6-12 Yrs	3/2-3/25	5:30-5:55 p.m.	MW	$32
37348	6-12 Yrs	3/30-4/22	5:30-5:55 p.m.	MW	$32
37349	6-12 Yrs	5/2-6/20	11-11:25 a.m.	Sa	$32
37350	6-12 Yrs	4/27-5/20	5:30-5:55 p.m.	MW	$32

AQUATICS - LEVEL 6
Skills taught in Level 6 include: building endurance in front crawl, back crawl, breaststroke, and sidestroke.

37351	6-12 Yrs	3/7-4/25	11-11:25 a.m.	Sa	$32
37352	6-12 Yrs	3/2-3/25	5:30-5:55 p.m.	MW	$32
37353	6-12 Yrs	3/30-4/22	5:30-5:55 p.m.	MW	$32
37354	6-12 Yrs	5/2-6/20	11-11:25 a.m.	Sa	$32
37355	6-12 Yrs	4/27-5/20	5:30-5:55 p.m.	MW	$32

AQUATICS - PARENT & CHILD

An introductory course for children 9 months to three years. A parent must accompany the child in the water. Skills taught include: blowing bubbles, putting face in water, kicking feet, paddling arms, using kickboards, floating on back, and rolling over.

37356	9 Mths-3 Yrs	3/7-4/25	9-9:25 a.m.	Sa	$32
37357	9 Mths-3 Yrs	3/2-3/25	6-6:25 p.m.	MW	$32
37358	9 Mths-3 Yrs	3/30-4/22	6-6:25 p.m.	MW	$32
37359	9 Mths-3 Yrs	5/2-6/20	9-9:25 a.m.	Sa	$32
37360	9 Mths-3 Yrs	4/27-5/20	6-6:25 p.m.	MW	$32

AQUATICS – PRE SCHOOL AQUATICS 1

Skills taught in Pre School Aquatics 1 include: blowing bubbles, front float, back float, front glide, back glide, introduction to arm and leg action on front, jumping in, and safety rules.

37361	3-5 Yrs	3/7-4/25	9:30-9:55 a.m.	Sa	$32
37362	3-5 Yrs	3/7-4/25	10-10:25 a.m.	Sa	$32
37363	3-5 Yrs	3/2-3/25	4-4:25 p.m.	MW	$32
37364	3-5 Yrs	3/30-4/22	4-4:25 p.m.	MW	$32
37365	3-5 Yrs	5/2-6/20	9:30-9:55 a.m.	Sa	$32
37366	3-5 Yrs	5/2-6/20	10-10:25 a.m.	Sa	$32
37367	3-5 Yrs	4/27-5/20	4-4:25 p.m.	MW	$32

AQUATICS – PRE SCHOOL AQUATICS 2

Skills taught in Pre School Aquatics 2 include: front and back float, turning over, arm and leg action on front, introduction to arm and leg action on back, breath control, and treading water.

37368	3-5 Yrs	3/7-4/25	9:30-9:55 a.m.	Sa	$32
37369	3-5 Yrs	3/2-3/25	4-4:25 p.m.	MW	$32
37370	3-5 Yrs	3/30-4/22	4-4:25 p.m.	MW	$32
37371	3-5 Yrs	5/2-6/20	9:30-9:55 a.m.	Sa	$32
37372	3-5 Yrs	4/27-5/20	4-4:25 p.m.	MW	$32

AQUATICS – PRE SCHOOL AQUATICS 3

Skills taught in Pre School Aquatics 3 include: front crawl with side breathing, backstroke, treading water, floating, introduction to breaststroke and water safety skills.

37373	3-5 Yrs	3/7-4/25	10:30-10:55 a.m.	Sa	$32
37374	3-5 Yrs	5/2-6/20	10:30 -10:55 a.m.	Sa	$32

PRIVATE SWIM LESSONS

Instructor Robert Bruce Hirschhorn has 39 years of experience specializing in early childhood water safety, adult beginners and special needs students of all ages. The fee for four 20-minute private lessons is $160. Lessons are by appointment only. Call (562) 431-4080 for information regarding this program.

Long Beach Fire Department Junior Lifeguard Program

2020 Program Dates: June 22-July 31

Tryout Requirements: 100-yard swim in under two minutes

The Junior Lifeguard Program offers students 9-17 years of age the opportunity to receive instruction in lifeguard rescue techniques, first aid, ocean sports, physical conditioning, and marine ecology, along with CPR certification.

This program gives students the experience they need for future careers as lifeguards or in various public service professions.

All aspects of beach activity will be explored from beach running to skin diving during this 6-week course. The Junior Lifeguard Program ends each summer with the Ironguard event, which allows students to see the progress they have made while pushing themselves to achieve a difficult goal. Program cost: $510

For more information please visit www.longbeachJGs.com, email LBJG@longbeach.gov, or call (562) 536-7807

TENNIS

Billie Jean King, El Dorado and Los Cerritos Tennis Centers, Marina Vista, Naples and Somerset Tennis Courts

Register online at lbparks.org or use the Registration Form on page 55. Make checks payable to FIRST SERVE and mail to: 1040 Park Avenue, Long Beach, CA 90804. Drop your form off at Billie Jean King or El Dorado Park Tennis Centers. Students should wear tennis court-appropriate tennis shoes, NO BLACK-SOLED SHOES ALLOWED!! Each participant is required to bring two cans of new tennis balls to the first class. PRE-REGISTRATION IS REQUIRED FOR ALL CLASSES. If minimum enrollment is not met, classes may be combined or canceled.

Tennis court locations: Billie Jean King Tennis Center, 10th and Park Ave., El Dorado Tennis Center, 2800 Studebaker Rd., Los Cerritos Park Tennis Center, 3750 Del Mar Ave., Marina Vista, Colorado St. and Santiago Ave., Naples Tennis Courts, Tivoli Drive between Saint Irmo Way and 2nd St., Scherer Park, 4600 Long Beach Blvd.,Somerset Tennis Courts, 1500 E. Carson St.

TOTS

Introduce your child to the game of tennis. Hand-eye coordination will be developed in this fun-filled class. 10 weeks. *No class: 4/12.

Pros						**El Dorado West**
37150	Beg	4-5 Yrs	3/28-5/30	8:30-9 a.m.	Sa	$100
37146	Beg	4-5 Yrs	3/30-6/1	3-3:30 p.m.	M	$100
37149	Beg	4-5 Yrs	4/3-6/5	3-3:30 p.m.	F	$100
Pastorini						**Los Cerritos**
37147	Beg	4-5 Yrs	3/30-6/1	4:30-5 p.m.	M	$100
Inouye						**Naples**
37151	Beg	4-5 Yrs	3/28-5/30	9:30-10 a.m.	Sa	$100
37152	Beg	4-5 Yrs	3/29-6/7*	9:30-10 a.m.	Su	$100
Inouye						**Somerset**
37148	Beg	4-5 Yrs	3/31-6/2	7-7:30 p.m.	Tu	$100

FIRST STROKES

Intended for children just learning the game of tennis. Hand-eye coordination, stroke and movement drills will be learned in a fun-filled way. Min 4/Max 11. 10 weeks. *No class: 4/12.

Pros						**El Dorado West**
37153	Beg	5-7 Yrs	3/30-6/1	3:30-4 p.m.	M	$100
37156	Beg	5-7 Yrs	4/1-6/3	3-3:30 p.m.	W	$100
37157	Beg	5-7 Yrs	4/1-6/3	3:30-4 p.m.	W	$100
37158	Beg	5-7 Yrs	4/3-6/5	3:30-4 p.m.	F	$100
Pastorini						**Los Cerritos**
37154	Beg	5-7 Yrs	3/30-6/1	4:30-5 p.m.	M	$100
Inouye						**Naples**
37159	Adv	5-7 Yrs	3/28-5/30	9-9:30 a.m.	Sa	$100
37160	Beg/AdvBeg	5-7 Yrs	3/29-6/7*	9-9:30 a.m.	Su	$100
Inouye						**Somerset**
37155	Beg	5-7 Yrs	3/31-6/2	7:30-8 p.m.	Tu	$100

YOUTH

Students must possess the following skills before registering: Beginning (Beg) students require no experience. Advanced Beginning (AdvBeg) must possess knowledge of ground strokes, grips and ready position. Intermediate (Int) students must understand the rules of the game, have consistent ground strokes and serves. Group lessons: Min 6/Max 11. 10 weeks. *No class: 4/12.

Pros						**El Dorado West**
37174	Beg	7-10 Yrs	3/28-5/30	9-10 a.m.	Sa	$120
37175	AdvBeg	7-15 Yrs	3/28-5/30	10-11 a.m.	Sa	$120
37161	Beg	7-15 Yrs	3/30-6/1	4-5 p.m.	M	$120
37163	Beg	7-15 Yrs	3/31-6/2	4:30-5:30 p.m.	Tu	$120
37164	AdvBeg	7-15 Yrs	3/31-6/2	5:30-6:30 p.m.	Tu	$120
37165	Beg	7-15 Yrs	4/1-6/3	4-5 p.m.	W	$120
37166	AdvBeg	7-15 Yrs	4/1-6/3	5-6 p.m.	W	$120
37168	Beg	7-15 Yrs	4/2-6/4	4:30-5:30 p.m.	Th	$120
37169	AdvBeg	7-15 Yrs	4/2-6/4	5:30-6:30 p.m.	Th	$120
37171	Beg/AdvBeg	7-15 Yrs	4/3-6/5	4-5 p.m.	F	$120
37172	AdvBeg	7-15 Yrs	4/3-6/5	5-6 p.m.	F	$120
Pastorini & Sleigh						**Los Cerritos**
37180	Beg	7-10 Yrs	3/29-6/7*	1-2 p.m.	Su	$120
37181	AdvBeg	7-15 Yrs	3/29-6/7*	2-3 p.m.	Su	$120
37162	Beg/AdvBeg	7-15 Yrs	3/30-6/1	5-6 p.m.	M	$120
Inouye						**Naples**
37176	Beg	8-12 Yrs	3/29-6/7*	10-11 a.m.	Su	$120
37177	AdvBeg	8-12 Yrs	3/29-6/7*	11 a.m.-noon	Su	$120
37178	Int	8-12 Yrs	3/29-6/7*	noon-1 p.m.	Su	$120
37179	Adv	8-12 Yrs	3/29-6/7*	1-2 p.m.	Su	$120
Inouye						**Somerset**
37167	Adv	8-12 Yrs	4/1-6/3	7-8 p.m.	W	$120
37170	Int	8-12 Yrs	4/2-6/4	7-8 p.m.	Th	$120
37173	Beg	8-12 Yrs	4/3-6/5	7-8 p.m.	F	$120

ADULT GROUP CLASSES

Beginning (Beg) students will learn the basic strokes and grip. Advanced Beginners (AdvBeg) will continue improvement of ground strokes and strategy. Intermediate (Int) and Advanced (Adv) players will work on perfecting strategy and knowledge of the game. The first class will include a skills test to determine if you are in the correct level. 16 years and up. Min 6/Max 12. 10 weeks. *No class: 4/12.

Pastorini					**Billie Jean King**
37182	Int	3/31-6/2	7-8:30 p.m.	Tu	$155
Pros					**El Dorado West**
37204	Beg	3/29-6/7*	8-9 a.m.	Su	$120
37205	AdvBeg	3/29-6/7*	9-10 a.m.	Su	$120
37206	Int	3/29-6/7*	10-11 a.m.	Su	$120
37187	Int	3/30-6/1	10-11 a.m.	M	$120
37188	Beg	3/30-6/1	7-8 p.m.	M	$120
37189	AdvBeg	3/30-6/1	8-9 p.m.	M	$120
37190	AdvBeg	3/31-6/2	9-10 a.m.	Tu	$120
37191	Int	3/31-6/2	10-11 a.m.	Tu	$120
37192	AdvBeg	3/31-6/2	6:30-7:30 p.m.	Tu	$120
37193	Int	3/31-6/2	7:30-8:30 p.m.	Tu	$120
37194	Beg	4/1-6/3	9-10 a.m.	W	$120
37195	Beg/AdvBeg	4/1-6/3	10-11 a.m.	W	$120
37196	Int	4/1-6/3	11 a.m.-noon	W	$120
37197	AdvBeg	4/1-6/3	7-8 p.m.	W	$120
37198	Int	4/2-6/4	9-10 a.m.	Th	$120
37199	AdvBeg	4/2-6/4	10-11 a.m.	Th	$120
37200	AdvBeg	4/2-6/4	6:30-7:30 p.m.	Th	$120
37201	Int	4/2-6/4	7:30-8:30 p.m.	Th	$120
37202	Beg	4/3-6/5	9:30-10:30 a.m.	F	$120
37203	AdvBeg	4/3-6/5	10:30-11:30 a.m.	F	$120
Unger *No class 4/22, 5/4					**El Dorado West**
37183	LowInt/Int	3/30-5/25*	6-7:30 p.m.	M	$125
37184	LowInt/Int	4/1-5/27*	6-7 p.m.	W	$96
37185	HighInt/Adv	4/1-5/27*	7-8:30 p.m.	W	$125
Cedillo					**Marina Vista**
37209	Beg	3/28-5/30	9-10 a.m.	Sa	$120
37210	AdvBeg	3/28-5/30	10-11 a.m.	Sa	$120
37211	Beg/AdvBeg	3/28-5/30	11 a.m.-noon	Sa	$120
Pastorini					**Marina Vista**
37207	AdvBeg	4/2-6/4	9-10 a.m.	Th	$120
37208	Int	4/2-6/4	10-11 a.m.	Th	$120

Inouye					**Naples**
37212	Int	3/28-5/30	10-11 a.m.	Sa	$120
37213	Adv	3/28-5/30	11 a.m.-noon	Sa	$120
37214	Beg	3/28-5/30	noon-1 p.m.	Sa	$120
37215	AdvBeg	3/28-5/30	1-2 p.m.	Sa	$120
Unger *No class 5/2					**Scherer**
37186	Int/HiInt	3/28-5/23*	10-11:30 a.m.	Sa	$125
Inouye					**Somerset**
37216	AdvBeg	3/31-6/2	8-9 p.m.	Tu	$120
37217	Adv	4/1-6/3	8-9 p.m.	W	$120
37218	Int	4/2-6/4	8-9 p.m.	Th	$120
37219	Beg	4/3-6/5	8-9 p.m.	F	$120

SENIOR CLASS

Special rate for senior citizens! Experience all the health benefits that tennis has to offer. Players of any age can take up tennis as part of an overall exercise prescription. Get involved in a sport where you can play at any age or skill level. Tennis is a great way to have fun and improve motor skills, balance and coordination, build strength, develop endurance and meet new people. This is a new class designed for our senior population ages 60+ years of age. Tennis is also a tremendously effective fitness activity for all seniors. All levels welcome. Small group: Min 6/Max 12. 10 weeks.

Stone					**El Dorado West**
37220	Beg/AdvBeg	4/2-6/4	8-9 a.m.	Th	$100

CARDIO TENNIS

Cardio Tennis is a high energy fitness activity that combines the best features of tennis with cardiovascular exercise, delivering the ultimate, full body, calorie burning aerobic workout. It is designed as a social and fun class for players of all ability levels. More fun than simply going to the gym! 16 years and up. Min 6/Max 12. 10 weeks.

Pros					**El Dorado West**
37221	All Levels	3/31-6/2	11 a.m.-noon	Tu	$120
37222	All Levels	4/1-6/3	6-7 p.m.	W	$120

TRAIN HARDER PLAY SMARTER

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BEGINNERS WELCOME

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2800 N. Studebaker Rd. LB 90815

For more information contact Mitch Bridge at
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info@sctennisacademy.com
www.sctennisacademy.com

Valter Paiva
TENNIS ACADEMY

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Make checks payable to: **FIRST SERVE** • Mail immediately as classes fill up fast!
Send to: FIRST SERVE, 1040 PARK AVE., LONG BEACH, CA 90804 or fax your form to (562) 438-1249 or drop off at BJK or El Dorado Pro Shops. For more information, please call (562) 438-8509.

RESPONSIBLE PARTY _____

ADDRESS _____ **CITY/ZIP** _____

WORK PHONE _____ **HOME PHONE** _____

STUDENT NAME _____ **BIRTHDATE** _____

For valuable consideration, I for myself, my successors, heirs, assigns, spouse, executors, administrators & next of kin **covenant not to sue, release, waive & discharge** the City of Long Beach and First Serve, their officials, and employees ("City") from all liability, loss, damage, claims, demands, causes of action, costs & expenses including attorney's fees against City arising from my or my child(ren)'s participation in class & transportation connected with class; I **assume** all **risks** of personal injury & death including medical/hospital bills & damage to personal property arising from my or my child(ren)'s participation in class & transportation connected with class except if injury/death is caused by City/First Serve's gross negligence. I understand that City and First Serve provides no insurance for participants. **By signing below**, I acknowledge I've read this Release, understand that I give up certain rights and sign voluntarily.

SIGNATURE _____ **DATE** _____

CLASS#							**FEE**
CLASS NAME							
CLASS#							**FEE**
CLASS NAME							

METHOD OF PAYMENT (check one)

❑ Cash ❑ Check ❑ Money Order
❑ Visa ❑ Mastercard

TOTAL AMOUNT ENCLOSED: $ _____

CREDIT CARD # _____ **EXP DATE** _____ **CCV CODE** _____

REMINDER - Refunds must be requested one working day prior to the first class. If minimum required enrollment is not met, classes may be canceled. There is a $10 processing fee for each refund. ***NO REFUNDS*** will be given on or after the day the class is scheduled to begin. $32 Service Charge on returned or canceled checks. Refunds are limited to 90 days after a class has begun and please allow 3-4 weeks for processing.

VOTING IS CHANGING

MARCH 3, 2020 ELECTION

11-Day & 4-Day Vote Centers

The new voting period will be February 22 - March 3, 2020

REGISTRATION FORM Please print and fill out completely

It's easy to register:

On Line: Register anytime.
Visit http:activenet.active.com/lbparks
or follow the link at www.lbparks.org.
See "how to" videos and answers to "FAQs"

Click on the "request an account" button.

Fill in your information, then click submit
(or click submit and add family member
to register more people at the same address)

By FAX to (562) 570-3113
Confirmation will not be sent.
Retain publication for reference

By Mail: Send completed form and
payment (include address, phone number
and class #(s) on the check) to
City of Long Beach,
2760 Studebaker Road,
Long Beach, Ca 90815

In person: Bring completed form
and payment to the office,
Monday-Friday 8 a.m.-5 p.m.
Office closed: Feb 17.
For more information call
(562) 570- 3111

Main Contact

☐ **Check this box if address or phone number has changed.**

Print Name: _____ **Address:** _____

City _____ **Zip** _____ **Main Phone** (_____) _____ **Work Phone** (_____) _____

Birth Date: _____ **E-mail Address**_____

For valuable consideration, I for myself, my successors, heirs, assigns, executors, spouse, administrators & next of kin **covenant not to sue, release, waive & discharge** the City of Long Beach, the Parks and Recreation Commission, their officials and employees ("City") from all liability, loss, damage, claims, demands, causes of action, costs & expenses including attorney's fees against City arising from my or my child(ren)'s participation in class & transportation connected with class; I **assume** all **risks** of personal injury & death including medical/hospital bills & damage to personal property arising from my or my child(ren)'s participation in class & transportation connected with class except if injury/death is caused by City's gross negligence. I understand that City provides no insurance for participants. **By signing below**, I acknowledge that I've read this Release, understand that I give up certain rights and sign voluntarily.

Signature _____ **Date** _____

Please list separately additional family members living with the Main Contact.

Last Name	First Name	Birthdate	Male / Female (circle one)
1			M / F
2			M / F
3			M / F
4			M / F

Class #	Student Name	Class Name	Day(s)	Start Date	Time	Fee
					Total	$

Refunds must be requested one working day prior to the first class. There is a $10 processing fee for each refund. NO REFUNDS will be given on or after the day the class is scheduled to begin. Full refunds/credits will be given for classes canceled by the City. Please allow 3-4 weeks for refunds.

METHOD OF PAYMENT

☐ Cash ☐ Master Card ☐ Visa ☐ AmEx ☐ Discover ☐ Money Order ☐ Check (payable to **City of Long Beach** include class #, complete address & phone #.)

Credit Card #: ☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐ **Exp. Date** _____

$30 service charge on returned or canceled checks. Please DO NOT MAIL or DEPOSIT CASH in DROP BOX. **CCV. Code** _____

You will be informed if a class is full. Please retain class schedule for reference.

If you would like a confirmation notice, enclose a self-addresed, stamped envelope.

REGISTRATION/RESERVATIONS OFFICE • 2760 Studebaker Road • (562) 570-3111 • Open Monday-Friday, 8am-5:00pm

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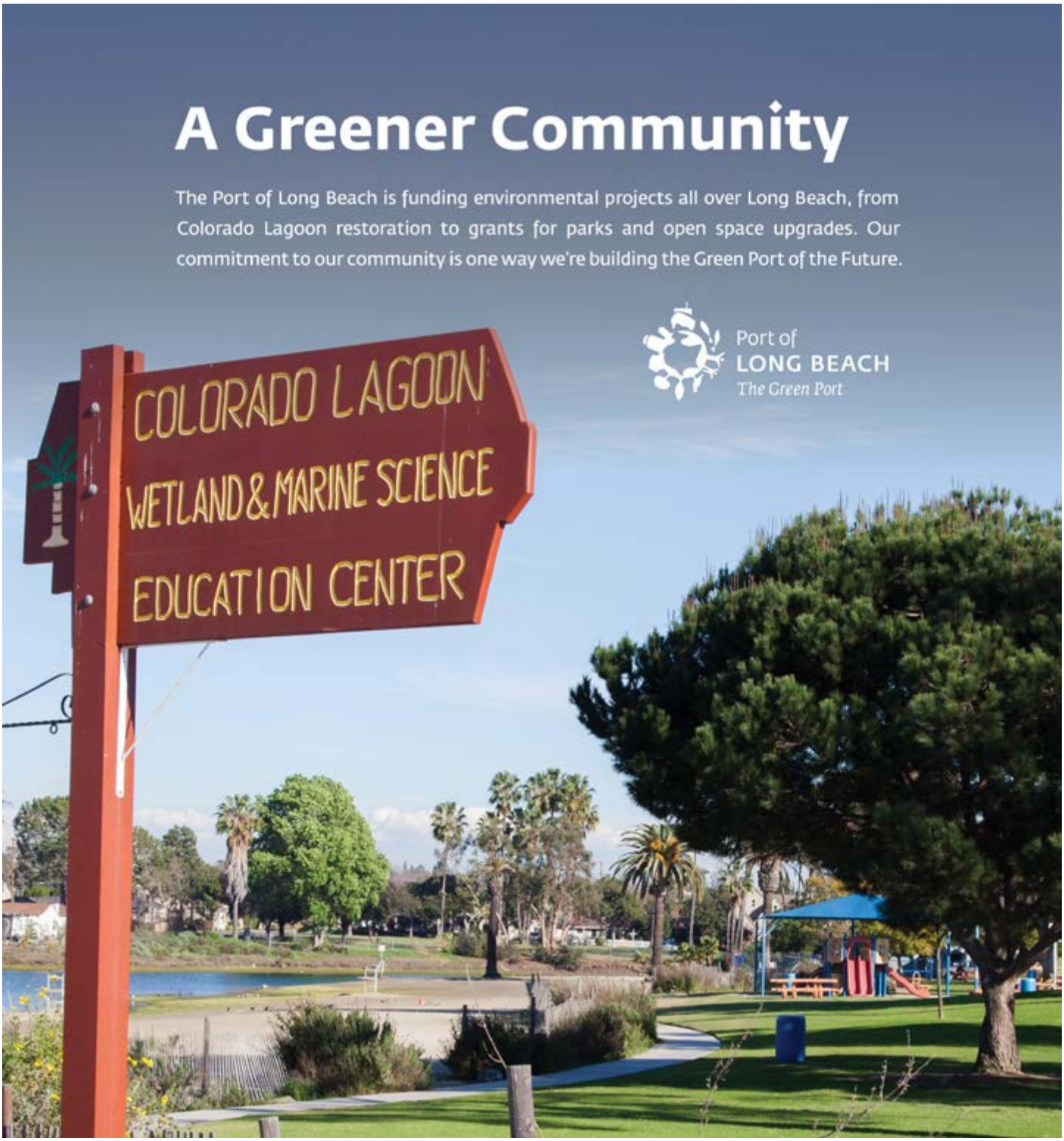
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