MAY 2016 VOLUME 6 ISSUE 5

# We Create Community

LONG BEACH
PARKS • RECREATION • MARINE

## El Dorado Senior Center Hosts Health and Wellness Fair

The El Dorado Park West Senior Center staff hosted a Health and Wellness Fair on May 6. Recreation Leader Matthew Stevens and Contract Class Coordinator Jeff Grant planned the event to have a focus on resources for the physical, social and cognitive aspects of living by using displays and information from MemorialCare Medical Group, United Health Care, SCAN Health Plan and other health care agencies. The community had the opportunity to visit with healthcare professionals, receive health screenings, and enjoy organic food from The Green Truck and Mustache Mike's Italian ice.

Staff and recreation class instructors provided information about El Dorado Senior Center's lifelong learning programs including fitness and dance, and enriching social activities such as bingo, bridge, card making and book club.

According to Jeff Grant, "An event like the Health and Wellness Fair is a great opportunity for our instructors to meet the community, which could help to increase their class attendance. The community benefits by being introduced to new classes that can help them to stay fit, mentally sharp, and broaden their perspective on life"

Attendees enjoyed demonstrations in Longevity Stick, Senior Fitness, Zumba Gold, Hawaiian Dance, Line Dancing and Tap Dancing to showcase the classes and possibilities for fun offered throughout the City by Long Beach Parks, Recreation and Marine.

*Crowd tries Longevitiy Stick class to improve balance and flexibility*

*David Allen Arnette (center) demonstrates easy yoga moves.*

*Several health screenings were available at the Fair.*

# Earth Day Beach Cleanup Makes a Difference

On April 23, El Dorado Nature Center sponsored another great Earth Day Coastal Cleanup in Long Beach.

More than 300 volunteers helped to clean four sites ranging from Downtown to the Peninsula. In two short hours they removed 500 pounds of trash from our beaches.

El Dorado Nature Center staff is thankful to their partners Clean LB, Alamitos Beach Cleanup, and Surfrider Foundation, who supported the event and highlighted the importance of residents taking an active role in improving the health of our local coastline throughout the year.

Get involved and mark your calendar for the California Coastal Cleanup Day on September 17, 2016. Call 562.570.1745 for more information.

*The Alamitos Beach Cleanup Group was on hand for the Earth Day event. The group also conducts monthly cleanups through El Dorado Nature Center's Adopt A Beach program.*

## *By the Numbers: Community Recreation Services March 2016*

| | |
|---|---|
| Permits to Gather | 108 |
| Reserved Picnic Sites | 11 |
| Number of Contract Classes | 234 |
| Facility Use Permits Issued | 79 |
| Field Use Permits Issued | 44 |
| Adult Sports League Participants | 15,788 |
| Visits to City / City Operated LBUSD Pools | 17,308 |
| El Dorado Regional Park Paid Entries | 13,078 |
| El Dorado Regional Park Annual Passes | 792 |
| Youth and Teen Participants | 38,278 |
| Senior Citizen Participant | 41,501 |
| Visits to the El Dorado Nature Center | 33,263 |

# GET REELED IN BY MOVIES IN THE PARK

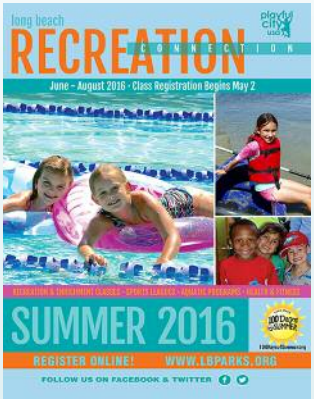
For the 11th year in a row, Parks, Recreation and Marine will offer free "Movies in the Park" at locations throughout the city during the summer. Sponsored by Signal Hill Petroleum, in cooperation with Partners of Parks, the free movie series features family friendly titles, free popcorn and fun for the kids with bounce houses, face painting and games before the show. Everyone is encouraged to bring their family and friends, a lawn chair, blanket, and a picnic style dinner. Movies begin at dusk and are subject to change.

Adding to the fun are free performances before the movie by the Shoreline Symphonic Winds at Cherry Park on June 27, King Park on July 13, Stearns Champions Park on July 22, Wardlow Park on August 5, Houghton Park on August 12 and Pan American Park on August 24. The Shoreline Symphonic Winds play classic band music and contemporary film scores. All concerts begin at 7 p.m.

## 2016 Movies in the Park

| | | |
|---|---|---|
| Star Wars The Force Awakens | June 20 | Signal Hill Park |
| | June 22 | Bixby Park |
| | June 24 | El Dorado Park |
| Pan | June 27 | Cherry Park |
| | June 29 | MacArthur Park |
| | July 1 | Whaley Park |
| Minions | July 5 | Seaside Park |
| | July 6 | Heartwell Park |
| | July 8 | Chavez Park |
| Hotel Transylvania 2 | July 11 | DeForest Park |
| | July 13 | King Park |
| | July 15 | College Estates Park |
| Goosebumps | July 18 | Grace Park |
| | July 20 | Orizaba Park |
| | July 22 | Stearns Champions Park |
| Norm of the North | July 25 | Drake Park |
| | July 27 | Veterans Park |
| | July 29 | Scherer Park |
| Inside Out | August 1 | Ramona Park |
| | August 3 | Admiral Kidd Park |
| | August 5 | Wardlow Park |
| Zootopia | August 8 | McBride Park |
| | August 10 | Somerset Park |
| | August 12 | Houghton Park |
| | August 13 | Animal Care Services |
| The Good Dinosaur | August 15 | Signal Hill Park |
| | August 17 | Coolidge Park |
| Pixels | August 19 | Silverado Park |
| | August 22 | Davenport Park |
| | August 24 | Pan American Park |

## Summer Class Registration Underway




Registration for Parks, Recreation and Marine summer recreation classes is going on now for sessions being held in June, July and August. Dozens of art, fitness, sports and special interest classes for all ages are offered.

A wide array of weeklong specialty camps allow youth to experience many different activities throughout the summer.

Preschoolers can enroll for three different sessions of "Preschool Summer Camp," to participate in art, cooking, water play and science experiments. Two sessions of the "D-Up Basketball Camp" will start building the fundamental skills of the game for ages three to five.

Youth ages five and up have options for film making, writing, soccer, chemistry, engineering, dance, music, robotics, sand castle design, skateboarding, basketball, football, gymnastics, cooking, and leadership skills. New this summer for young artists are "Art and the Magical Underwater World" and "Art for Star Wars Fans." "Minecraft© Claymation World Camp," "Musical Madness Dance Camp," "Storybook Adventure Camp" and "Summer Science Fun" which will appeal to a child's creativity and sense of adventure.

You are never too old to have fun and embrace life-long learning with new class offerings this summer. Learn a creative new skill with "Beginning Sewing - the Apron" or "Welcome to Knitting and Crochet." Adults can learn to navigate the cyber world in "Social Networking for Beginners" and improve their overall well-being in "Total Wellness: Body, Mind and Sport."

Visit http://activenet.active.com/lbparks or follow the link at www.lbparks.org to register.

## Class Instructor Spotlight: Moria Hahn - Art

Moria Hahn teaches Illustrative Watercolor at El Dorado Park West. Her father served in WWII in China, and collected cloisonné and sculptures, and photographed rural people and lifestyles near his Army post. A favorite uncle sent care packages of Japanese art, toys and apparel while stationed in Osaka. These influences sparked her interest in Asian art. Staff recently interviewed Moria about her passion for art.

**Q: How did you get into Art?**
**A:** I've drawn, and have been exposed to great art, since early childhood. I'm descended from artists on both sides of the family, so my folks didn't discourage me from pursuing art as a career.

**Q: How were you inspired to become an Art Instructor?**
**A:** I have taught art and exhibited my work throughout Southern California for 25 years. It's in several museum collections, including the Long Beach Museum of Art. It gives me great pleasure to see my students' work in magazines, exhibitions, conventions, and on social media, and to realize I may have contributed, in some small way, to their success.

**Q: How do you feel your work impacts the community?**
**A:** I've taught art and exhibited art in Long Beach and Southern California for 25 years. I had a large solo exhibition at the Cultural Alliance of Long Beach Gallery, downtown on Pine Avenue, which included a display showing how Japanese woodblock prints are made. I have participated in educational activities about Japanese art and culture for the first annual Long Beach Cherry Blossom Festival. My art is in the permanent collection of the Long Beach Museum of Art. One piece was displayed in the "Museum Menagerie" exhibition in 2013. I gave a talk for the Long Beach Museum docents last year, and taught a weekend watercolor workshop there. The successes of my students are evidence of impacting and improving the community.

**Q: What do you like most about working with the Long Beach community?**
**A:** Long Beach has wonderful social diversity. It also offers a variety of interesting destinations for field trips, including the Aquarium of the Pacific, Rancho Los Alamitos, museums, beaches, the harbor and parks.

**Q: Tell our readers why they should attend your class.**
**A:** My class offers original, effective techniques to make creative work stand out, in illustration or fine art. Students have told me that though they've studied for years, they'd never been shown some of the methods I teach. Beginners and experienced artists are equally at home in my classes.

# Know Your Long Beach Parks: Baker Street Park

Baker Street Park at 625 Baker Street at Golden Avenue opened on May 4 2013 and provides 1.35 acres of open space and recreational amenities for Long Beach's Wrigley neighborhood.

The park's amenities include picnic areas, a universally accessible playground and a walking path. A colorful monument highlights the history of the parkland's former owners, the Encinas family, one of California's early pioneering families and that used the land to operate a large ranch and farm.

The park project was funded with $500,000 from the Los Angeles County Park District, $100,000 from Long Beach Container Terminal Inc. and park impact fees. Partners of Parks accepted the $100,000 donation from the Long Beach Container Terminal Inc., to add a small universally accessible playground, and further Partners of Park's goal for all youth to have full access at Long Beach parks.

## Touch a Truck Event Showcases PRM Vehicles

Third District Councilwoman Suzie Price and Justin Rudd of the non-profit Community Action Team, produced the second "Touch a Truck" event on May 1. More than 10,000 people had fun getting up close to all types of big trucks and rolling equipment. Parks, Recreation and Marine was well represented with a picker/crane combo truck, medium and large John Deere bulldozers and a Long Beach Animal Care Services truck.

*Long Beach Animal Care Services Officers Martin Lodono (r) and Alfedo Magana represented the ACS Bureau at Touch a Truck.*

### By the Numbers Maintenance Operations Bureau - April 2016

**Community Service Worker Program:**

| | |
|---|---|
| Total Enrollment | 133 |
| Total Queensway Bay hours (Water cleanup, debris and litter pickup) | 32 |
| Total Number of Hours Worked at Beach Maintenance | 152 |
| Total Marine Maintenance hours (Litter pickup): | 421 |
| Total El Dorado Park hours (Litter pickup, and custodial). | 508 |
| Total Tree Farm hours (Litter pick up custodial and facility). | 57 |
| Total Los Cerritos Wetlands hours (Litter pickup and vegetation removal) | 179 |
| Special Cleanups: City clean-ups, graffiti paint-out | 1,000 |
| Total hours for the month of March | 2,349 |
| Work orders completed | 310 |
| Restrooms cleaned daily | 172 |
| Facilities cleaned and stocked daily | 28 |

**Park acres maintained:**

| | |
|---|---|
| Park turf | 814 |
| Park landscape | 3,120 |
| Street (medians) turf | 53 |
| Street landscape | 212 |

**Water Use for March 2016**

| | | |
|---|---|---|
| Parks and Street Island Potable | 20,794 ccf | $84,044 |
| Parks and Street Island Reclaimed | 25,176 ccf | $46,057 |

# Animal Care Services Update

## Timmons Subaru of Long Beach Shares The Love With Long Beach ACS

The Long Beach Animal Care Services Bureau offers a huge thank you to Timmons Subaru of Long Beach for donating over $21,000 to LBACS in April. The money was raised through Subaru of America, Inc.'s "Share the Love" program that contributes $250 for each purchased or leased Subaru during designated time periods to charities such as LBACS and ASPCA that benefit local communities.

The generous donation will support emergency medical needs for shelter animals and spay and neuter programs.

## Living With Urban Coyotes

Recent coyote activity around Long Beach and surrounding areas gives reason for reminding residents of important safeguards to protect pet lives and property against these wild animals. It is important to learn techniques to compassionately co-exist with coyotes and protect yourself and your pets.

- Never feed coyotes or any other wildlife.
- Keep pets and pet food inside. If feeding outside, feed pets during the day (no more than one hour) and remove the food bowl when the pet finishes eating.
- Stay close to your pet when taking them outdoors and always keeping them on a leash, especially from dusk through the early morning hours.
- Use "hazing" techniques to shoo away coyotes, such as standing tall, yelling and waving arms while approaching the coyote; using a whistle, air horn, bell or other device; banging pots or pans together; stomping your feet; using a water hose, pepper spray, or throwing tennis balls or rocks at the coyote.

For more detailed information, visit www.longbeach.gov/wildlife.

Coyote activity should be reported online using the following link: www.longbeach.gov/acs/wildlife/coyote-report.

All animal-related emergencies should be reported immediately by calling (562) 570-PETS (7387). If there is an immediate threat to a human, call 911.

## Low Cost Pet Vaccination Clinics Planned

Low Cost Pet Clinics are offered at various convenient locations each month. Pets owners must be 18 years or older. All pets must be on a leash or in a carrier. Bring vaccination information. For information about services and fess visit **www.snpla.com**. Licensing is provided for residents at Saturday clinics. Please bring renewal notice and rabies certificate.

**May 14 - Licensing Available**
9:30 – 11 a.m. Drake Park, 951 Maine Ave.
11:30 a.m. – 1 p.m. Chavez Park, 401 Golden Ave.

**May 19**
4 - 6 p.m. Scherer Park, 4600 Long Beach Blvd.

**May 28 - Licensing Available**
11 a.m. – 2 p.m. Signal Hill Park- Hounds on the Hill

**June 2**
4 - 6 p.m. Scherer Park, 4600 Long Beach Blvd.

**June 11 - Licensing Available**
9:30 – 11 a.m. Stearns Champions Park, 4520 E 23rd St.
11:30 a.m. – 1 p.m. Recreation Park, 4900 E 7th St

**June 16**
4-6 p.m. Scherer Park, 4600 Long Beach Blvd.

**June 21- Licensing Available**
6:30 - 8:30 p.m. Cerritos Park East, 13224 E 166th St., Cerritos

# May - June 2016 Calendar

## May

| | | | |
|---|---|---|---|
| Th. 19: | 4 p.m. | Low Cost Pet Vaccination Clinic | Scherer Park |
| | 7:30 p.m. | El Dorado Audubon Society Meeting | El Dorado Nature Center |
| Sat. 21: | 10 a.m. | Wetland Warrior Cleanup | Golden Shore Marine Reserve |
| Wed. 25: | 10 a.m. | *Parent & Me (18 mo. - 5yrs.) Workshop Dino Dig Day | El Dorado Nature Center |
| Fri. 27: | 6:30 p.m. | "100 Days of Summer" Kick-Off Concert | Marina Stadium |
| Sat. 28: | 11 a.m. | Low Cost Pet Vaccination Clinic | Signal Hill Park |
| Mon. 30: | | Memorial Day Holiday | |

## June

| | | | |
|---|---|---|---|
| Th. 2 | 4 p.m. | Low Cost Pet Vaccination Clinic | Scherer Park |
| Sat. 4 | 10 a.m. | First Satruday Stewards Clean Up Event | El Dorado Nature Center |
| | 1 p.m. | Creation Station Youth Art Program | Rancho Los Cerritos |
| Sat. 11 | 9:30 a.m. | Low Cost Pet Vaccination and Licensing Clinic | Stearns Champions Park |
| | 11:30 a.m. | Low Cost Pet Vaccination and Licensing Clinic | Recreation Park |
| | 7:30 p.m. | *Liars, Thieves and Chocolate Storytelling Event | El Dorado Nature Center |
| Tue. 14 | 7 p.m/. | *Family Nightlife Walk | El Dorado Nature Center |
| Th. 16 | 4 p.m. | Low Cost Pet Vaccination Clinic | Scherer Park |
| Sat. 18 | 10 a.m. | Wetland Warrior Cleanup | Golden Shore Marine Reserve |
| | Varies | 8-Week Swim Lesson Sessions Begin | King Park Pool, Siverado Park Pool |
| Sun. 19 | | Father's Day | |
| Mon. 20 | | Summer Fun Days and Summer Day Camps Begin | Citywide Parks |
| | Varies | New four-week swim lessons begin | Belmont Plaza, King & Silverado Park Pools |
| | 8 p.m. | Movie in the Park: Star Wars The Force Awakens | Signal Hill Park |
| Tue. 21 | 6:30 p.m. | Low Cost Pet Vaccination and Licensing Clinic | Cerritos Park East, 13224 E. 166th St. |
| | Varies | New four-week swim lessons begin | Belmont Plaza Pool |
| | 8 p.m. | Movie on the Beach | Granada Beach |
| Wed. 22 | 8 p.m. | Movie in the Park: Star Wars The Force Awakens | Bixby Park |
| Fri. 24 | 8 p.m. | Movie in the Park: Star Wars The Force Awakens | El Dorado Park |
| Sat. 25 | 1 p.m. | *Backyard Butterfly Presentation | El Dorado Nature Center |
| | Varies | New four-week swim lessons begin | Belmont Plaza Pool |
| | | Sea Festival Pirate Invasion | Belmont Veterans Memorial Pier |
| Sun. 26 | 5:30 p.m. | Rancho Los Cerritos Summer Concert | Rancho Los Cerritos |
| | | Sea Festival Pirate Invasion | Belmont Veterans Memorial Pier |
| Mon. 27 | 8 p.m. | Movie in the Park: Pan | Cherry Park |
| Tue. 28 | 6:30 p.m. | Concert: Long Beach Municipal Band | Whaley Park |
| Wed. 29 | 8 p.m. | Movie on the Beach | Granada Beach |
| | 8 p.m. | Movie in the Park: Pan | MacArthur Park |
| Th. 30 | | | |

*Call for registration and fee information.

## NATIONAL GOLD MEDAL AWARD WINNER!

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