



Know where to go,
before you need to access care.

24/7 NurseLine
MinuteClinic®
HEAL
LiveHealth Online
Urgent Care
Emergency Room



**Take control of your health.
Did you know you have options
that cost less and are quicker
than the ER?**



411 W. Ocean Boulevard,
Floor 10
Long Beach, CA 90802

24/7 NurseLine	MinuteClinic®	HEAL	LiveHealth Online	Urgent Care	Emergency Room
<p>800-337-4770</p> <p>Copay: \$0</p> <p>Talk to a registered nurse about your health concerns 24/7. A nurse can help you locate providers and specialists, decide where to go if your doctor isn't available, and even help you with your baby's fever— just call the number above (also on your ID card).</p>	<p>cvs.com minuteclinic</p> <p>Copay: \$0</p> <p>You can get care without making an appointment by visiting a CVS MinuteClinic®. Practitioners are able to diagnose and treat basic common illnesses, provide vaccinations, and treat minor wounds and sprains. Please note: Healthcare for Anthem HMO members is managed by a Primary Care Physician (PCP) and in some cases, a referral may be required. As a result, MinuteClinic services may not be applicable to HMO members.</p>	<p>heal.com</p> <p>Copay: \$20</p> <p>HEAL allows you to see a doctor in your home, office or just about anywhere else from 8 am to 8 pm, 7 days a week. See licensed, qualified physicians for primary, preventive and urgent care needs (including post-surgery care, camp physicals, pediatrics, internal medicine, etc.)</p>	<p>livehealthonline.com</p> <p>Copay: \$10</p> <p>You can have an online or mobile app video visit with a doctor from the comfort of your own home and without an appointment. LiveHealth provides 24/7 access to U.S. board-certified physicians who can treat a host of common illnesses including fever, sore throat, cough, etc. They can even send prescriptions to your local pharmacy.</p>	<p>anthem.com/ca</p> <p>Copay: \$20</p> <p>You can seek services by going to urgent care for serious symptoms, pain, or conditions that require immediate medical attention but are not severe or life-threatening such as sprains or minor stitches. It is recommended that you identify an in-network urgent care facility near your home and/or work location. Additional costs may apply.</p>	<p>anthem.com/ca</p> <p>Copay: \$100</p> <p>The emergency room shouldn't be your first choice unless there's a true emergency – a serious or life threatening condition that requires immediate attention or treatment. This would include heavy bleeding, large open wounds, chest pains, spinal or severe head injuries, and difficulty breathing. Additional costs may apply.</p>

These resources and copays are for Anthem members only. Want to access all of them from one location? Download the Mobile Health Consumer App today! It's available on the Apple Store and Google Play.