MULTI-SERVICE CENTER

Since its opening in March of 1999, the Multi-Service Center (MSC) has functioned as the main entry point into the Long Beach Continuum of Care system. The MSC is a unique facility which co-locates social service agencies in order to provide integrated, centralized assessment and comprehensive services for at-risk and homeless individuals and families in one location. These services include basic services, such as showers, mail, street outreach, and prevention services; case management, crisis counseling, educational assurances, life skills training, employment assistance, financial literacy classes, employment workshops, fair housing workshops, housing placement, health screenings, HIV/AIDS related services, substance abuse and mental health treatment referrals, veterans services, mainstream benefits and referrals to other community resources. The MSC mission is to provide comprehensive supportive services to promote progress towards permanent housing, self-sufficiency, by creating a community where health, safety, and well-being are established.

1301 W. 12th St.
Long Beach, CA 90813
(562) 570-4500
Bus #s 45, 191, 192
Hours: MON, TUE, WED & FRI 8:30 AM–4:00 PM
THURS 8:30 AM–2:00 PM

VILLAGES AT CABRILLO

The Villages at Cabrillo is a residential community established to break the cycle of homelessness.

A former naval housing campus serving the local Long Beach ship yards, the Villages at Cabrillo has been transformed from a military housing site into a vibrant supportive housing community. As steward of the campus since its inception in 1997, Century Villages at Cabrillo, a 501(c)3 affiliate of Century Housing, is the community development organization that owns, develops, and manages this unique 27 acre campus. Today, the Villages at Cabrillo is home to more than 1,200 residents, including veterans, families and children, and features a collaboration with close to 20 non-profit and government agencies that collectively provide residents with safe, affordable housing and access to the skills, tools, and services needed to establish self-sufficiency. On-site supportive services include childcare, medical center, veteran services, substance abuse rehabilitative services, adult skill building classes, emergency shelter, transitional and permanent housing.

2001 River Ave.
Long Beach, CA 90810
Phone: (562) 200-7300
Near PCH & Technology Place: Bus # 171, 191, 192
Hours: MON–FRI 8:00 AM–5:00 PM

Help & Emergency Hotlines

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alcoholics Anonymous</td>
<td>(562) 989-7697</td>
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<tr>
<td>Adult Protective Services</td>
<td>(888) 202-4248</td>
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<tr>
<td>Child Abuse Hotline</td>
<td>(800) 540-4000</td>
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<tr>
<td>Department of Child &amp; Family Services</td>
<td>(562) 497-3500</td>
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<tr>
<td>Domestic Violence—National</td>
<td>(800) 799-7233</td>
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<tr>
<td>Domestic Violence—Interval House</td>
<td>(562) 594-4555</td>
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<tr>
<td>Fair Housing Foundation</td>
<td>(562) 989-1206</td>
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<tr>
<td>Older Adult/Senior Abuse</td>
<td>(800) 992-1660</td>
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<tr>
<td>Emergency Cold Weather Service</td>
<td>(800) 548-6047</td>
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<tr>
<td>Legal Aid Foundation</td>
<td>(562) 435-3501</td>
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<tr>
<td>LA County Mental Health Access</td>
<td>(800) 854-7771</td>
</tr>
<tr>
<td>Pacific Gateway Workforce Investment Network</td>
<td>(562) 570-3700</td>
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<tr>
<td>211 Los Angeles County</td>
<td>(800) 339-6993</td>
</tr>
<tr>
<td>211 Orange County</td>
<td>(888) 600-4357</td>
</tr>
<tr>
<td>National Sexual Assault Hotline</td>
<td>(800) 656-4673</td>
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<tr>
<td>Trevor Project:</td>
<td>(866) 488-7386</td>
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<tr>
<td>Suicide Prevention for LGBT</td>
<td>(800) 784-2433</td>
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<tr>
<td>Long Term Care Ombudsman</td>
<td>(800) 334-9473</td>
</tr>
</tbody>
</table>
EMERGENCY & SOCIAL SERVICES

3 American Red Cross
3150 E. 29th St.
Long Beach, CA 90806
Phone: (562) 595-6341 (800) 448-3543
redcross.org/ca/long-beach
Bus # 111, 131
Hours: MON–FRI 8:30 AM–4:30 PM
Provides emergency needs that may include: food, clothing, shelter for victims of disaster, referral services.

4 Catholic Charities
123 E. 14th St.
Long Beach, CA 90813
Phone: (562) 591-1351
catholiccharitiesla.org
Bus # 4b, 191, 192
Hours: MON–FRI 9:00 AM–12:00 PM
1:30 PM–3:30 PM
Food stamps eligibility worker on-site: THURS 1:30–3:30 PM. Utility assistance, food, clothing and transportation. Food Bank: Every last Thursday of the month: 9:30 AM–12:00 PM and 1:30 PM–3:00 PM.

Centro Shalom
2131 Long Beach Blvd.
Long Beach, CA 90806
Phone: (562) 591-2214
centrosthalom.org
Bus # 51, 172
Hours: MON–FRI 10:00 AM–4:00 PM
Emergency food, clothing, legal assistance including counseling for landlord/tenant eviction defense, family law and immigration services.

Christian Outreach In Action
515 E. 3rd St.
Long Beach, CA 90803
Phone: (562) 432-1440
coaalongbeach.org
3rd & Linden: Bus # 191, 192
Office Hours: MON–FRI 9:00 AM–4:00 PM
Clothing: FRI 9:00 AM–2:00 PM
Food Bank: TUES & THURS 9:00 AM–12:00 PM
Breakfast: MON–FRI 7:00 AM–8:00 AM
Dinner: MON–FRI 4:30 PM–5:30 PM

Disability Resources Center
2750 E. Spring St., Suite 100
Long Beach, CA 90806
Phone: (562) 427-1000
deafservicesTTY (562) 427-1366
drcinc.org
Spring St. & Temple: Bus # 131
Hours: MON–FRI 8:00 AM–12:00 PM
1:00 PM–5:00 PM
Serving people with physical, mental and developmental disabilities. Screening & referrals for emergency services, food, limited transportation, benefits counseling/advocacy.

EMERGENCY & SOCIAL SERVICES

8 Long Beach Rescue Mission
1335 Pacific Ave.
Long Beach, CA 90813
Phone: (562) 591-1292
lbrm.org
Pacific Ave. & Anaheim St.: Bus # 45, 191, 192
Hours: 24 hours
Short-term and long-term shelter, meals, clothing, substance abuse rehabilitation.

9 Long Beach Senior Center
1150 E. 4th St.
Long Beach, CA 90802
Phone: (562) 570-3500
longbeach.gov/park/park-and-facilities/
directory/long-beach-senior-center
Bus # 4, 145, 191
Hours: MON–FRI 8:00 AM–4:30 PM
SAT 10:00 AM–4:00 PM
For ages 50 and older. Information & referral to emergency food, clothing, apartment list available, job & transportation assistance.

10 Lutheran Social Services Community Care Long Beach
1611 Pine Ave.
Long Beach, CA 90813
Phone: (562) 599-1321
lsscommunitycare.org
Pine Ave. & PCH: Bus # 51, 172, 181
Intake Hours: MON–THURS 10:00 AM–2:00 PM
Office Hours: MON–FRI 8:00 AM–4:00 PM
Emergency food, clothing, transportation, baby items, hygiene items, referral services, educational classes, health workshops, family services, and employment.

11 Mental Health America—The Village
456 Elm Ave., Lower Level
Long Beach, CA 90802
Phone: (562) 437-6717
mhala.org
mhavillage.squarespace.com
5th St. & Elm: Bus # 1, 46, 51, 191, 192
Hours: MON, TUE, THURS, FRI 7:30 AM–12:30 PM
WED 10:00 AM–1:00 PM
Providing case management services, showers, clothing, money management, benefits advocacy, linkage to psychiatric treatment and residential placement for people with mental health issues.

12 Salvation Army Family Service
3092 Long Beach Blvd.
Long Beach, CA 90807
Phone: (562) 426-7637 / TUE–THURS salvationarmymlb.org/contact-us
Bus # 31, 181, 192
Hours: 8:30 AM–11:30 AM
Homeless Individuals: TUES 8:30 AM–11:30 AM
Families: WED–THURS 8:30 AM–11:30 AM
Emergency food, clothing, transportation; homeless assistance.

13 Department of Public Social Services—LA County
1/600 Santa Fe Ave., Suite A
Rancho Dominguez, CA 90201
Phone: (310) 761-2000
dpsbenefits.lacounty.gov/ybr/index.html
Bus # 191, 192
Hours: MON–FRI 8:00 AM–5:00 PM

14 Long Beach Unified School District
1515 Hughes Way
Long Beach, CA 90810
(562) 997-8000
lbschools.net
Hours: MON–FRI 8:00 AM–4:30 PM

15 Social Security Administration
305 Long Beach Blvd.
Long Beach, CA 90806
(800) 772-1213
ssa.gov
Bus # 31, 1/2
Hours: MON, TUE, THURS, FRI 9:00 AM–4:00 PM
WED 9:00 AM–12:00 PM

EMPLOYMENT SERVICES

16 Goodwill, Serving the People of Southern LA County
800 W. Pacific Coast Highway
Long Beach, CA 90806
Phone: (562) 435-3411
defetties@la-county.ca.gov
Bus # 1, 172, 173, 181
Hours: MON–FRI 8:00 AM–4:30 PM
Vocational education, and work training programs.

17 Long Beach Career Transition Center
3447 Atlantic Ave.
Long Beach, CA 90807
Phone: (562) 570-3700
pacific-gateway.org
Bus # 31, 101
Hours: MON–FRI 8:00 AM–5:00 PM
Training & employment services for laid-off or long-term unemployed persons.

MEDICAL AND MENTAL HEALTH SERVICES

18 C.A.R.E.—St. Mary Medical Center
1045 Atlantic Ave., #1016
Long Beach, CA 90813
Phone: (562) 624-4900
careprogram.org
Bus # 61
Hours: MON–FRI 8:00 AM–4:30 PM
Full service HIV/AIDS medical & dental clinic, mental health, treatment advocacy.

19 Long Beach Comprehensive Health Center—LA County
1333 Chestnut Ave.
Long Beach, CA 90813
Phone: (562) 599-8787
dhs.lacounty.gov/wps/portal/dhs/LonChs
Bus # 45, 191, 192
Hours: MON–FRI 7:30 AM–7:30 PM
SAT 7:30 AM–4:30 PM
Walk-in Clinic: 7:30 AM–3:30 PM

20 Long Beach Mental Health—LA County
1975 Long Beach Blvd.
Long Beach, CA 90806
Phone: (562) 599-9280
dmh.lacounty.gov
Bus # 1, 51, 61, 172, 173
Hours: MON–FRI 8:00 AM–5:00 PM

21 VA Healthcare System
5901 E. 7th St.
Long Beach, CA 90822
Phone: (562) 826-8000
www.longbeach.va.gov
Bus # 91, 93, 94, 121, 171
Hours: 24 hours
Medical and psychiatric care including substance abuse treatment for eligible veterans. Homeless outreach and linkage to VASH (Section 8 for veterans).

SUBSTANCE ABUSE SERVICES

22 Redgate Memorial Recovery Center
1775 Chestnut Ave.
Long Beach CA 90813
Phone: (562) 599-8444
www.BHS-INC.org
Bus # 1, 172, 1/3, 182
Hours: MON–FRI 8:00 AM–5:00 PM
7–14 day medical detox, 90 day–6 months rehab drug and alcohol recovery services.

23 Safe Refuge
(formerly Substance Abuse Foundation)
3125 E. 7th St.
Long Beach, CA 90804
Phone: (562) 987-5722
asarefuge.org
Bus # 91-94
Hours: MON–FRI 7:00 AM–5:00 PM
Outpatient, residential drug/alcohol treatment; residential/transitional housing for HIV+ individuals.