

**Substance Abuse Foundation**

16

3125 E. 7th Street  
 Phone: (562) 439-7755  
 Hours: M-F 9:00-5:00 PM  
 Outpatient, residential drug/alcohol treatment;  
 residential/transitional housing for HIV positive  
 individuals. Bus #s 91-94

**The Salvation Army Family Service & Bell Shelter**

17

455 E. Spring Street  
 Long Beach, CA 90806  
 Phone: (562) 426-7637 / T. W. Th.  
 Hours: 8:30-11:30 AM,  
 Homeless Individuals Tuesdays: 8:30-11:30 AM  
 Families Wed.-Thurs.: 8:30-11:30 AM  
 Friday (Open - No social services)  
 Emergency food, clothing, transportation; homeless  
 assistance. Bell Shelter Phone (323) 263-1206  
 Emergency shelter for single males and females, call at  
 9 am for intake to Family Service. Bus # 51, 181, 182

**Centro Shalom**

18

2131 Long Beach Blvd.  
 Long Beach, CA 90806  
 Phone: (562) 591-2214  
 Emergency food, clothing, legal assistance including  
 counseling for landlord/tenant eviction defense,  
 family law and immigration services.  
 Hours: M-F, 8:00 AM-4:00 PM  
 Bus # 51, 172

**PUBLIC AGENCIES**

**Social Security Administration**

2005 Long Beach Blvd.  
 Phone 1 800 772-1213  
 Hours: M-F 9:00-3:30 PM  
 Bus # 51, 172

**Department of Public Social Services**

17600 Santa Fe Avenue, Suite A  
 Rancho Dominguez, CA 90021 • www.dpss.org  
 Phone: (310) 761-2000  
 Hours: M-F 8:00-5:00 PM  
 Bus # 191, 192

**Long Beach Comprehensive Health Center - LA County**

1333 Chestnut Avenue  
 Phone: (562) 599-8787  
 Hours: M-F 7:30 AM-7:30 PM, Sat. 7:30-4:30 PM  
 Walk in Clinic 7:30-3:30 PM, first come, first serve  
 Bus # 45, 191, 192

**Long Beach Mental Health**

1975 Long Beach Blvd.  
 Phone: (562) 599-9280  
 Hours: M-F 8:00-5:00 PM, W 8:00-8:00 PM  
 Bus # 1, 51, 61, 172, 173

**Long Beach Unified School District**

1515 Hughes Way, Long Beach, CA. 90810  
 (562) 997-8000  
 Hours: M-F 8:00 AM-4:30 PM

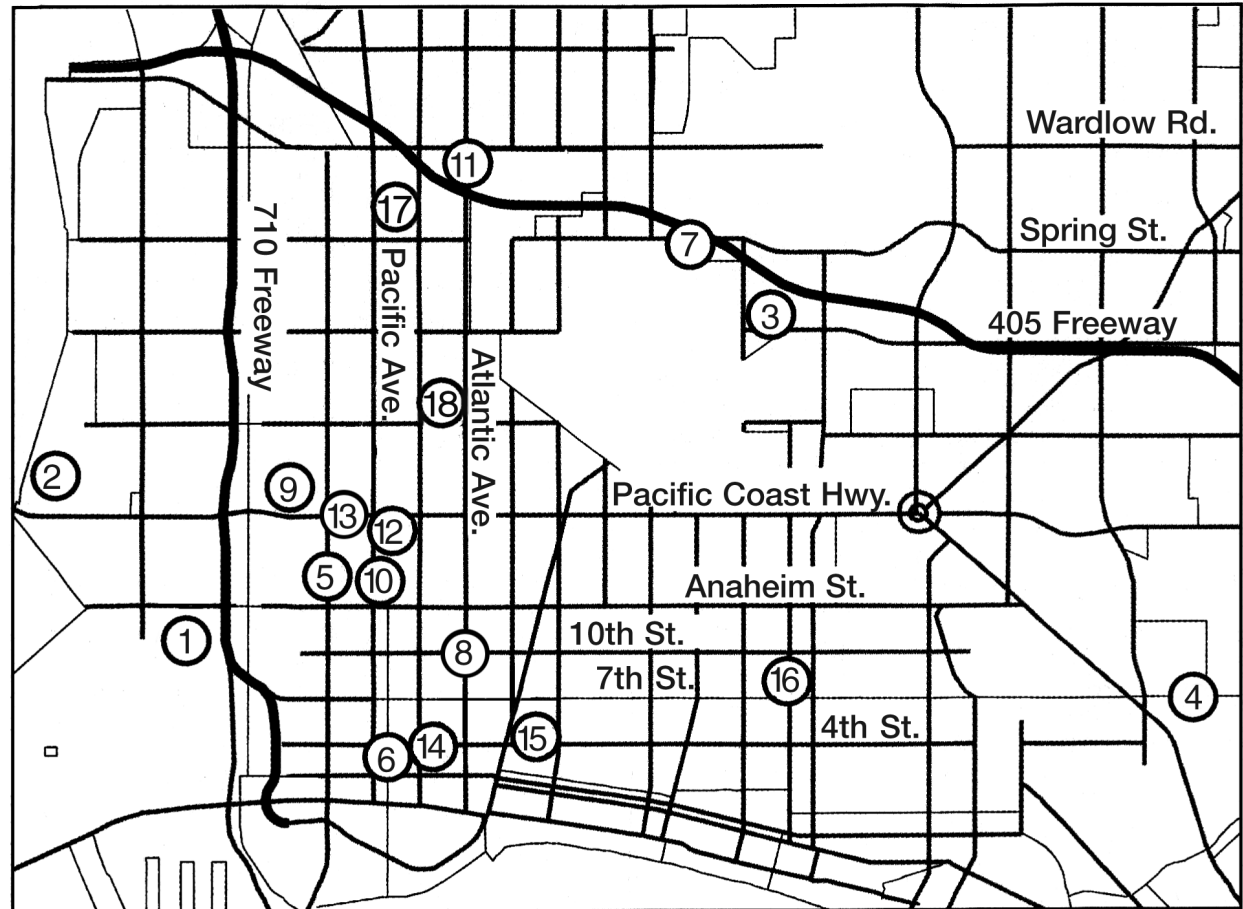
Rev. 3/14

Administration  
 (562) 570-4011  
 Direct Services  
 (562) 570-4500  
**Division**  
**Homeless Services**  
**and Human Services**  
**Department of Health**



This pocket guide is a list of agencies that offer services to individuals and families in the Long Beach area. This is not intended to be a complete list of resources in Long Beach. The agencies listed should not be interpreted as a recommendation or endorsement by the City of Long Beach. This Directory was prepared with the assistance of the Multi-Service Center Advisory Board and the City of Long Beach-Department of Health and Human Services. This information is available in an alternative format by request at (562) 570-4454.

**Pocket Guide Resource Directory**



**Help & Emergency Hotlines**

- Alcoholics Anonymous (562) 989-7697
- Adult Protective Services (213) 351-5401
- Child Abuse (800) 540-4000
- Department of Children Services (562) 497-3500
- Domestic Violence Nat'l (800) 799-7233  
Local (562) 594-4555
- Fair Housing Foundation (562) 989-1206
- Older Adult/Senior Abuse (800) 992-1660
- Emergency Cold Weather Service (800) 548-6047
- Legal Aid Foundation (562) 435-3501
- LA County Mental Health Access (800) 854-7771
- Pacific Gateway Workforce Development (562) 570-3700
- 211 Los Angeles County (800) 339-6993
- 211 Orange County (888) 600-4357
- Rape Hotline (562) 989-5900
- Trevor Project:
- Suicide Prevention for LGBT (866) 488-7386
- Suicide Hotline (800) 784-2433



### American Red Cross

3

3150 East 29th Street  
 Phone: (562) 595-6341 (800) 448-3543  
 Hours: Hours: M-Th. 8:00-5:00 PM, Fri. 8:00-4:00 PM  
 Provides Emergency needs that may include:  
 food, clothing, shelter for victims of disaster,  
 referral services. Bus # 111, 131

### VA Healthcare System

4

5901 E. 7th Street  
 Phone: (562) 826-8000  
 Hours: 24 hours  
 Medical and psychiatric care including substance  
 abuse treatment for eligible veterans.  
 Bus # 91, 93, 94, 121, 171

### Catholic Charities

5

123 E. 14th Street  
 Phone: (562) 591-1351  
 Hours: 9:30 AM-12:00 PM, 1:00-3:00 PM  
 TH-9:30 AM-11:30 AM - Foodstamps eligibility  
 worker on-site. Food Bank - Every last Thursday  
 of the month. Thurs. 9:30 AM-12:00 PM / 1:00-3:00 PM  
 Homeless prevention, utility assistance, emergency  
 shelters; food, clothing, transportation  
 Long Beach Blvd. & 14th:  
 Bus # 45, 191, 192

### Christian Outreach In Action

6

515 E. 3rd Street  
 Phone: (562) 432-1440 Hours: M-F 9:00-2:00 PM  
 Clothing - FRI 9:00 AM-2:00 PM.  
 Food Bank - TUES & THURS 9:00 AM-12:00 PM.  
 4:00-5:00 PM Dinner Served, 7:00-8:00 AM Breakfast  
 3rd & Linden: Bus # 191, 192

### Disabled Resources Center

7

2750 E. Spring St., Suite 100  
 Phone: (562) 427-1000  
 Deaf Services: TTY (562) 427-1366  
 Hours: M-F 8:00-5:00 PM. Closed 12:00-1:00 for lunch  
 Physically & mentally challenged. Screening & referrals  
 for emergency shelters, food, limited transportation,  
 benefits counseling/advocacy. Spring St. & Temple  
 Bus # 131

### C.A.R.E. - St. Mary Medical Center

8

1045 Atlantic Ave., Ste. 110  
 Phone: (562) 624-4900 Hours: M-F 8:30-4:30 PM  
 Full service HIV/AIDS medical & dental clinic,  
 mental health, tx advocacy Bus # 61

### Goodwill, Serving the People of Southern LA County

9

800 West Pacific Coast Highway  
 Phone: (562) 435-3411  
 Deaf Services: TTY (562) 590-8588  
 Hours: 8:00-4:30 PM M-F  
 Education, work, job preparation and training, temporary  
 help agency. Bus # 1, 172, 173, 181

### Long Beach Rescue Mission

#### Lydia House/Samaritan House

10

1335 Pacific Avenue  
 Phone: (562) 591-1292  
 Hours: 24 hours  
 Short/long term shelter; meals; clothing; substance  
 abuse rehabilitation  
 Pacific Ave. & Anaheim St.:  
 Bus # 45, 191, 192

#### Long Beach Career Transition Center

11

3447 Atlantic Avenue  
 Phone: (562) 570-3700  
 Hours: M-F 8:00-5:00 PM  
 Training & employment services for laid-off or long-  
 term unemployed persons. Bus # 51, 101

#### Lutheran Social Service

12

1611 Pine Avenue  
 Phone: (562) 599-1321  
 Intake Hours: Hours: 10:00 AM-12:00 PM,  
 12:30 PM-2:00 PM,  
 W-11:00 AM-12:00 PM., 12:30 PM-2:30 PM  
 Office Hours: M-Th 9:00-4:00 PM  
 Emergency food, clothing, referrals to classes in  
 health care/nutrition, parenting, budgeting, literacy.  
 Pine Ave & PCH: Bus # 51, 172, 181

#### Redgate Memorial Recovery Center

13

1775 Chestnut Ave., Long Beach CA 90813  
 Phone: (562) 599-8444  
 Hours: M-F 8:00-5:00  
 7-14 day medical detox, 90 day - 6 months rehab-  
 drug and alcohol recovery services  
 www.BHS-INC.org  
 Bus # 1, 172, 173, 182

#### MHA - The Village

14

456 Elm Avenue-Lower Level  
 Phone: (562) 437-6717  
 Hours: M-F 9:00-2:00 PM, W 10:00-1:00 PM  
 High tolerance drop in center that offers case  
 management services for mentally ill clients, food,  
 showers, clothing, money management, benefits  
 advocacy, linkage to psychiatric treatment, and  
 residential placement.  
 5th St. & Elm: Bus # 1, 46, 51, 191, 192

#### Long Beach Senior Center

15

1150 E. 4th Street  
 Phone: (562) 570-3500  
 Hours: M-F 8:00-4:30 PM, Sat. 10:00-4:00 PM  
 For Ages 50 and older  
 Information & referral to emergency food, clothing,  
 apartment list available, job & transportation  
 assistance.  
 Bus # 72, 151

### Multi Service Center

#### Alliance for Housing & Healing

1

**Beyond Shelter**  
**Catholic Charities**  
**Children's Clinic**  
**Goodwill SoLAC**  
**Help Me Help You**  
**Dept. of Health & Human Services**  
**Dept. of Mental Health (DMH)**  
**Dept. of Public Social Services (DPSS)**  
**Mental Health America**  
**United States Veterans Initiative**

1301 W. 12th Street, Long Beach, CA 90813  
 (562) 570-4500

Provides integrated, on-site services through  
 multiple agencies for the homeless. Services  
 include referrals for housing placement,  
 complete HIV housing services, case manage-  
 ment, medical care for adults and children,  
 telephones, showers, etc. Agencies work  
 towards the immediate stabilization of  
 individuals and families in need. Transportation  
 is available.

Hours: M-F 8:00 AM - 5:00 PM,  
 Thurs: 8:00 AM - 2:00 PM  
 Bus #s 45, 191, 192

### Villages at Cabrillo

2

**United States Veterans Initiative**  
**Catholic Charities**  
**Bethune Transitional Center**  
**American Indian Changing Spirits**  
**New Image Emergency Shelter**  
**Comprehensive Child Development**  
**Long Beach VA Medical Center**  
**Cabrillo Career Center**  
**PATH Ventures**  
**Mental Health America**  
**Los Angeles Habitation House**  
**Long Beach Community Action Partnership**

2001 River Avenue  
 Phone: (562) 200-7300  
 M-F 8:00-5:00 PM

The Villages at Cabrillo is a residential community  
 supported by a collaboration of organizations dedicated  
 to providing a wide range of services to break the  
 cycle of homelessness, encourage self-sufficiency  
 and promote achievement of the highest human  
 potential for veterans, youth, families and individuals.

Provides transitional housing, residential treatment,  
 medical support, job training, employment assistance  
 and child care.

Near PCH & Technology Place Bus # 171, 191, 192

