

Thank you all for coming to the well-attended July 8, 2015 Long Beach HIV Planning Group meeting.

Highlights of the mental health (suicide triage) talk:

1. Some of the chilling stories presented underscore the basic things. Stop whatever you are doing, focus on the patient and do a very thorough suicidal risk assessment. A complete psycho-social risk assessment is important to do, eliciting recent, evolving or upcoming life changing events for the patient whenever you can (example: last day in foster care, death of a family member etc....). Ask about drug use and prior suicide attempts etc...

Here is one tool on suicide risk assessment that the speaker presented:

Columbia-Suicide Severity Rating Scale – click here

http://socialwork.usu.edu/files/uploads/BrownBagVideos/C-SSRS_Screening_2012_with_Triage_Points.pdf

2. Keep this number on your speed dial **1-800-854-7771** for Los Angeles County Department of Mental Health Access Center (24/7 crisis intervention line). Calling this number summons professional help where, if indicated, the dispatcher can send a Psychiatric Mobile Response Team (PMRT) to the clinic or agency for patient evaluation, triage, 5150 hold and transport to the hospital. This number also provides information about follow up outpatient psychiatric care. While a suicide contract is nice to have, arrange for adequate patient follow up

Attachment: I created a cheat sheet for No cost to low cost outpatient Psychiatry services in Long Beach. Let me know if you know of any other free or low cost clinic that you would like to add to the list. This will be a nice reference guide for our clinics and agencies in Long Beach.

3. As you take care of your patients and clients ensuring their safety and well-being, do not forget to take care of yourself also. Keep your emotions in check, de-stress, debrief, find support.

Survey results (responses to the following questions posed during the meeting):

1. What suggestions do you have for future topics?
2. Are there any agencies or field experts that you are interested in seeing present for future planning group meetings?
3. What is the #1 unmet need, resource or service in your agency, clinic or facility that you think the Long Beach HIV Planning Group can help provide?

Attachment: Results of survey

Flyer from Safe Refuge: Universal Condom Training Boot Camp – August 20 from 9:30 am to 12:30 pm. Registration information on flyer

We will see you all on the next Long Beach HIV Planning Group meeting in October 14, 2015 – ICAAC updates.

Best

Cynthia, Marc and Mauro

No Cost to Low Cost Outpatient Mental Health Services In & Around Long Beach, CA

Long Beach Mental Health

T 562-599-9280

1975 Long Beach Blvd Long Beach CA 90806 (near 20th Street)

No appointments needed. Walk-ins welcome Monday to Friday 8 am to 5 PM.

Special notes:

Intakes take time to complete. Staff prefer that patients come in early for intake

Long Beach Mental Health takes HIV + and HIV negative individuals

Long Beach mental Health takes all adult individuals including those that are undocumented

La Casa Mental Health Urgent Care Center

T 562-634-9534

No appointments needed. Walk-ins welcome Monday to Friday 8 am to 5 PM.

6060 Paramount Blvd Long Beach CA 90805

Special notes:

La Casa takes HIV + and HIV negative individuals

La Casa takes all adult individuals including those that are undocumented.

La Casa refers out the following patient types: those on parole, pregnant women, those with seizure disorders and those with private insurance

La Casa will do the initial visit and refer patients to outside providers for follow up care

Harbor UCLA HIV Psychiatry Clinics

T 310-222-3180 Fax 310-222-3521

By appointment only

Special notes:

This clinic accepts HIV + individuals only. This clinic takes undocumented patients. There is a special process for referrals to this clinic. Your medical provider from Long Beach Health Dept, CARE Clinic SMMC or Harbor UCLA & its satellite clinics must first fax the referral & paperwork to (F) 310-222-3521.

The patient is instructed to call (T) 310-222-3180 2-3 days later to make an appointment. The initial clinic visit will be at Harbor UCLA Psychiatry at 1000 West Carson bungalow D2 Torrance CA. Subsequent clinic visits can be at the clinic where patient gets his medical care from.

Mental Health America – The Village

562-437-6717

456 Elm Avenue Long Beach 90802

Special notes:

MHA-The Village encourages clients and their providers to call T 562-437-6717 x 382 and speak with Program Navigator Kathy Pock-Trujillo to do screening and to find out which program at The Village will be appropriate for the client. If the client is homeless, he can go to the above address (basement, drop in center, 7:30 am to 12:30 am) for the same.

Long Beach Asian Pacific Islander Family Mental Health Center – operates under Department of Mental Health

T 562-346-1100

No appointments needed. Walk-ins welcome Monday to Friday 8 am to 5 PM.

4510 East Pacific Coast Highway Suite 600 Long Beach CA 90804

Special notes:

This center takes HIV + and HIV negative individuals

This center takes all adult individuals including those that are undocumented.

LONG BEACH COMPREHENSIVE HIV PLANNING GROUP

Response Results-total of 17 surveys received

1. What suggestions do you have for future topics?

HIV & special populations (People of color, particularly African Americans, infected women); MORE on mental health; current local projects going on; Hepatitis C; health behavior change (smoking cessation etc.); chronic health issues (obesity, diabetes, hypertension); HIV update; community HIV planning process and an update from the Health Dept. on the needs and gaps in LB; substance abuse/addictions; training on filing out case reporting forms and reporting for physicians' offices; dual diagnosis client population; more information regarding intervention models in NORTH LONG BEACH; strategies and resources for affordable family housing in Long Beach; HPV infections among PLWHA; privacy/disclosure of HIV status & partner notification; laws related to HIV/Protections; Housing rights; accessing mental health services for very complex populations (uninsured); quality management/best practices for programs; Electronic health records; corrections and HIV; dental/oral health; HIV associated cancers; updates regarding HIV testing; free multiple morbidity testing (STDs, Hepatitis [A, B, C]); trauma informed care; intimate partner violence; human trafficking; adult male and female survivors of childhood sexual abuse and it's connection to HIV infection

2. Are there any agencies or field experts that you are interested in seeing present for the planning group?

Housing and homeless resources; the center-2; agencies involved with PREP research; National Alliance on Mental Illness (NAMI); Long Beach Housing Authority; Dr. Dorothy Whiley from UCLA/MACS study; housing resources; agencies offering intensive case management for HAART non-compliant clients; Housing and rental subsidies providers; technology and HIV risk reduction experts; Long Beach Police Dept. presentation on human trafficking work

3. What is the number one unmet need, resource or service in your agency, clinic or facility that you think the Long Beach HIV Planning Group can help provide?

Mental health; recruitment for HIV testing; transportation to/from appointments; HIV prevention for Long Beach YOUTH @ Poly & Jordan; continuing to act as bridge among community providers; dental services in Long Beach (NOT UCLA OR USC); housing; HIV in corrections setting; dental care; housing; eye glasses; clothes, hygiene supplies; glasses; medication access

4. MISC Suggestions: While this wasn't a question, I thought it was great misc. feedback
Interactive ice breakers; background music before meeting starts; it would be great if the speakers bring PowerPoint handouts; providing a microphone to speakers

Universal Condom Training Boot Camp

"Safer is Sexy"



For: Providers, Outreach Staff, Clinicians, Prevention Staff, and Health Educators

This dynamic and interactive training will equip you with useful information to share with clients about an emerging tool in their sexual health care tool box- the female condom.

In addition, the training provides techniques and strategies to effectively incorporate the promotion of the female condom into existing prevention programs.

Trainers are members of the Universal Condom Workgroup of L.A. and have completed at least 4 hours of training.

At the end of the training program, participants will be able to:

- Identify provider attitudes and the impact of attitude on effectively promoting the female condom
- Describe data regarding female condom efficacy in preventing pregnancy, STIs and HIV.
- Demonstrate proper insertion and use of the female condom.
- Describe the aspects of sexual health and pleasure in the effective promotion of the FC2 Female Condom

When: August 20th, 2015 from 9:30 a.m.-12:30 p.m.

Where: Safe Refuge/ iSTAR
3137 East 7th Street, Long Beach, CA 90804

Please Register Early:

<http://www.eventbrite.com/e/universal-condom-work-group-boot-camp-tickets-17611837480?aff=es2>



For more information and resources please email: **Roxanne Lewis**~ rlewis@jwchinstitute.org
Or universalcondomla@gmail.com Or Call **(213) 253-8245**