The purpose of the Long Beach Healthy Beverage Vending Policy is to promote good health among Long Beach residents, and to make Long Beach a healthy “world class” city.

The nutrition standards outlined in this policy have been established based on the standards used by California schools (SB 12), as well as those standards developed and successfully implemented in other cities and counties with food and beverage policies. These standards are also consistent with many of the nutrition messages provided in the Dietary Guidelines for Americans. The Dietary Guidelines Advisory Committee, which is jointly established by the U.S. Department of Agriculture and the U.S. Department of Health and Human Services, has created the Dietary Guidelines for Americans with the purpose of providing science-based advice to promote health and reduce the risk of chronic disease through diet and physical activity.

Healthy Beverage Vending Policy

Beverage vending machines in public areas will be subject to the following Healthy Beverage Vending Policy:

Youth Sites - Beverage Vending Machines
May contain 50 -100% fruit juices, bottled water, unflavored low fat and nonfat milk, soy milks, artificially sweetened sports drinks/vitamin waters/flavored waters.*

All Other Beverage Vending Machines
May contain 50 -100% fruit juices, bottled water, unflavored low fat and nonfat milk, soy milks, artificially sweetened sports drinks/vitamin waters/flavored waters, diet sodas and diet teas.*

Note – beverage vending machines “not in public areas” are not subject to this policy. The products noted are not exclusive.

Policy Exemptions
The Long Beach Healthy Beverage Vending Policy does not apply to the vendors in locations not under direct City control (i.e., golf courses, airport food vendors, city hall snack shop vendor).

Definitions
• Youth-Sites – are those City sites open to the public where there is programming specifically for children and youth (under the age of 18) such as community health centers, libraries, park sites, or other spaces that regularly host out of school time programs, and athletic facilities that are used by youth teams.
• Non-youth sites – are all sites City sites open to the public which do not meet the definition of a youth site.
• Public Area – means any area to which the public is invited or in which the public is generally permitted and under the control of the City.

* The Health Department can provide a “Healthy Snack Food and Beverage Policy” listing and additional information on nutritional requirements of said products in compliance with the noted nutrition standards.