

# Candida auris Testing

## WHAT IS C. AURIS?

*C. auris* is a **multidrug-resistant fungus** that causes **serious infections**, particularly among patients in **hospitals and nursing homes**.



Patients can carry *C. auris* somewhere in or on their body, even if it is not making them sick. This is called **colonization**.



When people are colonized, *C. auris* can spread from their bodies and can get on other people or nearby objects, allowing the fungus to **spread** to people around them.



## WHY AM I BEING TESTED FOR C. AURIS?

You may have come in contact with *C. auris* while you were in this or another healthcare facility.

To keep the fungus from spreading, we are testing patients to see if they are now carrying it on their skin, even if they don't have symptoms of an infection.

Getting tested for *C. auris* helps our healthcare facility and the Health Department prevent the fungus from spreading in the facility and in the community.

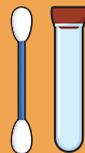
## WHY ARE SPECIAL PRECAUTIONS NEEDED?

To prevent possible spread of *C. auris*, people being tested will be placed in an isolation room while waiting for results.

## WHY IS C. AURIS CONCERNING?

- 1 It is often **resistant** to medicines, making it difficult to treat.
- 2 It is becoming **more common**.
- 3 It is **difficult to identify** by routine lab tests.
- 4 It can be **spread** in hospitals and nursing homes.
- 5 It can cause **serious** illness.

## WHAT SHOULD I EXPECT IF I GET TESTED?



The nurse or doctor will wipe or rub a cotton swab on the skin near your armpits and the area where your leg joins your body (groin). The test is not painful.



The swab will be sent to a lab, and in 1 to 3 weeks, the lab will tell your doctor the results.



If the test shows you are carrying the fungus, then your nurse or doctor will talk to you about the results and what to do next.

