

CORONAVIRUS DISEASE 2019 FAQ

WHAT IS CORONAVIRUS DISEASE 2019 (COVID-19)?

Coronaviruses are a large group of viruses that are common among animals and humans. In rare cases, animal coronaviruses can be transmitted from animals to humans. This novel coronavirus that causes COVID-19 is a newly discovered coronavirus that has not been previously detected in animals or humans. The source of this virus is not yet known.

HOW IS COVID-19 SPREAD?

Details on how exactly COVID-19 is spread is still being researched. However, other coronaviruses are spread by:

- Droplets while coughing and sneezing
- Close personal contact, such as touching or shaking hands
- Touching an object or surface with the virus on it and then touching your mouth, nose or eyes with unwashed hands

WHAT ARE THE SYMPTOMS OF COVID-19?

Reported illnesses have ranged from **mild symptoms to severe illness** and death for confirmed coronavirus disease 2019 (COVID-19) cases.

Symptoms may appear **2-14 days after exposure***:

- Fever
- Cough
- Shortness of breath

HOW IS COVID-19 DIAGNOSED?

Health care providers will assess patients and consult with the Health Department on whether testing is indicated.

HOW IS COVID-19 TREATED?

Most people will recover on their own. There is no specific treatment for COVID-19 and there is no vaccine.

HOW CAN I PREVENT THE SPREAD OF COVID-19?

The best way to prevent illness is to avoid being exposed to this virus. It is recommended that people take everyday preventive actions to help prevent the spread of respiratory diseases, including:

- Avoid close contact with people who are sick
- Avoid touching your eyes, nose, and mouth
- Stay home when you are sick
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash
- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing

*If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol

WHERE CAN I LEARN MORE ABOUT COVID-19?

Long Beach Department of Health and Human Services WWW.LONGBEACH.GOV/COVID19
Centers for Disease Control and Prevention WWW.CDC.GOV/COVID19