**WHAT IS COVID-19?**

Coronavirus Disease 2019 (COVID-19) is a respiratory virus that was first identified in December 2019 in Wuhan, Hubei Province, China. This virus probably originally emerged from an animal source but is now spreading from person-to-person.

The Long Beach Health Department is closely monitoring the situation and taking steps to keep Long Beach safe.

**WHAT ARE THE SYMPTOMS?**

Current symptoms reported have included mild to severe respiratory illness with fever, cough, and difficulty breathing.

**WHAT IS THE TREATMENT?**

Most people will recover on their own. There are no specific treatments for COVID-19.

**HOW DO I PREVENT THE SPREAD OF COVID-19?**

- Wash your hands with soap and water often for at least 20 seconds.
- Avoid touching eyes, nose, and mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Stay home if you are sick.
- Clean and disinfect frequently touched objects and surfaces.

**HOW IS IT TRANSMITTED?**

- Close personal contact, such as touching and shaking hands
- Droplets while coughing and sneezing
- Touching your eyes, nose, and mouth with unwashed hands

**AM I AT RISK?**

I have traveled within the last two weeks.

I have had close contact with someone who has COVID-19.

I have become ill with fever and cough or shortness of breath.

Contact your healthcare provider to determine if testing is needed.

**WWW.LONGBEACH.GOV/COVID19**