

How to Reduce the Spread of COVID-19



Stay home if you're sick.



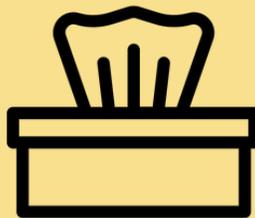
Wash your hands with soap and water for 20 seconds.



Let your supervisor know if you're caring for someone sick.



Avoid touching your eyes, nose, and mouth.



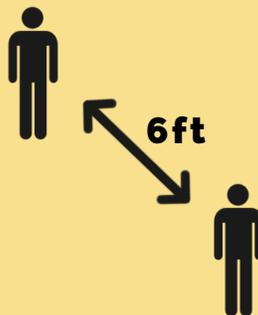
Cover your cough.



Clean and disinfect frequently touched surfaces.



Avoid using other people's phones, desks, etc.



Practice physical distancing.



Follow policy and procedures of employer related to illness and cleaning.