



# Facts about Ebola

## How is Long Beach Prepared?

There is little threat of Ebola in Long Beach, and no cases have been reported here or in California.

Although the risk is low, Long Beach Public Health is monitoring the situation and taking steps to keep Long Beach safe.

Long Beach Public Health is in continuous contact with doctors and hospitals

Hospitals in Long Beach have the facilities & trained staff needed

Outreach & updates for medical personnel & first responders will continue

There is no risk of Ebola unless you have traveled to Sierra Leone, Guinea, or Liberia in the last 21 days or have come in **DIRECT CONTACT** with bodily fluids (vomit, breast milk, saliva, diarrhea, blood, sweat, urine, semen) of an infected person.

People **CANNOT** get Ebola through air, food, or water.

Symptoms include: Fever, headache, joint and muscle aches, weakness, diarrhea, vomiting, stomach pain, lack of appetite, and abnormal bleeding.

For more information, visit <http://www.cdc.gov>

City of Long Beach Department of Health & Human Services  
<http://www.longbeach.gov/health>