

EMERGENCY & SOCIAL SERVICES

3 American Red Cross
3150 E. 29th St.
Long Beach, CA 90806
Phone: (562) 595-6341 (800) 448-3543
redcross.org/ca/long-beach
Bus # 102, 104, 111, 131

Hours: MON–FRI 8:30 AM–4:30 PM
Provides emergency services including food, clothing, shelter for victims of disaster and referral services.

4 Catholic Charities
123 E. 14th St.
Long Beach, CA 90813
Phone: (213) 251-3432
catholiccharitiesla.org
Bus # 45, 191, 192

**Hours: MON–FRI 9:00 AM–12:00 PM
1:30 PM–3:30 PM**
Food stamps eligibility worker on-site: THURS 1:30–3:30 PM. Utility assistance, food, clothing and transportation. Food Bank: Every last Thursday of the month: 9:30 AM–12:00 PM and 1:30 PM–3:00 PM.

5 Christian Outreach In Action
515 E. 3rd St.
Long Beach, CA 90803
Phone: (562) 432-1440
coalongbeach.org
3rd & Linden: Bus # 191, 192

Food Bank and Pet Food:
TUES & THURS 9:00 AM–12:00 PM
Breakfast: DAILY 7:00 AM–8:00 AM

6 Disabled Resources Center
2750 E. Spring St., Suite 100
Long Beach, CA 90806
Phone: (562) 427-1000
Deaf Services: TTY (562) 427-1366
drcinc.org
Spring St. & Temple: Bus # 131

**Hours: MON–FRI 8:00 AM–12:00 PM
1:00 PM–5:00 PM**
Serving people with physical, mental and developmental disabilities. Screening & referrals for emergency services, food, limited transportation, benefits counseling/advocacy.

**7 Long Beach Rescue Mission
Lydia House/Samaritan House**
1335 Pacific Ave.
Long Beach, CA 90813
Phone: (562) 591-1292
lbrm.org
Pacific Ave. & Anaheim St.: Bus # 45, 191, 192

Hours: 24 hours
Provides shelter, meals, clothing and substance use rehabilitation.

8 Long Beach Senior Center
1150 E. 4th St.
Long Beach, CA 90802
Phone: (562) 570-3533
longbeach.gov/park/park-and-facilities/
directory/long-beach-senior-center
Bus # 151

**Hours: MON–FRI 8:00 AM–4:30 PM
SAT 10:00 AM–4:00 PM**
For ages 50 and older. Referrals to emergency food, clothing, employment & transportation assistance.

EMERGENCY & SOCIAL SERVICES

**9 Lutheran Social Services Community Care
Long Beach**
1611 Pine Ave.
Long Beach, CA 90813
Phone: (562) 599-1321
lsscommunitycare.org
Pine Ave & PCH: Bus # 51, 172, 181

**Intake Hours: MON–THURS 10:00 AM–12:00 PM &
12:30 PM–2:00 PM
WED 11:00 AM–12:00 PM &
12:30 PM–2:00 PM
Office Hours: MON–FRI 8:00 AM–4:30 PM**

Provides emergency food, clothing, transportation, baby items, hygiene items, referral services, educational classes, health workshops, family services, employment and mail services.

10 Mental Health America—The Village
456 Elm Ave., Lower Level
Long Beach, CA 90802
Phone: (562) 437-6717
mhala.org
mhavillage.squarespace.com
5th St. & Elm: Bus # 1, 46, 51, 191, 192

**Hours: MON, TUE, THURS, FRI 7:30 AM–12:30 PM
WED 10:00 AM–1:00 PM**
Providing case management services, showers, clothing, money management, benefits advocacy, linkage to psychiatric treatment and residential placement for people with mental health issues.

11 The Salvation Army Family Service
3092 Long Beach Blvd.
Long Beach, CA 90807
Phone: (562) 426-7637 / TUE–THURS
salvationarmylbc.org/contact-us
Bus # 51, 181, 182

**Individuals: TUES 9:00 AM–11:45AM &
1:30 PM–3:00 PM
Families: WED–THURS 9:00 AM–11:45AM &
1:30 PM–3:00 PM**

Provides emergency food, clothing and transportation assistance.

MEDICAL AND MENTAL HEALTH SERVICES

12 C.A.R.E.—St. Mary Medical Center
1045 Atlantic Ave., #1016
Long Beach, CA 90813
Phone: (562) 624-4900
careprogram.org
Bus # 61

Hours: MON–FRI 8:30 AM–4:30 PM
Full service HIV/AIDS medical & dental clinic, mental health, treatment advocacy.

**13 Long Beach Comprehensive Health
Center—LA County**
1333 Chestnut Ave.
Long Beach, CA 90813
Phone: (562) 599-8787
dhs.lacounty.gov/wps/portal/dhs/LongBeach
Bus # 45, 191, 192

**Hours: MON–FRI 7:30 AM–7:30 PM
SAT 7:30 AM–4:30 PM
Walk-in Clinic: 7:30 AM–3:30 PM**

MEDICAL AND MENTAL HEALTH SERVICES

14 Long Beach Mental Health—LA County
2600 Redondo Avenue, Suite 300
Long Beach, CA 90806
Phone: (562) 599-9280
http://dmh.lacounty.gov/wps/portal/dmh
Bus #: 104, 111, 131

Hours: MON–FRI 8:00 AM–5:00 PM

**15 Mental Health Urgent Care
Center—Telecare**
6060 Paramount Blvd
Long Beach, CA 90805
Phone: (562) 790-1860
Bus #: 21,112, 192

Hours: MON–FRI 8:00 AM–7:00 PM
Provides mental health evaluation and services for individuals experiencing a mental health crisis, including substance use problems that complicate mental health issues. Must be 18 or older.

16 VA Healthcare System
5901 E. 7th St.
Long Beach, CA 90822
Phone: (562) 826-8000
www.longbeach.va.gov
Bus # 91, 93, 94, 121, 171

**Hours: Primary Care 8:00 AM–4:30 PM
Emergency Services 24 hours**
Provides medical and psychiatric care including substance use treatment for eligible veterans, specialized Women’s Clinic, homeless outreach and linkage to housing services.

PUBLIC AGENCIES

**17 Department of Public Social Services—LA
County**
17600 Santa Fe Ave., Suite A
Rancho Dominguez, CA 90021
Phone: (310) 761-2000
dpssbenefits.lacounty.gov/ybn/index.html
Bus # 191, 192

Hours: MON–FRI 8:00 AM–5:00 PM

18 Long Beach Unified School District
1515 Hughes Way
Long Beach, CA 90810
(562) 997-8000
lbschools.net

Hours: MON–FRI 8:00 AM–4:30 PM

19 Social Security Administration
2005 Long Beach Blvd
Long Beach, CA 90806
(800) 772-1213
ssa.gov
Bus # 51, 172

**Hours: MON, TUE, THURS, FRI 9:00 AM–4:00 PM
WED 9:00 AM–12:00 PM**

EMPLOYMENT SERVICES

**20 Goodwill, Serving the People of
Southern LA County**
800 W. Pacific Coast Highway
Long Beach, CA 90806
Phone: (562) 435-3411
Deaf Services: TTY (562) 590-8588
thinkgood.org
Bus # 1, 172, 173, 181

Hours: MON–FRI 8:00 AM–4:30 PM
Vocational education, and work training programs.

21 Long Beach Career Transition Center
3447 Atlantic Ave.
Long Beach, CA 90807
Phone: (562) 570-3700
pacific-gateway.org
Bus # 51, 101

Hours: MON–FRI 8:00 AM–5:00 PM
Provides training and employment services.

SUBSTANCE USE SERVICES

22 Redgate Memorial Recovery Center
1775 Chestnut Ave.
Long Beach, CA 90813
Phone: (562) 599-8444
www.BHS-INC.org
Bus # 1, 172, 173, 182

Hours: MON–FRI 8:00 AM–5:00 PM
7–10 day medical detox, 90 day rehabilitation, drug and alcohol recovery services.

**23 Safe Refuge
(Formerly Substance Abuse Foundation)**
3125 E. 7th St.
Long Beach, CA 90804
Phone: (562) 987-5722
asaferefuge.org
Bus # 91-94

Hours: MON–FRI 7:00 AM–5:00 PM
Outpatient, residential drug/alcohol treatment; residential/transitional housing for HIV+ individuals.

MULTI-SERVICE CENTER

1 The Multi-Service Center (MSC), operated by the Department of Health and Human Services, serves as the primary point of entry for homeless services citywide. The MSC is a unique facility which collocates social service agencies in order to provide integrated, centralized assessment and comprehensive services for at-risk and homeless individuals and families in one location. On site services include shower facilities, mail, street outreach, prevention services, case management, crisis counseling, life skills training, employment assistance, financial literacy classes, housing placement, health care services, HIV/AIDS services, substance abuse and mental health treatment referrals, Veteran services, linkage to mainstream benefits and referrals to community resources. The MSC mission is to provide comprehensive supportive services to promote progress towards permanent housing, self-sufficiency, by creating a community where health, safety, and well-being are established.

1301 W. 12th St.
Long Beach, CA 90813
(562) 570-4500
Bus # 45, 191, 192

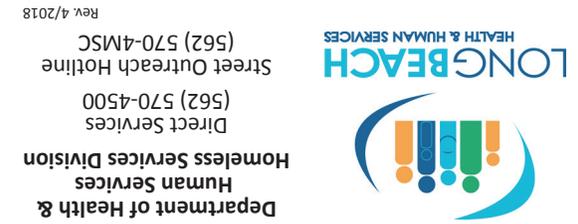
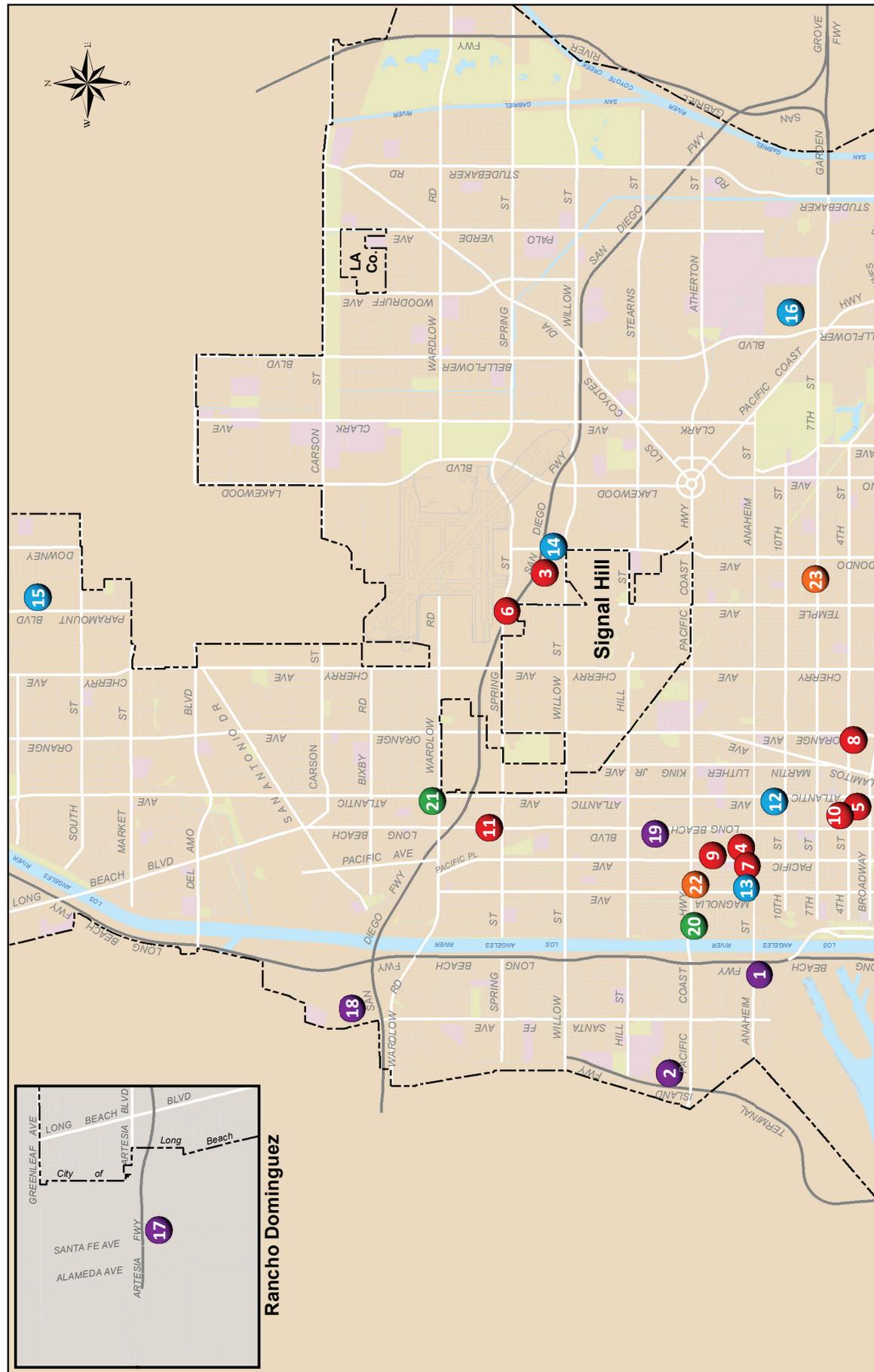
Hours: **MON, TUE, WED & FRI 8:30 AM–4:00 PM**
THURS 8:30 AM–2:00 PM

VILLAGES AT CABRILLO

2 The Villages at Cabrillo is a residential community established to break the cycle of homelessness. A former naval housing campus serving the local Long Beach ship yards, the Villages at Cabrillo has been transformed from a military housing site into a vibrant supportive housing community. As steward of the campus since its inception in 1997, Century Villages at Cabrillo, a 501(c)3 affiliate of Century Housing, is the community development organization that owns, develops, and manages this unique 27-acre campus. Today, the Villages at Cabrillo is home to more than 1,300 residents, including veterans, families and children, and features a collaboration with close to 20 non-profit and government agencies that collectively provide residents with safe, affordable housing and access to the skills, tools, and services needed to establish self-sufficiency. On-site supportive services include childcare, medical center, veteran services, substance abuse rehabilitative services, adult skill building classes, emergency shelter, transitional and permanent housing.

2001 River Ave.
Long Beach, CA 90810
Phone: (562) 200-7300
Near PCH & Technology Place: Bus # 171, 191, 192

Hours: **MON–FRI 8:00 AM–5:00 PM**



Department of Health & Human Services
Homeless Services Division
Direct Services (562) 570-4500
Street Outreach Hotline (562) 570-4M5C
Rev. 4/2018

This resource guide provides information for various social services available to individuals and families in the Long Beach area. This guide is not complete list of resources in Long Beach. The information provided should not be interpreted as a recommendation or an endorsement by the City of Long Beach.

Resource guides can be picked up at the Multi-Service Center located at 1301 W. 12th Street, Long Beach, CA 90815. A digital copy is available at www.longbeach.gov/health/services/directory/homeless-services/need-assistance/. This information is also available in an alternative format by request at (562) 570-4176.

Resource Directory

Help & Emergency Hotlines

Alcoholics Anonymous	(562) 989-7697
Adult Protective Services	(888) 202-4248
Child Abuse Hotline	(800) 540-4000
Department of Child & Family Services	(562) 497-3500
Domestic Violence—National	(800) 799-7233
Domestic Violence—Interval House	(562) 594-4555
Fair Housing Foundation	(562) 989-1206
Older Adult/Senior Abuse	(800) 992-1660
Emergency Cold Weather Service	(800) 548-6047
Legal Aid Foundation	(562) 435-3501
LA County Mental Health Access	(800) 854-7771
Pacific Gateway Workforce Investment Network	(562) 570-3700
211 Los Angeles County	(800) 339-6993
211 Orange County	(888) 600-4357
National Sexual Assault Hotline	(800) 656-4673
Trevor Project: Suicide Prevention for LGBT	(866) 488-7386
Suicide Hotline	(800) 784-2433
Long Term Care Ombudsman	(800) 334-9473