June 20, 2018

The Honorable Bill Monning  
California State Senate  
State Capitol, Room 313  
Sacramento, CA 95814

RE: Support for SB 1192 (Monning): Healthy Default Drinks

Dear Senator Bill Monning,

On the behalf of the City of Long Beach, I write in support of Senate Bill 1192 (Monning). This legislation sets nutritional standards pertaining to default beverages for children’s meals that are offered at restaurants. It requires restaurants that sell children’s meals that include a beverage to make the default beverage water or milk, with no more than 130 calories per serving.

The City of Long Beach recognizes the dangers of childhood obesity and its connection to sugar-sweetened beverages. SB 1192 is in line with the City’s Default Beverage Ordinance. In Long Beach, restaurants offering children’s meals that include a beverage must serve a default beverage of either water, milk, or 100-percent fruit juice. The appropriate options for water include water, sparkling water or flavored water with no artificial sweeteners or additives. Suitable choices for milk include nonfat, 1-percent milk, or non-dairy milk alternatives under 130 calories per container or serving.

Limiting the number of sugary beverages offered with children’s meals contributes to the overall health and well-being of our communities. Long Beach appreciates that this legislation is consistent with our municipal ordinance and allows cities to adopt even stricter ordinances.

Given these reasons, the City of Long Beach supports SB 1192 (Monning).

Sincerely,

Mayor Robert Garcia  
City of Long Beach

cc: The Honorable Speaker Anthony Rendon, State Assembly  
The Honorable Steven Bradford, State Senate, 35th District  
The Honorable Ricardo Lara, State Senate, 33rd District  
The Honorable Janet Nguyen, State Senate, 34th District  
The Honorable Mike Gipson, State Assembly, 64th District  
The Honorable Patrick O’Donnell, State Assembly, 70th District