

Neighborhood Resource Center

Training, Technology and Resources for Neighborhood Organizations, Neighborhood Leadership Program,
Neighborhood Enhancement Area (NEA) Program, Neighborhood Problem Solving



Neighborhood Resource Center
Invites you to learn some tips for

Downsizing Your Life Learn to live well for less

Presenters



Food Finders
FRESH FOOD & GIFT IDEAS

Healthy Homes

Kathy Estrada, City of Long Beach
Department of Health and Human
Services

Food Finders

Arlene Mercer, Founder & Director

Harbor Area Farmers' Market

Dale Whitney, Market Manager



Monday, August 10, 2009

6:00 p.m. – 7:30 p.m.

425 Atlantic Ave.

**Learn some tips about saving money on everyday items,
creating an inexpensive healthy home environment and
living well with less!**

This FREE workshop will be presented in
English with Spanish and Khmer translation available

To reserve your space or for more information, please call
(562) 570-1010 or e-mail **Scottie Hinkey** at **Sharron.Hinkey@longbeach.gov**
Free parking behind the building and on the street



The City of Long Beach intends to provide reasonable accommodations
in accordance with the American Disabilities Act of 1990.

If a special accommodation is desired, please call Scottie Hinkey
48 hours prior to the event at (562) 570-1010. This information is
available in an alternate format on request by calling (562) 570-1010.

