

CITY OF LONG BEACH DEPARTMENT OF PARKS, RECREATION & MARINE

**CALIFORNIA
RECREATION CENTER
@ ERNEST S. MCBRIDE PARK
1550 MARTIN LUTHER KING JR. AVENUE
LONG BEACH, CA 90813
PHONE: (562) 570-1605**



**After School Assistance Program
(A.S.A.P.)**

**Hours of Operation:
Monday through Friday: 3:00 pm to 6:00 pm
Saturday: 12:00 pm to 4:00 pm**

NOVEMBER 2009

"Leading Youth through Positive Play"
Our after-school program is committed to providing a positive and productive recreational experience, where youth can enjoy games, sports, arts & crafts, special events, field trips and homework assistance in a safe and supervised environment. This is a free non-custodial drop in program for youth 5 to 12 years of age. Participants may come and go at their own discretion.

SPECIAL EVENTS PLANNED

Math/Spelling Challenge 11/3 4 pm
GRIP Scrapbook 11/23 4 pm
McBride Marathon 11/24 4 pm

DAILY ACTIVITY SCHEDULE

3:00-4:00 pm Academic Workshop: Homework Assistance & Computer Lab

4:00-5:00 pm Indoor/Outdoor Activity Scheduled Classes i.e., (Cooking & Dance Class (Tue/Thurs))

5:00-5:45 pm Board Games & Arts & Crafts

5:45-6:00 pm Clean-up

Mon	Tue	Wed	Thu	Fri	Sat
2 Flag Football 4 pm Coloring Fun 5 pm	3 Math Challenge 4 pm All About Me! 5 pm	4 Relay Races 4 pm Pool Tourney 5 pm	5 Grub Club Chicken & Dumplings 4 pm	6 PS2 Challenge 4 pm	7 Game Room 12-4 pm
9 Build—a—Bird House 4 pm	10 3 Point Shoot-Out 4 pm Flowers 5 pm	11 Steal The Bacon 4 pm Dance Remix 5 pm	12 Dodge Ball 4 pm Shuffle Board 5 pm	13 Movie Wild Things 3 pm	14 Game Room 12-4 pm
16 Math Challenge 4 pm Checkers	17 Marathon Warm-up 4 pm Lanyards	18 Volleyball 4 pm Go Green 5 pm	19 Grub Club Thanksgiving Cupcakes 4 pm	20 Dance, Dance Dance 3 pm	21 Game Room 12-4 pm
23 "GRIP" Scrapbook 4 pm	24 McBride Marathon 4 pm	25 Jenga Tourney 4 pm Board Game	26 <i>Happy Thanks giving! CLOSED</i>	27 Summer Fun Day Hours	28 Game Room 12-4 pm
30 Bowling Scratch Art 5 pm					