

Cesar E. Chavez Park

401 Golden Ave.
Long Beach, Ca 90802
(562) 570-8890

LONG BEACH PARKS, RECREATION & MARINE
COMMUNITY RECREATION SERVICES
Monday through Friday: 9:00 am to 1:00 p.m.



Senior Programs

NOVEMBER 2009

Staff at Chavez Park Senior Center is committed to maintaining a safe and productive environment for people 50 years of age and over participating in Senior Programming.

TRIPS AND SPECIAL EVENTS

- 11/3/09 National Sandwich Day
- 11/10/09 Veteran's Continental Breakfast
- 11/25/09 National Parfait day
- 11/25/09 Thanksgiving Pumpkin Pie Day

DAILY SCHEDULE

Crochet Club: Mon/Wed 12:00 am-1:00 pm

Arts & Crafts: Mon. 10:00 am-11:00 am

Senior Stretch: Mon/Tues/Thurs

10:45 am-11:30 am

Scrap Booking: Wed. 10:00 am-11:00 am

Open Computer Lab: Mon-Fri 9:00 am-2:00 pm

Computer Class: Mon/Thurs 10:00 am-11:00 am

Card Making Class: Fri. 10:30 am-11:30 am

Cooking Demonstration: 4th Wed. of the month from 10:30 am-11:30 am

Bingo: Fri. 10:00 am-11:00 am Free Prizes!!!

Nutritional Lunch Provided by
Human Service Association HSA

Monday-Friday 11:30 am

Under age 60: \$4.50 fee

60 and over \$2.00 donation

60 and under \$ 4.00

Mon	Tue	Wed	Thurs	Fri
2 *Craft Making *Crochet Club *Senior Stretch *Computer Class Sandwich Day	3 *Senior Stretch	4 *Scrap Booking *Computer Class *Crochet Club	5 *Senior Stretch	6 *Bingo *Card Making
9 *Craft Making *Crochet Club *Senior Stretch *Computer Class	10 *Senior Stretch Veteran's Day	11 *Scrap Booking *Computer Class *Crochet Club	12 *Senior Stretch *World Kindness Day	13 *Bingo *Card Making
16 *Craft Making *Crochet Club *Senior Stretch *Computer Class	17 *Senior Stretch	18 *Scrap Booking *Computer Class *Crochet Club	19 *Senior Stretch	20 *Bingo *Card Making
23 *Craft Making *Crochet Club *Senior Stretch *Computer Class	24 *Senior Stretch National Parfait Day	25 *Thanksgiving Breakfast	26 CLOSED Happy Thanksgiving	27 *Bingo *Card Making